

Intensive Treatment Systems

MOBILE MAT UNIT

"Shame corrodes the very part of us that believes we " are capable of change.

Dr. Brene Brown

Intensive Treatment Systems

ITS has been providing MAT treatment in Phoenix for almost 30 years.

- We are an accredited, Integrated Care Specialist offering an outpatient substance use treatment program. We provide Medication Assisted Treatment (MAT) to patients who are affected by Opioid Use Disorder(OUD) and/or Alcohol Use Disorder.
- We work with all 7 AHCCCS Health Plans, TriWest, AIHP
- Funding available to treat people with OUD who have no insurance or who are under insured
- We provide psychiatric services for general mental health and severe mental illness (SMI)
- We are an AHCCCS designated Access Point Outpatient Clinic open
 24 hours a day/7 days a week
- We offer inhouse Transportation to or from any appointment

Turning the Tide against Opioid and Substance Use Disorder

The Mobile Unit is an initiative provided through Intensive Treatment Systems (ITS), designed to assist, and serve those of ages 18 years and older that are struggling with opioid and other co-occurring

challenges through

MAT services.

What is the

Mobile Unit?

The overall goal is to help increase access to treatment for opioid use disorders and decrease Opioid related overdoses in the community.

The mobile unit has been converted into a clinic to provide wrap around services in the community as if they are at one of ITS 5 locations.



Objectives

- Conduct outreach to touchpoints for highrisk opioid use such as areas with individuals
 experiencing homelessness, syringe
 distribution locations, shelters, and SUD
 treatment programs. The goal is to gain the
 respect and trust of the high-risk individuals
 using substances in the community.
- Complete MAT inductions and provide patient-centered care while the individual reaches a state of stability
- Promote harm-reduction strategies based on patients' goals, preferences, and life circumstances.
- Establish a relationship with patients and help navigate obstacles to follow up treatment or other wrap-around services.
- Advocate for a harm-reduction approaches to patients and community members to reinforce evidence-based, non-judgmental approaches so that patients who use substances receive equal access to care.
- Decrease signs and symptoms of OUD and support the individual process of recovery without a specific endpoint.





Mobile Services

- Medication Assisted treatment (methadone, suboxone, vivitrol)
- Naloxone
- Integrated care services
- Psychiatric services
- Counseling
- Case Management
- Peer Support Services
- Lab services (Urinalysis & blood draw)
- Referral to wraparound services
- > Transportation services







Mobile Routes



- High risk populations for Opioid-Related Overdoses
- •Limited access to services/Transportation
- Rural Communities
- Residential Programs
- Jails
- Shelters
- "The Zone"

Inductions

- •Unit will provide services at a specific location for 3-6 months
- •Unit will operate Mon-Sat for daily inductions/daily dosing



Overcoming Barriers

- Internet connection and Telehealth services
- > Transportation
- > DEA Regulations
- Provider Bias/Stigma
- Provider & Community "buy-in"







Thank You

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