



Referral Form

Person Making Referral: _____ Contact Info: _____

Relationship to Patient: _____ School: _____ Grade: _____ Date: _____

Check ALL that apply:

- Patient is seeking virtual therapy
- Patient is seeking in-person therapy
- Patient is seeking Substance Use Treatment
- Guardian has approved of CBI staff to contact guardian and set up intake

Student Information:

Patient's Name: _____ DOB: _____

Guardian's Name: _____ Preferred Language: _____

Guardian's Phone#: _____ Patient's Phone#: _____

Guardian's Email: _____ Patient's Email: _____

Ethnicity: _____ Gender (how does student identify?): _____

Current living situation (ie. living with parent/guardian, foster home, group home, etc.): _____

Address: _____ City: _____ Zip: _____

Referral Information:

Reason for Referral (please give examples of statements, observations, or behaviors that led you to make this referral): _____

Does the patient display behavior that severely or significantly impacts their functioning at school?

Y or N ; If yes, please describe _____

Has patient expressed thoughts of or attempted suicide, self-harm, or harm to others? Y or N ;

If yes, please describe _____

Is there current use of substances? Y or N ; If yes, what substances? List all _____
_____ Last use? _____

Does patient have a mental health diagnosis? Y or N ; if yes, student's diagnosis:

Is patient currently on any psych medications? _____

Is the patient currently involved with a psych provider, children's agency, or another counseling agency?
 Y or N ; If yes,

Name: _____ Email: _____ Phone: _____

Is the patient involved with juvenile probation? Y or N ; If yes,
Name: _____ Email: _____ Phone: _____

Is the patient involved with DCS? Y or N ; If yes,
Name: _____ Email: _____ Phone: _____

Insurance Name (AHCCCS, BCBS, Cigna, etc. or "None Currently"): _____

If student is on AHCCCS, AHCCCS ID #: _____

Guardian Consent:

- I, as the parent/guardian of this child, give my consent to make this referral
- I, as the school staff member, have discussed my concerns with the parent/guardian, and received verbal permission to make this counseling referral

Signatures:

- Parent/Guardian; _____
- School Staff Member; _____

Please send all referrals to AMATReferrals@cbridges.com

Subject reading: AMAT Referral

