



Now - December 31, 2020

Online Training Module

On-Demand



Ask, Advise, Refer to Quit Don't Switch Brief Tobacco Intervention Training

The **Ask, Advise, Refer to Quit Don't Switch** training is based on the CDC's Ask-Advise-Refer model and utilizes updated tools and strategies for conducting an effective brief tobacco intervention with patients identified as tobacco users, including e-cigarettes. This **free** training reviews evidence-based, proven-effective cessation strategies to support an individual's quit and reviews the seven FDA-approved quit medications currently available.

The American Lung Association believes everyone who uses tobacco products can quit. Using FDA-approved quit smoking medications such as nicotine gum, patches, nasal spray, inhaler and lozenges and non-nicotine medications varenicline (Chantix®) and bupropion (Zyban®) are proven safe and effective to help relieve physical symptoms. Additionally, cessation counseling supports the behavioral change necessary for long-term recovery.

Register today at QuitDontSwitchTraining.Lung.org

Questions?

QuitDontSwitch@Lung.org



Accreditation

The Ask, Advise, Refer to Quit Don't Switch training module is accredited for one hour of continuing education and/or contact hour, at no cost, from the following professional accrediting organizations, through December 31:

- American Association of Nurse Practitioners
- American Association of Respiratory Care
- American Association of Medical Assistants
- National Commission for Health Education Credentialing, Inc.