

PREFERRED DRUG LIST UPDATES

Integrated (Title 19/21 SMI) and ACC, DD, ALTCS and DCS CHP

Additions:

- Aimovig 140mg/ml Autoinjector (Prior Authorization Required)
- Aimovig 70mg/ml Autoinjector (Prior Authorization Required)
- Anoro Ellipta 62.5-25mcg Inhaler (Prior Authorization Required)
- Cafergot Tablet 1-100mg (Brand Only)
- Enbrel 25mg/0.5ml Vial (Prior Authorization Required)
- Jentadueto XR 2.5-1000mg (Prior Authorization Required)
- Jentadueto XR 5-1000mg (Prior Authorization Required)
- Kazano 12.5-1000mg Tablet (Brand Only, Prior Authorization Required)
- Kazano 12.5-500mg Tablet (Brand Only, Prior Authorization Required)
- Nesina 12.5mg Tablet (Brand Only, Prior Authorization Required)
- Nesina 25mg Tablet (Brand Only, Prior Authorization Required)
- Nesina 6.25mg Tablet (Brand Only, Prior Authorization Required)
- Oseni 12.5-15mg Tablet (Brand Only, Prior Authorization Required)
- Oseni 12.5-30mg Tablet (Brand Only, Prior Authorization Required)
- Oseni 12.5-45mg Tablet (Brand Only, Prior Authorization Required)
- Oseni 25-15mg Tablet (Brand Only, Prior Authorization Required)
- Oseni 25-30mg Tablet (Brand Only, Prior Authorization Required)
- Oseni 25-45mg Tablet (Brand Only, Prior Authorization Required)
- Perseris ER 120mg Syringe (Age Limit)
- Perseris ER 90mg Syringe (Age Limit)
- Proglycem 50mg/ml (Brand Only)
- Ubrelvy 100mg Tablet (Prior Authorization Required)
- Ubrelvy 50mg Tablet (Prior Authorization Required)
- Ritalin LA 10mg Capsule (Brand Only)
- Ritalin LA 20mg Capsule (Brand Only)
- Ritalin LA 30mg Capsule (Brand Only)
- Ritalin LA 40mg Capsule (Brand Only)
- Avsola 100mg Vial (Prior Authorization Required)
- Ivermectin 3mg Tablet (Quantity Limit)

Removals:

- Aptensio XR 10mg, XR15mg, XR 20mg, XR 30mg, XR 40mg, XR 50mg, AND XR 60mg Capsule
- Bevespi Aerosphere Inhaler 9-4.8mcg/act
- Depo-Provera 400mg/ml Vial
- Gvoke Hypopen 1mg/0.2ml
- Humulin N 100Unit/ml Kwikpen
- Humalog Mix 50-50 Kwikpen
- Methylphenidate LA 60mg Capsule
- Norethindrone 5mg Tablet
- Renflexis 100mg Vial
- Vyvanse 10mg, 20mg, 30mg, 40mg, 50mg AND 60mg Chewable Tablet (s)

Other Updates

- None

Behavioral Health (Title 19/21 Non-SMI & Non-Title 19/21)

Additions:

- Perseris ER 90mg Syringe (Age Limit)
- Perseris ER 120mg Syringe (Age Limit)
- Ritalin LA 10mg Capsule (Brand Only)
- Ritalin LA 20mg Capsule (Brand Only)
- Ritalin LA 30mg Capsule (Brand Only)
- Ritalin LA 40mg Capsule

(Brand Only)

Removals:

- Aptensio XR 10mg, XR15mg, XR 20mg, XR 30mg, XR 40mg, XR 50mg, AND XR 60mg Capsule
- Methylphenidate LA 60mg Capsule
- Vyvanse 10mg Chewable Tablet
- Vyvanse 20mg Chewable

Tablet

- Vyvanse 30mg Chewable Tablet
- Vyvanse 40mg Chewable Tablet
- Vyvanse 50mg Chewable Tablet
- Vyvanse 60mg Chewable Tablet

Other Updates

- None

** Drugs that are not on the formulary may be available via PA (prior authorization) **

- For the complete preferred drug lists, please refer to the Mercy Care websites below
 - RBHA: <https://www.mercycareaz.org/providers/rbha-forproviders/pharmacy>
 - [Behavioral Health Preferred Drug List](#): For members who qualify under Non-Title 19/21 determined to have a serious mental illness (SMI) or Non-Title 19/21 children/adolescents with a serious emotional disturbance (SED), Mercy Care RBHA fills only behavioral health medications.
 - [Integrated Preferred Drug List](#): For Title 19/21 SMI members, Mercy Care RBHA fills physical health and behavioral health medications.
 - [Crisis Medication List](#): For adults or children who are Non-Title 19/21 and Non-SMI who present in crisis at any of the facility-based psychiatric urgent care centers, detox facilities and/or access point in Maricopa County. The medications on this list will help stabilize an individual in crisis and bridge them to a follow-up outpatient appointment.
 - ACC, DD, ALTCS and DCS CHP: <https://www.mercycareaz.org/providers/completecare-forproviders/pharmacy>

Reducing Youth Suicide Rates Requires Many Solutions

There is no single solution to suicide, but we know that when people talk about it, those who may be struggling with suicidal ideation are less likely to act. By reaching out to those at risk, by engaging those closest to young people, and by creating open forums of support through social and digital channels where youth can easily engage, we can do something about these alarming trends among our youth.

Outreach to At-Risk Members

For those who have attempted suicide, the period after discharge from a hospital can be an incredibly isolating and emotional time. With nearly 10% of youth in grades nine through 12 reporting in 2019 that they had made at least one suicide attempt in the past year, the group of young people who need outreach to lower the risk of a second or third attempt is startling. Yet, we know that connection and support can save lives.

Fast Facts

It's important to be aware and take part in promoting Suicide Prevention Awareness. Here are some facts and others, including the "[It's Okay to Talk About Suicide](#)", to encourage discussions with your community through social media or other forms of outreach.

Individual Impact:

- 78% of all people who die by suicide are male.
- Although more women than men attempt suicide, men are nearly 4x more likely to die by suicide.
- Suicide is the 2nd leading cause of death among people aged 10–34 and the 10th leading cause of death overall in the U.S.
- The overall suicide rate in the U.S. has increased by 35% since 1999.
- 46% of people who die by suicide had a diagnosed mental health condition.
- While nearly half of individuals who die by suicide have a diagnosed mental health condition, research shows that 90% experienced symptoms.

Community Impact:

- Annual prevalence of serious thoughts of suicide, by U.S. demographic group:
 - 4.8% of all adults
 - 11.8% of young adults aged 18-25
 - 18.8% of high school students
 - 46.8% of lesbian, gay and bisexual high school students
- Some of the highest rates of suicide in the U.S. are among American Indian/Alaska Native and non-Hispanic white communities.
- Lesbian, gay, and bisexual youth are 4x more likely to attempt suicide than straight youth.
- Transgender adults are nearly 12x more likely to attempt suicide than the general population.
- Suicide is the leading cause of death for people held in local jails.

Important Clozapine REMS Program Changes Announced

The Food and Drug Administration (FDA) has approved a modification to the Clozapine REMS program that go into effect on November 15, 2021, review <https://www.newclozapinerems.com/home> to ensure that patients have continued access to clozapine and that associated risks are appropriately managed.

Reminder for quicker determinations of a Prior Authorization use the ePA link for Our Providers: Please click [here to initiate an electronic prior authorization \(ePA\)](#) request

References:

1. https://www.cdc.gov/healthyouth/data/yrbs/factsheets/2019_suicide_trend_yrbs.htm
2. https://www.nami.org/NAMI/media/NAMI-Media/Infographics/NAMI_Suicide_2020_FINAL.pdf

This newsletter is brought to you by the Mercy Care Pharmacy Team. For questions, please email Fanny A Musto (MustoF@mercyareaz.org), Denise Volkov (VolkovD@mercyareaz.org) or Trennette Gilbert (gilbert@mercyareaz.org)