

ARIZONA RX DRUG MISUSE & ABUSE INITIATIVE AWARENESS. ACTION. OUTCOMES!



Health Care Providers: Taking Action

Here are some ideas about what healthcare associations, licensing boards, health plans, health networks, and others can do to reduce prescription drug abuse:

Promote Responsible Prescribing and Dispensing Policies and Practices

Encourage adoption of best practice guidelines, including the Arizona Guidelines for Emergency Department Controlled Substance Prescribing, the Arizona Opioid Prescribing Guidelines, and the Arizona Guidelines for Dispensing Controlled Substances

- Post link on your website, display guidelines at events, include articles in your organization's newsletter (<http://azdhs.gov/clinicians/clinical-guidelines-recommendations/index.php?pg=prescribing>)

Promote Continuing Education on Prescribing and Dispensing Controlled Substances for Prescribers and Pharmacists

- Post link to www.VLH.com/AZPrescribing for an online program offering 2 free CME credits on Safe and Effective Opioid Prescribing While Managing Acute and Chronic Pain
- Share information about other trainings as they become available

Increase Prescriber and Pharmacist Use of the Arizona Controlled Substances Prescription Monitoring Program (CSPMP)

- Promote the Sign Up to Save Lives campaign to encourage prescribers to use the CSPMP
- Emphasize delegate authority and 24 hour reporting
- Highlight the benefits of the CSPMP in your newsletters and share how to sign up <https://pharmacypmp.az.gov/>

Develop and/or disseminate use of clinical tools and processes that make it easier to adopt the best practices

- Identify and share tools and processes on the Rx Initiative website and ADHS Clinicians website
- Recruit volunteers to serve on a healthcare advisory team that will review recommended tools, educational opportunities, and provide clinical guidance to the Arizona Rx Initiative

Enhance Assessment and Referral to Substance Abuse Treatment

Increase Awareness of Rx Drug Screening Tools and the Screening, Brief Intervention, and Referral to Treatment (SBIRT) Model

- Disseminate information and training on drug screening tools and models

Increase Awareness of How to Access Treatment Services

- Promote the use of the SAMSHA Treatment Locator: <http://findtreatment.samhsa.gov>
- Promote use of Medication-Assisted Treatment

Get Involved in Local Coalitions or State Activities

Encourage providers to become involved in local substance abuse coalitions (<http://azdhs.gov/bhs/grants/sapt.htm> for coalition directory)

Share resources and ideas with the Arizona Prescription Drug Misuse & Abuse Initiative

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Health Care Providers: Resources

Arizona Prescribing & Dispensing Guidelines

- Arizona Opioid Prescribing Guidelines:
<http://azdhs.gov/clinicians/documents/clinical-guidelines-recommendations/prescribing-guidelines/141121-opiod.pdf>
- Summary: Prescribing Guidelines for Acute Pain:
<http://azdhs.gov/clinicians/documents/clinical-guidelines-recommendations/prescribing-guidelines/141121-acute-pain.pdf>
- Summary: Prescribing Guidelines for Chronic Non-Terminal Pain:
<http://azdhs.gov/clinicians/documents/clinical-guidelines-recommendations/prescribing-guidelines/141121-chronic-non-terminal-pain.pdf>
- Arizona Emergency Department Controlled Substances Prescribing Guidelines:
<http://azdhs.gov/phs/owch/pdf/injuryprevention/az-emergency-prescribing-guidelines.pdf>
- Summary: Arizona Emergency Department Controlled Substances Prescribing Guidelines:
<http://azdhs.gov/phs/owch/pdf/injuryprevention/az-guidelines-emergency-dept-controlled-substances.pdf>
- Arizona Guidelines for Dispensing Controlled Substances:
<http://www.azcjc.gov/ACJC.Web/Rx/prescribersanddispensers.aspx>

Arizona Rx Drug Misuse & Abuse Initiative Toolkit: <http://azcjc.gov/ACJC.Web/Rx/toolkit.aspx>

- Rx Initiative toolkits are located online in both PDF and Word versions.
Printed copies of the Rx Initiative Toolkit and Guidelines can be ordered by contacting Danielle Dandreaux, PhD, at danielle.dandreaux@azdhs.gov or by phone at 602-364-3321

Arizona Drop Box Locations

- Arizona Prescription Drug Drop Box Locations:
<http://www.azcjc.gov/ACJC.Web/Rx/Drop%20Box%20Locations.pdf>
- ADHS Rx Drug Drop off Locations Map:
<http://adhsgis.maps.arcgis.com/apps/Directions/index.html?appid=3a0211df648644c697adfce920760584>

Structured Risk Assessments

- Screener and Opioid Assessment for Patients in Pain (SOAPP) and Current Opioid Misuse Measure (COMM)
<http://www.painedu.org/soapp.asp> (This website contains both the SOAPP and COMM measures)
- Opioid Risk Tool (ORT):
http://www.caresalliance.org/Resources/CAA0-011_CaresAlliance_OpioidRiskTool_090110.pdf

Pain Management video

- September 2014: Pain Management video by the AZ Criminal Justice Commission (4:31 minutes)
<https://www.youtube.com/watch?v=waB-BW71Ur8&feature=youtu.be&list=PL9E6D5E86D07512A0>

Additional Arizona Resources

- Behavioral Health Services: www.azdhs.gov/bhs/
- Arizona Living Well Institute – Chronic Disease Self-Management: <http://azlwi.org/>
- Arizona Smokers Helpline: www.ASHLine.org

For more information about the *Arizona Prescription Drug Misuse and Abuse Initiative*, please visit www.azcjc.gov and click on the Arizona Rx Initiative icon

