

# Provider Bulletin

## HEDIS® News You Can Use

### Osteoporosis Management in Women Who Had a Fracture (OMW)



#### Importance of the OMW measure

Osteoporosis management following a fracture is vital to reduce future fracture risk, maintain independence, and improve outcomes. Still, care gaps persist even with advances in diagnostics and therapies.

This bulletin offers information on any measure changes, best practice suggestions, links to codes and free resources.



#### Measure requirements

Women 67-85 who suffered a fracture and who had in the 6-month timeframe post fracture either:

- a bone mineral density test, or
- a prescription for a drug to treat osteoporosis.



#### Coding information

Codes for the OMW measure cover **Bone Mineral Density (BMD) Tests** and **Osteoporosis Medication Therapy**.

To access detailed measure information and up-to-date codes, go to

[MC Gap Closure Reference Guide](#)



#### Common reasons for Gaps in Care

1. Missed follow-up post-fracture.
2. Medication non-adherence (fear of side-effects, long-term safety concerns).
3. Insufficient patient education (importance of BMD and results).
4. Coding/documentation errors.
5. Prescriptions not processed via Medicare Part D.



## Secondary fracture prevention

“A recent fracture at any major skeletal site in an adult  $\geq 50$  years of age should be considered a sentinel event that indicates urgent need for further assessment and treatment”... “Appropriate, timely intervention offers the best opportunity to prevent the cycle of recurrent fractures, disability, and premature death...” [1].

1. The clinician’s guide to prevention and treatment of osteoporosis. Osteoporosis International 2022.

[bonesource.org/clinical-guidelines](https://bonesource.org/clinical-guidelines)



## Great resources

Bone Health & Osteoporosis Foundation (BHOFF)

[bonehealthandosteoporosis.org](https://bonehealthandosteoporosis.org)

National Institute of Arthritis and Musculoskeletal and Skin Diseases

[niams.nih.gov/health-topics/bone-health-and-osteoporosis](https://niams.nih.gov/health-topics/bone-health-and-osteoporosis)

For members assigned but choosing not to establish care, go to

[MC PCP Change Request Form](#)

**Thank you for the care you provide to our members**



## Best Practices

### Tips to improve results

1. **Act promptly:** Order a BMD test or prescribe osteoporosis medication within **6 months** of the fracture.
2. **Coordinate inpatient care:** If hospitalized, collaborate with team to ensure testing or treatment is started before discharge or included in the discharge plan.
3. **Leverage tech:** Implement electronic medical record (EMR) alerts, standing orders, and telehealth options for timely care.
4. **Educate patients:** Emphasize how follow-up reduces the risk of future fractures and helps maintain independence.
5. **Verify medication coverage:** Ensure osteoporosis prescriptions are processed under the pharmacy benefit.
6. **Code correctly:** Confirm that fracture and treatment codes are accurate.