Dulera Guideline
(Mometasone furoate-Formoterol Fumarate)

May be approved for members who meet the following:
- Diagnosis of Chronic Obstructive Pulmonary Disease (COPD), emphysema, or chronic bronchitis
- For all other indications, member must meet STEP with the preferred agents
  - STEP requires use of a steroid inhaler for at least 30 days in the previous 130 days

Approval Duration:
Indefinite

References: