Diabetic Testing Supplies Guideline

**Diabetic Test Strip and Glucometer Quantity Limits:**
- All diabetic test strips are limited to 150 count per 30 days
- Glucometers are limited to 1 glucometer per 12 months

**Criteria to Receive Non-Formulary Diabetic Supplies**
- Member meets one of the following:
  - Physical limitation (manual dexterity or visual impairment) that limits utilization of formulary product
  - Insulin pump requiring specific test strip
  - Hematocrit levels chronically less than 35% or greater than 45%
    - Accuchek Aviva, Accuchek Nano, Accuchek Performa, and Freestyle Freedom Lite are accurate for hematocrit 10-65%

**Criteria to Receive Greater Than 150 Test Strips Per Month**
- Member meets one of the following:
  - Newly diagnosed diabetes or gestational diabetes
  - Children with diabetes that are less than 18 years of age
  - Currently on an insulin pump
  - Requires high intensity insulin therapy, and routinely tests more than 4-5 times daily

**Criteria to Receive Greater Than One Glucometer Per Year**
- Member meets one of the following:
  - Current glucometer is unsafe, inaccurate, or no longer appropriate based on medical condition
  - Current glucometer no longer functions properly, has been damaged, or was lost or stolen

**Criteria to Receive Formulary Continuous Glucose Monitoring - FreeStyle Libre, FreeStyle Libre 2, Dexcom G5, Dexcom G6:**
- Member meets all the following:
  - Prescribed by, or in consultation with endocrinologist
  - Diagnosis of Type 1 or Type 2 Diabetes
  - Age is appropriate for prescribed Continuous Glucose Monitor
    - Dexcom: Age is at least 2 years
    - Freestyle Libre 10 & 14 day: Age is at least 18 years
    - Freestyle Libre 2: Age is at least 4 years
  - Currently on an insulin pump or requires multiple daily insulin injections (3 or more per day)
  - Compliance with self-monitoring along with one of the following:
    - Monitoring blood glucose 4 or more times per day with frequent self-adjustments of insulin dosage
    - History of hypoglycemic unawareness
  - Attestation member completed a comprehensive diabetes education program

**Criteria to receive another Continuous Glucose Monitoring system**
- Member meets all the following:
  - Current monitor is not functionally operating
Current monitor is out of warranty

**Duration of Approval if Requirements Are Met:**

**Initial and Renewal Approval: One year**

**Initial Approval for Continuous Glucose Monitoring: Six months**
- **Readers:**
  - FreeStyle Libre 10, FreeStyle Libre 14 & FreeStyle Libre 2
    - 1 reader per year
- **Sensors:**
  - Freestyle Libre 14 day & Freestyle Libre 2:
    - 2 sensors per 28 days
  - Freestyle Libre 10
    - 3 sensors per 30 days
  - Dexcom G5:
    - 4 sensors per 28 days
  - Dexcom G6:
    - 3 sensors per 30 days
- **Transmitters:**
  - Dexcom G5, G6:
    - 1 transmitter per 90 days

**Renewal Approval for Continuous Glucose Monitoring: 6 months**

*Requires:
Documentation of continued medical necessity*

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1 Diabetic Testing Supplies References


