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Maricopa County Direct Support and Specialty Provider Directory

Updated 1/3/2020

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Direct Support and Specialty Provider Directory

The following directory contains a list of direct support and specialty providers contracted with Mercy Care and should be utilized as a resource to behavioral health staff. The directory contains program descriptions, contact, and referral information.

These services are available to those children enrolled within Mercy Care that are TXIX (TXXI), and are eligible for the services based on individualized need. All services are to be determined through the Child and Family Team. Please follow the general referral process for the below providers, and note any special referral requirements that each agency may have (listed within directory).

The general referral process includes the Direct Support Provider form completed, completed core assessment or annual update, CASII, and current service plan. Please include as appropriate: Strengths Needs Cultural Discovery, Crisis Plan and Safety Plan.

Service Education Tool

In-Home and Community Based Services

- **Behavior Coaching / Positive Behavior Support:** Designed to provide less intensive in-home and community based support and rehabilitative behavior health services. Strives to keep children and families together.
- **Meet Me Where I Am (MMWIA):** Designed to deliver intensive in-home and community-based support to families who have children that are at risk of being placed out of home, have frequent use of crisis services-hospitals, or involved with juvenile justice. Purpose is to prevent or assist with transitioning back into the home/community. **Criteria to receive the service – MMWIA prioritization form must be included with a score of 7+ and youth must be in high needs case management.**
- **Adult and Youth Peer Support:** Adult Peer Support services are provided by a person who has experienced Behavioral Health challenges, and successfully completed a state approved Peer Support Certification Training. Youth Peer Support is provided by an individual that experienced receiving services through one of the child serving systems, i.e. behavioral health, special education services, child welfare, and justice system involvement and successfully completed a State approved Youth Peer Support Certification Training. This service can be provided in-home, in the community or facility based, and may be combined with other Direct Support Services such as Respite, Skills, Wellness, and Pre-Vocational, Educational/Vocational support.
- **Parent/Family Support Partner Services:** Provided by parents who have lived -experience raising a child with behavior health and involved in one or more “child serving system” and successfully completed a state approved Parent/Family Support Provider Credentialed Training. This service is designed to provide parent peer support which focuses on the needs of the parent including but not limited to 1) support navigating the behavioral health system and other child-serving systems, 2) activities training delivered to individual parents or in group settings with the goal of increasing parenting skills and knowledge to more effectively collaborate with the Child and Family Team processes and in understanding and working with their child’s needs. Parents employed in these positions have firsthand experience and training to serve in this role, and their personal life experience prepares them to serve as peers and mentors. This service may be provided in family homes, community settings or provider offices. This service can be paired with Adult Peer Support, Youth Peer Support, Respite, Skills, and

Wellness, Pre-Vocational, if the member continues to need additional skill development, or the Parents/Family need additional support or relief.

Parent Services

- **Parent Management Training:** Guided discussion and role play to teach parents very specific ways to interact with their child to improve aggressive, oppositional and antisocial behavior.
- **Triple P Parenting Program:** Aims to prevent or reduce severe behavioral, emotional, and developmental problems in children by enhancing the knowledge, skills, and confidence of parents. Counseling, hands-on parenting skills training and groups.
- **Parent Education and Kid Support (PEAKS):** 6 week program for caregivers of children and adolescents that have incurred trauma
- **Parent/Family Education and Support:** Provided in individual and group settings, and in the family homes and community; covering a wide range of topics or services; from trauma informed care, Active Parenting, Mental Health First Aid, self-care for the caregiver, to navigating the behavioral health, child welfare, or juvenile justice system, the children's education system, enrollment in AHCCCS or behavioral health services, follow-up from hospitalization or crisis episodes and more.
- **Parent/Family Support Partners:** Individuals who have personal experience raising a child with behavior health and involved in one or more "child serving system." This service is designed to provide peer support which focuses on the needs of the parent including but not limited to 1) support navigating the behavioral health system and other child-serving systems, 2) activities training delivered to individual parents or in group settings with the goal of increasing parenting skills and knowledge to more effectively collaborate with the Child and Family Team processes and in understanding and working with their child's needs.
- **Wonder Years:** Parenting groups with in home support
- **Love and Logic:** Parenting group with in-home support
- **Common Sense Parenting:** Toddlers & Preschoolers – Both versions are evidence-based practical training programs that give parents effective parenting skills and help them to be more positive with their children.

Phase of Life Services

Birth to Five

- **BRIEF:** an intensive individualized program with curricula and treatment plans, conducted in clinical and pre-school environments
- **Triple P Parenting Program:** Aims to prevent or reduce severe behavioral, emotional, and developmental problems in children by enhancing the knowledge, skills, and confidence of parents. Counseling, hands-on parenting skills training and groups.

Transition Age Youth (16- 18+)

- Focuses on educational and job preparedness training, development of independent living skills.
- Can include academic training, college preparation, life skills, career workshops, employment support.
- Includes psychoeducational groups on substance use, anger management, parenting skills, safety plans, identification of community supports
- **Transition to Independence Program (TIP):** Model developed for youth 16-21 years old to help engage in their future planning process. ** IQ will be considered

Sexually Maladaptive Behaviors (**IQ will be considered)

- **Sexual Risk Assessments:** for youth 12 and older, **must be pre-authorized through Mercy Care**
- **Wings for Change:** intensive wrap program, family centered treatment for youth 11 and older. **** IQ will be considered.**
- **Victim Therapy:** Youth who have experienced sexual abuse and/or exposure. **** IQ will be considered, along with age consideration and limits.**
- **Intensive Outpatient Programs:** Utilizes cognitive treatment interventions which include the sex offense cycle, high risk behaviors, empathy building, relapse prevention, clarification and reunification. For youth 12 and older.
- **Multi-systemic Therapy for Problem Sexual Behaviors (MST-PSB):** Evidence based therapy designed to treat problematic sexual behavior for youth 10 and older. www.mstpsb.com **** IQ will be considered, along with age consideration and limits.**

Stabilization Services

- **Family and Communities Team (FACT), Hospital Stabilization Team:** Focused on youth transitioning out of acute care hospitalizations and residential treatment centers. Promotes community stabilization, skill development, resiliency
- **Child Crisis Hospital Team (CCHT), Hospital Stabilization Team:** Services are designed for children who have been discharged from a hospital for behavioral health needs, been turned away from a hospital due to not meeting criteria or can be utilized as a prevention service to avoid further crisis escalations and disruptions.
- **TERROS D1:** Crisis response for youth that are dually diagnosed.
- **St Luke's OSCA:** Provides 23 hour assessment and hold to determine the need for inpatient stay or return to the community. **Will consult with outpatient prescriber if medication adjustments are needed.**
- **Peer Parent/Family Support Services:** This is a targeted service that focuses on meeting the needs of the Parent/caregiver in stabilizing the family or home situations to avoid placement disruptions, deeper involvement in juvenile justice /corrections or child welfare, or other challenges related to chronic behavioral or physical health needs. Staff providing this service are peer parents with lived experience in navigating the child-serving systems and training in working with the children's behavioral health system, or parents with adult children with Behavioral Health needs. This service can be enhanced as a stabilization service when paired with Certified Adult or Youth Peer Support and or additional Direct Service providers.

Substance Abuse Treatment

- **Intensive Outpatient Programs:** Group, Individual and Family counseling. Designed for youth who suffer from addiction and have a diagnosis of substance abuse.
- **Adolescent and Community Reinforcement Approach (A-CRA):** adolescent and family based intervention, enhances pro-social activities
- **Multisystemic Therapy (MST):** is an intensive evidenced-based family and community based therapy program in treating youth with serious acting out behaviors and substance abuse ages 11-17 www.mstservices.com **** IQ will be considered, along with age consideration and limits.**
- **Functional Family Therapy (FFT):** is an intensive home-based family therapy program for youth who demonstrate maladaptive and acting out behaviors including substance abuse for youth 11-17 years old. www.fftllc.com **** IQ will be considered, along with age consideration and limits.**

Evidenced Based Therapies

- **Applied Behavior Analysis (ABA):** the use of these techniques and principles to bring about meaningful and positive change in behavior for those with Autism Spectrum Disorder.
- **Dialectical Behavioral Therapy:** Cognitive behavioral therapy which supports an array of chronic or severe mental health issues, including self-harm, eating and food issues, addiction, and posttraumatic stress, as well as personality traits.
- **Trauma Focused CBT:** is a component-based model of psychotherapy that addresses the unique needs of children with PTSD symptoms, depression, behavior problems, and other difficulties related to traumatic life experiences.
- **EMDR- Eye Movement Desensitization and Reprocessing:** is a psychotherapy treatment that was originally designed to alleviate the distress associated with traumatic memories.
- **Moral Recognition Therapy:** MRT is a cognitive-behavioral counseling program that combines education, group and individual counseling, and structured exercises designed to foster moral development in treatment-resistant clients.
- **Multisystemic Therapy (MST):** is an intensive evidenced-based family and community based therapy program in treating youth with serious acting out behaviors and substance abuse ages 11-17 www.mstservices.com **** IQ will be considered, along with age consideration and limits.**
- **Functional Family Therapy (FFT):** is an intensive home-based family therapy program for youth who demonstrate maladaptive and acting out behaviors including substance abuse for youth 11-17 years old. www.fftllc.com **** IQ will be considered, along with age consideration and limits.**
- **Substance Abuse Treatment:** Intensive treatment for youth who suffer from addiction and have a diagnosis of substance abuse.
- **Multisystemic Therapy for Problem Sexual Behaviors (MST-PSB):** Evidence based therapy designed to treat problematic sexual behavior for youth 10 and older. www.mstpsb.com **** IQ will be considered, along with age consideration and limits.**
- **Sexually Maladaptive Behaviors:** Treatment for youth who display sexualized behavior with intent or coercion, with a history of sexual abuse or exposure. **** IQ and diagnosis will be considered, along with age consideration and limits.**

Other

- **Respite Services:** Family or facility based service. Helps to alleviate and provide a break for youth and their families.
- **Expressive therapies (art, drama, play, sand tray):** All therapies are provided in conjunction with a trauma therapist, with the exception of Art Therapy, this can be provided solely by an individual agency.
- **LGBTQ Services:** Services are tailored to those youth that are identified as lesbian, gay, bisexual, transgender or questioning.
- **Mental Health Block Grant (MHBG):** The MHBG is allocated from the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide mental health treatment services to children with Serious Emotional Disturbance (SED).
Children with serious emotional disturbance (SED) This includes persons up to age 18 who have diagnosable behavioral, mental, or emotional issues (as defined by the DSM). Their condition results in a functional impairment that substantially interferes with, or limits, a child's role or functioning in family, school, or community activities.

Category of Services

Art Therapy

Arizona Center for Change
Resilient Health Art Awakenings

Applied Behavior Analysis (ABA)

Prior Authorization Required

AZ Autism United
Ascend Behavior Partners
Centria
Devereux
Hope Group
Open Hearts
S.E.E.K. Arizona
Southwest Behavioral & Health
Touchstone Health Services

Attachment Therapy

Heather Sestili
Child Crisis Arizona
ChildHelp
Christian Family Care
Hope Community Services

Autism Informed Providers

Open Hearts Family Wellness
Southwest Behavioral & Health
Southwest Human Development
Terros Health
Touchstone Health Services
Unique Family Services
Youth Advocate Program

Autism Counseling Programs

Child and Family Support Svcs
S.E.E.K. Arizona
Touchstone Health Services

Birth to Five Specialty Services

Child Crisis Arizona
Heather Sestili
Ebony House
Southwest Behavioral & Health
Southwest Human Development

Centers of Excellence

Jewish Family and Children's
Services/MIHS Family Center
Southwest Autism Center of
Excellence (SACE)
Touchstone Autism Center of
Excellence

Dialectical Behavioral Therapy

Az Center for Change
Florence Crittenton
Terros Health
Valle Del Sol

Eating Disorder

Community Connections

Equine Therapy

Hope Community Services
Hunkapi Farms
The Heart of the Matter

Family Functional/Multi-systemic Therapy/Multi-systemic therapy for problem Sexual Behaviors

Child & Family Support Svcs (MST
only)
Touchstone Health Services

Family Support/Parent Partner

**** Each Qualified Service Provider
(QSP) has Family Support/Parent
Partners services**

Family Involvement Center (FIC)
*Human Resource Training (HRT)
MIKID
Raising Special Kids
Reach Family Services

First Episode Centers

Resilient Health First Street
MIHS First Episode Center

General Direct Support

Black Family and Child Services
*Human Resource Training (HRT)
San Tan Behavioral Health
Southwest Behavioral Health
Southwest Human Development
Terros Health
Youth Advocate Program

Intensive Outpatient- Mental Health

Touchstone Health Services
Valle Del Sol

Intensive Substance Abuse

Bayless Health Group
Community Bridges
Jewish Family & Children's Service
Native American Connections
Open Hearts
Terros
Valle Del Sol

Intensive Direct Support Services (MMWIA)

A New Leaf
Arizona Youth and Family Services
Child and Family Support Services
Devereux
New Hope of Arizona, Inc.
Open Hearts
Touchstone Health Services

Transition Aged Youth Services

Child & Family Support Svcs
Florence Crittenton
Jewish Family & Children's Service
Native American Connections
Marc Community Resources, Inc
San Tan Behavioral Health
Southwest Network
Valle Del Sol

Triple P Services

Crisis/Hospital Teams

Child and Family Support Services
EMPACT
Jewish Family & Children's Service
St. Luke's OSCA
TERROS D1

Support Services

Desert Edge Mentoring
Family Involvement Center (FIC)
New Hope of Arizona
MIKID
Raising Special Kids
Reach Family Services
San Tan Behavioral Health

Parent/Child Therapy

Heather Sestili
Southwest Behavioral Health
San Tan Behavioral Health

Parent Support Groups

Family Involvement Center (FIC)
MIKID
Reach Family Services
Southwest Behavioral & Health
Valle Del Sol

LGBTQ Services

Arizona Center for Change
Devereux
San Tan Behavioral Health
Valle Del Sol

*HRT's program requires participation in more than one service. See program description for more information.

Respite

AASK
Devereux
Family Involvement Center (FIC)
Florence Crittenton
*Human Resource Training (HRT)
MIKID
New Hope of Arizona, Inc.
Pathways of Arizona
San Tan Behavioral Health
Touchstone Health Services
Zarephath

Sexual Maladaptive Behaviors

AZ Center for Change
Encourage Empowerment
The Resolution Group
Touchstone Health Services
The U Turn Foundation

Sexual Reactive Youth

Encourage Empowerment
The Resolution Group

Sex Trafficking

Southwest Behavioral & Health
Southwest Network
The Resolution Group

After School Programs

A New Leaf
San Tan Behavioral Health

Family Involvement Center (FIC)
Hope Community Services

Victims of Abuse Therapy/Trauma Therapy

AZ Center for Change
Child help
Christian Family Care
Child Crisis Arizona
Encourage Empowerment
Hope Community Services
Open Hearts (Group)
The Resolution Group
The U Turn Foundation

Mental Health Block Grant Providers

A New Leaf
Arizona Youth and Family
Black Family and Children Services
Chicanos Por La Causa
Child and Family Support Services
Community Bridges
Devereux Foundation
Ebony House
Empact
Jewish Family and Children's Service
Native American Connections
Rio Salado Behavioral Health
Southwest Behavioral & Health
Southwest Human Development
Southwest Network
Terros Health
Touchstone Behavioral Health
Valle Del Sol
Open Hearts
EpiCenter IMHR
MIHS First Episode Clinic
Resilient Health
Community Connections
New Hope of Arizona

Direct Support and Specialty Providers:

A New Leaf

Parents and Children Teaming Together (PACTT) – MMWIA: This program is designed to deliver in-home/community-based support and rehabilitative behavioral health services to all children and families through the age of 17. This program strives to keep children and families together and to support the children in achieving success in school, avoiding delinquency and becoming stable and productive members in their community. Our program is directed by the Child and Family Team and operates under the 12 Principles of the Arizona Model. The PACTT program at A New Leaf houses a diverse team of Behavior Coaches to provide the individualized support needed to accomplish a variety of goals laid out by each Child and Family Team. In an effort to meet the unique needs of the families we work within Maricopa County, we collaborate with each family team to tailor the type, frequency, and the duration of services in order to best fit the family's culture, needs and schedules.

These services include but are not limited to:

Emotional management training

- Positive behavior support
- Family support and positive parenting coaching
- Community integration practices
- Social, living and communication skills training and development
- Medication education
- Self-regulation and decision skills
- Self-sufficiency skills
- Self-expression skills
- Conflict resolution skills
- Ongoing assistance to attain and enhance natural supports
- Health promotion and education

After School Program (ASP): This program is a strengths-based program, providing skills training and development to youth 6-17 years of age, during after school hours and at varied times during summer and holiday breaks. Through structured, group activities, children are able to learn and practice skills to enhance their emotional and social well-being. Services are provided on campus and in the community. Our program is directed by the Child and Family Team and operates under the 12 Principles of the Arizona Model. In an effort to meet the unique needs of the families we work within Maricopa County, we collaborate with each family team to tailor the type, frequency, and the duration of services.

These services are intended to improve and manage issues including, but not limited to:

- a. Oppositional Behaviors
- b. Relational Issues
- c. Social Skills

- d. Self-esteem
- e. Anger Management
- f. Living Skills
- g. Coping Skills

Contact information	Referral details
<p><u>East Valley</u> *Community Based 960 N. Stapley Dr., Mesa, AZ 85203 P: 480-489-5580</p> <p><u>West Valley</u> *Community Based 8802 N. 61st Ave., Glendale, AZ 85301 P: 480-489-5580</p>	<p>DSPPreferrals@turnanewleaf.org</p>

AASK

AASK is dedicated to providing children and families with meaningful, caring relationships since 1988. We support families caring for over 1,000 children in foster care each night of the week, including many who are placed with unlicensed relatives. AASK also offers direct support services such as hourly respite to families residing in Maricopa County. Our respite services are tailored to the child and family's needs, and can be delivered in the families own home or in their community. The family member has the opportunity to meet with the direct care staff before services begin. By allowing a mutual selection between the family and direct care staff, both parties understand scheduling needs, availability, and service focus. Services are available in short-term intervals up to and including overnight to provide rest and relief for the primary caregiver. AASK direct care staff are trained to provide evidence-based, positive approaches in meeting the child's behavioral, emotional, and developmental needs. AASK also contracts with the Division of Developmental Disabilities to provide Home & Community Based services to ALTCS recipients.

Contact information	Referral details
<p>2320 N 20th St Phoenix, AZ 85006 P: 602-254-2275 F: 602-930-4575</p>	<p>HCBSRBHA@AASK-AZ.ORG</p>

Arizona Autism United

Arizona Autism United (AZA United) is a specialty provider committed to treating the unique learning and behavioral issues associated with autism. AZA United offers behavioral treatment and programming that

includes intensive parent and family training, behavioral treatment focused on the reduction of challenging behavior, direct applied behavior analysis (ABA), and support services for siblings (Sib Shops).

AZA United takes pride in providing exceptional, compassionate and comprehensive therapy services that address the needs of the member and their whole family. All programming is overseen by Board Certified, Licensed Behavior Analysts and all staff members are committed to effective treatment that is sensitive to the complexities of families affected by autism and related disorders.

Clinical Family Coaching: Clinical Family Coaching is an intensive parent and family training program. This program involves parents and family members working directly with a Behavior Coach and a supervisory clinical team several days per week, for 2-4 hours at a time, in the family home or in the community for up to 9 months. These sessions focus on helping parents acquire and apply strategies to prevent, manage and replace difficult behavior. Through this program parents and family members learn how making changes to how they approach discipline, communication, rewards, routines, and working together can impact behavior challenges they are experiencing with their child(ren). Participation in this program requires parents/guardians to be present and participating in all coaching sessions.

Comprehensive ABA Treatment: Comprehensive ABA refers to treatment of the multiple affected developmental domains, such as cognitive, communicative, social, emotional and adaptive functioning. Maladaptive behaviors, such as noncompliance, tantrums, and stereotypy are also typically the focus of treatment. Although there are different types of comprehensive treatment, one example is early intensive behavioral intervention where the overarching goal is to close the gap between the client’s level of functioning and that of typically developing peers. These programs tend to range from 30-40 hours of treatment per week (plus direct and indirect supervision and caregiver training). Initially, this treatment model typically involves 1:1 staffing and gradually includes small-group formats as appropriate. Comprehensive treatment may also be appropriate for older individuals diagnosed with ASD, particularly if they engage in severe or dangerous behaviors across environments.

Contact information	Referral details
5025 E. Washington St. Ste. 212 Phoenix, AZ 85034 P: 602-773-5776 F: 602-273-9108	referrals@azaunited.org *Special referral requirements: Arizona Autism United Referral Cover Sheet

Arizona Center for Change

Wings for Change: This is an intensive wraparound program for youth with problem sexual behavior designed to assist youth with problem sexual behavior. The program involves multi-systemic approaches, wrap around services, problem sexual behavior specific treatment, family centered treatment, victim treatment and collaboration with all agencies and professionals involved in the youth and families’ lives. The program uses a team made up of a specialized master’s level clinician and a BHT level staff. The main goal of the Wings of Change program is to reduce the likelihood of future problem sexual behavior by reducing and intervening in the static and dynamic risk factors associated with youth who continue engaging in this behavior. The program serves youth with problems sexual behaviors that are at least 12 years old or older. The program has capacity to serve 10 youth at any given time. The length of stay will vary depending on the needs of the youth and family and the pace of progress with treatment goals.

Problem Sexual Behavior Standard Outpatient Program- Includes Group, Individual and family therapy. Clients are offered group counseling a minimum of once a week for approximately 90-100 minutes. Some may need group counseling more than once a week. The frequency will be determined in conjunction with the referring agency, the counselor and the level of acuity of the client's problem. Individual and family counseling are offered as an adjunct to group therapy.

Victim Treatment: The victim treatment will be done in accordance with the standards of practice for victim treatment in the context of family reunification, if applicable. The program can accommodate treatment for children 12 years old and up. Victim treatment may include EMDR treatment. Victims receiving EMDR will also have access to direct support staff to assist them in managing any negative emotions or urges that may arise between clinical sessions. EMDR sessions tend to run approximately 90 minutes in length. After the identified EMDR targets have been successfully completed, sessions can return 60 minutes in length while the remainder of the EMDR protocol is being completed.

Sexual Abuse Counseling: These clients are seen weekly in individual sessions and weekly in group treatment as identified on the treatment plan. Individual sessions will last approximately 50 minutes in duration unless otherwise specified on the treatment plan. Group sessions last approximately 90-100 minutes in duration. This program is designed for clients at least 13 years old and older.

Dialectical Behavioral Therapy: DBT involves individual therapy at least once a week and the skills training group once a week. There is also family component which provides parents and caretakers with specific skills for managing and interacting with clients who are in the program. The program is appropriate for adolescents who are at least 14 years of age up to 17 years. We do not provide these services to individuals with severe developmental disabilities where such a disability would interfere in their ability to respond to the services provided. We do not provide behavioral health crisis services; however, we do provide our clients with information on how to receive crisis services. We also provide "phone coaching" which is part of the program.

Expressive Art Therapy: Expressive Art Therapy provides alternative interventions to address a client's cognitive, social or behavioral problems, including a wide range of personal, interpersonal, situational and functional problems. AZCFC provides Expressive Arts Therapies (EAT), which are adjunctive therapies using expressive activities or tasks to assist in reaching the client's treatment goals. We deliver Expressive Arts Therapies in individual, family, and group settings. The main goal of EAT is to identify and treat behavioral and emotional needs within the cultural context of the client using the appropriate EAT activities and/or tasks. Additionally we seek to provide individualized treatment services in the least restrictive environment which addresses therapeutic goals indicated on the individual service plan. We may provide EAT within the context of other programming such as Dialectical Behavior Therapy, Sexual Abuse Trauma Recovery Program, and Anger Management Programming. A client can be referred specifically for EAT or EAT can be requested as part of other specialty programs we provide. We can provide this service to clients who are 12 years old and older.

Cognitive Restructuring Programs: We provide a combination of two evidenced based programs: Forward Thinking (ChangeCompanies TM) and Moral Recognition Therapy (MRT): These programs offer treatment strategies that are designed decrease recidivism among young people who engage in antisocial and/or criminogenic thinking and behavior by increasing ability to make positive changes to their thoughts, feelings and behaviors. These programs are cognitive-behavioral in nature and combine education, group and individual counseling. The program includes structured exercises designed to foster prosocial decision making. As long as clients' judgments about right and wrong are made from low levels of moral reasoning, counseling them, training them in job skills, and even punishing them will have little long-lasting impact on their behavior.

The program materials are structured around 9-16 interactive units focusing on basic treatment issues: confrontation of beliefs, attitudes, and behaviors; assessment of current relationships; reinforcement of positive behavior and habits; positive identity formation; enhancement of self-concept; decrease in hedonism and development of frustration tolerance; development of higher stages of moral reasoning. We can provide this service to boys and girls 13 years and older.

LGBTQ Affirming Therapy: AZ Center for change provides affirming therapy and programs for LGBTQ youth. With greater societal awareness of differences in sexual orientation and gender expression and identity, people are coming out at younger ages and in ways unlike previous research has informed us. Many individuals, families, schools, and communities are looking to specialized professionals to provide guidance, increase protective factors, and respond in a culturally appropriate manner. These services can be accessed as “stand-alone” services or in conjunction with our other specialty programs. We provide education, therapy and support services for youth who are experiencing challenges with their gender or sexual orientation expression. These services may be delivered in group or individual (or both). Staff members who deliver these services are either part of the LGBTQ community or have demonstrated competence in this area. We provide education and support to family members as well. We follow the WPATH (World Professional Association for Transgender Health) standards for providing care to transgender youth. We collaborate with specialized medical professionals in the community to assist with prescribing hormones when appropriate. Referrals are for youth ages 12 and older.

Marijuana Treatment Program for Youth: CANDIS: An evidence-based, abstinence-oriented cannabis treatment program, CANDIS was developed by Dr. Eva Hoch, an award-winning and internationally renowned expert in the treatment of cannabis use disorder. Using motivational enhancement therapy (MET), cognitive-behavioral therapy (CBT), and contingency management, this program has proven success with its three main objectives for clients: to realize problematic cannabis use, to participate in treatment, and to abstain from use using relapse prevention skills.

The CANDIS program begins with a client assessment and continues with **ten sessions** that focus on:

- Physical and psychological effects of marijuana
- Internal and external triggers
- Strategies for change
- Co-occurring disorders
- Withdrawal and relapse management
- Cravings, problem solving, and refusal skills

This program is delivered in a group setting with individual and family therapy as an adjunct if needed. It is not meant to be a replacement for a primary substance abuse treatment program or IOP because it is focused only marijuana use. We can accept boys and girls ages 15 and older.

Contact information	Referral details
4205 N. 7th Ave #311	Diane Genco:

Phoenix, AZ 85013
P: 602-253-8488
F: 602-253-8340

dgenco@azcfc.com

Arizona Youth & Family Services, Inc.

Agency provides in-home and community-based direct support services for children ages 0 through 17 who have behavioral health or developmental needs and their families and/or caregivers. This agency focuses on returning youth to their home or preventing admission to an out-of-home placement. This program operates under a “no reject, no eject” policy. The specific services provided will be tailored to the individual needs of the family according to the plan created by the child and family team (CFT). Transportation will also be provided, as needed, to meet treatment goals. This agency will have a variety of options for customizing the type, frequency and amount of services provided. These services include but are not limited to Rehabilitation Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training; Behavioral Health Prevention/Promotion Education and Medication Training and Support Services; Psycho-educational Services and Ongoing Support to Maintain Employment and Support Services; Case Management; Personal Care Services; Home Care Training Family (Family Support); Functional Behavioral Assessments (FBAs); Unskilled Respite Care; and Transportation.

Contact information	Referral details
3707 N. 7th St., Ste. 200 Phoenix AZ 85014 P: 602-277-4833 F: 602-824-9914 (specifically for referrals) F: 602-277-4820 (general fax)	DSPReferral@azyfs.org

Ascend Behavior Partners

Our mission is to help children and families succeed. We partner with our families, our BCBA’s average 10 years of case supervisory experience and we are the experts in early evaluation and intervention.

We work across the Phoenix metro area with offices in Mesa, Peoria and Phoenix.

Comprehensive Diagnostic Evaluations: for children with concerns for Autism ages 0-3.

Home Based Applied Behavioral Analysis: In home ABA for children ages 0-6.

Contact information	Referral details
3420 E. Shea Blvd Suite 200 Phoenix, AZ 85028 2266 S. Dobson Rd. Suite 200 Mesa, AZ 85202 16165 N. 83 rd Ave Suite 200	Call: 480-757-8090 Or Email: Intake@ascendbehavior.com

Bayless Healthcare Group (ACC members only**)**

The Lighthouse Project: is designed as an intensive outpatient program for teenagers from 14 to 17 years of age of moderate to high risk for disruptive behavioral disorders, mood disorders, and substance abuse/dependency. All youth are assigned a primary therapist who takes the lead on individual counseling, family counseling, and multi-disciplinary team meetings. However, each teenager also works with the entire staff of the Lighthouse Clinical team through individual check-ins and specialized group sessions in the following topic areas: Orientation, Substance Abuse, Emotions, Interpersonal Relationship,, Boys Discussion Group, Expressive Music and Arts,, Young Adolescent Group, Mindfulness, Health and Wellness, and Girls Discussion Group. Group Sessions are conducted Monday through Friday from the evening hours of 4 to 5:30 p.m. and 6 to 7:30 p.m. A Parents Discussion Group is facilitated on a monthly basis. A Youth Community Group is also held on the 1st Saturday of each month. Placement in groups is subject to the individual needs, readiness availability of each youth.

Contact Information	Referral details
9014 S. Central Ave Phoenix AZ 85042 P: 602-230-7373 English Referrals x277 Spanish Referrals x177 F: 602-682-7455	Email referrals to following: KC Long, Call Center Supervisor: Klong@baylesshealthcare.com Dr. Jon McCaine, Program Director: jmccaine@baylesshealthcare.com Jennifer Degraffe, Program Coordinator: jdegraffe@baylesshealthcare.com

Black Family and Child Services

Family Enhancement Program: BFCS provides in-home and community-based direct support services for children ages 5 through 18 who have behavioral health or developmental needs and their families and/or caregivers. The specific services provided will be tailored to the individual needs of the family according to the plan created by the child and family team (CFT). Services include: Skills Training and Development; Psychosocial Rehabilitation; Living Skills Training; Behavioral Health Prevention/Promotion Education; Support Services; Psycho-educational Services; Ongoing Support to Maintain Employment; Case Management; and Home Care Training Family (Family Support).

Contact Information	Referral details
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1522 E. Southern Ave
Phoenix AZ 85040
P: 602-243-1773
F: 602-276-1984
*In-home and community based

Michele Simpson
P: (602) 243-1773
F: (602) 276-1984
Or e-mail referrals to: msimpson@@bfcsfamily.org
www.BFCSfamily.org

Centria Autism

Centria Autism is a leading provider of Applied Behavior Analysis (ABA) therapy for individuals with autism. With unmatched clinical expertise, Centria provides individualized treatment plans, unique for each child, with the families input and desired outcomes in mind.

Centria Autism also provides robust support teams for all their families that allow the clinical team to focus on providing the highest-quality ABA therapy. Each family has a therapy team which consist of a Board Certified Behavior Analyst, a Behavior Technician, and a Client Service Manager.

Centria Autism also offers support services for individuals seeking answers, which include support navigating complex insurance systems and guiding or scheduling diagnosis appointments.

The standard-setting care provided by Centria Autism is validated by industry accreditation from The Joint Commission (JCAHO) and the Behavior Health Centers of Excellence (BHCOE).

Contact Information	Referral details
<p>Intake Department P: 248-436-4400 abaintake@centriahealthcare.com</p> <p>Payor Relations Specialist, Chandler Heinz P: 989-798-1852 or 248-436-4400 Cheinz@centriahealthcare.com</p> <p>Vice President of Autism Services, Alicia Kidwell P: 248-436-4400 akidwell@centriahealthcare.com</p>	<p>Email referrals to following: abaintake@centriahealthcare.com</p>

Child & Family Support Services, Inc. (CFSS)

Agency provides specialization in helping support needs for children to continue living in their homes or communities. CFSS works with children and families with complex behavioral, developmental, and/or emotional needs ages birth through 17.

MMWIA: Services focus on the support needed to keep children in their community as well as return children from formal settings such as hospitals, residential treatment centers, or detention settings back into their local communities. MMWIA supports CFTs in developing and executing creative plans to support the community placement and home settings of children with complex needs. Our support is community based; we work in family homes, schools, local community centers, and other places most suited to the child and family. Our

services are designed to be available when needed. Support availability includes evening and weekend hours. Transportation is also provided. CFSS works with children, families and those who are important in their lives to create and implement plans that build off strengths to meet needs.

TAY/MMWIA: (Transition Age Youth/ / Meet Me Where I AM) : Services focus on the 16 through 18 year-old population with complex needs. Youth receiving services may be at risk for or have recently returned from out of home placement, detention, or may be in foster care. TAY MMWIA supports youth and their families with living at home and in their communities while preparing for adulthood. TAY MMWIA services partner with youth, their families, and CFT members to identify goals around transition to adulthood and works closely with other providers and community resources to help achieve identified goals. Partnerships are created with comprehensive children's providers, SMI and GMH/SU clinics to promote collaboration between all stakeholders as youth transition from the children's system to adulthood and adult services. TAY MMWIA supports early planning within the CFT around transition needs for identifying formal services, living environments, family connection, community connection, and other resources. TAY MMWIA is designed to be flexible, serving youth when, where, and how they need it. TAY MMWIA provides services up to 24 hours a day, seven days a week, including evenings, weekends, and holidays. TAY MMWIA works in collaboration with youth, their families, and CFTs to create and implement plans based on their unique strengths and needs of each youth. All services are designed and delivered to assist youth in their journey towards independence and being productive citizens in their communities.

The services provided include but are not limited to Support and Rehabilitation Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training; Functional Behavioral Assessment; Behavioral Health Prevention/ Promotion Education and; Psycho educational Services and Ongoing Support to Maintain Employment and Support Services; Case Management, Personal Care Services, Home Care Training Family (Family Support), Unskilled Respite Care, as well as Treatment Services such as Behavioral Health Counseling and Therapy.

Project Connections: MMWIA service with an emphasis on permanency for children dually enrolled in the DCS and Behavioral Health systems. Interventions emphasize a child's connections to family and other supportive long term relationships and by developing their skills across domains. The purpose of this project is to increase experiential forms of permanency for youth whose sense of normalcy has been disrupted by the multiple changes in care givers, community settings, and routines. All service delivery is aimed at promoting resiliency and wellness through a child and family's connection to people, places, and things.

Family and Communities Team (FACT): Program emphasis promotes stabilization in a community setting for young people who are transitioning out of **acute care hospitalizations and residential treatment centers**. The Family and Communities Team's mission is to promote youth, caregiver, and community members' resiliency through the transition into a less restrictive environment. All service delivery targets skill development and emotional regulation of young people while strengthening their caregivers, community members, and home environments to prevent further restrictive out-of-home and out-of-community care.

CFSS Multisystemic Therapy (MST): is a practical, goal-oriented, and intensive evidence-based treatment model that effectively addresses the multiple influences that contribute to the behaviors of youth ages 12 – 17 that society views as antisocial and illegal. MST views the parents/caregivers as primary change agents and

thus, MST's primary focus is to empower parents with the skills and resources needed to independently address the difficulties that arise in raising teenagers. MST considers individual, family, and community factors as they are part of the complex network in which the youth lives. MST strives to promote behavior change in the youth's natural environment, using the strengths of each system (e.g., family, peers, school, neighborhood, natural support network) to facilitate change. Within a context of support and skill-building, the therapist places developmentally appropriate demands on the parent/caregiver and youth for responsible behavior. CFSS MST intervention strategies are integrated into the social-ecological context of the youth and family; the strategies include strategic and structural family therapy, behavioral parent training, and cognitive behavior therapy. CFSS MST serves youth ages 12 - 17 who are living in a home setting with at least one identified caregiver. Therapists typically meet with families three times a week and are on-call 24/7 for 3 - 5 months. MST is a Blueprints Model Program. For additional information and research, please visit www.mstservices.com

Relationship Based Autism Center: Family-based counseling approach that uses a variety of treatment modalities.

Building on a young person's existing strengths and connections, the Relationship-Based Autism Center joins with the family and young person on the Autism Spectrum to learn strategies and improve effective communication to develop functional skills. Social thinking, applied behavior analytics, and counseling techniques are part of the dynamic support interventions provided to teach skills, decrease maladaptive behaviors, and enhance positive connection within the family and community.

The Relationship Based Autism Center treatment process works in three phases: engagement, skill development, and skill integration.

The support and services provided incorporate the following:

- Family Counseling
- Social therapy groups
- Skill Training
- Educational Trainings
- Care Coordination

The focus of support and services is to decrease challenging behaviors and build functional skills in communication, social, and executive functioning. With the goal of helping drive positive skill development, therapists may communicate in picture type talk and use visual supports to construct a frame of reference to support a young person and family in developing and enhancing skills.

Positive change for children on the Autism Spectrum develops through healthy connections with people and cherished objects. Collaborating with families, educators, community members, and other professionals to explore Autism and young people's needs will build a foundation of acceptance and success for children and adolescents on the spectrum and their families.

Contact information

Referral details

10439 S. 51 St. Ste. 100

Phoenix AZ, 85044

*community based

P: 480-635-9944

F: 480-745-3684

MMWIA and Project Connections referrals to:
referrals@cfssinc.com

FACT referrals: factreferrals@cfssinc.com

RBAC referrals: autismcenter@cfssinc.com

MST referrals: Mst.referral@cfssinc.com

MMWIA and Project Connections:

Utilize MMWIA referral form and MMWIA prioritization from

FACT: Utilize CFSS FACT referral form

Child Crisis Arizona

Integrative Treatment for Attachment Trauma: Children that have experienced early abuse neglect or trauma exhibit neurological differences in the brain, which appear as delayed emotional and social growth. These children may not attach emotionally to caregivers, and often do not respond well to normal parenting interventions. Our counselors address trauma issues with a variety of interventions designed to integrate your child's brain. Treatment modalities include therapeutic play, drama, and other trauma therapies, and a wide spectrum of play therapy techniques. These include art, sand tray, narrative storytelling and metaphors using puppets. Parental involvement in sessions is essential, although individual sessions for your child may be provided as necessary. Therapists provide highly specialized parent coaching and training to strengthen the parent/child relationship and create a more skilled parent. Therapy helps a child develop new skills and coping strategies to help them be successful in their day-to-day activities. Therapy also gives families support in providing children with a safe, loving and structured environment. The Counseling program sees patients on Monday-Thursday from 8 a.m. to 7 p.m. and Friday from 8 a.m. to 5 p.m.

In addition to Counseling, we host monthly support groups for Relatives As Parents (RAP), as well as RAP parenting classes. These classes are meant to help and support relative caretakers with parenting duties, social and developmental issues in children and managing the daily responsibilities of relative care. Monthly legal guardianship clinics are help to help relative caretakers gain legal guardianship of related children. Child Crisis Arizona provides and refers various resources to families in need. We also provide information to obtain financial assistance from the state in order to relieve some of the stress of caring for kids.

Relative/Kinship Support Group: Meets the second Tuesday of each month at Helen's Hope Chest, **126 E. University Drive, Mesa, Arizona, 85201**. Childcare is provided. To register, contact Child Crisis Arizona at 480.834.9424 classregistrations@childcrisisaz.org. Drop-ins welcome.

Guardianship Clinics (*Title 14 Guardianship Form Assistance*): Free clinics for Kinship Caregivers raising minor children. All clinics are held at **170 W. University Drive, Mesa, AZ 85201** from 2-4 p.m. the second Thursday of each month. Clinics are available in English and Spanish.

170 W. University Dr.
Mesa, AZ 85201
P: 480-834-9424
F: 480-889-0139

Jillian.Boettcher@childcrisisaz.org

Childhelp

This agency will provide specialized treatment services for children experiencing trauma/attachment. The services are provided to child abuse victims and their families. Therapists work with children ranging in age from three to eighteen years, and also are available to work with other family members when deemed appropriate. Spanish-language counseling services are available.

Contact information	Referral details
2120 North Central Suite 130 Phoenix, AZ 85004 P: 602-271-4500 F: 602-282-0102	CH-therapyreferralsAZ@childhelp.org
2333 N Pebble Creek Pkwy Goodyear, AZ P: 602-271-4500 F: 602-282-0102	

Christian Family Care Agency

Christian Family Care provides trauma-informed therapy services through a family systems lens. **Parent or caregiver participation in therapy is expected and essential** to supporting the child's growth and progress. Christian Family Care specializes in working with children involved with Foster Care and Adoption. Foster and adoptive children often deal with issues of loss, attachment trauma, and abuse/neglect.

Trauma and Attachment Therapy:

Children that have experienced abuse, neglect or trauma exhibit neurological differences in the brain, which appear as inappropriate coping behaviors and delayed emotional and social growth. These children may not attach emotionally to caregivers, and often do not respond well to normal parenting interventions.

Christian Family Care's therapists use evidenced-based, trauma-informed therapies to help these children. In addition, therapists provide highly specialized parent coaching and training to strengthen the parent/child relationship and create a more skilled caregiver.

Therapeutic Models: Integrative Treatment for Attachment Trauma, EMDR, Trust-Based Relational Intervention (TBRI)

Other treatment modalities may include: family therapy, expressive therapies (art, sand tray, play, drama), and other trauma-informed therapies.

Typical client age range 5 -18 yrs (may accept younger children on a case-by-case basis).

Contact information	Referral details
2346 N. Central Ave. Phoenix, AZ 85004 P: 602-234-1935 F: 602-234-0022	Counseling.referral@cfcare.org

Community Bridges Inc.

Unscript Medication Assisted Treatment (MAT) and Adolescent Substance Use Disorder Treatment Program

Comprehensive Treatment: CBI, Inc. (CBI) provides comprehensive, medically integrated behavioral health services that support adolescents in achieving their recovery goals, enhancing health and wellness, as well as improving the quality of their lives. CBI has implemented an Adolescent Substance Use Disorder Treatment Program at our Aspire Person Centered Medical Home (PCMH). This program focuses on Substance Use Disorders, utilizing a multisystemic treatment approach congruent to the integrated healthcare model. Through the use of Family Systems based counseling, Peer Support, and where deemed appropriate, *Medication Assisted Treatment*, the CBI Care Team provides a research-based, multi-faceted approach to wellness, facilitating treatment and moving adolescents and their families toward their treatment goals. Adolescents in the program will work with an integrated care team, tailored to the individual and their family, all under the direction and partnership of the Child and Family Team as ascribed in the Arizona Vision and 12 Principles of Care.

In utilizing age specific interventions that optimize SUD effectiveness, CBI can guide and support adolescents in their journey through addiction recovery. Assessing biological, medical, psychological, social and spiritual domains of life to design the most effective treatment modality for each individual and/or family, the model approaches addressing these domains to achieve true wellness and recovery. Adolescents enrolled in the program will work with a care team which may include:

- Family Nurse Practitioners
- Psychiatric Nurse Practitioners
- Peer Support/Case Managers
- Licensed Counselors
- Licensed Practical Nurse

Medication Assisted Treatment: CBI currently has practitioners in place at this location that are waived for MAT services. The adolescent MAT is designed to assist youth in recovery from OUD with the assistance of suboxone; with the goal of titrating off of suboxone as treatment progresses. This transition process is done under intensive outpatient medical observation to monitor both mental health and physical health issues, integrating with the family systems work and peer services, utilizing a research-based treatment model for optimum chances of recovery for individual adolescents in the program.

Contact information	Referral details
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P: 480-502-7000

Shannon Powell: Practice Manager –

spowell@cbridges.com

Heather Berger: Clinical Lead –

hberger@cbridges.com

AMATReferrals@cbridges.com

Community Connections

Community Connections, LLC is program dedicated to treating individuals with eating disorders. Community Connections LLC, recognizes that each individual has a unique story, and his or her own distinctive strengths and challenges. They may be seeking treatment for the first time, or, may be suffering a relapse following a stay at another eating disorder treatment center. With input from the individual, his or her loved ones, and our experts, we develop an individualized eating disorder treatment plan for each member. We help each individual develop the skills he or she will need to experience recovery. Intensive Outpatient Treatment provides these individuals with a supportive peer group who understand the challenges of recovering from an eating disorder. By attending the IOP together with therapeutic support, members learn to practice making healthy decisions when they experience feelings that accompany their eating disorder. A member will learn to be mindful of feelings like anxiety, fear or shame, and to experience them in ways that won't compromise their life. The individual must be between the age of 12 and 17 and medically stable to attend the IOP. When enrolled in the Intensive Outpatient Eating Disorder Treatment Program members will also receive:

- Group Counseling
- Family Counseling
- Individual Counseling
- Multi-Family Education
- Psycho-education
- Nutritional Counseling
- Body Image group
- Creative Expression groups
- Stress Reduction
- Assertiveness Training
- Discharge Planning

Contact information	Referral details
4025 West Bell Road Suite #6 Phoenix, AZ 85053 P: 623-242-8460 F: 623-242-8643	Referrals: Vanessa Simpson Vsimpson@communityconnectionsaz.org Director: Elizabeth Rodgers lrodgers@communityconnectionsaz.org

Desert Edge Mentoring Services

As an outpatient treatment center, Desert Edge Mentoring Services (DEMS) aims to serve Maricopa County's members: male and female youth ages 10 to 17 and male and female adults ages 18 and older. DEMS offers a safe learning environment and provides age-appropriate mentoring and counseling services for youth to build confidence, increase academic awareness, develop leadership skills, and problem solving abilities.

In order to best serve our members in the community, DEMS offers quality services to assist them in attaining their goals as they work to become productive, independent members.

These include:

- **Counseling:** These services include individual and group counseling. Personal Growth, Anger Management, Crisis/Trauma, Life Transitions, Self Esteem, Stress Management, Substance Abuse and more.
- **Mentoring:** These services include role modeling, coaching, instructing life skills, offering family support and budgeting. Individuals who work with a mentor develop leadership skills, build confidence, and develop problem solving abilities, in addition to building vocational and educational success.
- **Transitional Age Youth:** These services focus on educational and job preparedness training and independent living skills. For transitional age youth ages 14 to 17 include GED preparation, academic tutoring, computer training, college preparation, basic life skills, and assistance with scholarship applications. Services for transitional age youth ages 18 and older include job preparation, college preparation, career interest workshops, on-going employment support, and job skills support. Additionally, psycho-educational groups are also offered to educate clients about substance abuse, anger management, parenting skills, safety plans, and to identify resources within their own community.

Contact information	Referral details
1950 W Heatherbrae Dr Suite 10 Phoenix, AZ 85015 P: 602-237-2485 F: 602-274-6531	records@desertedgementoring.com

Devereux

MMWIA: With the understanding of the Arizona 12 principles there is a great need to keep youth and families together and living within their natural living environment and community. Devereux is a family and community centered agency designed to enhance the stability and integrity of the family by keeping or returning the youth to their home or other least restrictive environment. Devereux's purpose is to empower family performance, system independence and personal responsibility by offering Skills Training and Development, Psychosocial Rehabilitation Living Skills Training, Behavioral Health Prevention, Promotion and Education, Psycho-Educational Services, Ongoing Support to Maintain Employment, Family Support, Unskilled Respite, and Personal Care Service in an individualized plan for each family. Devereux targets youth who are currently struggling to maintain their current living environment or those who are to be discharged from a residential treatment facility or hospital. Devereux works with male and female youth from 0-17 years old. We also specialize in working with the LGBTQ community.

Family (Community) Based Respite: Devereux Arizona is committed to providing the least restrictive and most appropriate services to individuals referred for care. Family based Respite is designed to provide short-term

relief to primary care-givers (parents/guardians) of children (ages 0-17) with developmental, emotional, or behavioral needs. Family Based Respite takes place in the home of a licensed family that is trained to provide respite. The provider family's home is licensed as a Behavioral Health Respite Home. Families provide activities in their home and/or in the community. Provider families are matched to the child(ren) prior to a respite stay based on the child(ren)'s needs. This respite is ideal for children who are more suited to a family setting and/or may have specialized needs. Family Based Respite can take place any time during the week for a few hours up to several days.

Facility Based: Devereux Arizona is committed to providing the least restrictive and most appropriate services to individuals referred for care. Facility based Respite care is designed to provide short-term relief to primary care-givers (parents/guardians) of children (ages 4-17) with developmental, emotional, or behavioral needs. Facility Based Respite is best described as a camp-like atmosphere. Respite is provided in adjacent homes with trained staff supervision day and night. Activities are provided throughout the stay including excursions within the community. **Hours of Operation:** Friday 3pm - Sunday 6pm (overnight), Saturday 8am-8pm (Day Only), Sunday 8am-6pm (Day Only)

Autism Center: The Devereux Advanced Behavioral Health Arizona Autism Center supports children and adolescents 0-17 years of age with autism spectrum disorder in the development of communication, social, and adaptive skills needed to live independent, fulfilling, productive, and socially connected lives. All of Devereux's Autism Center services are based on applied behavior analysis (ABA) and are supervised by a Board Certified Behavior Analyst (BCBA).

Comprehensive ABA Treatment: This is an intensive ABA treatment program designed to address several complex skill acquisition and maladaptive behavior reduction targets across multiple domains of functioning. ABA treatment may be provided across home, educational, and community settings, with an emphasis on maintenance and generalization of skills. Treatment programs include, but are not limited to:

- 1) Assessment of skill deficits and maladaptive behavior
- 2) Maladaptive behavior reduction
- 3) Language and communication skills
- 4) Social skills
- 5) Daily living skills
- 6) Executive functioning skills
- 7) Caregiver education and support

Focused ABA Treatment: This is a specialized ABA treatment program designed to focus on a limited number of target behaviors. Caregiver education and support is provided to enhance maintenance and generalization. Treatment programs include, but are not limited to:

- 1) Functional communication
- 2) Social skills
- 3) Compliance with medical and dental procedures
- 4) Safety skills
- 5) Acute maladaptive behavior reduction

Contact information	Referral details
Facility Respite: 6411 E. Sweetwater Ave. Scottsdale, AZ 85254 P: 480-634-2028 F: 480-368-4671 MMWIA: 2025 N. 3 rd St Phoenix, AZ 85004 (Community Based) P: 623-435-6840 F: 623-937-8502 Autism Center: 11024 N. 28 th Drive, Suite 110 Phoenix, AZ 85029 P: 480-634-2020	azrespite@devereux.org azmmwiareferrals@devereux.org Phone- 623-522-5510 AZautismreferrals@devereux.org

Ebony House

The program provides in office, in community or in home individual therapy sessions (weekly, bi-weekly or monthly as determined by service plan) for DCS members only, Birth – 5 Early Intervention Program, and intensive or standard outpatient groups using evidenced based curriculums and workbooks. We offer specialized parenting/kinship groups and youth groups including but not limited to: Anger Management/Impulse Control; ADHD social skills; Gender Specific Resiliency/Self-esteem; and Substance Abuse/Relapse Prevention. Our program serves children and adolescents ages 0-17. Walk-in referrals accepted. We specialize in Conduct Disorders. We are also able to accept Rapid Response (Crisis) and DCS referrals.

Contact information	Referral details
1616 E. Indian School Rd., Ste. 100 Phoenix AZ 85016 P: 602-254-6137 F: 602-254-6140	Ebony house intake line: 602-254-6137 Fax line: 602-254-6140 cbhsintake@ebonyhouseinc.org <i>*Special referral requirements</i> Newly required records and information related to school, medical and dental.

Encourage Empowerment

Outpatient Counseling; Trauma Treatment: Encourage Empowerment specializes in early childhood complex interpersonal trauma and traumatic grief. We serve children (ages 3 to 18) via individual, family, and group interventions. Therapists specialize in forensically informed trauma-based treatment and coordinate with the

law enforcement and DCS. In addition, therapists are trained in victim clarification / reunification protocols, and when applicable, and collaborate with agencies that treat youth with sexually maladaptive behaviors in order to support successful family system reunification. Please note Encourage Empowerment LLC does not treat SMB, we only provide victim support through clarification / reunification with offending siblings. Spanish speaking services are available.

Assessments: Encourage Empowerment utilizes empirically supported trauma-based assessments at intake, with subsequent assessments as clinically indicated, and discharge to document client progress and success.

Therapeutic Approaches: Encourage Empowerment promotes a mind body perspective that also encourages healthy attachment and regulation while supporting concepts of safety, trust, and hope via evidenced based treatment interventions. Therapeutic Approaches include: TF-CBT, Directive and Non-Directive Developmental Play Therapy, Sand Tray, EMDR, Accelerated Resolution Therapy (ART), Tension & Trauma Release Exercises (TRE), and Sensory Based Interventions.

All Encourage Empowerment clinicians have completed one of the following certification trainings via the AZ Trauma Institute:

**CCTP/ CCTSI (Certified Clinical Trauma Specialist; Individual) or
CCTS-F (Certified Clinical Trauma Specialist; Family)**

Additional clinician specialized certification trainings (limited to certain clinicians) include:

Birth to Five. Early childhood complex interpersonal trauma initiates neurological differences in the brain, which often are demonstrated via noted social and emotional delays. As a result, bonding and attachment are often impacted. Therapeutic approaches within the birth to 5 group address healthy attachment and parenting support via play therapy, expressive arts, and sand tray focusing upon affect regulation and development of safety and trust.

Trauma and Addiction Specialist: Clinicians have completed training in assessment and treatment of addiction as a reactive adaption to traumatic exposure. (AZ Trauma Institute).

Eye Movement Desensitization and Reprocessing (EMDR). EMDR therapy is an integrative psychotherapy approach that has been extensively researched and proven effective for the treatment of trauma. (EMDRIA).

Tension & Trauma Release Exercises (TRE) is a simple series of exercises that assist the body in releasing deep muscular patterns of stress, tension, and trauma. TRE safely activates a natural reflex mechanism of shaking or vibrating that releases muscular tension, calming the nervous system. When this process is activated in a safe and controlled environment, the body is encouraged to return back to a state of balance.(traumaprevention.com)

Human Trafficking Certification Clinicians are trained on traumatic elements unique to the children and adolescents who have been exploited for profit. Clinicians have knowledge regarding current research, theories, empirically supported treatment models and techniques, assessments, and treatment structures that minimize resistance & maximizes effectiveness. Clinicians know about unique challenges related to this population and develop strategies to reduce treatment failure. (AZ Trauma Institute).

Parent Education and Kid Support (PEAKS). PEAKS is a six-week closed format psycho-educational support group for non-offending caregivers of children and adolescents that have incurred trauma or traumatic grief. PEAKS addresses the impact of trauma upon the following systems: behavioral, psychological, emotional, neurological, developmental, and social while providing discipline support that promotes victim empowerment and regulation while supporting behavior compliance.(Author: Tammy Ohm MS NCC LPC)

Accelerated Resolution Therapy (ART) ART combines Gestalt, Cognitive Behavioral Therapy (CBT), Exposure Therapy (in-vivo), relaxation techniques, and Brief Psycho-dynamic therapy and combines them with eye movements similar to those we using during the (REM) Rapid Eye Movement phase of sleep. ART utilizes a re-scripting process called Voluntary Image Replacement (VIR) to assist clients in replacing negative images with positive ones. (acceleratedresolutiontherapy.com)

Exclusionary criteria for services through Encourage Empowerment include children with a diagnosis on the Autism Spectrum, Reactive Attachment Disorder, and children with an IQ lower than 75.

Contact information	Referral details
1819 S. Dobson Road Suite 103 Mesa, AZ 85202 P: 480- 467-2470 F: 480-820-2770	Tammy Ohm email: admin@eempower.net

Family Involvement Center (FIC)

FIC is a family-run organization that provides parent peer support, family education, family respite (home & community based), and youth mentor services. FIC specializes in parent peer support, one parent helping another in meeting their child’s and family’s needs, and in navigating child-serving systems and community resources. We assist parents in enrolling their child/family in AHCCCS and the behavioral and physical health networks. Supports for parents include Parent Support Partners, health promotion/prevention and education, a Parent Helpline, with services provided in the home, community or our offices.

Support Services for Parents/Primary Caregivers: Peer parent-delivered support is provided by **Parent Support Partners** who provide or facilitate connections to informational, emotional, concrete and social support as well as assistance in navigating child-serving systems (Behavioral and Physical Health, Child Welfare, Juvenile Justice, Education, and Developmental Disabilities) and community resource agencies and self-help groups. Our Parent Support Partners are biological, foster or adoptive parents including grandparents and kinship providers who have personal experience navigating child-serving systems. Our Parent Support Partners understand the journey of parents which often includes feeling overwhelmed or isolated and not knowing where to turn for assistance in meeting their child’s or family’s needs. FIC Parent Support Partners are skilled

in engaging parents by utilizing their own personal experience of having similar lived experiences in raising a child or in navigating the child welfare system. They assist parents in brainstorming ideas and problem-solving with systems partners to meet their needs in the community, with other child-serving agencies, and in social or family settings. Parent Support Partners develop Support Plans with the parent/primary caregiver by exploring the strength(s) and needs of the parent and developing objectives to meet the needs of the parent. FIC also employs **Parent Support Specialists** who have advanced knowledge in skills in assisting parents needing extra support in service and implementation for their child with the Division of Developmental Disabilities, Juvenile Justice and the Education system. These Parent Support Specialists are utilized as an addition to the team to assist when the child/youth has complex needs and the parent requires more intensive and in-depth navigation services from our parent support program.

Parent Support Partners are now also partnered and co-located at the Maricopa County Juvenile Court sites to support parents in navigating the juvenile justice system, and in Department of Child Safety offices to offer parent support during Team Decision Making meetings and court appearances. Our *Parents for Parents* program is also offered at the dependency courts at Durango and the Southeast Facility to support parents in the family re-unification process, and through HOPE Classes.

Family Education and Support Groups: Weekly and monthly scheduled parent-led group settings for parent/primary caregiver, which are designed to increase the participant's knowledge, confidence and self-efficacy in managing their family's needs and plans for improving the quality of their family's life. This includes cross-system navigation. Examples of Family Education Groups: Nurtured Heart Approach®, Triple P Parenting, Parenting Now and Parenting Wisely. FIC offers a variety of Support Groups which are also parent led that provides an opportunity for parents/caregivers to come together to support one another, problem solve, and expand their family support network. Current Support Groups include: Parent Empowerment Group, Grandparents and Relatives as Caregivers Empowerment Group (GRACE), Spanish Support Group, Can Do for parents of children with developmental disabilities, and Parent Involvement 101,

Youth Support Services:

Respite: FIC provides respite to families with children in the home and community to provide rest and relief to the parents/caregivers. Respite provides the opportunity for youth to engage in activities they might not otherwise be able to, with the support of a respite worker.

Greatness KIDs Club (GKC): Family Involvement Center Greatness Kids Club's (GKU) provides a safe, nurturing, supervised environment that centers around the Mind Up learning curriculum that will assist each youth, ages 4-13, in meeting their individual goals. The children participate in an afternoon of art, outdoor play, reading time, homework help, large and small group activities. The careful balance between relaxed, fun activities and engaged learning experiences is achieved through our curriculum developed by national experts and our careful training, selection and supervision of staff. The children are able to apply this curriculum to enhance their parent-child and sibling relationships, social skills, communication skills, positive interactions with others, and daily living skills. Through GKC parents are empowered in their own self-care which has proven to improve the overall health and well-being of the family. Research shows that parents are more effective when they have time to care for themselves.

Living Skills: FIC provides living skills services to children/youth currently enrolled in 4th through 8th grade. Through an activity/skill building program the youth will learn and practice skills to enhance their emotional and social well-being. This program is conducted individually with the youth in either the home or community.

The following skill areas the youth may focus on but not limited to are; relational issues, social skills, self-esteem, living skills, and coping skills. Youth are able to learn and practice skills to enhance their emotional and social well-being. This living skills training support youth in creating stronger connections to their family and peers.

Parent Helpline and Assistance Center:

Our Parent Assistance Center’s telephone support line is offered weekdays from 8:30 – 5 p.m. except holidays. PAC is staffed by parents/caregivers with first-hand experience with the behavioral health system and experience in navigating other child-serving agencies. In addition, PAC assists parent in connecting with other parents through formal groups or informal parent networks in the community. PAC staff also assists callers seeking information on behavioral health services by connecting them with the Maricopa County Behavioral Health System and providing other assistance to help them get enrolled in child /parent-serving programs.

Contact information	Referral details
5333 N 7th St Suite A-100 Phoenix, 85014 P: 602-288-0155 Email: info@familyinvolvementcenter.org Web: www.familyinvolvementcenter.org	For enrolled youth and families: Please Complete the DSP Referral Form for “Parent Peer Support and Education” and send to : referrals@familyinvolvementcenter.org .

Florence Crittenton

Outpatient Therapy services are developed with the youth as the focus, are provided by therapists skilled in trauma, substance abuse, eating disorders and other behavioral health issues. Services include a combination of: counseling; medication management; supportive and case management services.

Intensive Outpatient Program (IOP) is designed for youth ages 12-17 that require an intensive intervention but do not require a residential placement or hospitalization. The IOP is designed as a step-down from residential treatment or hospitalization or can serve as the primary treatment intervention to prevent a higher level of care.

Adolescents attend the program three hours per day, three days per week for a minimum of 8 weeks. The curriculum is strength-based and designed to help the adolescent develop critical emotional and life skills to help keep them on track and strengthen their foundation in becoming healthy, responsible adults. The curriculum includes Dialectical Behavior Therapy and skill development, Seven Challenges substance abuse therapy, personal goals setting and values clarification, communication, positive family relationships and other issues impacting a youth. The program also includes a multi-family therapy group where family members receive education and support for themselves, as well as an opportunity to develop better communication, limit setting, boundaries and positive parenting. *Requires a minimum of four youth for the program.*

Facility-based Respite for females ages 11 to 17. This environment provides a positive and safe break for girls and their families, providing children with a variety of opportunities to participate in social activities.

Independent Living Skills Program builds bridges to independent adulthood for young people. Training and skill development consist of one-on-one sessions and is based on the youth's individual needs. Specializes in providing individualized, gender-responsive services to boys and girls. Each youth is assigned a Case Specialist, who comes to the home and creates an individual service plan based on each youth's specific needs. Service plans identify goals and services necessary to achieve objectives. All youth enrolled in the program are expected to pursue education and/or employment activities and to develop life skills that will help them build positive and supportive adult relationships. Areas of training: balancing work, school and family, community resources, educational planning, food management, goal setting and decision making, job seeking and maintenance, housing-related assistance, money management, personal development, self-sufficiency, and transportation planning. Eligibility: Youth ages 14 to 18 years who: have a behavioral health diagnosis, Title XIX/XXI eligible, actively enrolled in AHCCCS in Maricopa County, are not residing in a therapeutic group home, HCTC, or facility that already provides life skills training. Adults ages 18+ who: Qualify for Serious Mental Illness (SMI) or General Mental Health (GMH), Title XIX eligible, actively enrolled in AHCCCS in Maricopa County, and are not residing in a therapeutic group home or facility already providing life skills training.

Dialectical Behavior Therapy (DBT) Skills is designed using an evidence-based program to teach the skills to manage emotions, challenges with impulse control, anger issues, relationship difficulties, and stress management. It is offered to youth and adults (ages 12+) in individual settings and teaches four key areas: Mindfulness; Interpersonal Effectiveness; Emotional Regulation; Distress Tolerance. This is a skills only program and does not replace any therapy the youth or adult may be receiving.

Contact information	Referral details
715 W. Mariposa St. Phoenix, AZ 85013 P: 602-274-7318 F: 602-274-7549	Email completed DSP referral specifying requested service to: cbsinfo@flocrit.org

Heather Sestili, LPC, RPT, PLLC

Outpatient Counseling: Heather Sestili has her Master of Science in Counseling Psychology, a Licensed Professional Counselor, a Registered Play Therapist and Infant Mental Health endorsed ®. She is a child development specialist, trauma specialist, EDMR trained and has a passion to heal the hearts of children.

Heather's nurturing approach with her extensive training offers children and caregivers reparative experiences. She can assess the children's attachment styles, help children process grief and loss, address past trauma, help reduce disruptive behaviors in the home and school. She offers compassion to parents' experiences with understanding of the impact of trauma and emotional dysregulation in young children. Parents receive psycho-education on brain development with proven and practical techniques to support their child during times of emotional struggles. Through the therapeutic process, she assists children to regain a sense of security, increase trust in the parent/care giver, and improve parent-child relationship, provide new techniques to cope and express one self, build self-esteem, enhance social skills, reduce rigid thinking and impulsive acts, and manage one's mood with improved communication and new coping tools. Parents gain new approaches to take an active role in assisting their child outside the therapy room.

Heather has a private practice in Glendale, offers counseling to **ONLY children ages 0-12** and their families, and schedules sessions Monday through Thursday accepting **ONLY Mercy Care** or private insurance. Her therapy includes play therapy, sand tray, art, puppetry, Experiential play, Ther-a-play®, Parent-Child Interaction

Therapy (PCIT), AutPlay[®], Eye Movement and Desensitization and Reprocessing (EMDR), and cognitive-behavioral therapy (CBT) to resolve trauma, enhance attachment, reduce opposition, and controlling behaviors. She assists children diagnosis with ADHD, Autism, Anxiety, Select Mutism, OCD, PANDAS, Disruptive Mood Disorders, and PTSD.

Contact information	Referral details
5940 W. Union Hills Ste D260 Glendale, AZ 85308 P: 623-341-4463 F: 623-236-3079	Email completed DSP referral to: hdsestili@cox.net Fax: 623-236-3079

Hope Community Services (Formally West Valley Child Crisis Center)

Hope Community Services, (HCS) passionately serves the emotional needs of children and families who are at risk due to the impact of abuse, neglect, and trauma. HCS strives to get each child back on a normal developmental path and to prevent them from developing any long-term trauma-related mental or behavioral health problems. HCS provides the healing and support needed for a bright and healthy future for the children and families we serve through our Outpatient Behavioral Health Services Department.

HCS’s Outpatient Behavioral Health Services Department encompasses individualized services to meet children and family’s needs through a variety of services. Services are culturally competent and linguistically appropriate, strength-based and incorporate community supports to maximize resiliency and minimize the recurrence of symptoms. Treatment frequency, modality and duration vary based upon individual client needs and preferences. Services can be provided in an office setting, community, and home and may address trauma, family functioning, substance use/abuse and skills development.

Trauma-Focused CBT (individual and family): HCS’s evidenced-based therapies include Trauma-Focused CBT (TF-CBT). TF-CBT integrates several established treatment approaches in the delivery of services: cognitive therapy, behavioral therapy and family therapy. The goal of TF-CBT is to help address the needs of children, their parents, or other care givers with the symptoms and behaviors related to Post Traumatic Stress Disorder (PTSD) or other problems related to traumatic life experiences. Children and their parents and/or care givers are taught the skills and knowledge needed to process the trauma, manage distressing thoughts, feelings, and behaviors, and how to enhance safety, parenting skills as well as family communication.

The frequency of individual counseling sessions is determined in collaboration with the client and external team as appropriate, however, over 80% of traumatized children will show significant improvement with twelve to twenty weeks of treatment (single traumatic event, (once a week, 60 to 90 minute sessions).

Triple P (Birth and Beyond): HCS offers Triple P Parenting under our Birth and Beyond Program. HCS staff are certified to deliver the evidenced-based curriculum. The Triple P program aims to enhance the knowledge, skills, confidence, self-sufficiency, and resourcefulness of parents. The program promotes a nurturing, safe, engaging, non-violent, low conflict environment for children. Through positive parenting practices, the Triple P program also encourages children’s social, emotional, language, intellectual, and behavioral competencies. The

Triple P curriculum is based on the following five principles: creating a safe, engaging environment; creating a positive learning environment; using assertive discipline; having realistic expectations; and taking care of yourself as a parent. This program can be delivered in both the office and home settings and can work in conjunction with Trauma-CBT.

Equine Assisted Therapy: Hope Community Services (HCS) offers an equine assisted treatment modality which is an experiential form of psychotherapy where horses are involved in the sessions. “Experiential” means that you will be involved in hands-on experiences with the horses designed to reflect things going on in your life. The process is not always about interacting with the treatment team, although that will happen at times. It is about providing you the opportunity to experience, explore, problem-solve, discover, be creative, gain insight and experience for practical life applications. The process is about “doing” along with the “talking.”

Contact information

18001 N 79th Ave,, Suite C50
Glendale, AZ 85308
623-848-8863 (P)
623-848-8864 (F)

Referral details

Email Referrals: BHReferral@wvccc.org
Fax Referrals: 623-533-4468

Hope Group

HOPE Group provides behavioral health services to those diagnosed with developmental and neurological disorders, including individuals affected by autism spectrum disorder. All of HOPE Group’s programs are based on applied behavior analysis (ABA) and grounded in evidence-based practices. HOPE Group's clinical leadership team comprised of high level professionals possess extensive experience and training in Applied Behavior Analysis (ABA). We provide evidence-based behavioral health services to individuals with developmental and neurological disorders, including Autism Spectrum Disorders (ASD).

Comprehensive ABA: Through a combination of Discrete Trial Teaching (DTT), Natural Environment Teaching (NET), and verbal behavior approaches, treatment is provided in the home and then generalized into the community and educational settings as the individual acquires new skills. Services include, but are not limited to:

- Behavior Reduction
- Skill Acquisition
- Daily Living Skills
- Language & Communication
- Pre-Academic Skills
- Social Skills & Play Skills

Severe / Complex Outpatient Services: Specialized programming provided to individuals who display severe problem behavior that poses a significant risk to self, others, or the environment. Services include, but are not limited to:

- Evaluation & Assessment
- Intensive Community-Based Treatment
- Outpatient Treatment
- Parent/Caregiver Training

- Training for other support staff

Contact information	Referral details
Phoenix Office 4530 E Muirwood Dr, Ste 103 Phoenix, AZ 85048 P: 480-610-6981 F: 480-898-7419	referrals@hopegroupaz.com

Human Resource Training (HRT)

FAST (Foster and Adoptive Support Team) Program: The FAST program was designed by HRT to support families and children that are involved in foster care, adoptive care or kinship care to prevent disruptions or the need for higher levels of care. These children must be enrolled in AHCCCS and be covered by Mercy Care RBHA or Mercy Care Plan, and they are or have been involved in the DCS/child welfare system. This program is designed to work directly with the family and the child(ren) in the foster, adoptive or kinship home to provide support over an intensive period of 95 days (on average). This program is intended to increase stability in the home by assisting the primary caregivers in adapting to meet the needs of the children and working with the children to reduce their behavioral concerns. FAST uses a trauma-informed approach, as the belief is that every child that has been removed from a caregiver has potential trauma responses. The FAST program requires that a family be willing to participate in family support and skills training as the family systems perspective prescribes working with the whole family unit and not just the individual child. Short-term respite, personal care or counseling for the primary caregiver(s) are optional services. FAST has also begun offering monthly family support groups for caregiver(s) to increase their support networks. A team is comprised of a Clinical Supervisor, a Family Support Specialist and a Family Resource Aide. As noted above, a counselor may be added to the team, if applicable. Each has their own role to assist the child and the family in the following areas:

- Behavioral health system navigation/collaboration, DCS system navigation/collaboration
- Support and psycho-education as to behavioral challenges that the child may be facing
- Full functional family assessment
- Collaboration with CFT process, Medical, Behavioral Health, and Psychiatric Services
- Identification and implementation of behavioral modification strategies in the home (Skills training/Development, Home care training/Family support, Personal care)
- Ongoing support and community resource suggestions
- Short-term respite (2-4 hours at a time for up to 4 hours per week)
- Counseling to focus on issues related to parenting the child and/or preserving the placement

Contact information	Referral details
2131 E. Broadway Rd., #14 Tempe, AZ 85282 P: 602-433-1344 F: 602-249-1570	Email referrals to: Medical Records and Referral medicalrecords@hrtaz.com For questions about referrals: Amna Gilmore, LPC #14545 HRT Clinical Supervisor / FAST Supervisor amnag@hrtaz.com 480 207-9584

Hunkapi Farms

Therapeutic Riding/Counseling: Our specialized Equine Assisted Therapy Programs utilize interactive activities with horses to assist clients in reaching their therapeutic goals. Our four-legged healers and knowledgeable staff are committed to helping those with emotional, behavioral, developmental and physical challenges to recognize their strengths, value and abilities.

Focus is placed on:

- Building healthy relationships and connecting with others
- Regulating thoughts, emotions and behaviors
- Practicing Mindfulness
- Learning how to say what you mean and mean what you say

Contact information	Referral details
12051 N 96th St. Scottsdale, AZ 85260 P: 480.393.0870 F: 480. 626.4134	Contact: Heather McWhorter P: 480.828.0202 E: Referrals@Hunkapi.org

Jewish Family & Children’s Service

Adolescent Community Reinforcement Approach (A-CRA): A-CRA is a behavioral intervention that seeks to replace environmental factors contributing to substance abuse with pro-social activities and behaviors supportive of recovery. This approach includes sessions with the adolescent alone, with the caregiver alone, and with adolescents and caregivers together. The program can work with adolescents who do not have involved caregivers. A-CRA is not strictly an abstinence model; treatment goals related to reduction in substance use are mutually determined with the adolescent. National studies indicate effectiveness with

Native American and Latino youth. Average number of sessions per adolescent is 18 to 22. Priority Populations: Services through this project are prioritized to the following populations of youth with substance abuse issues: pregnant or parenting adolescent females; adolescents involved in the juvenile justice system; Latino and Native American youth and children enrolled with DCS. All services are for Title XIX/XXI and Non-Title XIX/XXI eligible adolescents.

JFCS' Youth in Transition Program: is modeled after the Transition to Independence Process (TIP), an innovative, evidence-based model created by Dr. Rusty Clark to support youth and young adults with emotional and behavioral difficulties. JFCS is one of the first organizations in Maricopa County to successfully implement the TIP model which focuses on transitioning youth in five areas: education, stable living situation, employment and career, community life functioning, and personal effectiveness and well-being. **Population Served:** Children in DCS 15- 17, Children 16-17, GMH/SA 18-21, and SMI 18-21.

Jewish Family & Children's Service Child Crisis Hospital Team (CCHT): Our goal is to support children and their families that are in crisis with short-term home-based clinical interventions that promote safety for the child to remain in the community while ensuring connections to necessary ongoing behavioral health services are in place. This program provides home/community-based support services that consist of crisis de-escalation, risk assessments, safety planning, behavioral support, case coordination and care, positive parenting strategies, short-term individual and family counseling along with resources and referrals for ongoing needs. Services are designed for children who have been discharged from a hospital for behavioral health needs, been turned away from a hospital due to not meeting criteria or can be utilized as a prevention service to avoid further crisis escalations and disruptions. Eligible children are Title 19 enrolled. Emergent intakes are also available to bring children into the behavioral health system and get connected with a clinical home for longer-term needs and behavioral health services. Services are available 7 days a week.

Center of Excellence Family Center: The Michael R. Zent Integrated Health Center and Maryvale Maricopa Integrated Health Services Center of Excellence Family Center: The Center provides outpatient primary care and behavioral health services to children and families in need of intervention to help in the prevention and/or continuation of child abuse and/or neglect. The Center provides information to children and families in the Maryvale community regarding child development, parenting and family support as well as case management, coordination of care, psychiatric, and therapeutic intervention utilizing a trauma informed approach.

Population Served: Children and adults in need of medical and/or behavioral health services; Ages 0-Adult

Eligibility: T19 eligible; Non T19 children will be assessed for eligibility under the Mental Health and/or Substance Abuse Block Grants

Hours of Operation:	Monday through Thursday	7:30 a.m. – 7:00 p.m.
	Friday	7:30 a.m. – 5:00 p.m.
	Saturday	9:00 a.m. – 3:00 p.m.

A-CRA P: 602-358-0441 F: 602-353-0703 TIP P: 602-567-8353 F: 602-254-8611 Hospital Team P: 602-353-0718 F: 602-688-8834 Family Center P: 602-256-0528 (Customer Service & Referral)	Diane.Palacios@jfcsaz.org Jessica.Woodruff@jfcsaz.org childcrisisreferrals@jfcsaz.org CSRCTeam@jfcsaz.org
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La Frontera, AZ EMPACT-SPC

DCS Crisis Stabilization

The team provides support to children and their families who are involved with the Department of Child Safety and who may or may not be placed outside of their family homes. Various placement situations would include but not limited to In Home Dependency; Foster Homes; Group Homes; and Kinship Family Homes. The support is all inclusive providing immediate crisis intervention, crisis dts/dto assessments; care giver education; intake into the systems; building child and family teams; safety planning; crisis prevention; trauma focused symptoms management; one on one behavioral support; grief and loss and counseling to help the family and child adjust to their current situation and whatever it takes to ensure the stabilization of the family and to keep the child from further disruptions. The teams are available 7 days a week including holidays. There is a Crisis Stabilization Specialist/Therapist on call until 11:00 PM Monday through Thursday and midnight on the weekends to provide immediate crisis intervention, in essence giving the child and family their own personal crisis response team.

Contact information	Referral details
La Frontera, AZ EMPACT-SPC P: 480-784-1514	Department of Child Safety Case Managers. Direct referrals are also accepted from families; foster placements; kinship placement; group homes/shelters; Residential Treatment; Hospitals; Rapid Response and Mobile Crisis as well as all Quality Service Providers; Direct Service Providers and Specialty Providers. DCS Case Managers submit referrals to Crisis Response Network who will then dispatch the provider. Direct referrals are submitted to Crisis Stabilization Management Team

Marc Community Resources, Inc.

SAIL: provides services for young adults (16 – 25 years), with Autism Spectrum Disorder and other disabilities that are in need of support as they transition from childhood to adulthood and from children services to adult services. Transition facilitators help to support individuals in their homes and communities by targeting the following domains: Continuing education opportunities, employment related services, adaptive and social skills training and community integration. Eligibility: C/A in the GMHSA system with TXIX benefits and Adults in GMHSA or SMI with TXIX benefits. Monday – Friday 8am – 5pm with some flexibility.

Contact information	Referral details
Kellie.Mccants@marccr.com 4250 E. Florian Ave Bldg 2 Mesa AZ, 85206 P: 480- 969-3800 X194	Referral requests sent to: Referrals@marccr.com

MIKID

MIKID is a Family Run Agency that provides support, education, and skill development to families and their children, youth and young adults who are experiencing mental health and behavior challenges throughout Arizona. This is accomplished through MIKID staff providing Certified Family Support, Certified Youth Peer Support, Direct Support Services, Youth Groups, Health Promotion, Respite, Support Groups, Pre-Job training and education, and Transitional Age Youth (TAY) programs. MIKID services are offered in-home, in the community, and in our out-patient facility. MIKID's goal is to connect families and individuals with natural supports in the community. These services are unique in that many of these supports are provided by family members, parents and young adults who have personal lived experience in dealing with behavioral health needs. MIKID Family Support Partners/Parent Partners have firsthand knowledge of navigating the Children's Behavioral Health System and other youth-serving systems; they walk side-by-side with parents/caregivers to provide assistance in achieving their goals and ultimately developing independence. A primary focus is to provide emotional support alongside building the family's/caregiver's abilities to make sure their voice and choice is heard in every part of the systems of care they navigate for their child and family's care and the community.

Contact information	Referral details
7816 N. 19 th Avenue Phoenix, AZ 85021 Phone: 602-253-1240 Fax: 602-840-3408	Centralazrecords@mikid.org Referral Coordinator: Jennifer Diaz-Montano

Native American Connections

NAC has specialized in providing treatment for substance use and co-occurring disorders for over 40 years. NAC provides an integrated and holistic continuum of culturally relevant programs and services to urban natives in Maricopa County, as well as people from all other backgrounds and cultures. Using Native American Healing combined with Evidenced Based Practices, the program provides a holistic-, supportive, and empowering experience for young adults that help them to discover a meaning and purpose to life. Specifically, the curriculum incorporates Native American Healing practices such

as the Talking Circle, Medicine Wheel, and Red Road (Wellbriety) to provide an educative and healing environment. NAC utilizes a mind-body-spirit approach that promotes overall wellness while assisting families with improving natural and community supports in achieving their goals. All NAC Clinical staff are trained in trauma-informed care, SUD treatment, and family systems theory and practice.

Walking in Wellness: Native American Connections is now offering DSP substance use counseling services to youth between the ages of 10-25 and their families, with a particular emphasis on youth who are transitioning into adulthood (ages 16-25). Services offered include individual and family counseling, with service frequency based on the needs and goals of the family. Clients in this program may not have an active substance use diagnosis but may be experiencing the consequences of substance use in their family system. This program aims to effect change and healing at the family level.

Standing Stronger: For youth (ages 13-17) and families who require more intensive support to address active substance use, NAC offers a comprehensive holistic, trauma informed, and systems-oriented approach. The program is called Standing Stronger, as youth and families are stronger when they work together towards recovery. Standing Stronger’s goal is to help the youth and family live free from addiction. This comprehensive program is generally 10 weeks but is based on clinical need. Standing Stronger offers the following services weekly as needed: 1 hour of individual counseling for youth, one hour of family counseling and two psychoeducational/counseling groups per week (each group is 2 ½ hours- groups will be held on Tuesday and Wednesdays from 5:00-7:30). Youth will be offered the opportunity to participate in a Talking Circle, a Native American healing ceremony that addresses the “spirit” aspect of mind-body-spirit treatment. Individual and family counseling services are available in the youth/family’s home, in office, or in the community. Upon graduation, the family may step down into less intensive treatment, or be connected to aftercare supports and resources.

Contact information	Referral details
4520 N. Central Ave., Suite 100, Phoenix, AZ 85012 P: 602-424-2060 F: 602-424-1623	intake@nativeconnections.org <ul style="list-style-type: none"> Also, we are accepting non-AHCCCS eligible teens with substance use issues for the IOPSA/Standing Strong program.

New Hope of Arizona, Inc.

New Hope of Arizona, Inc. works with children and families with complex behavioral, developmental and/or emotional needs, ages 3-17. Agency provides a majority of services within the home and community of children and their families during day, evening, and weekend hours based on the family's need. Services that may be offered in the home and/or community include MMWIA-behavioral coaching, mentoring, individual therapy, family therapy, play therapy, in-home respite, facility based respite services and functional behavior assessments. New Hope of Arizona, Inc. also partners with St. Luke's OSCA Unit and other Emergency Departments in Maricopa County to provide emergency 48-hour respite services for hospital discharges (agency will provide time for self-care while outside interventions are put in place). In addition New Hope of Arizona, Inc. provides Level II Behavioral Health Residential Facility-Therapeutic Group Home Services (Behavioral Coaching, Individual Therapy, Family Therapy, and Group Therapy is available). New Hope of Arizona, Inc. partners with families, provider organizations, and the community to provide quality interventions in both English and Spanish in a community based and family centered manner. New Hope of Arizona, Inc. will provide transportation to and from services if needed. Requirements for Services Include: Referral, MMWIA

Prioritization From (if applicable), CASII, SN&C, Crisis Plan, Current Assessment or Psych Eval, and Current Treatment Plan.

Contact information	Referral details
12406 N 32nd St., Ste. 101 Phoenix, AZ 85032 P: 602-535-5686 F: 602-535-5912	Joey Canez referral@newhopeofarizona.com Ricardo Sainz: Rsainz@newhopeofarizona.com (for BHRF Referrals)

Open Hearts Family Wellness

General Outpatient Integrated Psychiatric, Medication & Care Coordination Services: Established in 1974, Open Hearts provides assessment, counseling and case management. The services are in partnership with referring with doctors, referral agencies and community partners. Open Hearts is licensed and board certified. Services with psychiatrist and nurse practitioner are available at two sites: 4414 N. 19th Avenue, Phoenix, AZ 85015 and 3280 S Country Club Way, Tempe, AZ 85282. Both sites provide open access days for youth and adults.

General Outpatient Therapy: Therapists are Certified Clinical Trauma Professionals or Certified Family Trauma Professionals specializing in modalities such as Motivational Interviewing, Play Therapy, CBT, DBT, Positive Psychology, Solution Focused Brief Therapy and EMDR. Referrals are submitted to the Office Coordinator (contact information listed below) and require supportive documentation: DSP Referral form listing individual or family therapy as the type of service requested, updated Service Plan with individual or family therapy listed as an action step (including BHP and guardian signature), SNCD, Crisis Plan, CASII Score Sheet, and Assessment/Annual Update with BHP signature and qualifying diagnosis. Upon receiving the referral, a Clinician will contact the assigned case manager to arrange a CFT meeting to commence services. Family Support Partner/Specialist is available upon family or team request.

Intensive Outpatient Substance Abuse Group (IOPSA): The Intensive Outpatient Substance Abuse Program is an evidence-based program designed to motivate a young person's decisions, commitment to change and sustained sobriety. To participate in this service the ages are accepted ages are, 13-17 years old and must have a current substance abuse diagnosis. Clinical services will address substance abuse, relapse prevention, emotional and behavioral concerns, family dynamics, and life skills. Referrals are submitted to the Clinical Therapist (Contact Information listed below) and criteria include: DSP Referral form listing IOPSA group as type of service requested, an up to date (within the last year) behavioral health assessment with a substance abuse diagnosis (including BHP signature), a current Service Plan with an action step for IOPSA (including BHP and guardian signature), and a CASII Score. If the identified CASII score is a 4 or above, a Strengths, Needs, and Cultural Discovery and Crisis Plan are also required for the service. Once referral items are received a clinician will contact the family to complete an intake. Family Support Partner/Specialist is available upon family or team request. Services are delivered by an specialized substance abuse team.

Next Step (NS): Is a Meet Me Where I Am (MMWIA) provider that specializes in delivering intensive direct support services to families with children at risk of being placed out of home, or who is in transition back into the home. NS provides family and community centered interventions, guided by positive behavior support principals to address the needs identified by the Child and Family Team (CFT). Data is gathered to track progress made by the client and family, in relation to the family's vision, values, and goals. Next Step strives to assist families to develop natural supports while working to achieve individualized, identified goals developed by the team. Referrals are submitted to the Operations Team Specialist (contact information listed below) and

must include the following supportive documentation: The DSP Referral Form, the most current Service Plan with BHP and guardian signatures (listing behavior coaching services as an identified objective), a current Assessment or Annual Update with BHP Signature, CASII Score Sheet (if 6 or older), a current Crisis Plan, a current Strength Needs Cultural Discovery (SNCD), and a Referral Prioritization Form. Upon receiving the required referral documentation, contact will be made with the referring case manager and guardian to complete an initial screening to identify specific needs of the family. Family Support Partner/Specialist is available upon family or team request.

Contact information	Referral details
<p>Open Hearts Family Wellness Phoenix Site: 4414 N. 19th Ave. Phoenix, AZ 85015 602.285.5550 Tempe Site: 3280 S Country Club Way, Suite 110 Tempe, AZ 85282 480.621.4122</p>	<p>Online Web Site Information: To email support, inquire or set an appointment: http://www.openheartsaz.org/welcome/home/contact/ Open Hearts Web Site English: https://www.openheartsaz.org/eng/ Brochure English: https://www.openheartsaz.org/brochure/brochureOHeng.pdf Spanish: https://www.openheartsaz.org/esp/ Brochure Spanish: https://www.openheartsaz.org/brochure/BrochureOHesp.pdf</p>
<p>IOPSA 4414 N 19th Ave Phoenix, AZ 85015 P: 602-285-5550 X 348 F: 602-285-5551</p>	<p>Referrals made to the Operations Team Specialist: IOPSA team (IOPSA@openheartsaz.org) *Special Dx of Substance abuse required.</p>
<p>Community Based Direct Services: Next Step Program Autism Specialty Team 4414 N 19th Ave Phoenix, AZ 85015 P: 602-285-5550 x 400 F: 602-285-5551</p>	<p>Referrals made to the Operations Team Specialist: Nextstep@openhearts.org *Special Dx of Autism Spectrum Disorder required</p>
<p>Community Based Direct Services: Next Step Program 4414 N 19th Ave Phoenix, AZ 85015 P: 602-285-5550 Ext: 400 F: 602-285-5551</p>	<p>Referrals made to the Operations Team Specialist: Nextstep@openheartsaz.org</p>
<p>Outpatient Individual and Family Therapy 4414 N 19th Ave Phoenix, AZ 85015 P: 602-285-5550 X 400 F: 602-285-5551</p>	<p>Referrals made to the Operations Team Specialist: Megan Greenwalt (mgreenwalt@openheartsaz.org)</p>

Pathways of Arizona

Psychiatric Services: This agency provides psychiatric services for children, adolescents, and adults. Services are provided by a Board Certified Child and Adolescent Psychiatrist and a Psychiatric Nurse Practitioner. Agency also has tele-med capabilities to other regions if needed.

Outpatient Counseling: This agency provides outpatient counseling to children, adolescents, adults and families. The services are provided by an LCSW who has training in Seven Challenges, Trauma-Focused CBT and CBT. The clinician has experience providing individual and family therapy to victims of abuse and trauma, those with Substance Use Disorders and individuals in the LGBTQ community. All counseling services are tailored to meet the needs of the individual and/or family.

Respite: This agency has been providing therapeutic foster care services in the Phoenix region for many years. Through this program, the agency offers overnight foster care respite for children enrolled in the Medicaid system.

Contact information	Referral details
2830 W. Glendale Ave Suite 16 Phoenix, AZ 85051 P: 602-455-4626 F: 602-455-4624	Clinical Referrals: AdmissionsTucson@pathways.com Respite Referrals: Judy.Letourneau@pathways.com

Raising Special Kids

Who we are: The mission of Raising Special Kids is: strengthening families and systems of care to improve the lives of children with disabilities. We do this by providing parents with information, training, individual support and assistance to become effective advocates for their children. Raising Special Kids is a nonprofit organization serving families of children with the full range of disabilities from birth to 26 years. As a parent-led organization for 40 years, programs are based on the peer support model of "families helping families." Raising Special Kids helps move parents beyond isolation and grief by including them within a network of families who are knowledgeable and experienced in parenting a child with special needs.

Family Support Services: Parent and family capacity building for effective advocacy. We believe that parents are naturally the most effective advocates for their children. Our Family Support Services are individualized to meet the unique needs of the parent or family to build their advocacy skills and provide the tools to work effectively with healthcare professionals, teachers, therapists, and others that provide direct services to children. Individualized family support services include information and assistance navigating Arizona's complex systems of care including but not limited to the Division of Developmental Disabilities, AHCCCS, Behavioral Health, and the Arizona Early Intervention Program (AzEIP). Services are provided by Family Support Specialists with personal experience in advocating for their children across these systems.

Education Support: Assist parents and family members in understanding their rights and responsibilities, in Special Education, under the Individuals with Disabilities Education Act (IDEA), Section 504 of the Rehabilitation

Act, and the Americans with Disabilities Act (as it is applied in schools to ensure access). Individual assistance includes but is not limited to:

- Understanding the IEP process and parent participation
- Assist with letter writing and documentation
- Facilitate communication and collaboration with school staff
- Early childhood and secondary transition information and training
- Educational plan review (IEP, 504, Chronic Health Conditions)
- Least Restrictive Environment (LRE)/educational placement information
- Assist with informal and formal dispute resolution
- IEP Meeting Attendance
 - The preferred approach at Raising Special Kids is to help parents become effective self-advocates by providing high quality training and consultation. Under special circumstances, an IEP Partner can provide direct support and participation in the IEP meeting.
 - The purpose of the IEP Partner is to increase parent knowledge and skills in self-advocacy and to offer support for resolving problems and reaching solutions.
 - Problem-solving support to facilitate the success of IEP teams as they work to identify needed services and support for the student.
 - **IEP Partners are not advocates or attorneys, and do not provide legal advice**

Positive Family Intervention: Positive Family Intervention is an evidence-based training and mentoring program for parents, family members and/or primary care givers who are responsible for implementing positive behavior support plans, developed by a clinician through a Functional Behavior Assessment (FBA), in their home and in the community. Research has demonstrated that families raising children with severe behavioral challenges are successful when completing a positive behavior support training program. However, some studies report that attrition (failure to complete, or comply with, interventions developed in the plan) occurs in 40-60% of families.

The reasons for non-compliance with implementing positive behavior support plans may be related to their understanding and acceptance of the child's disability, the requirements of the interventions, the home environment (e.g., resources, schedules, etc.), the quality and availability of social support, and the skills of the parents. Recent research also points to the importance of the parents' thoughts as a factor for success. Parents who view their child's situation from a more pessimistic framework are less likely to complete the BPT than parents who are more optimistic. For example, a child has a "melt down" in the supermarket. The parent's response can range from: "See, I can never take my child out in public," to something more positive; "We haven't yet mastered shopping, so I will start with a shorter list next time."

Parents who were able to recognize and replace pessimistic thoughts implemented what they learned more consistently and longer compared to parents who received only positive behavior support training. **Positive Family Intervention** is an 8 week, individualized, intervention designed to combine the components of positive behavior support training with the critical cognitive component to parent training in behavior improvement.

Contact information	Referral details
5025 E. Washington St. Suite #204 Phoenix, AZ 85034 P: 602-414-9729 F: 602-242-4306 Email: info@raisingspecialkids.org Website: www.raisingspecialkids.org	Parent/family referral for all programs send to: referrals@raisingspecialkids.org

Reach Family Services, Inc.

Reach Family Services, Inc. operates several programs in Arizona providing community-based, direct support services to children and their families. We also work to promote & sustain collaboration with other community stakeholders. Reach Family Services, Inc. also has bilingual English and Spanish services for parents. The intention of this program is to teach participants how they can support their children who have behavioral challenges. Parents will learn about important topics including: communication, positive discipline, self-esteem, and dealing with emotions, forgiveness, decision making and many more. Groups are also offered for children and youth which focus on: bullying, controlling anger, and dealing with emotions through training and interactive activities. The following is an example of some services and programs provided by Reach.

- Parent/Youth Mentoring
- Family Support Partners
- Social/Independent Skills Trainings
- Parenting classes
- Youth Groups
- Assistance with Individual Education Plans (IEP) or 504

Contact information	Referral details
3535 W. Southern Ave Suite 128 Phoenix, AZ 85041 P: 602-512-9000 www.contactus@reachfamilyservicesinc.org Webpage: www.reachfamilyservicesinc.org	referrals@ReachFamilyServicesInc.org

Resilient Health - Art Awakenings (Formally known as PSA)

Outpatient Art Therapy and Therapeutic Arts Program for Youth (Ages 6-17)

Resilient Health's Art Awakening service offers art therapy and therapeutic arts for youth ranging from 6-17.

Youth participate in meaningful activities to encourage develop resiliency skills, positive socialization and life skills, as well as, problem solving focused on unique strengths. Art therapy is a creative process that helps youth and adolescents improve physical, mental and emotional well-being.

Our instructors use a variety of art media, storytelling, poetry, music, movement, visual arts, painting, and sculpture to individualize the experience for youth who experience challenges with verbal and emotional expression that can affect success in school, at home, with peers or in the community. Throughout this

transition of attitudes and perceptions, youth begin to create their opportunities for hope and recovery as they develop resiliency skills.

Primarily a group level service, Art Awakenings offers a safe and supportive environment, free of judgment or criticism.

Contact information	Referral details
Resilient Health – 23 rd Ave Youth & Family 8152 N. 23 rd Ave Suite A Phoenix, AZ 85021	Referrals@rhaz.org
Resilient Health – Lakeshore Drive 4655 S. Lakeshore Drive Tempe, AZ 85282	602-995-1767

Resilient Health: 1st Street (Formally known as PSA Epicenter)

Resilient Health’s 1st Street location is an evidenced-based trauma integrated center in central Phoenix that specializes in comprehensive, coordinated first episode psychosis (FEP) intervention treatment in a community setting. Research shows that early intervention dramatically improves results over conventional treatment and helps people resume healthy, productive lives. The FEP services are research-based, personalized and tailored services to individuals, ages 15-35, including cognitive behavioral therapy, resilience-focused therapy, trauma responsive classes, supported employment education, art therapy and family support and education.

Contact information	Referral details
Resilient Health – 1 st Street 1415 N. 1 st St Phoenix, AZ 85004	Referrals@rhaz.org
	602-995-1767

San Tan Behavioral Health

Life Skills-Behavior Coaching: This program is a unique platform that is designed to teach children and adolescents how to address and cope with their behavioral issues in a manner that allows them to remain in the given school, home or community. Under this program, San Tan provides Behavioral Coaches to address in-home and/or in-school support services to children/youth in the corresponding area of need. STBHS coaches use direct and indirect measures to observe the client and try to determine why a behavior is occurring and what interventions may be effective to change or reduce the behavior. Behavioral Coaches utilize life skill building, personal care services and promotes parent/guardian participation.

Life Skills-Therapeutic Weekends: This Program is a collection of therapeutic services designed to address concentrated behavioral health issues such as grief and loss, anger management, self-esteem, specific family

issues etc. The entire weekend is run by San Tan behavioral health technicians or therapists who are familiar with the clients and their families. Staff also takes clients on “outings with a purpose” throughout the weekend to engage them in the community and provide an opportunity to work on life and social skills. A small staff to client ratio is always maintained, typically 1 staff to 4 clients. Weekends are conducted in a San Tan Behavioral home. While this Program does provide a period of rest and relief for families, the overarching purpose of the program is to impart new coping/living skills to the client, and to then provide feedback to the family who can support the client in their progress. The program is therapeutic, and therefore respite services are not a part of the Program.

Therapeutic Afterschool Programs: San Tan Behavioral Health Therapeutic Programs are therapeutic structured after school programs which run Monday-Saturday. Our planned therapeutic activities, which include an array of physical engagement, are instrumental to improving or maintaining our clients physical, cognitive, emotional, and social functioning. This program is strengths-based and provides skills training and personal growth to youth 5-17 years of age during after school hours and weekends. During these therapeutic activities, Behavioral Health Technicians provide behavioral support while participating with the clients. This program operates under the 12 Principles of the Arizona Model. Put simply, our afterschool programs, which are at no cost to the client, help them develop skills and learn to experience overall health by guiding them through a process of participating in goal oriented activities. This program is intended to improve challenges including, but not limited to: social skills, oppositional behaviors, anger management, coping skills and self-esteem. We collaborate with each family team to create the type, frequency and duration of services on the member’s individual treatment plan.

Life Skills-Mentoring: San Tan’s Mentoring Program provides support services that allow adults to be positive role models in the lives of children, adolescents and young adults. What makes our Mentoring Program unique is that we can provide a mentor to work with adults as well, to model appropriate parenting skills and household management. STBHS offers and provides age-appropriate mentoring services to build confidence, increase educational/social success and problem solving abilities. We strive to find and empower natural support systems by involving parents and siblings, extended family members, community members (with consent) and community programs to provide these services alongside mentors until the natural support system is ready to replace the mentor relationship with the client. Mentors work with clients to help them reach their treatment plan goals through activities, emotional support, and overall empowerment.

Community Based Counseling: Counselors work with children, adolescents, young adults and families in their schools, homes and/or communities to help decrease stress and increase positive behaviors while improving familial relationships. Counselors use a variety of techniques including play therapy, cognitive behavioral therapy and client centered approaches while maintaining a strength-based perspective. Individual and family counseling is provided to the family as often as the family and/or referring party requests. All Counselors have Masters Degrees and work under the supervision of an Arizona Board of Behavioral Health Licensed Professional. STBHS has general practitioners as well as practitioners with specialties in trauma.

LGBTQ Services: Counselors work with youth, adults and families in their schools, homes and/or communities to enhance and sustain the mental health and well-being of the lesbian, gay, bisexual, transgendered and HIV communities by providing mental health services that promote community; empower LGBTQ community

members; and embrace, promote and support cultural diversity in this community. Counselors abide by ALGBTIC (Association of Lesbian, Gay, Bisexual, and Transgendered Issues in Counseling) through the American Counseling Association.

Contact information	Referral details
459 N. Gilbert Rd., Suite C-100 Gilbert, Az. 85234 Tel: 480-507-3644 Fax: 480-632-0026	For all inquiries and referrals please contact Kristen White via email at kristenw@santanbhs.com Please note: when making referrals please utilize the verbiage as documented above in underlined/bold letters. (Ex: Life Skills – Therapeutic weekends, Life skills – mentoring, Life Skills – Behavior coaching) Office: 480-507-3644 Cell: 520-437-5071

S.E.E.K Arizona

S.E.E.K. Arizona offers several evidence-based behavioral health services for clients who wish to learn appropriate, safe, and positive behavior choices to improve their quality of life and relationship with others. S.E.E.K. Arizona specializes in working with children and young adults with autism and other intellectual disabilities but offers programming that meets the needs of individuals with varying diagnoses. Services include counseling, intensive behavior coaching, family training, social skills and social thinking programs, and intensive evidenced-based classroom programming through our Life Skills Learning Academy and BRIEF program. All children and adult services are led by specialists who have extensive training or certifications in Applied Behavior Analysis and are experienced with developmental disabilities, behavioral disorders, or autism spectrum disorders. For additional information regarding criteria for our program and to ensure that we help find the right program for you, please contact Bhservices@seekarizona.org.

Individual and Family Counseling: Provides counseling services with a focus on family therapy. Therapists target issues impacting a youth or young adult’s functional success and create relational or behavioral interventions that address parenting, sibling, and other family stressors. Counseling is provided in one of our outpatient clinics, in-home, and in the family’s preferred setting. We specialize in working with children and young adults with autism but can work with any person with a behavioral health diagnosis.

Group Counseling: A variety of group offerings promoting peer interaction through verbal communication to improve interpersonal effectiveness in the here and-now. Participants will explore strengths, values, and interests to develop insight into their identity and promote personal growth. The environment is support-expressive, giving participants an opportunity to learn from each other.

Pre-Teen Group Counseling: This group is for 9-13 year old and focuses on group art projects, mutual storytelling, feeling identification, friendship building and present moment awareness. Benefits from the group

include; increase social and emotional reciprocity, increase problem solving, develop insight into thoughts, emotions and behaviors, build self-confidence, and increase flexibility and acceptance of change.

Teen Group Counseling for Social Skills: This group for high functioning teenagers ages 14-17 with a primary diagnosis of autism spectrum disorder and/or mood related disorders. The purpose of this group is to promote peer interaction through verbal communication to improve interpersonal effectiveness in the here-and-now. Participants will explore strengths, values, interests to develop insight into their identity and promote personal growth.

Expressive Art Therapy Group: This group is for non-aggressive children ages 8-13 with the ability to attend to a task for 1.5 hours. The group focuses on establish a therapeutic environment that allows children to identify and express feelings through art. This group is currently offered only at our west valley location.

Parent Processing Group: This group is offered for parents of special needs children. This is a processing group run by our counseling department. Some topics include navigating the system, building a support system, strategies for going out into the community, grief and loss, self-care, and transitioning your child to the adult system.

Focused Behavior Coaching for Behavior Reduction: An individualized treatment beginning with a thorough assessment to determine function(s) of challenging behavior, behavioral technicians support clients and their families in their home, schools, or communities. The assessing staff develops a Behavior Support Plan (BSP) and trains the behavioral technician and families on its implementation. Behavior coaching targets both behaviors for reduction such as: aggression, property destruction, self-injurious behavior and non-compliance while teaching replacement behavior including functional communication, distress tolerance, use of coping skills and following routines. Session data and monthly treatment evaluations ensure treatment effectiveness. Functional Behavioral Assessments will be as clinically indicated after observational period has. Functional Behavioral Assessments are not provided as a standalone service.

Life Skills Programs: Life Skills is an evening program that meets twice per week in a classroom-like environment to provide independent living and social skill development in a group context. Participants engage in a variety of activities that promote individual independence and the interpersonal skills necessary for success in a variety of home and community settings. Our groups are split based on age: Junior Life Skills group is targeted to clients 8-13 and our Senior group is for ages 14-19 years old. Our Life Skills Program currently offers a parent classroom component to promote generalization. Lead Life Skills Teachers provide parents and caregivers information surrounding their child's progress within the program or community settings, with the goal of improving the child's level of functioning.

BRIEF Early Intervention Program: BRIEF is a comprehensive clinic-based program, running Monday-Friday, that supports young learners having difficulty with inclusive preschool classrooms or who require intensive individualized support. This evidence-based program supports the 3-5 y/o population with functional curricula and treatment plans tailored to each learner's needs and is supervised by a Licensed Board- Certified Behavior Analyst (LBA/BCBA). Parent and community-based training is required to maximize student outcomes and learner success in all settings.

Remote Parent Training: A family support training model that allows behavior support specialists and Board-Certified Behavior Analysts to deliver a video-based curriculum and tele-health tailored consultation to the specific needs of the family. Family commitment is for 60-90 minutes per week for 9 weeks. This program provides a foundational level of training to parents and other caregivers based on the principles of applied behavior analysis (ABA). Participants must have access to a device that can operate VSee, a HIPAA-compliant telemedicine communications app available in the Google Play Store or the App Store. This may include a computer, a laptop, a tablet, or a smart phone. The device a participant plans to use must have access to the internet or be capable of accessing Wi-Fi. Participants must have a working email address. Materials are only available for English speaking families at this time.

Contact information	Referral details
<p>East Valley Outpatient Clinic (BRIEF, Individual/Family and Group Counseling) 1830 S. Alma School Rd, Ste. 130 Mesa, AZ 85210 P: 480-902-0771 F: 602.795.1663</p> <p>East Valley Life Skills Programs 921 S. Val Vista Dr. Mesa, AZ 85204 P: 480-902-0771 F: 602.795.1663</p> <p>West Valley Outpatient Clinic (BRIEF, Life Skills, Individual/Family and Group Counseling) 4425 W. Olive Ave., Ste. 167 Glendale, AZ 85302 P: 480-902-0771 F: 602.795.1663</p>	<p>Please submit referrals to BHServices@SEEKArizona.org</p>

Southwest Behavioral and Health Services

Birth to Five Services: Designed to promote growth, healing, and connection. This program starts with a Birth to Five Assessment to ensure proper evaluation of needs takes place. This assessment includes the initial intake process, an interview form including ASD screening, and at minimum two observations. Recommendation is then provided within the CFT process for continued services and community resources. Available services through the Birth to Five program include in home sessions and group for both caregiver and client. In-home sessions, in conjunction with group, are designed to review group topics and help parents understand how to implement the techniques and skills to their own family life and parenting style. The program additionally includes coordination within the system of care to ensure developmental needs are addressed.

Love and Logic Parenting Workshop: This group is designed for parents who would like to show their love to their children by setting limits and holding children accountable with logical consequences. Parents will learn parenting techniques that will help them manage behaviors while teaching their children how to be responsible

and accountable for their actions. Parents will learn to build strong, healthy relationships with their children, learn to enjoy parenting again!

In Home Services: Our in-home program offers family coaching and/or counseling services, which are assessed at the time of referral through our intake process. Through a collaborative approach, we will determine appropriate in-home services and frequency of appointments. These services focus on individual goals of each child in addition to working with the larger systems involved in their lives that can include: parents, guardians, group homes, teachers, schools, and other parties (e.g., DCS, extended family, etc.). We encourage involvement in additional community supports for our clients to meet individualized needs and promote family change to assist the child in meeting their goals.

Southwest Autism Center of Excellence (SACE)- Within SACE, there is a focus is to serve individuals with a whole-health capacity for those living with or as risk of Autism Spectrum Disorder. Services are uniquely tailored for each individual and offered in the most appropriate setting and will include but are not limited to **Focused ABA** -Family coaching format. Involves parent training and participation. Assessment is completed to determine function(s) of challenging behavior, behavioral technicians support clients and their families in their home, schools, or communities. Staff develop a treatment plan and trains the behavioral technician and families on its implementation. The Treatment Plan targets both behaviors for reduction such as: aggression, property destruction, self-injurious behavior and non-compliance while teaching replacement behavior including: functional communication, distress tolerance, use of coping skills, independent living skills, job skills training, leisure skills and following routines. Session data and monthly treatment evaluations ensure treatment effectiveness. Other services include: **Counseling Services, Psychiatric Services, Medication Management Services, and Primary Care Services.** All individuals who are referred to SACE will have a comprehensive assessment completed. The comprehensive assessment will assess for an individual's level of need, including implementation plan of services listed above based on clinical need.

High Needs Peer Support Services (for sex trafficking survivors): The peer support staff will assist sex trafficking survivors to increase community living skills and participate in daily activities. In addition, the peer support staff will assist with community support, maintaining healthy living and overall personal recovery. The peer support staff can provide transportation for consumers to attend appointments, court, and other outings that meet program requirements. In addition, the peer support will focus on recovery as it relates to the individual's unique treatment goals related to surviving human and/or sex trafficking.

SBH Clinics (Valley wide)—Referrals can go to each site directly

Broadway Clinic

P: 602-268-8748

F: 602-253-1557

Children's Services Supervisor: Sandra Solano

sandras@sbhservices.org

Mesa Clinic

P: 480-820-5422

F: 480-775-4938

Children's Services Supervisor: Wendy Reid

wendyre@sbhservices.org

Erickson Clinic

P: 602.957.2507

F: 602-957-2510

Director: Dr. William Marsh

williamma@sbhservices.org

Metro Clinic

P: 602.997.2233

F: 602.997.2667

Children's Services Supervisor: Rebecca Tatum

rebeccac@sbhservices.org

Buckeye Clinic

P: 623.882.9906

F: 623.882.9908

Children's Services Supervisor: Ash Rees

AshR@sbhservices.org

School-Based West Valley

Children's Services Supervisor: Kathy Villa

kathyv@sbhservices.org

SACE Services

Program Director: Kellie Bynum; 602-997-2233

saceaz@sbhservices.org

602-388-1700

**High Needs Peer Support Services
(for Sex Trafficking survivors)**

Program Director: Marcie Herzog

Main Contact- Leah Rothman: leahr@sbhservices.org

Please contact if there are any questions or concerns

Southwest Human Development

- **Direct Support Services:** The Direct Support Services program provides in-home, in-school, and community-based direct support services for children, birth through seventeen (17) years old, who have behavioral health diagnoses or developmental needs. Services are designed to include the child, their parents and/or caregivers, family members, teachers, and any community partners involved in the child's life. The services are tailored to the individual strengths and needs of the child and family according to the plan created by the Child and Family Team (CFT). The agency uses a variety of options for customizing the type, frequency, and amount of services provided. These services include but are not limited to: Individual and Group Parenting Training, Development and Psychosocial Rehabilitation Living Skills Training, Behavior Coaching, Family Support, Parenting Skills Training, Independent Living Skills Training, Psycho-educational Services, Crisis Prevention Education and Intervention, Ongoing Support to Maintain Employment, Behavioral Health Education, Medication Training and specialized services for the birth to five (0-5) population who have behavioral health diagnoses or developmental needs. The Direct Support Services program offers Common Sense Parenting: School-Aged Children and Common Sense Parenting: 'School-Aged Children' and 'Toddlers & Preschoolers' – Both versions are evidence-based practical training programs that give parents effective parenting skills and help them to be more positive with their children. The Direct Support Services staff includes a diverse population of professionals with a wide array of mental health, cultural, and linguistic experiences. Services are offered using a culturally sensitive model. These services are supported by Case Management, Home Care Training, Unskilled Respite, and Transportation.

Contact information	Referral details
2850 N 24 th St Phoenix, AZ 85008 P: 602-633-8219 (Direct Support Services) P: 602-633-8656 (Common Sense Parenting) F: 602-633-8369	Send all Common Sense Parenting and Direct Support Services referrals to directsupport@swhd.org <u>Main Contact</u> Gwyneth Kelly, DBH, LCSW Senior Program Manager gkelly@swhd.org 602-218-8663

Southwest Network

Transition to Independence Process (TIP): program at Southwest Network offers a full array of services tailored to the unique needs and goals of young people ages 16.5 to 22 with emotional or behavioral difficulties. Community-based Transition Facilitators provide training and activities in the areas of employment, education, housing, social and family relationships, independent and daily living, finances and budgeting, decision making, emotional and physical health and wellbeing, and community-life functioning. Transition Facilitators work one-on-one with young people to help them meet their unique goals, coach and support them, set the foundation for their transition to adult roles, and build a future for themselves.

STAR (Sex Trafficking Awareness and Recovery) Teen Group: provide an opportunity for teens to participate in an 11 week psycho-educational group designed to increase awareness and recovery regarding sex trafficking and exploitation. This knowledge will empower teens with the ability to identify elements of power and control within a relationship so they can develop healthy boundaries and engage in future healthy relationships. Topics will include: Understanding Abuse & Gender-Based Violence, Exploring the Effects of Trauma Family Violence & Abuse, Relationship Abuse, Self-Harm, Myths & Facts about Sex Work, Grief, Surviving & Healing, Relationships & Trust and Facing the Future.

Contact information	Referral details
Community Based: TIP Team Lead: Danielle Madden Daniellem@southwestnetwork.org 602.304.0014 STAR Groups 2 Locations: Bell Clinic 9051 W. Kelton Lane Suite 13	tip@southwestnetwork.org <u>*Special referral requirements:</u> <ul style="list-style-type: none"> • 16.5 to 22 years of age, GMH • IQ of 75 or above • May not reside in residential placement • Must be eligible for AHCCCS • Must be a resident of Maricopa County Send referrals for STAR : STAR@southwestnetwork.org

Peoria, AZ 85382
Phone: (623) 815-5700
Fax: (623) 815-5759

Chandler Clinic
3140 N. Arizona Ave.
Suite 113
Chandler, AZ 85225
Phone: (480) 497-4040
Fax: (480) 497-4141

St. Luke's OSCA

The OSCA program is a unique resource available to Maricopa County residents (age 5-17) with AHCCCS insurance. OSCA provides an observation period which cannot exceed 23 hours. If criteria for admission are not met, the patient will be released back to the guardian and additional outpatient support will be established. If Inpatient is the recommendation, OSCA staff will coordinate with the SLBHC Intake Department to get authorization from the RBHA for admission. The patient will be admitted to an appropriate psychiatric inpatient facility. OSCA's intended purpose is to help de-escalate a behavioral health crisis, by allowing an assessment or further monitoring to occur in hopes that the patient can be safely returned to his/her guardian. OSCA is not to be utilized to replace routine pharmacy needs, nor should it be a substitute to attending regular visits with your outpatient community Psychiatric Practitioner. The patient's medication regimen will be reviewed during the observation period and consultation with the outpatient Psychiatric Practitioner will occur so that necessary adjustments can be made when appropriate. Medications previously taken will be assessed and generally continued while in the program. St. Luke's Behavioral Health Center does not have an Emergency Department and does not offer emergency services.

Contact information

1800 E. Van Buren St.
Phoenix, AZ 85006
P: 602-251-8547

Referral details

To set an appointment for an assessment to determine if you are in need of our behavioral health services, please call: 602-251-8535 in the metro Phoenix area or toll-free, 1-800-821-4193.

Terros Health

Dialectical Behavioral Therapy (DBT) for Adolescents: This outpatient program targets suicidal and self-harming behaviors, impulsivity, emotion dysregulation and interpersonal chaos by teaching mindfulness, distress tolerance, emotion regulation, interpersonal effectiveness and middle path skills. This is a model-adherent DBT program. We are accepting referrals for adolescents ages 13-17 who have a HNCM/ICM. Participants will have one hour of individual therapy and two hours of skills group weekly for approximately six months.

Developmental Behavioral Supports (DBS) for Children and Adolescents: This outpatient program targets children and adolescents that are dually diagnosed with Autism Spectrum Disorder. This team provides in home behavior coaching for children and their families.

Adolescent Intensive Substance Use Treatment Program including MAT Services

The Café 27 (Children Adolescents and Families Empowered): Program is designed to meet the needs of youth ages 12-17 who are currently struggling with substance abuse/dependency. All Youth will be assessed for the appropriate level of care and will be assigned a primary Clinician who will facilitate either IOP (intensive outpatient services), or SOP (standard outpatient services). In addition to group services we will provide family support and counseling and other wrap around services as needed. In this program, adolescents can receive life skills, participate in age-specific treatment, work on school assignments and receive volunteer tutoring support to help with homework, talk with caring adults, or share social time over a healthy boxed lunch or snack in a supervised environment. We use a Trauma Informed Care approach, are skilled at Motivational interviewing, The Matrix Model for Adolescents, The Seven Challenges, and DBT and EMDR. Groups are offered weekday evenings. Days vary based on level of care. All groups take place from 3:30pm-6:30pm in the afternoon at our 27th Avenue location. We also offer MAT (Medication Assisted Treatment for youth ages 15 and up) who struggle with Opioid dependency.

Contact information	Referral details
DBT/DBS: 12835 N 32 nd Street Phoenix, AZ 85032 P: 602-389-3754	Send secure DBT referral emails to: ADBTreferrals@terros.org Send Secure DBS referral emails to: DBSreferrals@terros.org
Substance Use Treatment Program: 3864N. 27 th Ave Phoenix, AZ 85017 P: 602-389-3661	Send secure Café 27 referral emails to: Cafe27referrals@terroshealth.org

The Heart of the Matter

Equine - Assisted Psychotherapy and Personal Development: Our staff has offered individual, couples, group, and family therapy at the same location since the Fall of 2008. Our EAGALA certified (www.eagala.org) therapy teams consist of a Licensed Mental Health Professional, an Equine Specialist, and of course a horse or horses. We provide an environment where the client can begin to look at themselves through the eyes of a horse - without judgment. The horses provide a blank canvas on which the client can project their story in a nonjudgmental process that allows mindfulness, growth, and awareness to blossom. Together with the Child Family Team we design a treatment plan that is tailored specifically to the needs of the client and monitor their progress via ongoing communication with the team. Our therapists blend a wide variety of modalities into the EAGALA model.

PLEASE NOTE: Our program is NOT a therapeutic riding program. All work is done on the ground in relationship with the horses. No mounted work occurs in this program.

Our program serves ages 7 and up. This spring we will offer a teen group Wednesday evenings. The primary goals of our group is emotion recognition/regulation and development of communication and social skills. Team, character, and life skill building are organically woven into our program. It has been our experience that the skills learned in the arena will be reflected in the participants' overall functioning in their world. Along with these skills, we typically see increased self-esteem and ability to connect with self and with others.

Individual therapy is typically a 24 session (approx. 6 months) program. Family will be invited to participate as deemed appropriate. Depending upon the age and need of the client, and availability, the client can join us for a dynamically different experience in our teen group. Once a relationship is formed with both our 2 and 4 legged staff, we hope that The Heart of the Matter can be a safe place where clients can return as different layers of therapeutic work present. Groups for ages 7-9 and 10-12 are not yet scheduled. Call for updates.

Contact information	Referral details
Shawn Rodrigues, LPC 2885 N. Price Rd. Chandler, AZ 85224 P: 480-777-7679 ShawnR@hotmphx.com	Email: referrals@hotmphx.com We are a small program. Please call or email to inquire about availability. Please note that we are in network with Mercy Care and Mercy Care RBHA only.

The Resolution Group

Intensive Out-Patient for Juvenile Sexual Behaviors: Four day a week program designed for Adolescents (females or males) ages 12-17 that have sexually maladaptive behaviors. Utilizes cognitive treatment interventions which include the sex offense cycle, high risk behaviors, social skills, empathy building, relapse prevention, clarification and reunification.

Relapse/Aftercare: Two day a week program geared for those who have successfully completed a Residential Treatment Program or an Intensive Outpatient Program and are back in the community. This program provides support education and check-ins, as well as clarification and reunification when clinically appropriate.

Boundaries: In the Boundaries Group, adolescent youth are brought together to develop an understanding of appropriate vs. inappropriate touch and language. Youth are taught several tools that will aid in the identification and setting of health distance, touch, sexual touch and internal boundaries. Youth will be educated on how to assess and interpret intact boundaries, damaged boundaries, walls as boundaries and lack of boundaries. Using assertive communication, youth will learn how boundaries serve as protectors of our basic rights and personal preference as human beings. Finally, youth will develop an understanding of how boundaries are formed and how to set boundaries utilizing trust in other individual

Victim/Trauma Services: Individual and family treatment for victims (ages 2 to 99 years) of sexual abuse, physical abuse, and neglect. Therapists specialize in: forensically informed treatment interventions with open investigations, individual victim treatment addressing guilt, shame, feelings of responsibility as a result of the abuse history or the impact of the disclosure, individual and family treatment regarding safety and prevention, and social skill building groups addressing, social delays, difficulties in interpersonal relationships, and anger management.

E.M.D.R.: EMDR therapy utilizes an eight phase approach to treatment comprised of client history, client preparation, assessment, desensitization processing past, present and future aspects of trauma memory,

installation of a positive cognition, body scan, and closure and on-going evaluation. EMDR is most effective for those clients meeting criteria of single incident trauma. Clients with complex trauma may benefit from aspects of treatment dependent upon selection criteria

Family Empowerment Training: Parent Night provides a once-a-month meeting for the parents/adults involved in the child’s treatment process. This meeting will work towards understanding child’s sexual behaviors, the legal/Court Process, Rationale and Goal of Early Intervention, Rehabilitation, Goals and Methods of Treatment, Safety Planning, Risk of Continued Poor Choices, Dispelling Misconceptions about Child sexual abuse, Talking Action, and How to Decrease Problematic Sexual Behaviors. Parent Night will also work towards helping you to communicate with your child in a healthy manner, hold them accountable for their choices, and assist in the clarification and family reunification process.

Abel Assessment for Sexual Interest-2: Tool for the evaluation of boys and girls, ages 12-17, who sexually abuse younger children or who have other problematic sexual behavior. It is specifically designed to objectively measure a client’s sexual interests and obtain information regarding involvement in a number of abusive or problematic sexual behaviors. The AASI-2 is available in English or Spanish. Because different sections of the assessment system work together, the AASI-2 is really a system of evaluation tools that allow the therapist to quickly receive a range of valuable information organized in one detailed report.

S.T.A.R. (Sex trafficking awareness and recovery) Program: is a group designed to provide psycho education and therapeutic intervention for youth who have been identified as having been directly involved in juvenile sex trafficking or those are determined to be a high risk of being recruited or trafficked. The Resolution Group is now accepting referrals for this 10 week closed group targeting ages 12-17. This group is trauma informed, topic sensitive/specific and welcomes LGBTQ youth.

Contact information	Referral details
623 W Southern Mesa, AZ 85210 P: 480-962-9288 F: 480-962-1293 1616 E Indian School Rd Phoenix, AZ 85016 P: 480-962-9288 F: 480-962-1293	referrals@trzg.net

Touchstone Health Services

Multisystemic Therapy (MST): is an intensive, in home, evidence-based family therapy program that is effective in treating youth with serious acting out behaviors. The major goal of MST is to empower parents with the skills and resources needed to independently address the difficulties that arise in raising adolescents. The MST approach views individuals as part of a complex network that includes individual, family, and community factors. MST strives to promote behavior change in the youth’s natural environment, using the strengths of each system (e.g., family, peers, school, neighborhood, natural support network) to facilitate change. Within a context of support and skill building, the therapist places developmentally appropriate demands on the adolescent and family for responsible behavior. Intervention strategies are integrated into a social ecological

context and include strategic and structural family therapy, behavioral parent training, and cognitive behavior therapy. The program is designed to work with youth who are in a home setting with at least one identified caregiver. Therapists typically meet with families three times a week and are on-call 24/7. Treatment average is 3 to 5 months. Serves youth ages 11-17.5. MST is a Blueprints Model Plus Program. For additional information and research, please visit www.mstservices.com

Multisystemic Therapy for Problem Sexual Behaviors (MST-PSB): is a clinical adaptation of the Multisystemic Therapy Program (MST) that has been specifically designed and developed to treat youth (and their families) for problematic sexual behavior. Building upon the research and dissemination foundation of standard MST, the MST-PSB model represents a state-of-the-art, evidence-based practice uniquely developed to address the multiple determinants underlying problematic juvenile sexual behavior. MST-PSB relies heavily on family therapy as a mechanism of change for the youth and family, and draws on models of parent training, structural and strategic family therapy, cognitive-behavioral therapy, and social skills building. Utilization of family-based clarification work is utilized to encourage sustainable change of both the youth and the family environment. Ensuring client, victim and community safety is a paramount mission of the model. Extensive assessment and planning underlie the individualized safety plan of every youth and family. The program is designed to work with youth who are in a home setting with at least one identified caregiver. MST-PSB Therapists meet with youth and families in the community, in homes, schools and neighborhoods to encourage success in the youth's natural environment for long-term sustainability. Therapists typically meet with families three to four times each week and are on-call 24/7. Treatment average is 5 to 7 months. Serves youth 10-17. MST-PSB is a Blueprints Model Program. For additional information and research on the MST-PSB program, please visit www.mstpsb.com.

Functional Family Therapy (FFT): is an intensive, in home, evidence-based family therapy program that is effective in treating youth who demonstrate maladaptive and acting out behaviors. FFT consists of five major components: engagement, motivation, relational assessment, behavior change and generalization. At its core, FFT focuses on assessment and intervention to address risk and protective factors within and outside of the family that impact the adolescent and his or her adaptive development. A strong relational, cognitive and behavioral component is integrated into systematic skill training in several areas such as family communication, parenting, and conflict management skills. The program is designed to work with youth who are in a home setting with at least one identified caregiver. Service delivery takes place primarily in the home or community. Treatment average is 3 to 5 months (1x per week). Serves youth ages 11-17.5. FFT is a Blueprints Model Program. For additional information and research, please visit www.fftllc.com

Autism Center of Excellence & Behavior Analytic Services: Behavior Analytic Services provide evidence-based assessment and treatments grounded in the science of Applied Behavior Analysis (ABA). The Behavior Analytic Services division contains four programs that collaborate with one another to provide quality treatment and care coordination. These programs include Complex Behavior, the Language & Learning Center, Autism Center of Excellence, and our Family-Centered Autism Program.

- **Language & Learning Center**: The Language & Learning Center (LLC) provides comprehensive Applied Behavior Analysis (ABA) therapy to members from 0-18 years old. ABA therapy is a child-centered, strengths-based treatment with the goal to help members achieve their highest potential. Through a comprehensive assessment coordinated by a Board-Certified Behavior Analyst® (BCBA®), a member's strengths and deficits are identified across developmental domains. Skills targeted include communication, pre-academic (learning to learn) skills, social skills, self-care skills, and play skills. Challenging behavior may also be addressed as part of

comprehensive ABA therapy. A plan for addressing the member's needs as outlined in the assessment is created and implemented in center, home, or community settings. Therapy includes parents/caregivers, and, when appropriate, siblings to produce the best outcomes.

- **Complex Behavior:** The Complex Behavior Program provides support to families and members who engage in challenging behavior that poses an imminent risk of serious harm to themselves and others. Our clinician's use the science of Behavior Analysis to inform their assessment and treatment practices. When an individual is referred to the Complex Behavior Program, a team lead by a Board-Certified Behavior Analyst (BCBA®) conducts a functional behavior assessment (FBA) to determine why the behavior occurs. A treatment plan is created to decrease the problem behavior and teach an appropriate replacement skill. The team then implements the plan and trains parents and other caregivers to use the plan. The member is discharged once the behavior is stabilized.
- **Family Centered Autism Program:** FCAP provides integrated and comprehensive treatment services, in the natural environment, to children, and their families, affected by Autism Spectrum Disorder (ASD) and other developmental disabilities. The goal is improving the lives of both children with autism and their family members. This goal is achieved by focusing on functional skills with the use of evidenced-based behavior analytic procedures, such as positive reinforcement to increase or decrease significant behaviors. The program emphasis is a family-based intervention protocol (Family Therapy) that centers on building family communication and developing relationships. FCAP recognizes the key role that parents/guardians play in a child's development and encourage family involvement throughout treatment. When appropriate FCAP takes into consideration the Trans generational trauma cycles and sensory sensitivity commonly observed among youths diagnosed with ASD. FCAP treatment services can involve a trauma-centered approach to helping youths build resiliency as they develop emotional self-regulation skills. Youths on the spectrum will also learn how to take control of their behavioral and physical health through integrative behavioral health care. FCAP accepts DSP referrals for Therapy, Group Social Skills, and AuSome Sibling Shop.
 - **FCAP Therapy:** FCAP Therapists work with the individual and family to target histories of trauma, self-esteem, healthy relationships, communication skills, identifying emotions, coping skills, and much more. Sessions are conducted in the environment that is best suited for therapy, based on the clinical recommendation from the therapist. FCAP provides intensive therapy, with a minimum of weekly sessions to ensure forward progress towards treatment goals.
 - **FCAP Group Therapy:** FCAP Group takes place once a week for nine weeks total. FCAP currently has multiple curricula to best meet the client's needs, which are offered at all Touchstone Health Services locations.
 - Emotional Awareness
 - Social Awareness
 - Fundamentals
 - Teen Support Group

- **FCAP AuSome Sib Shop:** Once a quarter, FCAP offers a workshop for siblings of children with special needs, with a focus on Autism. FCAP offers opportunities for siblings to obtain peer support and education within a recreational context. This service is now offered at our Main and Mesa campus.

Intensive Outpatient Program (IOP): is a highly structured therapeutic treatment program designed to help children and adolescents who struggle with emotional and behavioral management in developing social, communication and coping skills that will help them improve their functioning at home, school and in the community. We utilize therapy groups and therapeutic activities along with goal setting, development of social skills & positive peer interaction, behavioral management, skills assessment, recreational activities, and development of decision making skills. Our Intensive Outpatient Program utilizes the Dialectical Behavioral Treatment (DBT) Steps A-curriculum. The curriculum was adapted from the skills training program in Dialectical Behavior Therapy which is an evidenced based treatment with empirically supported strategies. The skills from each of the DBT skills modules include areas of focus around: Orientation & Goal Setting, Dialectical Thinking, Core Mindfulness Skills, Distress Tolerance Skills, Emotion Regulation Skills, Interpersonal Effectiveness. IOP strives towards the following goals: prevent crisis situations from occurring in the home environment, mainstreaming of the client in the least restrictive environment, prevention of psychiatric hospitalization and/or risk of out-of-home placement, increase emotional regulation skills to develop self-control, increase positive coping skills and a healthy self-concept, promote social competency and social skills, and preserve the family unit by increasing family functioning and parental empowerment to manage problem behaviors in order to increase sustainability for the youth and parent/caregiver. The program works closely with the parents to help develop consistency between environments and includes a family education/support group. The treatment team works with each Child and Family Team (CFT) to help identify goals and treatment strategies. During the school year, the program meets Monday through Thursday 3:30 pm to 6:30 pm daily. During summer and winter break, the program meets from 10:00 am to 2:00 pm Monday through Thursday. The program accepts children between the ages of 8 and 17.

Respite Program: is a day-time weekend program that is intended to provide a needed break for parents or guardians that experience a high level of stress as a result of caring for children with behavioral health needs. Respite team members are CPR certified, trained in crisis prevention/intervention, and receive on-going training in behavioral intervention. In addition, children participate in a variety of activities such as games, arts and crafts, outdoor activities and group outings. The team also assists children with learning skills that help improve the quality of social interactions between parents, other adults, and peers. The Respite team works collaboratively with the Child and Family Team (CFT) to understand the individual needs of each child. The program meets on Saturday from 8:00 am to 6:00 pm and on Sunday from 10:00 am to 6:00 pm- breakfast, lunch and snacks are provided on both days.

**The respite program is a facility-based service only, based out of our Main location (15648 N. 35th Ave Phx, Az 85053). All participants need to be toilet-trained and be able to use the restroom independently in order to attend the respite program.

Whatever It Takes (I): is a “Meet Me Where I Am” direct service program that provides intensive in-home and community-based support to children and families who are struggling with emotional and behavioral concerns. WIT assists children who are at risk for out of home placement or to support children who are returning from an out of home placement. WIT utilizes a Positive Behavior Approach that incorporates the family culture, ABA principles, and assessments to focus on the underlying needs of the child and family. WIT helps children and families develop healthy communication, problem-solving, coping skills, utilize natural and community supports, and works with the Child and Family Team throughout the treatment process to create

sustainable outcomes. WIT Teams can serve as the implementers of FBA recommendations and BIP's. Teams are trained on evidence-based protocols and monitored for treatment fidelity.

Contact Information	Referral Details
<p><i>Whatever it Takes (WIT)</i> Phone: 1-866-207-3882 15648 N 35th Ave Phoenix, AZ 85053 *community based</p>	<p><u>To send referrals or questions about referrals:</u> ☐ Email: dsp.referral@touchstonebh.org ☐ Phone: 866-207-3882</p> <p>Referrals need to be made by a high needs case manager. Exceptions can be made if a child is waiting for high needs CM assignment. All standard referral documentation needs to be included as well as the completed MMWIA prioritization form.</p>
<p><i>Family Centered Autism Program (FCAP)</i> Phone: 1-866-207-3882 15648 N 35th Ave Phoenix, AZ 85053</p> <p>2150 S Country Club Dr., Ste. 35/36 Mesa, AZ 85210</p> <p>12409 W Indian School Rd, Building E Avondale, AZ 85392</p>	<p><u>To send referrals or questions about referrals:</u> ☐ Email: dsp.referral@touchstonebh.org ☐ For social skills group: dsp.referral@touchstonebh.org ☐ Phone: 866-207-3882</p> <p>Referrals need to be made by a case manager. All standard referral documentation needs to be received.</p>
<p><i>Intensive Outpatient Program (IOP)</i> Phone: 1-866-207-3882 15648 N 35th Ave Phoenix, AZ 85053</p>	<p><u>To send referrals or questions about referrals:</u> ☐ Email: dsp.referral@touchstonebh.org ☐ Phone: 866-207-3882</p> <p>. All standard referral documentation needs to be included.</p>
<p><i>Respite</i> Phone: 1-866-207-3882 15648 N 35th Ave Phoenix, AZ 85053</p>	<p><u>To send referrals or questions about referrals:</u> ☐ Email: dsp.referral@touchstonebh.org ☐ Phone: 866-207-3882</p> <p>Referrals can be made by case managers. All standard referral documentation needs to be included.</p>

<p><i>Multisystemic Therapy (MST)</i> (Community Based) Phone: 1-866-207-3882</p>	<p><u>To send referrals or questions about referrals:</u></p> <ul style="list-style-type: none"> ☐ Email: dsp.referral@touchstonebh.org ☐ Fax: 602-732-5477 ☐ Phone: 866-207-3882 <p>*MST requires a HNCM or in the process of requesting a HNCM.</p> <p>*Referrals require:</p> <ul style="list-style-type: none"> ☐ DSP requesting MST. ☐ MST Referral packet - Please email our DSP email to request a copy of the MST referral packet if you do not have one. ☐ All standard referral documentation needs to be included. <p>*If referring for MST through the SABG grant, we only need the SABG referral form which can be requested through the DSP email as well.</p>
<p><i>MST for Problem Sexual Behaviors (MST-PSB)</i> Phone: 1-866-207-3882 (Community Based)</p>	<p><u>To send referrals or questions about referrals:</u></p> <ul style="list-style-type: none"> ☐ Email: dsp.referral@touchstonebh.org ☐ Fax: 602-732-5477 ☐ Phone: 866-207-3882 <p>Referrals require:</p> <ul style="list-style-type: none"> ☐ DSP requesting MST-PSB. ☐ MST-PSB Referral packet. Please email our DSP email to request the MST-PSB referral packet. ☐ All standard referral documentation needs to be included.
<p>Functional Family Therapy (FFT) (Community Based) Phone: 1-866-207-3882</p>	<p><u>To send referrals or questions about referrals:</u></p> <ul style="list-style-type: none"> ☐ Email: dsp.referral@touchstonebh.org ☐ Fax: 602-732-5477 ☐ Phone: 866-207-3882 <p>Referrals require:</p> <ul style="list-style-type: none"> ☐ DSP requesting FFT. ☐ FFT Referral packet. Please email our DSP email to request the FFT referral packet. ☐ All standard referral documentation needs to be included. <p>*If referring for FFT through the SABG grant, we only need the SABG referral form which can be requested through the DSP email as well.</p>

<p><i>Language & Learning Center (LLC) Program</i> Phone: 1-866-207-3882 15648 N 35th Ave Phoenix, AZ 85053</p> <p>2150 S Country Club Dr., Ste. 35/36 Mesa, AZ 85210</p> <p>12409 W Indian School Rd, Building E Avondale, AZ 85392</p>	<p><u>To send referrals or questions about referrals:</u></p> <ul style="list-style-type: none"> • Email: dsp.referral@touchstonebh.org • Phone: 866-207-3882 <p>Referrals need to be made by a case manager or therapists. All standard referral documentation needs to be received including a protracted assessment.</p>
<p><i>Complex Behavior Program</i> Phone: 1-866-207-3882 15648 N 35th Ave Phoenix, AZ 85053</p> <p>2150 S Country Club Dr., Ste. 35/36 Mesa, AZ 85210</p> <p>12409 W Indian School Rd, Building E Avondale, AZ 85392</p>	<p><u>To send referrals or questions about referrals:</u></p> <ul style="list-style-type: none"> • Email: dsp.referral@touchstonebh.org • Phone: 866-207-3882 <p>Referrals need to be made by a case manager or therapists. All standard referral documentation needs to be received including a protracted assessment.</p>

Unique Family Services

Unique Family Services (UFS) is an agency that provides in-home and community-based direct support for youth with a combination of complex behaviors and cognitive delays, specializing in those diagnosed with Autism spectrum disorder. UFS also provides a 90-day stabilization program in our group homes for individuals with ASD and problem sexual/complex behavior, who may or may not be adjudicated. UFS provides development of FBAs as well their implementation either with our staff or other agencies. UFS strives to focus on the individual needs of not only the child who is our client, but his/her family as well and address them in ways that teaches them new behaviors. Many agencies report as specialty agencies, but at UFS, individuals must have a diagnosis of ASD or similar diagnosis in order to be deemed appropriate for our services. These services include:

- In-home and community-based supports
- Outpatient counseling
- Bridge services from our 90-day stabilization program to the client’s home setting (whatever that looks like).
- FBA’s

Contact information	Referral details
<p>4801 S. Lakeshore Dr. Suite 101 Tempe, AZ 85282 P: 480-462-0142</p>	<p>dsppreferrals@uniquefamilyservices.com.</p>

The U-Turn Foundation

Services for Adolescents with Sexual Maladaptive Behaviors: Out-patient program designed for Adolescent males (ages 12-17) that have sexual problematic behaviors. Treatment services include Group Counseling, Individual, and Family Counseling. Adolescents participate in the treatment program minimum two times per week, giving individuals an opportunity to explore cognitive distortions and erroneous patterns of sex, boundaries, and an ability to develop tools to appropriately express themselves and enhance their understanding of appropriate vs. inappropriate touch and language. Program utilizes cognitive treatment interventions which include the sex offense cycle, high risk behaviors, social skills, empathy building, relapse prevention, clarification and reunification when clinically appropriate.

Aftercare Services for Adolescents with Sexual Maladaptive Behaviors: Two day a week Out-patient program intended for Adolescent males (ages 12-17) who have successfully completed a Residential Treatment Program or an Intensive Outpatient Program and is back in the community. This program provides support to the adolescent and his family, psycho-education, and check-ins, via Group Counseling, Individual, and Family Counseling, as well as clarification and reunification when deemed clinically appropriate.

Victim/ Trauma services: Treatment goals are developed with input from the client, guardian, and identified needs from assessments. Interventions vary based on the client's needs and developmental level but may include CBT, sand tray/play therapy, art therapy, experiential interventions, psychoeducational, and Trauma-Focused CBT. There is a specialty and emphasis based on working in collaboration with offender's therapists to facilitate both clarification and reunification and ultimately working on bringing families back together.

Accelerated Resolution Therapy (ART): Accelerated Resolution Therapy (ART) is a brief, exposure-based psychotherapy aimed at treating psychological trauma, depression, anxiety, phobias, obsessive-compulsive disorder, and substance use. It takes place in one to five, 60–75 minute sessions over 2 weeks. The sessions include specific visualization techniques enhanced through the use of rapid eye movements (similar to the rapid eye movement stage of sleep) and a directive approach that reduces physical and emotional reactions to distressing memories and images stored in the brain. We have seen amazing results!

Contact information

5235 East Southern Ave D106-606
Mesa, AZ 85206
P: 480.678.6069
F: 480-634-1952

Referral details

Alyssa Porter; office manager
rowreferrals@uturnfnd.org

Melony Opheim; clinical director
theuturnfoundation@gmail.com

Valle Del Sol

Intensive Outpatient Substance Abuse Program (IOPSA): This is a 64 Session, 16 week Intensive Outpatient Treatment group. The group meets from 5:00p-7:00p on Monday, Tuesday, Wednesday and Thursday. The program serves adolescents ages 13–17. The group is facilitated by Master's level clinicians alongside Recovery Coaches with substance abuse experience. The program utilizes the evidence-based Matrix Model and motivational interviewing techniques. The program will include recovery skills and relapse prevention; individual, group and family counseling; 12 step aftercare program; family education and support groups; along

with weekly drug screens. The program is located at 3 Valle del Sol locations across the Valley and co-located at Canyon State Academy.

Pre-teen Intensive Outpatient Substance Abuse Program (Pre-IOPSA): This is a 24 sessions, 16 week Intensive Outpatient Treatment group. The group meets from 5:00-7:00 p.m. on Tuesday, Wednesday, and Thursday. The program services pre-teen adolescents, ages 10-12. The group is facilitated by Master's level clinicians alongside Recovery Coaches with substance abuse experience. The program utilizes the evidence-based Matrix Model and motivational interviewing techniques. The program will include recovery skills and relapse prevention; individual, group and family counseling; 12 step aftercare program; family education and support groups; along with weekly drug screens.

Dialectal Behavior Therapy (DBT): DBT is a form of therapy for those who struggle with emotional regulation, intense and unstable relationships, and extreme impulsiveness which include self-harm and/or self-injurious behaviors. In treatment members will learn important skills to modify their thought process in order to be more present in their lives, decrease impulsivity, gain tools to express themselves constructively, and overall improve his or her quality of life. This is a group that is offered once a week for a total of 22 weeks and it is paired with weekly individual DBT therapy. The group is facilitated by Master's level clinicians. Parent/guardian participation is required for these services and the services are offered at our main office location (7th St) on Mondays from 5pm-7pm. This program is also offered on Mondays from 5pm-7pm at our site on 10th place in Mesa. It services teens ages 13-17. Services are available in English and in Spanish.

Pre-DBT (aka: life worth living group): Pre-DBT is an ongoing group open at any time for new referrals. The program services youths ages 11-17. The group meets every Tuesday from 4:30pm-6:30pm at our Maryvale location and it is facilitated by Master's level clinicians. There is an additional group that meets on Mondays from 5pm-6:30pm at our 27th Ave. site. The program utilizes the DBT modules in its program to help target emotional dysregulation and to help youth gain the skills needed to help reduce impulsivity and bring interpersonal effectiveness into their lives.

Mental Health IOP (MHIOP): Mental Health IOP is an intensive program intended for youth ages 13 to 17 that present with the need for intensive outpatient behavioral health interventions to address immediate needs such as trauma, anxiety, depression, potential self-harm, difficulties in emotional regulation. MHIOP clients will receive multi-systemic services including group, individual, and CFT/family counseling to provide a comprehensive BH support system, teaching coping skills, promoting peer support, enhancing family systems, and inspiring healthy living and independent learning skills. The value is involving the family into the treatment, resolving family systemic issues while working with the individual on independent therapeutic goals, and allowing client to express self in a group environment. Tuesdays, Wednesdays, and Thursdays from 5:00p-7:00p.

Community Health Workers: CHWs provide care coordination services to enhance patient's ongoing medical needs. CHWs serve as a liaison between providers and patients bridging the gap in their health care and helping patients meet their health goals. CHWs are trained in the Stanford Chronic Disease Self-Management Program, American Heart Association Know Your Heart Program, and are well versed in community resources to empower patients and guide them towards better health.

LGBTQIA: The LGBTQIA group at Valle del Sol follows a 13-week cycle for youth who identify as LGBTQIA (lesbian, gay, bisexual, transgender, queer/questioning, intersex, and asexual or allied) or are generally questioning their sexuality and/or gender identity. The age range for this group is 13-17 years old. It is an open-

group to which we are accepting new group members throughout the cycle. The group meets weekly for an hour and a half. Several topics discussed are the coming out process, acceptance of themselves and understanding their own struggles, as well as that of their friends and families, identifying an ally and being an ally, stereotypes (positive/negative), understanding homophobia and how social media affects them (positively/negatively). They will also engage in activities such as, creating their own flag and trust/team building activities. Although this group is not a support group, the atmosphere created in the group is non-judgmental, and a safe environment where the youth are encouraged to share their stories and learn from each other. This group is facilitated by a Masters level Counselor out of our 502 N. 27th Avenue integrated health clinic.

Contact information	Referral details
8410 W Thomas Rd #116 Phoenix, AZ 85037	TeamDSP@valledelsol.com 602-523-9312 all referrals 602-258-6797 x109 DSP Lead
10320 W. McDowell Avondale, AZ 859392	TeamDSP@valledelsol.com 602-523-9312 all referrals 602-258-6797 x109 DSP Lead
1209 S 1 st Avenue Phoenix, AZ 85003	TeamDSP@valledelsol.com 602-523-9312 all referrals 602-258-6797 x109 DSP Lead
4135 S Power Rd Ste 108 Mesa, AZ 85212	TeamDSP@valledelsol.com 602-523-9312 all referrals 602-258-6797 x109 DSP Lead
334 W. 10 th Place Suite 100 Mesa, AZ 85201	TeamDSP@valledelsol.com 602-523-9312 all referrals 602-258-6797 x109 DSP Lead
3807 N 7 th St Phoenix 85014	TeamDSP@valledelsol.com 602-523-9312 all referrals 602-258-6797 x109 DSP Lead
502 N 27 th Ave Phoenix 85009	TeamDSP@valledelsol.com 602-523-9312 all referrals 602-258-6797 x109 DSP Lead
Canyon State Academy *IOPSA only*	TeamDSP@valledelsol.com 602-523-9312 all referrals 602-258-6797 x643 DSP Lead

Youth Advocate Program

Agency will provide in-home and community-based direct support services for children who have behavioral health or developmental needs and their families and/or caregivers. The specific services provided will be tailored to the individual needs of the family according to the plan created by the child and family team (CFT). Agency will have a variety of options for customizing the type, frequency and amount of services provided. These services include but are not limited to Counseling Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training, Behavioral Health Prevention/Promotion Education and Psychoeducational Services and Ongoing Support to Family (Family Support). Specializing in ASD support services and working with DCS clients. Bilingual/Bicultural staff available.

Contact information	Referral details
4494 W Peoria Ave Suite 103 Glendale, AZ 85302 P: 623-209-1510 F: 623-209-1513	Nicole Sivesind, MBA Program Director yapazbh@yapinc.org

Zarephath

In providing day and overnight respite, Zarephath strives to provide a safe, secure, culturally relevant and therapeutic respite program. In collaboration with the Child-Family Team(s), (“CFT”), Zarephath will provide opportunities for social development, positive peer interactions, and adaptive living skills acquisition. We serve youth ages Toddlers-17 (no infants) for overnight weekend and Saturday day respite (Ages 5-17)

Contact information	Referral details
Main Office (Zarephath Main OTC) 4856 E. Baseline Rd. Suite 104 Mesa, AZ 85206 Central Drop / Main Day Group Freestone Park 1045 East Juniper Avenue Gilbert, AZ 85234 Referral contact: Alberto Lagunas, Compliance Coordinator AlbertoL@zrpath.com Phone: Phoenix: 480.518.6826 Fax: Phoenix: 480.361.9144 24 Hour Availability Line (when clients are in care)	<ul style="list-style-type: none"> Email referrals: referral@zrpath.com Fax referrals: 480-361-9144 Electronic referrals: https://zrpath.com/referral Username: MMIC Password: life skills <p>*Please include in referral packet: Core assessment and/or annual update, Current service plan indicating the desired service and frequency, SNCD, and any additional supporting documentation</p> <p>Zarephath Referral Form is available on our website “Forms Page” www.zrpath.com</p>

Phoenix 480.510.7013

24 Hour Spanish Line
800.782.2837

Approved Testing Providers

Mercy Care

Mercy Care Member Services 602-263-3000

Psychological Testing

David McIntyre	480-355-4139	Phoenix	
Julio Ramirez	602-667-7650	Phoenix	Bilingual – Spanish
David McGady	602-456-4817	Phoenix	
Psychology Specialists	480-524-0990	Chandler	

Neuropsychological Testing

Robert Briggs, PhD	480-949-9995	Scottsdale	
Julio Ramirez	602-667-7650	Phoenix	Bilingual – Spanish
Psychology Specialists	480-524-0990	Chandler	

Psychosexual Testing

Julio Ramirez	602-667-7650	Phoenix	Bilingual - Spanish
Alan Lewis, PhD	602-318-0328	Phoenix	Psychological & Psychosexual 8 and up.
David McGady	602-456-4817	Phoenix	