



Assertive Community Treatment (ACT)

What is Assertive Community Treatment?

Assertive Community Treatment, or ACT, provides a full range of services to people with a serious mental illness (SMI) designation. ACT teams offer complete, community-based treatment to people in the most difficult situations. The teams help with these ongoing needs — where and when members need it.

How does ACT help members?

ACT helps members take care of their basic needs. These needs can include taking their medications, keeping their appointments and getting through the day. ACT teams work closely with members to see which medications work best for them. They help them find housing or jobs. The team can also help them apply for services, go back to school or find a job.

How does ACT compare with traditional treatment?

ACT is an evidence-based practice. That means research shows that ACT works. Many studies have shown that people who get ACT services spend much less time in hospitals. They also show that they are more likely to:

- Keep their jobs
- Experience more positive social relationships
- Have more satisfaction with life
- Experience less intense symptoms

How does ACT work?

A team approach

Psychiatrists, nurses, mental health professionals, employment, housing and substance abuse specialists are part of ACT teams. They give members ongoing, individualized care. They provide wrap-around services to members with the most complex and persistent needs.

Services when and where they're needed

Members receive ACT services in their homes, where they work, and in other community settings. They can get help anywhere problems occur or where support is needed.

Personalized care

ACT teams work with relatively small groups of people. They match supports and services for each individual.

No time limit on support

ACT teams give members whatever services and supports they need for as long as they need them.

Continuous care

All ACT team members work with each member on a regular basis.

Flexible care

ACT teams fit their schedules around members' needs.

Comprehensive care

ACT teams provide many services to help meet members' needs.

Services are always available

ACT teams are there for members 24 hours a day, 7 days a week.

What are specialty ACT teams?

Some ACT teams are designed for members with specific needs. A Medical ACT team focuses on members with complex medical needs. The team works closely with the member's medical providers. The goal is to improve health and quality of life.

A Forensic ACT team is for the highest-needs members who are repeatedly involved with the criminal justice system. The goal is to keep them out of jail and connect them to the many available community-based supports and services.

Specialty teams help members prevent a medical or legal crisis or emergency.

If you are experiencing a behavioral health crisis, call the Arizona Behavioral Health Crisis Line to connect with a trained crisis specialists and talk, text or chat at no cost to you, 24 hours a day, 7 days a week.

Call **1-844-534-HOPE (4673)**

TTY: **1-800-327-9254**

Text **HOPE** to **4HOPE (44673)**

Chat online at <https://crisis.solari-inc.org/start-a-chat/>

You can also call the National Suicide and Crisis Lifeline

Dial 9-8-8

Mercy Care ACC-RBHA Member Services is available 24 hours a day, 7 days a week.

602-586-1841 or **1-800-564-5465** (TTY **711**)

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www.MercyCareAZ.org

MC-966

COMMUNITY BRIDGES (CBI)

West Valley OSC (2 Teams)

99th Ave. ACT: 602-448-4877
Avondale ACT: 602-540-1271
824 N. 99th Ave.
Avondale, AZ 85323

Mesa Heritage

460 N. Mesa Dr., Ste. 201
Mesa AZ 85201
480-838-5550

Cactus Integrated Care Forensic ACT Teams (2)

1520 E. Pima St.
Phoenix, AZ 85034
602-407-6280

CENTER FOR HEALTH AND RECOVERY (CHR)

Resilience ACT

1950 W. Heatherbrae Dr., Suite 10-1
Phoenix, AZ 85015
602-336-5155

COPA HEALTH

West Valley Campus (2 Teams)

Medical ACT Team

West Valley ACT Team

14100 N. 83rd. Ave., Ste. 100
Peoria, AZ 85381
623-583-0232

Metro Center (2 Teams)

Omega ACT

Varsity ACT

10217 N. Metro Parkway W.
Peoria, AZ 85051
602-997-9006

Gateway

5222 E. Baseline Rd., Ste. 101
Gilbert, AZ 85234
480-659-0202

IMPACT/LA FRONTERA

Comunidad (2 teams)

Comunidad ACT

Capitol ACT

1035 E. Jefferson St., Ste. A
Phoenix, AZ 85034
602-251-0650

Tempe

618 S. Madison Dr.
Tempe, AZ 85281
480-736-4938

HORIZON HEALTH AND WELLNESS (PINAL COUNTY)

Casa Grande

Cottonwood ACT
222 E. Cottonwood Ln.
Casa Grande, AZ 85122
520-422-3060

SOUTHWEST NETWORK

Northern Star

2311 W. Royal Palm Rd.
Phoenix, AZ 85021
602-269-5300

Saguaro

3227 E. Bell Rd., Ste. 170
Phoenix, AZ 85032
602-652-3500

San Tan

1465 W. Chandler Blvd., Bldg. A
Chandler, AZ 85224
480-786-8200

TERROS

Priest

1642 S. Priest Dr., Ste. 101
Tempe, AZ 85281
480-929-5100

South Mountain

3540 E. Baseline Rd., Ste. 150
Phoenix, AZ 85042
602-323-3000

23rd Ave. (2 Teams)

8804 N. 23rd Ave., Ste. A1/A2
Phoenix, AZ 85021
602-944-9810
602-216-7000

51st Ave

4616 N. 51st Ave., Ste. 108
Phoenix, AZ 85031
602-278-1414
602-285-6800

VALLEYWISE HEALTH

Maryvale FACT

5102 W. Campbell Ave.
Phoenix, AZ 85031
602-655-1900

Mesa Riverview

570 W. Brown Rd.
Mesa, AZ 85201
480-344-2300

Mercy Care:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card or **1-800-385-4104** (TTY: **711**).