

# Mercy Care Provider Manual







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### MC Chapter 1 – Introduction to Mercy Care

#### 1.00 - Welcome

Welcome to Mercy Care (MC)! Our ability to supply excellent service to our members is dependent on the quality of our provider network. By joining our network, you are helping us serve those Arizonans who need us most.

#### 1.01 - About Mercy Care

MC, when referring to all lines of business, is a not-for-profit partnership sponsored by Dignity Health and Ascension Care Management. MC is committed to promoting and facilitating quality health care services with special concern for the values upheld in Catholic social teaching, and preference for the poor and persons with special needs. Aetna Medicaid Administrators, LLC administers MC for Dignity Health and Ascension Care Management.

MC has an established, comprehensive model to accommodate service needs within the communities served. This section of the provider manual contains general requirements about MC that applies to all lines of business which all Participating Healthcare Professionals (PHPs) must adhere. Please refer to MC's website for a listing of <u>Forms</u> and <u>Provider Notifications</u>. You can print the **MC Provider Manual** from your desktop by accessing our <u>Provider Manual</u> web page.

Mercy Care includes the following lines of business:

- Mercy Care Complete Care (herein MCCC)
- Mercy Care Advantage (herein MCA)
- Mercy Care Long Term Care (herein MCLTC)
- Mercy Care AHCCCS Complete Care-Regional Behavioral Health Agreement (herein Mercy ACC-RBHA)
- Mercy Care DD (herein Mercy DD)
- Mercy Care Department of Child Safety Comprehensive Health Plan (Mercy Care DCS CHP)
- KidsCare Children's Health Insurance Program (CHIP)

Our phone number will remain the same: **602-263-3000** or **1-800-624-3879** (TTY/TDD **711**).

Member benefits will remain the same.

The plan year for all MC Medicaid lines of business runs from October 1 through September 30.

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The plan year for MCA runs from January 1 through December 31.

#### 1.02 - Disclaimer

Providers are contractually obligated to adhere to and comply with all terms of the plan and provider contract, including all requirements described in this manual in addition to all federal and state regulations governing the plan and the provider. MC may or may not specifically communicate such terms in forms other than the contract and this provider manual. While this manual contains basic information about the Arizona Health Care Cost Containment System (AHCCCS), providers are required to fully understand and apply AHCCCS requirements when administering covered services.

According to 42 CFR 438.3 - Standard Contract Requirements, it states:

AHCCCS, CMS, the Office of the Inspector General, the Comptroller General, and their designees may, at any time, inspect and audit any records or documents of MC, or its subcontractors, and may, at any time, inspect the premises, physical facilities, and equipment where Medicaid-related activities or work is conducted. The right to audit under this section exists for 10 years from the final date of the contract period or from the date of completion of any audit, whichever is later.

Please refer to the **AHCCCS** website for further information on AHCCCS.

Please refer to the <u>Division of Developmental Disabilities</u> (DDD) website for further information on DDD.

Please refer to the <u>Arizona Department of Child Safety</u> website for further information on DCS CHP.

To assist in providing a better understanding of the provider manual, the following definitions are being provided:

**Contractor:** An organization, or entity that has a prepaid capitated contract with AHCCCS pursuant to A.R.S. §36-2904, §36-2940, or §36-2944 to provide goods and services to members either directly or through subcontracts with providers, in conformance with contractual requirements, AHCCCS Statute and Rules, and Federal law and regulations.

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#### Provider:

- 1) A provider of health care who agrees to furnish covered services to members;
- 2) A person, agency, or organization with which the Contractor has contracted or delegated some of its management/administrative functions or responsibilities;
- 3) A person, agency or organization with a fiscal agent that has entered a contract, agreement, purchase order or lease (or leases of real property) to obtain space, supplies, equipment, or services provided under the AHCCCS agreement.

#### 1.03 - MC Policies and Procedures

MC has robust and comprehensive policies and procedures in place throughout its departments that assure all compliance and regulatory standards are met. These proprietary policies and procedures are reviewed on an annual basis and required updates made as needed.

### 1.04 – Eligibility and PCP Assignment

#### **Eligibility**

The Department of Economic Security, Social Security Administration or AHCCCS determines eligibility. Member ID cards are generated by MC.

#### **PCP Assignments**

Each member is assigned a primary care physician to:

- Promote continuity of care for members by facilitating an effective and ongoing linkage between members and providers.
- Encourage individual members to choose a PCP, while maintaining an auto-assignment process that assigns all members to a network PCP.
- Promote freedom of choice for members, while assisting members in maintaining relationships with PCPs.
- Provider participation in Value-Based Purchasing (VBP) initiatives impacts member assignments to a PCP, as specified in <u>AMPM Policy 510-E</u>.

#### PCP assignments occur in one of two ways:

- Through freedom of choice members are allowed to select and/or change their PCP.
- Through PCP Auto-Assignment when a new member is enrolled in Mercy Care, he/she will be
  automatically assigned a PCP. The auto-assignment process usually occurs before and until a
  member can select a PCP, or as an alternative when a member does not make a choice.



Mercy Care's Enrollment Services department assumes primary responsibility for assignment for new members and mass changes initiated by the Plan. Mercy Care members receive written notification of their initial PCP assignment in a welcome letter, which must reach new members within twelve (12) business days. Included with the enrollment notification is the process for changing PCP assignment, if desired. A list of available PCPs is available in print format or on the Mercy Care web site through a user-friendly search tool.

Mercy Care's Member Services department assumes responsibility for PCP changes if the member requests, accepting requests only from the affected member; his/her designated representative or the member's PCP.

Other departments that interact with members and/or providers (e.g., Enrollment Services, Care Management, Quality Management, and Network Management) may submit written or oral PCP change requests to Member Services for processing as well.

#### **Member-Initiated PCP Changes**

Members can request a PCP change by contacting Member Services at any time. Members can select a PCP following their initial auto assignment and are encouraged to remain with their selected PCP for continuity of care.

#### **Plan-initiated PCP Changes**

Plan initiated PCP changes may occur without limitation for reasons including, but not limited to:

- Member need for specialized care
- Member or provider relocation
- Member or provider change in age criterion
- Termination of relationship between Mercy Care and provider
- Legal action by the member against the provider
- Deterioration of relationship between the PCP and member

Mercy Care members are notified of Plan initiated PCP changes within 15 days prior to the effective date, when possible, of the change and offered an opportunity to select a different PCP. If Mercy Care members do not choose another PCP, one will be auto assigned.

#### **Effective Date of PCP Changes**

Whether requested by the member or initiated by Mercy Care, PCP changes are effective the day of the request or as indicated in the member notification. Member Services staff are responsible for informing members that they must continue receiving care from their current PCP until the change is effective. A PCP change confirmation letter is mailed to the member as

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well as the former PCP with instructions to forward medical records to the new PCP when applicable.

#### Tracking and Evaluating PCP Changes

Mercy Care is responsible for monitoring and tracking PCP changes. PCP changes are categorized as related to:

- Clinical issues
- Convenience/preference changes
- Service issues

Service-related or clinical-related issues that precipitate PCP changes are treated as grievances, requiring documentation and completion of a member grievance form or call transferred to Member Grievance.

#### 1.05 – Hospital Presumptive Eligibility

Based on provisions in the Affordable Care Act and effective January 1, 2015, Arizona has developed a Hospital Presumptive Eligibility (HPE) process that allows qualified hospitals to temporarily enroll persons who meet specific federal criteria for full Medicaid benefits in AHCCCS immediately. Hospitals will use special features in Arizona's electronic application, Health-e-Arizona Plus (HEAplus), to process HPE applications.

Hospitals that choose to participate in HPE must meet performance standards for continued participation. Details about performance standards are included in the **Hospital Presumptive Eligibility Agreement**.

HPE provides eligible persons with temporary full Medicaid coverage. Persons who are approved for HPE may receive Medicaid services from any registered AHCCCS provider.

For additional detail regarding Hospital Presumptive Eligibility, please review AHCCCS' <u>Hospital</u> **Presumptive Eligibility** web page.

#### 1.06 – Health Information Exchange (HIE)

Mercy Care has partnered with Arizona's statewide Health Information Exchange (HIE). We encourage our providers to participate with <a href="healthcurrent">healthcurrent</a>, as there are many benefits to having access to the HIE. Please click on the link to access their website. Key benefits include:

One connection to save time and resources
 Making connections to other providers, hospitals, reference labs and health plans takes time and

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valuable resources from your practice. One connection saves time and allows real-time transfer of data from hospital encounters, reference lab results and other community provider encounters.

#### • New patient information

Connection to the HIE provides the ability to view current information and historical medical records in the HIE. Additionally, this information can be queried and downloaded to the electronic health record (EHR) of your practice.

#### • Timely information to coordinate care

Clinicians who participate in the statewide HIE can "subscribe" to a list of their high-need patients that they need to track closely. With information on more than 90% of hospital admissions, discharges, and transfers (ADTs), the HIE can send a real-time notice of ADTS as well as lab results and transcribed reports.

#### • Secure communication

The use of the HIE's DirectTrust-certified, HIPAA-compliant secure email system facilitates the easy and secure exchange of patient information between providers, care team members and healthcare facilities.

The following services are available through the HIE:

#### Alert

Notifications sent to designated clinicians or individuals based upon a patient panel. A patient panel is a practice or payer provided list of patients/members they wish to track. Alerts can be real-time or a daily/weekly summary. Alerts include:

- Inpatient admission, discharge, transfer (ADT) Alerts
- Emergency Department (ED) visit Alerts
- Ambulatory Alerts alerts your organization that a specific patient/member has been registered at an ambulatory facility or practice
- Clinical / Laboratory Test Result Alerts
- Patient Centered Data Home TM (PCDH) Alerts ideal when treating patients who travel to other states

#### • Direct Email

Secure email accounts that provide the means for registered users to exchange patient protected health information with other DirectTrust-certified email accounts. Direct Email is often used to receive Alerts.

#### Portal

Secure web-based access that allows detailed patient data to be viewed through an online portal.

#### Data Exchange

Electronic interfaces between patient tracking systems and the HIE. Data exchange services include:

- Unidirectional Exchange
- Bidirectional Exchange



#### • Clinical Summary

A comprehensive Continuity of Care Document (CCD) containing up to 90 days of the patient's most recent clinical and encounter information. Clinical Summaries include:

- o Automated Clinical Summary
- Query/ Response Clinical Summary
- Patient Centered Data Home Clinical Summary
   For more information on the HIE Services, visit www.healthcurrent.org/hieservices
- New patient labs and records only a few clicks away
- Real-time alerts when your high-needs patients are admitted or discharged from the hospital
- Better coordination of patient care teams through secure electronic sharing of messages, notes, and records

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### **MC Chapter 2 – Mercy Care Contact Information**

2.00 – Mercy Care Contact Information

Health PlanTelephone NumberHealth Plan Web AddressMercy Care602-263-3000 orwww.MercyCareAZ.org

800-624-3879 toll-free

Internal Contact Telephone Number/Fax

Claims Inquiry Claims Research (CICR) Mercy Care Complete Care: 1-800-624-3879

Mercy Care ACC-RBHA: 1-800-564-5465

Mercy DD Liaison Phone: 602-453-6026

Mercy DD Behavioral

Health Coordinator Phone: 480-340-5205

**Claim Disputes Phone:** 602-453-6098 or 800-624-3879

**Fax:** 860-907-3511

**Referrals Phone:** 602-263-3000 or 800-624-3879

Fax: 844-424-3975

**Behavioral Health Phone:** 602-263-3000 or 800-624-3879

Care Management Fax: 860-975-3275

Medical Care Management Phone: 602-453-8391

Member Outreach Team Phone: 602-263-3000 or 800-624-3879

**Fax:** 844-745-8477

DentaQuest Phone: 844-234-9831

DentaQuest Web Address: www.dentaquestgov.com

**Inpatient Hospital and** 

Hospice Services Fax: 800-217-9345

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**Transplant and ETI Phone:** 602-263-3000 or 800-624-3879

**Transplant Fax:** 855-671-5914

ETI Fax: 855-671-5915

**Newborn Notification Phone:** 602-263-3000 or 800-624-3879

Fax: 844-525-2221

**Solari – Statewide Crisis Line Phone:** 844-534-4673

#### 2.01 - Provider Credentialing and Contracting for all Plans

MC is committed to providing quality health care services to our members. And our credentialing and contracting processes help us achieve that goal.

To be eligible to join the MC and MCA networks, providers must have completed all required Arizona State licensure, certifications and AHCCCS registration. The Letter of Interest (LOI) or Letter of Contractual Changes (LOC) should be on the Provider's letterhead or in writing.

Once approved by the MC Contract Committee; new providers will be sent a Participating Agreement (Contract). Providers making changes to an existing contract must also be approved in Contract Committee and sent a Contract Amendment.

Upon completion of credentialing and full execution of the Contract or Contract Amendment, the provider will receive notice from MC's Network Management department with the effective date of participation, along with a copy of the fully executed agreement.

#### **Arizona Regulatory Compliance Addendum**

Providers must follow the Arizona Regulatory Compliance Addendum terms, outlined by AHCCCS, which is available through Availity.

Providers should refrain from scheduling and seeing MC members until notified of the participation effective date.

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#### What to Submit to Network Management?

- Letters of Interest (LOI) Any request to participate in the Network New Contract
- Letter of Contractual Changes (LOC) Any change request to an Existing Agreement Contract Amendments (A 90-day prior notification of effective date of changes is required)
- Value Base Solution (VBS) VBS proposals or programs request
- **Contract Terminations** Termination notification (includes loss of locations, programs and services no longer included in the contract)
- Change of Ownership or Mergers All change of ownerships, mergers or stock purchases as contract are not assigned to new owners without prior approval (A 90-day prior notification of change of ownership or merger is required)

The LOI/LOC must include the following:

- AHCCCS ID number
- AZ Dept. of Health License number (if applicable)
- Medicare ID number (if applicable)
- National Provider ID (NPI) (if applicable)
- Geographic Location(s)
- Information outlining Facility, Specialty, and Service Offerings
- Insurance Declaration Page(s)

Include applicable Credentialing Forms with the LOI/LOC. The Credentialing application must be submitted correctly and completely. Incomplete forms will not be accepted.

- <u>W-9 Form</u>
- AzAHP Organization-Facility Application
- AzAHP Practitioner Credentialing Form

Community Service Agencies must be credentialed and sign a letter of Intent to contract with MC prior to submitting the application for AHCCCS Registration.

Contact information for the Mercy Care Network Management Department is as follows:

Email: MercyCareNetworkManagement@mercycareaz.org

Fax: 860-975-3201

If you have questions about the contracting process or to check the status of a contract, please call or email MC's Network Management Department.



### 2.02 - Health Plan Authorization Services Table Mercy Care Prior Authorization Information

<u>Department</u> <u>Phone Number/Fax</u>

Medical Prior Authorization Phone: 602-263-3000 or 800-624-3879

**Fax:** 800-217-9345

**Utilization Management Phone:** 602-263-3000 or 800-624-3879

Physical Health Admission Fax: 866-300-3926 Behavioral Health Admission Fax: 855-825-3165

Concurrent Review Fax: 855-773-9287

**Family Planning Prior Authorization Phone:** 602-798-2745 **Fax:** 800-573-4165

(Family planning for DES/DDD - Members should also submit their requests to the Family Planning fax number. Final approval determination will be made by the DES/DDD medical director prior to providing sterilization and pregnancy termination procedures for members enrolled in DES/DDD.)

#### 2.03 - Community Resources Contact Information Table

<u>Community Resource</u> <u>Contact Information</u>

Arizona Early Intervention Ad

Program (AzEIP)

Address: 1780 W. Jefferson, Mail Drop 2HP1

Phoenix, AZ 85007

Phone: 602-532-9960, toll free in AZ 888-439-5609

**Fax:** 602-200-9820

Email: allazeip2@azdes.gov Website: https://des.az.gov/azeip

**Arizona's Smokers Helpline** 

(Ashline)

**Address:** P.O. Box 210482

Tucson, AZ 85721

**Phone:** 800-556-6222 **Fax:** 520-318-7222

Website: www.ashline.org

Arizona Women, Infants &

Children (WIC)

Address: 150 N. 18<sup>th</sup> Avenue, Suite 310

Phoenix, AZ 85007

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**Phone:** 800-252-5942 or 800-2525-WIC

To report WIC Fraud & Abuse, call our Fraud Hotline at 866-229-6561 or email <a href="mailto:azwiccomplaints@azdhs.gov">azwiccomplaints@azdhs.gov</a>
Website: <a href="mailto:https://www.azdhs.gov/prevention/azwic/">https://www.azdhs.gov/prevention/azwic/</a>

**Community Information and** 

Referral

Address: 2200 N. Central Avenue, Suite 601

Phoenix, AZ 85004

**Phone:** 602-263-8856

800-352-3792 (area codes 520 and 928)

Website: <a href="http://www.cir.org">http://www.cir.org</a>

Arizona Department of Economic Security – Aging and Adult Service **Phone:** 602-542-4446

Website: <a href="https://www.azdes.gov">https://www.azdes.gov</a>

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### **MC Chapter 3 – Network Management Overview**

#### 3.00 - Network Management Overview

The Network Management department serves as a liaison between MC and the provider community. They build, facilitate, and maintain professional and positive relations with the provider network, stakeholders, and community partners. They are also responsible for provider training and education, maintaining and strengthening the provider network in accordance with regulations.

#### Provider Training and Education includes:

- Provider On-boarding training and orientation for new providers to Mercy Care and how to use the Provider website
- Comprehensive provider in-services conducted as completion of the Provider On-boarding process within 30 days of contract effective date
- Established provider in-services
- Provider Manual overview, including how to locate manual on website
- Claims Processing Manual
- Provider Website
- Availity
- Prior Authorization requirements
- Fraud, Waste and Abuse
- Behavioral Health referrals
- Specialty referrals
- Cultural Competency
- Coordination of Benefits
- Where to mail claims
- Grievances and Appeals
- Review of provider contracts and amendments
- Contractual responsibilities and contract compliance
- Provider deliverables
- Claims dashboards
- Appointment Availability and Access to Care requirements
- Provider communications, including Provider Notifications and Provider Newsletters

Network Management's staff may conduct face-to-face visits or use telephonic and/or electronic methods when educating and communicating with providers. Staff also assists providers with

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specific training needs, problem identification and resolution, claims assistance, and perform accessibility audits.

A Network Management Representative is assigned to each provider's office. You may reach your representative by calling 602-263-3000 or 800-624-3879. Please review our Network Management web page to find a listing of your assigned Network Management Representative along with their detailed contact information.

To meet Regulatory Compliance Standards, all provider inquiries must be acknowledged within three business days of receipt and all issues must be resolved and/or state the results communicated to the provider within 30 business days.

The Network Management department conducts at least two provider forums per year which providers are encouraged to attend. The purpose of the forums is to improve communications to the providers and provide training and education on new policies and/or regulations or topics of interest. In addition, Network Management conducts frequent webinars on specific topics or areas of concerns that providers may have. Providers will receive information regarding any upcoming forums or webinars through communication with their Provider Representative, a Provider Notification, or via the Provider website.

Please contact the Network Management department for:

- Recent practice or provider updates, including adding new providers to your existing practice
- Assistance in finding a participating provider or specialist
- Termination from the health plan
- Notifying the plan of changes to your practice
- Tax ID change
- Change of location
- Obtaining an Availity Login ID
- Electronic Data Information, Electronic Fund Transfer, Electronic Remittance Advice



### MC Chapter 4 – Provider Responsibilities

#### **General Provider Responsibilities**

#### 4.00 - Provider Responsibilities Overview

These responsibilities are minimum requirements to comply with contract terms and all applicable laws. Providers are contractually obligated to adhere to and comply with all terms of the plan, provider contract and requirements in this Provider Manual. Please click on the link to access our <u>Provider Manual</u> web page. MC may or may not specifically communicate such terms in forms other than the contract and this manual. This section outlines general provider responsibilities; however, additional responsibilities are included throughout the manual. Additional contractual terms include:

- AHCCCS Minimum Subcontract Provisions
- Medicaid Regulatory Compliance Addendum

These documents are available for your review on our **Notices** web page.

### **Providing Member Care**

#### 4.01 - AHCCCS Registration

Each provider must first be registered with AHCCCS and obtain an AHCCCS provider ID number. This also includes non-participating providers. For additional information on registering to get an AHCCCS provider ID, please refer to the <a href="AHCCCS Provider Registration Applications and Revalidations">AHCCCS Provider Registration Applications and Revalidations</a> web page or our Claims Processing Manual, Chapter 8, Non-Par Provider Registration on our Claims Information web page.

As of August 31, 2020, all new providers, as well as existing providers who need to update their accounts will use the AHCCCS Provider Enrollment Portal (APEP). This is an on-line, electronic portal which is available 24/7. It streamlines the provider enrollment process and eliminates the need for paper-based applications. APEP allows providers a means to electronically submit a new enrollment or modify an existing provider ID anytime of the day. Mercy Care will ensure providers register through APEP and continue to maintain their provider ID as required by AHCCCS.

#### 4.02 - Appointment Availability Standards

Providers are responsible to be available during regular business hours and have appropriate after-hours coverage. Providers must offer members access to covered services on a 24 hour per day, 7 day per week basis. Such access shall include regular business hours on weekdays and availability of practitioner or a covering practitioner by telephone outside of such regular hours, including weekends and holidays.

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Providers are required to schedule appointments for eligible members in accordance with the minimum appointment availability standards below. Providers must offer the same hours of operation that are no less (in number or scope) to Mercy Care members that are offered to non-Medicaid members. If the provider serves only Medicaid recipients, hours offered to Mercy Care members are comparable to those offered to other Medicaid managed health plans or Medicaid fee-for-service members. MC will routinely monitor compliance and seek corrective action plans, such as panel or referral restrictions, from providers that do not meet accessibility standards.

Mercy Care conducts Provider Appointment Availability Audits as a requirement under AHCCCS Contractor Operations Manual (ACOM) Policy 417. The data collected is not only used for the regulatory requirement for AHCCCS but is also used for NCQA accreditation and as a method to ensure sufficient provider network capacity on a regular basis.

The parameters in which audits are performed are to assess the availability of routine and urgent appointments for primary care, specialist, dental, maternity care providers, behavioral health providers, psychotropic medication appointment standards, and behavioral health appointments for persons in the legal custody of the Department of Child Safety (DCS) and adopted children. We review the availability of routine and urgent appointments for maternity care providers relating to the first, second, and third trimesters, as well as high risk pregnancies. We also conduct audits for medically necessary non-emergent transportation to ensure that a member arrives on time for an appointment. An appointment available to be delivered through telehealth is considered an available appointment where clinically appropriate.

Appropriate methods for conducting these reviews include:

- Appointment schedule review that independently validates appointment availability.
- Secret shopper phone calls that anonymously validates appointment availability.
- Other methods approved by AHCCCS.

The appointment standards are as follows:

#### **Non-Emergency Transportation**

- Must arrive no sooner than one hour before the appointment;
- Nor must wait more than one hour after the conclusion of the treatment for transportation home.

Mercy Care will ensure the following performance targets are met by our provider network:



- 95% of all combined completed pickup and drop off trips in a quarter are completed timely.
- Mercy Care will evaluate compliance with these standards on a quarterly basis for all subcontracted transportation providers and require corrective action if standards are not met.
- Mercy Care will also track scheduled trips that were not completed for any reason.

Mercy Care will provide additional corrective action steps for any reporting quarter where the average percentage of all timely completed trips for that quarter falls below the performance target of 95%. These steps will include a timeline to meet the performance target of 95% of trips being completed timely.

## <u>Primary Care Provider Appointments (includes Family Practice, General Practice, Internal Medicine, Pediatrician)</u>

- Urgent care appointments must be scheduled as expeditiously as the member's health condition requires, but no later than two business days of request; and
- Routine care appointments must be scheduled within 21 calendar days of request.
- After-hours care may include:
  - Answering service that contacts physician or covering physician.
  - Answering machine that directs the caller to the office of the covering physician or directs the caller to call physician at another office.
  - Call forwarding services that automatically sends the call to another number that will reach the physician or his/her covering physician.
  - Answering machine message will state for the member to leave a message for non-emergencies and the office will return the call during the next business day during regular business hours, or if this is an emergency to call 911.

#### Specialty Provider Appointments, including Dental Specialty

- Urgent care appointments must be scheduled as expeditiously as the member's health condition requires, but no later than two business days from the request, and
- Routine care appointments must be scheduled within 45 calendar days of referral.

#### **Dental Provider Appointments**

- Urgent appointments must be scheduled as expeditiously as the member's health condition requires, but no later than three business days of request,
- Routine care appointments within 45 calendar days of request, and
- For DCS CHP only, routine care appointments within 30 calendar days of request.



## <u>Maternity Care Provider Appointments, initial prenatal care appointments with the provider</u> for enrolled pregnant members

- First trimester within 14 calendar days of request;
- Second trimester within seven calendar days of request;
- Third trimester within three business days of request; and
- High risk pregnancies should be scheduled as expeditiously as the member's health condition requires and no later than three business days of identification of high risk by Mercy Care or maternity care provider or immediately if an emergency exists.

### <u>Psychotropic Medication Appointments</u>

- Assess the urgency of the need immediately;
- Provide an appointment, if clinically indicated, with a practitioner who can prescribe psychotropic medications within a timeframe that ensures the member:
  - o Does not run out of needed medications; or
  - Does not decline in their behavioral health condition prior to starting medication, but no later than 30 calendar days from the identification of need.

#### **General Behavioral Health Appointments**

- Care for a non-life threatening emergency within six (6) hours.
- **Urgent Need Appointments** As expeditiously as the member's health condition requires but no later than 24 hours from identification of need
- **Initial Assessment -** Within seven calendar days after the initial referral or for behavioral health services.
- Initial Appointment Within timeframes indicated by clinical need:
  - For members aged 18 years or older, no later than 23 calendar days after the initial assessment.
  - For members under the age of 18 years old, no later than 21 days after the initial assessment.
- **Subsequent Behavioral Health Services** Within the timeframes according to the needs of the person, but no later than 45 calendar days from identification of need.
- For Behavioral Health Provider Appointments:
  - Urgent need appointments as expeditiously as the member's health condition requires but no later than 24 hours from identification of need.
- For Routine Care Appointments:
  - o Initial assessment within seven calendar days of referral or request for service,
  - The first behavioral health service following the initial assessment as expeditiously as the member's health condition requires but:

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- For members aged 18 years or older, no later than 23 calendar days after the initial assessment.
- For members under the age of 18 years old, no later than 21 days after the initial assessment.
- All subsequent behavioral health services, as expeditiously as the member's health condition requires but no later than 45 calendar days from identification of need.

## Behavioral Health Appointments for Persons in Legal Custody of the Arizona Department of Child Safety and Adopted Children in Accordance with A.R.S. § 8-512.01

- Rapid response When a child enters out-of-home placement within the timeframe indicated by the behavioral health condition, but no later than 72 hours after notification by DCS that a child has been or will be removed from their home;
- **Initial assessment** Within seven calendar days after referral or request for behavioral health services;
- Initial appointment Within timeframes indicated by clinical need, but no later than 21 calendar days after the initial assessment; and
- **Subsequent Behavioral Health Services** Within the timeframes according to the needs of the person, but no longer than 21 calendar days from the identification of need.

The appointment standards for members in the legal custody of the DCS and adopted children are intended to monitor appointment accessibility and availability. For additional information on behavioral health services for persons in the legal custody of DCS and adopted children in accordance with A.R.S. § 8-512.01, refer to ACOM Policy 449.

For review of ACOM Policy 417 and all other Administrative, Claims, Financial, and Operational Policies of the AHCCCS Administration feel free to visit: <a href="https://www.azahcccs.gov/shared/ACOM/">https://www.azahcccs.gov/shared/ACOM/</a>.

The AHCCCS Medical Policy Manual (AMPM) provides information to Contractors and Providers regarding services that are covered within the AHCCCS program. The AMPM should be referenced in conjunction with State and Federal regulations, other Agency manuals [AHCCCS Contractors' Operations Manual (ACOM) and the AHCCCS Fee-for-Service Manual], and applicable contracts. For review of AMPM Policies visit:

https://www.azahcccs.gov/shared/MedicalPolicyManual/

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#### 4.03 - Telephone Accessibility Standards

PCPs are required to provide members with telephone access 24 hours a day, 7 days a week including weekends and holidays. The telephone service may be answered by a designee, such as an on-call physician or a nurse practitioner with physician backup.

Examples of after-hours coverage that will result in follow up from MC:

- An answering machine that directs the caller to leave a message (unless the machine will then automatically page the provider to retrieve the message).
- An answering machine that directs the caller to go to the emergency department.
- An answering machine that has only a message regarding office hours, etc., without directing the caller appropriately, as outlined above.
- An answering machine that directs the caller to page a beeper number.
- No answering machine or service.
- If your answering machine directs callers to a cellular phone, it is not acceptable for charges to be directed to the caller (i.e., members should not receive a telephone bill for contacting their physician in an emergency).
- Telephones should be answered within five rings and hold time should not exceed five minutes. Callers should not get a busy signal.

#### 4.04 - Covering Physicians

MC Network Management must be notified if a covering provider is not contracted or affiliated with MC. This notification must occur in advance of providing coverage and MC must provide authorization. Reimbursement to covering physicians is based on the MC Fee Schedule. The covering physician must bill under their own Tax Identification Number. Failure to notify MC of covering physician affiliations may result in claim denials and the provider may be responsible for reimbursing the covering provider.

#### 4.05 – Locum Tenens

AHCCCS requires credentialing of individual providers or those through an organization such as a Federally Qualified Health Center (FQHC) who is contracted with a health plan. This includes the registration and credentialing of Locum Tenens.

Locum Tenens will be provisionally credentialed to expedite the credentialing process.

#### 4.06 - Verifying Member Eligibility

All providers, regardless of contract status must verify a member's enrollment status prior to the delivery of non-emergent, covered services. A member's assigned provider must also be

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verified prior to rendering primary care services. MC will not reimburse providers for services rendered to members that have lost eligibility.

Member eligibility may be verified through one of the following ways:

**Availity:** We have teamed up with Availity® to streamline the eligibility process and provide one efficient workflow to communicate with payers. For more information regarding Availity, please review <a href="Chapter 4 - Provider Requirements">Chapter 4 - Provider Requirements</a>, Section 4.48 - Availity.

Website\*: Availity

*MediFax:* MediFax is an electronic product available through AHCCCS that stores key member information. It is used to verify MC member eligibility for pharmacy, dental, transportation and specialty care. In Maricopa County only, providers can request faxed documentation through Medifax EDI: 800-444-4336.

AHCCCS Interactive Voice Response (IVR): To use, dial 602-417-7200. For providers outside of Maricopa County only please dial 1-800-331-5090.

*MC Telephone Verification:* Use as a last resort. Call Member Services to verify eligibility at 602-263-3000. To protect member confidentiality, providers are asked for at least three pieces of identifying information such as member identification number, date of birth and address, before any eligibility information can be released. When calling MC, use the prompt for the providers.

*Monthly Roster:* Monthly rosters are found on <u>Availity</u>. Contact your Network Relations Specialist/Consultant for more information. Note that rosters are only updated once a month.

Mercy Care shall maintain a current file of member PCP assignments. It is critical that Mercy Care maintains accurate tracking of PCP assignments to facilitate continuity of care, control utilization, and obtain encounter data. Mercy Care shall make PCP assignment rosters available to providers within 10 business days of a provider's request, and include, at a minimum:

- Assigned members' name,
- Assigned members' date of birth,
- Assigned members' AHCCCS ID,
- AHCCCS ID of the assigned PCP, and

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Effective date of member assignment to the PCP.

#### 4.07 - Preventive or Routine Services

Providers are responsible for providing appropriate preventive care for eligible members. Preventive health guidelines are located on the MC website as follows:

- MCCC Member Handbook
- MCLTC Member Handbook
- Mercy ACC-RBHA Member Handbook

Preventive health guideline details can also be found in AHCCCS AMPM Chapter 300 and 400, on the AHCCCS Website:

- AMPM Chapter 300 Medical Policy for Covered Services
- AMPM Chapter 400 Maternal and Child Health Policy

These preventive services include, but are not limited to:

- Age-appropriate immunizations, disease risk assessment and age-appropriate physical examinations
- Age-appropriate screenings
- Early and Periodic Screening, Diagnostic and Testing (EPSDT)

Provider requirements for well-woman preventative care services are included below.

#### Covered Services included as part of a Well-Woman Preventative Care Visit

An annual well-woman preventative care visit is intended for the identification of risk factors for disease, identification of existing medical/mental health problems, and promotion of healthy lifestyle habits essential to reducing or preventing risk factors for various disease processes. As such, the well-woman preventative care visit is inclusive of a minimum of the following:

- A physical exam (well exam) that assesses overall health.
- Clinical breast exam.
- Pelvic exam (as necessary, according to current recommendations and best standards of practice).
- Review and administration of immunizations, screenings and testing as appropriate for age and risk factors. As specific in <u>AMPM Chapter 300 Medical Policy for Covered</u>
   <u>Services.</u> NOTE: Genetic screening and testing is not covered, except as described in Chapter 300, *Medical Policy for Covered Services*.

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- Screening and counseling are included as part of the well-woman preventive care visit and is focused on maintaining a healthy lifestyle and minimizing health risks, which addresses at a minimum the following:
  - o Proper nutrition
  - Physical activity
  - Elevated BMI indicative of obesity
  - Tobacco/substance use, abuse, and/or dependency
  - Depression screening
  - Interpersonal and domestic violence screening, which includes counseling involving elicitation of information from women and adolescents about current/past violence and abuse, in a culturally sensitive and supportive manner to address current health concerns about safety and other current or future health problems
  - Sexually transmitted infections
  - Human Immunodeficiency Virus (HIV)
  - o Family planning services and supplies (refer to AMPM Chapter 420)
  - Preconception counseling that includes discussion regarding a healthy lifestyle before and between pregnancies that includes:
    - Reproductive history and sexual practices
    - Healthy weight, including diet and nutrition, as well as the use of nutritional supplements and folic acid intake
    - Physical activity or exercise
    - Oral health care
    - Chronic disease management
    - Emotional wellness
    - Tobacco and substance use (caffeine, alcohol, marijuana, and other drugs), including prescription drug use
    - Recommended intervals between pregnancies
       NOTE: Preconception counseling does not include genetic testing.
  - o Initiation of necessary referrals when the need for further evaluation, diagnosis, and/or treatment is identified.

#### 4.08 - Well-Woman Preventative Care Service Standards

Immunizations – MC will cover the Human Papilloma Virus (HPV) vaccine for members 9 to 45 years of age. For adult immunizations, this information is covered in the AHCCCS Policy 310-M, *Immunizations*. Providers must coordinate with The Arizona Department of Health Services (ADHS) Vaccines for Children (VFC) Program in the delivery of immunization services if providing vaccinations to Early and Periodic Screening, Diagnostic and Treatment (EPSDT) aged members

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less than 19 years of age. Immunizations must be provided according to the Advisory Committee on Immunization Practices Recommended Schedule. (Refer to the <u>CDC website</u> where this information is included). Providers must enroll and re-enroll annually with the VFC program, in accordance with AHCCCS contract requirements in providing immunizations for EPSDT aged members less than 19 years of age and must document each EPSDT age member's immunizations in the Arizona State Immunization Information System (ASIIS) registry. Providers must also document immunizations in ASIIS for members who are 19 and 20 year of age.

Screenings – Information regarding screening tests is contained in the AHCCCS <u>AMPM Ch 300</u>, <u>Medical Policy of Covered Services</u>. You may also refer to <u>AHCCCS Policy 430</u>, <u>EPSDT Services</u> for further details related to covered services for members less than 21 years of age.

#### 4.09 - Educating Members on their own Health Care

MC does not restrict or prohibit providers, acting within the lawful scope of their practice, from advising or advocating on behalf of a member who is a patient for:

- the member's health status, medical care, or treatment options, including any alternative treatment that may be self-administered;
- any information the member needs to decide among all relevant treatment options;
- the risks, benefits, and consequences of treatment or non-treatment; and,
- The member's right to participate in decisions regarding his or her health care, including the right to refuse treatment, and to express preferences about future treatment decisions.

#### 4.10 - Urgent Care Services

While providers serve as the medical home to members and are required to adhere to the AHCCCS and MC appointment availability standards, in some cases, it may be necessary to refer members to one of MC's contracted urgent care centers (after hours in most cases). Please reference <a href="Find a Provider/Pharmacy">Find a Provider/Pharmacy</a> on MC's website and select Urgent Care Facility in the specialty drop down list to view a list of contracted urgent care centers.

MC reviews urgent care and emergency room utilization for each provider panel. Unusual trends will be shared and may result in increased monitoring of appointment availability.

MC educates its members regarding the appropriate use of Urgent Care Services. Urgent Care Services are to be used when a member needs care right away but is not in danger of lasting harm or of loss of life. Examples of this may include medical care for:

- Flu, colds, sore throats, earaches
- Urinary tract infections

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- Prescription refills or requests
- Health conditions that you have had for a long time
- Back strain
- Migraine headaches

#### 4.11 - Emergency Services

Prior authorization is not required for emergency services. In an emergency, members should go to the nearest emergency department. Emergency medical services are provided for the treatment of an emergent physical or behavioral health condition.

MC educates its members regarding the appropriate use of Emergency Services An emergency is a medical or behavioral health condition, including labor and delivery, which manifests itself by acute symptoms of enough severity, including severe pain, such that a prudent layperson who possesses an average knowledge of health and medicine could reasonably expect the absence of immediate medical attention to result in:

- Placing the health of the person, including mental health, in serious jeopardy,
- Serious impairment of bodily functions,
- Serious dysfunction of any bodily organ or part, or
- Serious physical harm to another person. Examples of this may include:
  - Poisoning
  - Sudden chest pains heart attack
  - Car accident
  - Convulsions
  - Very bad bleeding, especially if you are pregnant
  - Broken bones
  - Serious burns
  - Trouble breathing
  - Overdose

When a Mercy Care member enters the ED for behavioral health needs, inclusive of substance use, the outpatient provider is responsible for the member's post-discharge follow up. If the Mercy Care member is not paneled to a behavioral health provider, the member's PCP will be responsible for the member's post-discharge follow-up (AMPM 1020).

Non-emergency service examples are also provided under section **4.10 – Urgent Care Services** and may include:

• Flu, colds, sore throats, earaches

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- Urinary tract infections
- Prescription refills or requests
- Health conditions that you have had for a long time
- Back strain
- Migraine headaches

This above list is not all inclusive but only provided as examples of non-emergency care.

#### 4.12 – Monitoring Controlled and Non-Controlled Medication Utilization

#### **Minimum Monitoring Requirements**

In order to ensure members receive clinically appropriate prescriptions, minimum monitoring requirements are in place in accordance with <u>AMPM 310-FF – Monitoring Controlled and Non-Controlled Medication Utilization</u>.

- Mercy Care, for all Medicaid lines of business, are required to monitor controlled and non-controlled medications on an ongoing basis. Monitoring shall include, at a minimum, the evaluation of prescription utilization by members, prescribing patterns by clinicians and dispensing by pharmacies. Drug utilization data shall be used to identify and screen high-risk members and providers who may facilitate drug diversion. The monitoring requirements are to determine potential misuse of the drugs used in the following therapeutic classes:
  - Atypical Antipsychotics;
  - Benzodiazepines;
  - Hypnotics;
  - Muscle Relaxants;
  - Opioids; and
  - o Stimulants.
- Mercy Care shall utilize the following resources, when available, for monitoring activities:
  - Prescription claims data;
  - Arizona State Board of Pharmacy CSPMP;
  - o Indian Health Service (IHS) and Tribal 638 pharmacy data;
  - ACC-RBHA/TRBHA prescription claims data; and
  - Other pertinent data.
- Mercy Care shall evaluate the prescription claims data at a minimum, quarterly, to identify:
  - Medications filled prior to the calculated days-supply;
  - Number of prescribing clinicians;
  - o Number of different pharmacies utilized by the member; and
  - Other potential indicators of medication misuse.

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#### **Minimum Intervention Requirements**

- Mercy Care shall implement the following interventions to ensure members receive the appropriate medication, dosage, quantity, and frequency. Interventions required include:
  - o Provider education in accordance with AMPM Policy 310-V.
  - o Point-of-Sale (POS) safety edits and quantity limits.
  - o Care management.
- Referral to, or coordination of care with, a behavioral health service provider(s) or other appropriate specialist.
- Assignment of members who meet any of the evaluation parameters below to an exclusive pharmacy, in accordance with 42 CFR 431.54, for up to a 12-month period except for the following members.
  - o Members in treatment for an active oncology diagnosis,
  - o Members receiving hospice care, or
  - o Members residing in a skilled nursing facility.

Evaluation Criteria Parameter Over-utilization	Minimum Criteria for Initiating Interventions  Member utilized the following in a 3-month period:  > 4 prescribers; and  > 4 different abuse potential drugs; and  > 4 Pharmacies.
	OR
	Member has received 12 or more prescriptions of the medications listed above in the past three months.
Fraud	Member has presented a forged or altered prescription to the pharmacy.

#### 4.13 – Controlled Substances Prescription Monitoring Program (CSPMP)

The Arizona State Board of Pharmacy Controlled Substances Prescription Monitoring Program (PMP) grants access to prescribers and pharmacists so they may review controlled substance dispensing information for patients. Access is granted to individuals only—not to clinics, hospitals, pharmacies, or any other health care facility.

Arizona Revised Statute (A.R.S.) § 36-2606 requires each medical practitioner licensed under Title 32 (i.e., MD, DO, DDS, DMD, DPM, HMD, PA, NP, ND, and OD) and who possesses a DEA

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license to review the preceding 12 months of a patient's PMP record before prescribing an opioid analgesic or benzodiazepine-controlled substance listed in schedule II, III or IV.

Exceptions to reviewing a patient record are described in A.R.S. § 36-2606. Medical residents may register using the hospital DEA number and appropriate suffix.

Prescribers must register at: https://arizona.pmpaware.net/login

Please review the 2018 Arizona Opioid Epidemic Act FAQs and other important information at <a href="https://pharmacypmp.az.gov/frequently-asked-questions-faqs">https://pharmacypmp.az.gov/frequently-asked-questions-faqs</a>.

# 4.14 - Primary Care Providers (PCPs)

The primary role and responsibilities of primary care providers participating in MC include, are not limited to:

- Providing initial and primary care services to assigned members;
- Initiating, supervising, and coordinating referrals for specialty care and inpatient services and maintaining continuity of member care;
- Maintaining the member's medical record refer to <u>AMPM Policy 940</u> for requirements.
- Adhere to requirements outlined in <u>AMPM 510 Primary Care Providers</u>.

Primary Care Provider (PCP) services are covered when provided by a physician, physician assistant, nurse practitioner, or Clinical Nurse Specialist (CNS) - selected by, or assigned to, the member. The PCP provides primary health care and serves as a coordinator in referring the member for specialty medical services and behavioral health [42 CFR 438.208(b)(1)]. Mercy Care will\_ensure that the PCP maintains the member's primary medical record and includes all documentation of all health risk assessments and health care services whether or not they were provided by the PCP.

The PCP is responsible for rendering, or ensuring the provision of, covered preventive and primary care services to the member. These services will include, at a minimum, the treatment of routine illness, age-appropriate family planning services and supplies, maternity services if applicable, immunizations, Early and Periodic Screening, Diagnostic and Treatment (EPSDT) services for eligible members under age 21, adult health screening services and medically necessary treatments for conditions identified in an EPSDT or adult health screening.

All members under the age of 21 are eligible for EPSDT services and shall receive health screening and services to "correct or ameliorate" defects or physical and behavioral illnesses or

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conditions identified in an EPSDT screening, as specified in <u>AMPM 430</u>. Members 21 years of age and over shall receive adult health screenings and medically necessary treatments as specified in <u>AMPM Chapter 300</u>.

PCPs in their care coordination role serve as the referral agent for specialty and referral treatments and services for physical and/or behavioral health services as needed, that are provided to MC members assigned to them and attempt to ensure coordinated quality care that is efficient and cost effective. Coordination responsibilities include, but are not limited to:

- Referring members to providers or hospitals within the MC network, as appropriate, and
  if necessary, referring members to out-of-network specialty providers and noncontracted community benefit organizations;
- Coordinating with MC's Prior Authorization Department about prior authorization procedures for members;
- Conducting follow-up (including maintaining records of services provided) for referral services that are rendered to their assigned members by other providers, specialty providers and/or hospitals;
- Coordinating the medical care of the MC members assigned to them, including at a minimum:
  - Oversight of drug regimens to prevent negative interactive effects;
  - Follow-up for all emergency services;
  - Coordination of inpatient care;
  - Coordination of services provided on a referral basis;
  - Home visits if medically necessary;
  - Member education;
  - Preventative health services, (i.e., well-visits, immunizations, and PAP smears);
  - Screening and referral for health-related social needs (i.e., social determinants of health);
  - Coordination of services; and
  - Assurance that care rendered by specialty providers is appropriate and consistent with each member's health care needs.
- The Controlled Substance Prescription Monitoring Program (CSPMP) will be checked 100% of the time prior to prescribing controlled substances.
- Coordinate with AzEIP to identify children birth up to three years of age with developmental disabilities needing services.
- Refer eligible members to available community resources such as Head Start/Early Head Start, WIC, and home visiting programs, and assist them with navigating the healthcare system if needed.

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 Coordination with a member's MC case manager, provider case manager or ALTCS case manager. Refer to AMPM Policy 570 for case management responsibilities.

PCPs are required to, when necessary, provide care coordination which includes the referral and/or transition of members to behavioral health care who:

- Have been admitted to an inpatient hospital for a behavioral health diagnosis.
- Do not respond to treatment and therefore need additional behavioral health services such as counseling and/or more intense medication monitoring.
- Present with a behavioral health diagnosis other than ADHD, alcohol use disorder, anxiety, depression, or postpartum depression, or opioid use disorder (MAT services).
- Have experienced a sentinel event (e.g., attempted suicide, danger-to-self, danger-toothers).
- Require services outside the PCP's scope of expertise.
- To facilitate a member's access to behavioral health services in a timely manner, PCP's must call MC member services for BH provider identification or coordinate with "innetwork" providers directly for coordination after considering member's clinical presentation, preferred locations, and cultural preferences. They should assist the member with scheduling an intake appointment with the identified BH provider, as necessary.
- Transfer of Care: When a PCP has initiated medication management services for a member to treat a behavioral health disorder, and it is subsequently determined by the PCP that the member should be transferred to a behavioral health provider for evaluation and/or continued medication management services, Mercy Care shall require and ensure that the PCP coordinates the transfer of care. All affected subcontracts shall include this provision. Mercy Care shall establish policies and procedures for the transition of these members for ongoing treatment. Mercy Care shall ensure that PCPs maintain continuity of care for these members. Please refer to AMPM Policy 510 and 520 for more details.
- Additionally, PCPs are responsible for the collecting of basic information about the member to determine the urgency of the situation and assist with the subsequent scheduling of intake session within the required timeframes and with an appropriate provider. Keeping information or documents gathered in the referral process confidential and protected in accordance with applicable federal and state statutes, regulations, and policies.
- Informing, as appropriate, any changes in referrals (refusing services, change in need, etc.) to referred organizations. Including notification to behavioral health providers, if known, when a member's health status changes, medication change, or new medications are prescribed.

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- PCP Assignment and Appointment Standards MC will make provisions to ensure that newly enrolled members are assigned to a PCP and notified within 12 business days of the enrollment notification.
- MC will maintain a current file of member PCP assignments, maintain accurate tracking of PCP assignments to facilitate continuity of care, control utilization, and obtain encounter data.
- MC shall make PCP assignment rosters, clinical information regarding member's health and medications, including behavioral health providers, available to the PCP within 10 business days of a provider's request, as specified in ACOM Policy 416.
- For additional information related to responsibilities and PCP assignments pertaining to providers participating in Targeted Investments 2.0 -refer to ACOM Policy 325.
- MC allows the member freedom of choice of the PCPs available within the network. If the member does not select a PCP, MC will automatically assign the member to a PCP.
- MC will ensure that newly enrolled pregnant members are assigned to a PCP who provides obstetrical care or referred to an obstetrician as specified in <a href="AMPM Policy 410">AMPM Policy 410</a>. Women may elect to use a specialist in obstetrics and/or gynecology for well woman services.
- MC will assign members with complex medical conditions, who are age 12 and younger, to board-certified pediatricians or to pediatricians that qualify for "in lieu" of board-certification through MC's Credentialing Committee. In addition, members may choose to select a PCP that is not a board-certified pediatrician
- MC will use its methodology to assign members to those providers participating in value-based purchasing initiatives who have demonstrated high value services or improved outcomes.

# 4.15 - Specialist

Specialist providers are responsible for providing services in accordance with the accepted community standards of care and practices. Specialists should only provide services to members upon receipt of a written referral form from the member's primary care provider or from another MC participating specialist. Specialists are required to coordinate with the primary care provider when members need a referral to another specialist. The specialist is responsible for verifying member eligibility prior to providing services.

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When a specialist refers the member to a different specialist or provider, then the original specialist must share these records, upon request, with the appropriate provider or specialist. The sharing of the documentation should occur with no cost to the member, other specialists, or other providers.

The Controlled Substance Prescription Monitoring Program (CSPMP) will be checked 100% of the time prior to prescribing controlled substances.

# 4.16 - Standards for Providers Managing Behaviors

Mercy Care and all servicing providers must comply with <u>A.A.C. R6-6-Article 9</u> requirements, including the use and restrictions of behavioral intervention techniques, behavior modifying medications, emergency measures, and training, as well as the development, monitoring and approval process for a behavior treatment plan. Mercy Care will conduct service and service site monitoring that will include review of compliance with these requirements.

# **4.17 - Second Opinions**

A member may request a second opinion from a provider within the contracted network. The provider should make a recommendation and refer the member to another provider.

# 4.18 - Provider Assistance Program for Non-Compliant Members

The provider is responsible for providing appropriate services so that members understand their health care needs and are compliant with prescribed treatment plans. Providers should strive to manage members and ensure compliance with treatment plans and with scheduled appointments. If you need assistance helping non-compliant members, MC's Provider Assistance Program is available to you. The purpose of the program is to help coordinate and/or manage the medical care for members at risk. You may complete the **Provider Assistance Program Form** located on MC's **Forms** website and submit it to Member Services for possible intervention.

If you elect to remove the member from your panel rather than continue to serve as the medical home, you must provide the member at least 30 days written notice prior to removal and ask the member to contact Member Services to change their provider. The member will NOT be removed from a provider's panel unless the provider efforts and those of the Health Plan do not result in the member's compliance with medical instructions. If you need more information about the Provider Assistance Program, please contact your Network Relations Specialist/Consultant.

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#### **Documenting Member Care**

# 4.19 - Member's Medical Record

The provider serves as the member's "medical home" and is responsible for providing quality health care, coordinating all other medically necessary services, and documenting such services in the member's medical record. The member's medical record must be kept in a legible, detailed, organized and comprehensive manner and must remain confidential and accessible and in accordance with applicable law to authorized persons only. The medical record will comply with all customary medical practice, Government Sponsor directives, applicable Federal and state laws, and accreditation standards.

a) Access to Information and Records - All medical records, data and information obtained, created, or collected by the provider related to member, including confidential information must be made available electronically to MC, AHCCCS or any government agency upon request. Medical records necessary for the payment of claims must be made available to MC within fourteen (14) days of request. Clinical documentation related to payment incentives and outcomes, including all pay for performance data will be made available to MC or any government entity upon request. MC may request medical records for transitioning a member to a new health plan or provider. The medical record will be made available free of charge to MC for these purposes.

Each member is entitled to one copy of his or her medical record free of charge. Members have the right to amend or correct medical records. The record must be supplied to the member within fourteen (14) days of the receipt of the request.

When a member changes PCPs, his or her medical records or copies of medical records must be forwarded to the new PCP within 10 business days from receipt of the request for transfer of the medical records.

All providers must adhere to national medical record documentation standards. Below are the minimum medical record documentation and coordination requirements. This information comes from the AHCCCS *Policy 940 – Medical Records and Communication of Clinical Information* contained in <a href="#">Chapter 900 – Quality Management and Performance Improvement Program:</a>

- Identifying demographics, including:
  - o The member's name
  - Address
  - o Telephone number or
  - o AHCCCS identification number

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- Gender
- o Age
- Date of birth
- o Marital Status
- Next of kin and
- o Parent/guardian/Healthcare Decision Maker (HCDM), if applicable
- Member identification information on the first page of the medical record including:
  - Member name
  - Member AHCCCS ID or
  - Member DOB
- Subsequent pages of the medical record shall include member name and either AHCCCS ID or Member DOB.
- Past medical history, including, but not limited to:
  - Disabilities
  - Any previous illness or injuries
  - Smoking
  - Alcohol/substance use
  - Allergies
  - Adverse reactions to medications
  - Hospitalizations
  - Surgeries
  - Emergent/urgent care received and
  - Immunization records (required for children, recommended for adult members if available)
- Evidence of the use of the Controlled Substances Prescription Monitoring Program (CSPMP) data base prior to prescribing a controlled substance or another medication that is known to adversely interact with controlled substances
- Legal documentation that includes:
  - Documentation related to requests for release of information and subsequent releases;
  - Documentation of a Health Care Power of Attorney or documentation authorizing a HCDM
  - Copies of any Advance Directives or Mental Health Care Power of Attorney

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- Documentation that the adult member was provided the information on Advance Directives and whether an advance directive was executed (as specified in AMPM Policy 640);
- Documentation of general and informed consent to treatment, as specified in AMPM Policy 320-Q; and
- Authorization to disclose information.
- b) **Medical Record Maintenance** The provider must maintain member information and records for the longer of six (6) years after the last date provider services were provided to Member, or the period required by applicable law or Government Sponsor directions. The maintenance and access to the member medical record shall survive the termination of a Provider's contract with MC, regardless of the cause of the termination.
- c) Behavioral Health Inpatient Care Coordination Upon admission into an inpatient level of care, the inpatient behavioral health provider must document coordination of care to include the following:
  - Notification to the member's behavioral health outpatient provider of admit, no later than 24 business hours after admission. Coordination to include a telephonic discussion between the attending psychiatrist/physician and the outpatient team within the first 24 business hours of admission.
  - o Coordination with the member's known PCP during the inpatient stay.
  - Verification of medication list and dosages prescribed by outpatient behavioral health provider and/or PCP.
  - Ongoing coordination with behavioral health outpatient provider throughout inpatient stay. Coordination to include treatment planning, discharge planning and ensuring a follow up appointment after discharge is scheduled within 7 days of discharge.
  - o Involve the member/parent/guardian in treatment and discharge planning.
  - Treatment plans are completed at the time of admission and documented in the record within 48 hours. Treatment plans at minimum need to contain the following:
    - Member's presenting issue
    - Behavioral and physical health services to be provided
    - Documented efforts to engage the member in treatment planning
    - Member/parent/guardian signature and date signed. If a member is COE, documentation needs to show an attempt to gain a signature and if refused.
    - The signature of the personnel member who developed the treatment plan and date signed.
    - Date the plan will be reviewed
    - If a discharge date has been determined, treatment needed after discharge
- d) PCP Medication Management and Care Coordination with Behavioral Health Providers When a PCP has initiated medical management services for a member to treat a behavioral health disorder, and it is subsequently determined by the PCP or MC that the member should receive care through the behavioral health system for evaluation and/or

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continued medication management services, MC will require and assist the PCP with the coordination of the referral and transfer of care through the behavioral health care management team at MC. The PCP will document in the medical record the care coordination activities and transition of care. The PCP must document the continuity of care.

The medical record contains clinical information pertaining to a member's physical and behavioral health. Maintaining current, accurate, and comprehensive medical records assists providers in successfully treating and supporting member care.

Physical Health Medical Record Requirements:

- Any provider delivering primary care services to a member and acting as their Primary Care Provider (PCP) shall maintain a comprehensive record that incorporates at least the following components:
- Initial history and comprehensive physical examination findings for the member that
  includes family medical history, social history, and preventive laboratory screenings (the
  initial history for members under age 21 should also include prenatal care and birth
  history of the member's mother while pregnant with the member, if known),
- Documentation of any requests for forwarding of behavioral health and/or other medical record information, including documenting completion of the request.
- Behavioral health history and information received from a AHCCCS Contractor, TRBHA, or other provider involved with the member's behavioral health care, even if the provider has not yet seen the assigned member. In lieu of actually establishing a medical record, such information may be kept in an appropriately labeled file but shall be associated with the member's medical record as soon as one is established,
- Documentation, initialed by the provider, to signify review of diagnostic information including:
  - Laboratory tests and screenings,
  - Radiology reports,
  - Physical examination notes,
  - o Medications,
  - Last provider visit,
  - o Recent hospitalizations, and
  - Other pertinent data.
- Evidence that PCPs are utilizing and retaining developmental screening tools and conducting developmental and Autism Spectrum Disorder (ASD) screenings at required ages, as identified in AMPM Policy 430.

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- Current and complete EPSDT Clinical Sample Template (or an equivalent including, at minimum all data elements on the EPSDT Clinical Sample Template) are required for all members aged zero through 20 years. Refer to AMPM Policy 430-E, EPSDT Clinical Sample Templates.
- Evidence that obstetric providers complete a standardized, evidence-based risk assessment tool for obstetric members. Refer to AMPM Policy 410, Maternity Policy.
- viii. Documentation to reflect maternity care providers screen all pregnant members once a trimester through use of the CSPMP data base.

Providers must maintain legible, signed, and dated medical records in paper or electronic format that are written in a detailed and comprehensive manner, conform to good professional practices; permit effective professional review and audit processes; and facilitate an adequate system for follow-up treatment.

# Behavioral Health Residential Facilities (BHRF)

Behavioral Health Residential Facilities are required to be audited per AMPM 910 attachment A and follow policy AMPM 320-V which applies to ACC, ACC-RBHA, DCS/CHP (CHP), and DES/DDD (DDD) Contractors. The following are the QM audit requirements:

#### Admission

- A medical history and physical examination or nursing assessment for the admission is present in the record.
- A medical history and physical examination completed by a medical professional within
   30 days prior to admission or within 7 days following admission.
- If medical history and physical examination or nursing assessment was completed prior to admission, the medical practitioner or RN documents an interval note within 7 days following admission.
- An assessment completed prior to initiation of services.
- Was the assessment completed within the past 12 months prior to admission.
- If assessment was completed by the residential facility and by a BHT or RN, the assessment was signed by a BHP within 24 hours following completion.
- If assessment was received by another agency, did review and updates, from the BHP, occur within 48 hours.

#### **Active Treatment**

- A treatment plan completed prior to initiation of services.
- The treatment plan was completed within the past 12 months prior to admission.

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- If treatment plan was completed by the residential facility and by a BHT, the treatment plan was signed by a BHP within 24 hours following completion.
- The treatment plan is comprehensive and at a minimum contains the following:
  - Individualized needs.
  - Specific goals/objectives that address the individualized needs.
  - Specific treatment interventions that address the goals/objectives.
  - Discharge planning that prepares the member and/or family for the member's return to home or community, as quickly as possible.
- The treatment plan is reviewed and updated as needed and appears to reflect member's current status.
- There is documentation related to the member's progress in achieving his or her treatment goals.
- If the member has been prescribed any new psychotropic medication, during the review period, the record includes documentation of informed consent and specific target symptoms for each psychotropic medication.
- There was an active CFT or ART in place at the time of admission -OR- a CFT or ART was formed within 30 days.
- The residential treatment team joins and participates in the CFT or ART.
- The residential program engages in active treatment planning as part of the CFT or ART to prepare the member for transition back to home or community.
- The residential treatment plan is in alignment with the CFT's or ART's documentation.
- Have 30-day staffings been completed with referral source and any other relevant/necessary parties (e.g., guardian or OHR advocate).
  - \*\* monthly= every 30 days\*\*
- Is there documentation of the member being present in the facility 24 hours per day?
- Are start and stop times present on all documents including notes for therapeutic services occurring in the facility?

#### Therapeutic Service Provision

- The record includes documentation demonstrating that individual and/or group counseling services are made available/provided to member at a frequency consistent with identified needs.
- The record includes documentation demonstrating that skills training and development is made available/provided to member, of a type and a frequency consistent with identified needs.
- The record includes documentation demonstrating that behavioral health prevention/promotion and medication training/support services are made

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- available/provided to member, of a type and frequency consistent with identified needs.
- If the member is receiving any of the therapeutic services/supports described in III.1 thru III.3 through agency/provider other than the BHRF, the record includes a description of the need/goals applicable to the service(s), identification of provider meeting the need, and clear justification for why the therapeutic services cannot be provided by the BHRF.
- If the BHRF is licensed to provide personal care services in accordance with 9 A.C.C. 10
   Article 7, and member need for personal care service(s) has been identified, the record includes documentation of applicable personal care service(s) provided to member at a frequency consistent with identified needs.

#### **Member and Family Involvement**

- There is evidence that the member/guardian and family (if applicable) were actively engaged to participate and be involved in decisions regarding the following aspects of care:
  - Assessment
  - Treatment Plan Development
  - Service Provision
  - Discharge Planning
- There is evidence that CFT meetings are scheduled according to the family's availability.
- There is evidence that the member and family/natural supports have regular communication with each other.

# **Cultural Competence**

- The assessment and treatment plans reflect the values, priorities, and cultural preferences of the member and family.
- Services appear to be culturally responsive to the needs of the member and family.
- Discharge and transition plans reflect identified community services and supports that are aligned with the member's strengths, needs, and cultural preferences.

#### **Discharge Planning**

- The discharge plan includes:
  - Specific skills and supports that the member needs to be successful upon return to the community.
  - Identification of the types and frequency of professional and support services needed upon discharge.



- Realistic/ quantifiable/ measurable goals and objectives to inform when the member is discharge ready.
- Evidence that the CFT or ART is actively reviewing progress and discharge options.
- There is evidence that the member/guardian and family (if applicable) is provided with clear instructions on how to access services after discharge, including contact information.

#### Paper or Electronic Format

Paper medical records and documentation must include:

- Date and time;
- Signature and credentials;
- Legible text written in blue or black ink or typewritten;
- Corrections with a line drawn through the incorrect information, a notation that the incorrect information was an error, the date when the correction was made, and the initials of the member altering the record. Correction fluid or tape is not allowed; and
- If a rubber-stamp signature is used to authenticate the document/entry, the individual whose signature the stamp represents is accountable for the use of the stamp.
- A progress note is documented on the date that an event occurs. Any additional information added to the progress note is identified as a late entry.

#### Electronic medical records and documentation must include:

- Safeguards to prevent unauthorized access:
  - The date and time of entries in a medical record as noted by the computer's internal clock;
  - The personnel authorized to make entries using provider established policies and procedures;
  - o The identity of the member making an entry; and
  - Electronic signatures to authenticate that a document is properly safeguarded and the individual whose signature is represented is accountable for the use of the electronic signature.

# Electronic medical records and systems must also:

- Ensure that the information is not altered inadvertently;
- Track when, and by whom, revisions to information are made; and
- Maintain a backup system including initial and revised information.

#### **Transportation Services Documentation**

• For providers that supply transportation services for members using provider employees (i.e., facility vans, drivers, etc.) the following documentation requirements apply:

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- Complete service provider's name and address;
- Signature and credentials of the driver who provided the service;
- Vehicle identification (car, van, wheelchair van, etc.);
- Member's Arizona Health Care Cost Containment System (AHCCCS) identification number;
- Date of service, including month day and year;
- Address of pick-up site;
- Address of drop off destination;
- Odometer reading at pick up;
- Odometer reading at drop off;
- Type of trip round trip or one way;
- Escort (if any) must be identified by name and relationship to the member being transported; and
- Signature of the member, parent and/or guardian/caregiver, verifying services were rendered. If the member refuses to sign the trip validation form, then the driver should document his/her refusal to sign in the comprehensive medical record
- For providers that use contracted transportation services, for non-emergency transport of members, which are not direct employees of the provider (i.e., cab companies, shuttle services, etc.) see <u>AMPM 310-BB Transportation Policy</u>, Covered Services for a list of elements recommended for documenting non-emergency transportation services.
- It is the provider's responsibility to maintain documentation that supports each transport provided. Transportation providers put themselves at risk of recoupment of payment IF the required documentation is not maintained or covered services cannot be verified.
- MC communicates documentation standards listed under Covered and Non-Covered Services for each line of business to their contracted providers.

# Disclosure of Records

All medical records, data and information obtained, created, or collected by the provider related to member, including confidential information must be made available electronically to MC, AHCCCS or any government agency upon request.

When a member changes his or her PCP, the provider must forward the member's medical record or copies of it to the new PCP within ten (10) business days from receipt of the request for transfer of the record. Medical records must be made available free of charge.

Behavioral health records must be maintained as confidential and must only be disclosed according to the following provisions:

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- When requested by a member's primary care provider (PCP) or the member's Department of Economic Security/Division of Developmental Disabilities/Arizona Long-Term Care System (DES/DDD/ALTCS) support coordinator, the behavioral health record or copies of behavioral health record information must be forwarded within ten (10) days of the request.
- MC and subcontracted providers must provide each member who makes a request one copy of his or her medical record free of charge annually.
- MC and subcontracted providers must allow, upon request, members to view and amend their medical record as specified in 45 C.F.R. § 164.524, 164.526 and A.R.S. § 12-2293.

# Health Risk Assessment for Mercy ACC-RBHA

The Health Risk Assessment (HRA) is a best practice approach and key component of Mercy ACC-RBHA. The standardized question tool puts members in the driver seat by asking them to self-report their medical, psychosocial, cognitive, and functional needs. The assessment score is one of the tools used by the clinical and care management team to determine the member's acuity level, based on the member's perception of their health and health risks. The information provided by members via the health risk assessment, is reviewed along with data from the medical record, claims and other sources to develop a care plan. The care plan is shared with the clinical team to inform the Individual Service Plan (ISP) that provides a roadmap to the member's recovery.

The health risk assessment shall be conducted for all members with Serious Mental Illness (SMI) by the member's assigned clinic. Results shall be inputted into the clinic's electronic health record (E.H.R.) and transmitted to Mercy ACC-RBHA per required specifications. Every question on the assessment is required and must be answered. Responses must be entered exactly as shown on the tool provided by Mercy ACC-RBHA. Clinics are responsible to complete the assessment in its entirety and per the provided specifications. Failure to submit complete and accurate assessments may result in sanctions and/or corrective action.

The Centers of Medicare and Medicaid Services and Mercy ACC-RBHA require the health risk assessment be completed:

- Initially within 90 days of a member's enrollment.
- Annually, within 365 days of their previous health risk assessment.
- When the member experiences a change in health status or level of care.

Behavioral Health Record for Mercy ACC-RBHA

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For Seriously Mentally III (SMI), and Children (CA), the comprehensive medical record must contain the following elements:

- Intake paperwork documentation that includes:
  - For members receiving substance abuse treatment services under the Substance Abuse Block Grant (SABG), documentation that notice was provided regarding the member's right to receive services from a provider to whose religious character the member does not object to (see Chapter 2.10 – Special Populations);
  - Documentation of member's receipt of the Member Handbook and receipt of Notice of Privacy Practice; and
  - o Contact information for the member's PCP if applicable.
  - Financial documentation for Non-Title XIX/XXI members receiving behavioral health services, as outlined in AMPM Policy 650. At minimum, include documentation of the results of a completed Title XIX/XXI screening at initial evaluation appointment, when the member has had a significant change in his/her income, and at least annually.
- Assessment documentation that includes:
  - o Is there a screening and assessment for trauma in children and families?
  - Is there evidence of documentation of identification of trauma related needs and plans to address those needs (Children)?
  - For children in Child Welfare, if the member is displaying dangerous or threatening behaviors and a request for residential treatment is made by out of home placement, was the request submitted within 24 hours of request?
  - Documentation of all information collected in the behavioral health assessment and any applicable addenda and required demographic information. For additional requirements refer to AMPM Policy 320-O, AMPM Policy 320-U, AMPM Policy 580, and AHCCCS Technical Interface Guidelines;
  - Diagnostic information including psychiatric, psychological, and medical evaluations:
  - Evaluation of the need for reporting as required under A.R.S. §13-3620;
  - Copies of <u>Notification of Members in Need of Special Assistance</u> (see Chapter 2.13 – Special Assistance for Members Determined to have a Serious Mental Illness).
  - An English version of the assessment and/or service plan if the documents are completed in any other language other than English; and
  - For members receiving services via telemedicine, copies of electronically recorded information of direct, consultative, or collateral clinical interviews.

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- CALOCUS (CHILDREN ONLY)
  - The CALOCUS is completed within the initial 45-day assessment period;
  - The CALOCUS is completed every 6 months following the initial assessment period:
  - The CALOCUS has been completed in collaboration with the child/adolescent and family and other members of the CFT;
  - For children/adolescents with CALOCUS levels of 4, 5, and 6 of service intensity, there is a designated care manager to coordinate services and activities of CFT practice; and
  - Based on all clinical and supporting documentation, the CALOCUS service intensity is appropriate to the child/adolescent's current functioning.
  - The CALOCUS is to be completed in collaboration with the child and family; it cannot be done without either the child or guardian present.
- Treatment and service plans documentation that includes:
  - The member's treatment and service plan;
  - Child and Family Team (CFT) documentation;
  - Clinically recommended service on the treatment plan is implemented within 21 days (Children);
  - Adult Recovery Team (ART) documentation; and
  - o Progress reports or service plans from all other additional service providers.
- Progress notes documentation that includes:
  - Documentation of the type of services provided;
  - The diagnosis, including an indicator that clearly identifies whether the progress note is for a new diagnosis or the continuation of a previous diagnosis. After a primary diagnosis is identified, the member may be determined to have cooccurring diagnoses. The service providing clinician will place the diagnosis code in the progress note to indicate which diagnosis is being addressed during the provider session. The addition of the progress note diagnosis code should be included, if applicable;
  - The date the service was delivered;
  - The date and time the progress note was signed;
  - Duration of the service (time increments) including the code used for billing the service;
  - A description of what occurred during the provision of the service related to the member's treatment plan;
  - If more than one provider simultaneously provides the same service to a member, documentation of the need for the involvement of multiple providers including the name and roles of each provider involved in the delivery of

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services;

- The member's response to service; and
- For members receiving services via telemedicine, electronically recorded information of direct, consultative, or collateral clinical interviews.
- Medical services documentation that includes:
  - Laboratory, x-ray, and other findings related to the member's physical and behavioral health care:
  - o The member's treatment plan related to medical services;
  - Physician orders;
  - Requests for service authorizations;
  - Documentation of facility-based or inpatient care;
  - Documentation of preventative care se12.03rvices;
  - Medication record, when applicable; and
  - Documentation of Certification of Need (CON) and Re-Certification of Need (RON)
- Reports from other agencies that include:
  - o Reports from providers of services, consultations, and specialists;
  - o Emergency/urgent care reports; and
  - Hospital discharge summaries.
- Paper or electronic correspondence that includes:
  - Documentation of the provision of diagnostic, treatment, and disposition information to the PCP and other providers to promote continuity of care and quality management of the member's health care;
  - Documentation of any requests for and forwarding of behavioral health record information.
  - The Controlled Substance Prescription Monitoring Program (CSPMP) will be checked
     100% of the time prior to prescribing controlled substances.
- Financial documentation that includes:
  - Documentation of the results of a completed Title XIX/XXI screening
  - o Information regarding establishment of any copayments assessed, if applicable
- Legal documentation including:
  - Documentation related to requests for release of information and subsequent releases
  - Copies of any advance directives or mental health care power of attorney
    - Documentation that the adult member was provided the information on advance directives and whether an advance directive was executed;
    - Documentation of authorization of any health care power of attorney that appoints a designated member to make health care decisions (not including mental health) on behalf of the member if they are found to be incapable of making these decisions;
    - Documentation of authorization of any mental health care power of attorney that appoints a designated member to make behavioral health care decisions on behalf of the member if they are found to be incapable of making these decisions.



Documentation of general and informed consent to treatment pursuant to General and Informed Consent and Pharmacy Management under each line of business;

- Authorization to disclose information pursuant to ACC-RBHA Chapter 13 Contract Compliance, Section 13.00 – Confidentiality. All applicable release of Information (ROI's) documentation to be reviewed and updated annually with the member; and,
- Any extension granted for the processing of an appeal must be documented in the case file, including the Notice regarding the extension sent to the member and his/her legal guardian or authorized representative, if applicable
- For youth in Child Welfare, documentation of verification of the Notice to Provider (Educational-Medical).
- Integrated Health Care (SMI ONLY)
  - Does documentation reflect strategies to support earlier identification and intervention that reduces the incidence and severity of serious physical, and mental illness;
  - o Is use of health education and health promotion services evidenced;
  - Does documentation reflect an increased use of primary care prevention strategies;
  - Is there evidence of use of validated screening tools for early identification and intervention;
  - Evidence of focused, targeted, consultations for behavior health conditions;
  - Evidence of cross-specialty collaboration;
  - Evidence of enhanced discharge planning and follow-up care between provider visits;
  - Evidence of ongoing outcome measurement and treatment plan modification related to health promotion and prevention;
  - Evidence of care coordination through effective provider communication and management of treatment; and
  - o Family and community education related to health promotion and prevention.

#### **Medical Record Maintenance**

Providers must retain the original or copies of member medical records as follows:

- For an adult, for at least six (6) years after the last date the adult member received medical or health care services from the provider; or
- For a child, either for at least three (3) years after the child's eighteenth birthday or for at least six (6) years after the last date the adult member received medical or health care services from the provider, whichever occurs later.

The maintenance and access to the member medical record shall survive the termination of a Provider's contract with MC, regardless of the cause of the termination.

PCP Medication Management and Care Coordination with Behavioral Health Providers



When a PCP has initiated medical management services for a member to treat depression, anxiety, and/or ADD/ADHD, and it is subsequently determined by the PCP or MC that the member should receive care through the behavioral health system for evaluation and/or continued medication management services, MC will require and assist the PCP with the coordination of the referral and transfer of care. The PCP will document in the medical record the care coordination activities and transition of care. The PCP must document the continuity of care.

#### **Medical Record Audits**

MC conducts routine medical record audits to assess compliance with established standards. Medical records may be requested when MC is responding to an inquiry on behalf of a member or provider, administrative responsibilities, and quality of care issues. Providers must respond to these requests within fourteen (14) days or in no event will the date exceed that of any government issues request date. Medical records must be made available to AHCCCS for quality review upon request. MC shall have access to medical records for assessing quality of care, conducting medical evaluations, audits, and performing utilization management functions.

Substance Abuse and Mental Health Services Administration (SAMHSA) evidence-based practices include the following:

- ACT teams
- Permanent supportive housing
- Consumer-operated services
- Supported employment

It is the expectation for fidelity scores to continue to improve, with a minimum expectation of sustaining fidelity scores for all the evidence-based practices listed above.

# **Reviews and self-monitoring**

In addition to participating in formal fidelity reviews, all providers are expected to:

- Participate in quality management and fidelity review processes.
- Conduct ongoing self-monitoring activities according to the self-monitoring plan outlined by each provider.
- Report quarterly on results of their self-monitoring activities.

Performance improvement activities, including but not limited to PIPS, CAPS and/or sanctions may be imposed by MC.

**Transition of Medical Records** 

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Transfer of the behavioral health member's medical records, due to transitioning of the behavioral health member to a new TRBHA and/or provider, it is important to ensure that there is minimal disruption to the behavioral health member's care and provision of services. The behavioral health medical record must be transferred in a timely manner that ensures continuity of care.

Federal and state law allows for the transfer of behavioral health medical records from one provider to another, without obtaining the member's written authorization if it is for treatment purposes (45 C.F.R. § 164.502(b), 164.514(d) and A.R.S. 12-2294(C)). Generally, the only instance in which a provider must obtain written authorization is for the transfer of alcohol/drug and/or communicable disease treatment information. Other situations may require written authorization.

The original provider must send that portion of the medical record that is necessary to the continuing treatment of the behavioral health member. In most cases, this includes all communication that is recorded in any form or medium and that relate to patient examination, evaluation, or behavioral health treatment. Records include medical records that are prepared by a health care provider or other providers. Records do not include materials that are prepared in connection with utilization review, peer review or quality assurance activities, including records that a health care provider prepares pursuant to section **A.R.S. §36-441**, **36-445**, **36-2402** and **36-2917**.

Federal privacy law indicates that the Designated Record Set (DRS) is the property of the provider who generates the DRS. Therefore; originals of the medical record are retained by the terminating or transitioning provider in accordance with **DISCLOSURE OF RECORDS** of this chapter. The cost of copying and transmitting the medical record to the new provider shall be the responsibility of the transitioning provider (see the **AHCCCS Contractors Operation Manual, Section 402**).

# Requirements for Community Service Agencies (CSA), Therapeutic Foster Care (TFC) Providers and Habilitation Providers

Mercy ACC-RBHA requires that CSA, TFC Provider and Habilitation Provider clinical records to the following standards. Each record entry must be:

- Dated and signed with credentials noted;
- Legible text, written in blue or black ink or typewritten; and
- Factual and correct.



If required records are kept in more than one location, the agency/provider shall maintain a list indicating the location of the records.

CSAs, TFC Providers and Habilitation Providers must maintain a record of the services delivered to each behavioral health member. The minimum written requirement for each behavioral health member's record must include:

- The service provided (including the code used for billing the service) and the time increment;
- Signature and the date the service was provided;
- The name title and credentials of the member providing the service;
- The member's CIS identification number and AHCCCS identification number;
- Mercy ACC-RBHA conducts routine audits to ensure that services provided by the agency/provider are reflected in the behavioral health member's service plan. CSAs, TFC Providers and Habilitation Providers must keep a copy of each behavioral health member's service plan in the member's record; and
- Daily documentation of the service(s) provided and monthly summary of progress toward treatment goals.

# Community Service Agency/TFC Provider/Habilitation Provider Daily Clinical Record

Documentation Form is a recommended format that may be utilized to meet the requirements identified in this chapter.

Every thirty (30) days, a summary of the information required in this chapter must be transmitted from the CSA, TFC Provider or Habilitation Provider to the member's clinical team for inclusion in the comprehensive clinical record.

#### Adequacy and Availability of Documentation

Mercy ACC-RBHA and subcontracted providers must maintain and store records and data that document and support the services provided to members and the associated encounters/billing for those services. In addition to any records required to comply with Mercy ACC-RBHA contracts, there must be adequate documentation to support that all billings or reimbursements are accurate, justified, and appropriate.

All providers must prepare, maintain, and make available to AHCCCS and Mercy ACC-RBHA, adequate documentation related to services provided and the associated encounters/billings.

Adequate documentation is electronic records and "hard-copy" documentation that can be readily discerned and verified with reasonable certainty. Adequate documentation must establish medical necessity and support all medically necessary services rendered, and the amount of reimbursement received (encounter value/billed amount) by a provider; this

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includes all related clinical, financial, operational, and business supporting documentation and electronic records. It also includes clinical records that support and verify that the member's assessment, diagnosis, and Individual Service Plan (ISP) are accurate and appropriate and that all services (including those not directly related to clinical care) are supported by the assessment, diagnosis, and ISP.

For monitoring, reviewing, and auditing purposes, all documentation and electronic records must be made available at the same site at which the service is rendered. If requested documents and electronic records are not available for review at the time requested, they are considered missing. All missing records are considered inadequate. If documentation is not available due to off-site storage, the provider must submit their applicable policy for off-site storage, demonstrate where the requested documentation is stored and arrange to supply the documentation at the site within 24 hours of the original request.

Mercy ACC-RBHA's failure to prepare, retain and provide to AHCCCS adequate documentation and electronic records for services encountered or billed may result in the recovery and/or voiding not to be resubmitted) of the associated encounter values or payments for those services not adequately documented and/or result in financial sanctions to the provider and Mercy ACC-RBHA.

Inadequate documentation may be determined to be evidence of suspected fraud or program abuse that may result in notification or reporting to the appropriate law enforcement or oversight agency. These requirements continue to be applicable in the event the provider discontinues as an active participating and/or contracted provider as the result of a change of ownership or any other circumstance.

# 4.20 - Advance Directives

#### **Overview**

An Advance Directive is a document by which a person makes provision for health care decisions if, in the future, he/she becomes unable to make those decisions. It's important for providers to attain this information for their adult members and add it to their medical records. You can find this information under **Chapter 100 - Mercy Care Provider Manual General Terms, Chapter 4 - Provider Responsibilities** on our **Provider Manual** web page, where it states the following:

Providers are required to comply with federal and state law regarding advance directives for adult members. The advance directive must be prominently displayed in the adult member's medical record. Requirements include:

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- Providing written information to adult members regarding each individual's rights under state law to make decisions regarding medical care and any provider written policies concerning advance directives (including any conscientious objections).
- Documenting in the member's medical record whether the adult member has been provided the information and whether an advance directive has been executed.
- Not discriminating against a member because of his or her decision to execute or not
- execute an advance directive and not making it a condition for the provision of care.

# **Arizona Advance Directives Registry:**

The <u>Arizona Advance Directive Registry</u> is a free registry maintained by the **State of Arizona** to electronically store and access medical directives. Their secure and confidential program grants peace of mind to registrants and their families, and easy access to all health care providers. Healthcare providers must assist adult members who are interested in developing and executing an advance directive. Forms available are:

- Medical Health Care Power of Attorney
- Behavioral Health Care Power of Attorney
- Living Will

All forms are available under the <u>Life Care Planning</u> document provided by The Office of the Arizona Attorney General.

# **Health Care Power of Attorney**

A health care power of attorney gives an adult member the right to designate another adult member to make health care treatment decisions on his or his/her behalf. The designee may make decisions on behalf of the adult member if/when he/she is found incapable of making these types of decisions. The designee, however, must not be a provider directly involved with the health treatment of the adult member at the time the health care power of attorney is executed.

# **Behavioral Health Care Power of Attorney**

A behavioral health care power of attorney gives an adult member the right to designate another adult member to make behavioral health care treatment decisions on his or her behalf. The designee may make decisions on behalf of the adult member if/when he/she is found incapable of making these types of decisions. The designee, however, must not be a provider directly involved with the behavioral health treatment of the adult member at the time the behavioral health care power of attorney is executed.

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#### FOR MERCY CARE LONG TERM CARE

An update was noted regarding the inclusion of Advance Directives and DNR availability/access monitoring in certain placement settings in the <u>AHCCCS Medical Policy Manual (AMPM)</u> under <u>Policy 640 - Advance Directives</u>. The AMPM states:

Members have the right to have information provided to them about the importance of Advance Directives including their rights to establish and rescind Directives at any time. Providers shall comply with:

• Ensure alternative Home and Community Based Services (HCBS) setting staff have immediate access to advance directive documents to provide to first responder requests.

The rationale is that 1<sup>st</sup> responders arriving to a facility/home do not know whether there were DNR/DNI orders for an individual, and without them, they were required to perform resuscitative functions. If the DNR orders were readily available, this would help the 1<sup>st</sup> responders upon arrival.

#### FOR MERCY CARE ACC-RBHA

Advance directives not only identify services a member would desire if he or she becomes unable to decide, but they are also:

- Promote individual treatment planning;
- Provide opportunities to create a team approach to treatment; and
- Foster recovery approaches.

If changes occur in State law regarding advance directives, adult members receiving behavioral health services must be notified by their provider regarding the changes as soon as possible, but no later than 90 days after the effective date of the change.

# Power and Duties of Designee(s)

The designee:

- May act in this capacity until his or her authority is revoked by the adult member or by court order;
- Has the same right as the adult member to receive information and to review the adult member's medical records regarding proposed healthcare treatment and to receive, review, and consent to the disclosure of medical records relating to the adult member's treatment;
- Must act consistently with the wishes of the adult member as expressed in the health care
  power of attorney or mental health care power of attorney. If, however, the adult member's
  wishes are not expressed in a health care power of attorney or behavioral health care power
  of attorney and are not otherwise known by the designee, the designee must act in good



faith and consent to treatment that she or he believes to be in the adult member's best interest: and

May consent to admitting the adult member to an inpatient behavioral health facility
licensed by the Arizona Department of Health Services if this authority is expressly stated in
the behavioral health care power of attorney or health care power of attorney.

See **A.R.S. §36-3283** for a complete list of the powers and duties of an agent designated under a behavioral health care power of attorney.

#### **Requirements for Adult Member at Time of Enrollment**

At the time of enrollment, all adult members, and when the individual is incapacitated or unable to receive information, the enrollee's family, or surrogate, must receive information regarding (see **42 C.F.R. § 422.128**):

- The member's rights, in writing, regarding advance directives under Arizona State law;
- A description of the applicable state law and information regarding the implementation of these rights;
- The healthcare member's right to file complaints directly with AHCCCS; and
- Written policies including a clear and precise statement of limitations if the provider cannot implement an advance directive as a matter of conscience. This statement, at a minimum, should:
  - o Clarify institution-wide conscience objections and those of individual physicians;
  - o Identify state legal authority permitting such objections; and
  - Describe the range of medical conditions or procedures affected by the conscience objection.

If an enrollee is incapacitated at the time of enrollment, healthcare providers may give advance directive information to the enrollee's family or surrogate in accordance with state law.

Healthcare providers must also follow up when the member is no longer incapacitated and ensure that the information is given to the member directly.

#### **Other Requirements for Health Care Providers**

Healthcare providers must:

- Document in the adult member's clinical record whether the adult member was provided the information and whether an advance directive was executed;
- Note condition provision of care or discriminate against an adult member because of his or her decision to execute or not to execute an advance directive;



- If provider is not the Primary Care Physician (PCP), provide a copy of a member's executed advanced directive, or documentation of refusal, to the PCP for inclusion in the member's medical record; and
- Provide education to staff on issues concerning advance directives including notification of direct care providers of services, such as home health care and personal care, of any advance directives executed by behavioral health members to whom they are assigned to provide services.

For additional resources about Advance Directives, contact Mercy Care Member Services at 800-564-5465.

#### 4.21 – End of Life Care

End of life care is member-centric care that includes Advance Care Planning, and the delivery of appropriate health care services and practical supports. The goals of end of life care focuses on providing treatment, comfort, and quality of life for the duration of the member's life. The end of life concept of care strives to ensure members achieve quality of life through the provision of services such as:

- Physical and/or behavioral health medical treatment to:
  - Treat the underlying illness and other comorbidities;
  - o Relieve pain; and
  - o Relieve stress.
- Referrals to community resources for services such as, but not limited to:
  - o Pastoral/counseling services; and
  - Legal services.
- Practical supports are non-billable services provided by a family member, friend, or volunteer to assist or perform functions such as, but not limited to:
  - Housekeeping;
  - Personal Care;
  - Food preparation;
  - Shopping;
  - Pet care; and
  - Non-medical comfort

Members aged 21 years and older who receive end of life care may continue to receive curative care until they choose to receive hospice care. Members under the age of 21 may receive curative care concurrently with end-of-life care and hospice care.

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# **Advance Care Planning**

Advance Care Planning is initiated by the member's qualified health care professional for a member at any age that is currently or is expected to experience declining health or is diagnosed with a chronic, complex, or terminal illness. For the purposes of Advance Care Planning, a qualified health care professional is a MD, DO, PA, or NP. Advance Care Planning is meant to be an ongoing process for the duration of the member's life.

Advance Care Planning often results in the creation of an Advance Directive for the member. Providers must perform the following as part of the End of Life concept of care when treating qualifying members:

- Conduct a face-to-face discussion with the member/guardian/designated representative to develop Advance Care Planning;
- Teach the member/guardian/designated representative about the member's illness and the healthcare options that are available to the member to enable them to make educated decisions;
- Identify the member's healthcare, social, psychological, and spiritual needs;
- Develop a written member-centered plan of care that identifies the member's choices for care and treatment, as well as life goals;
- Share the member's wishes with family, friends, and his or her physicians;
- Complete Advance Directives;
- Refer to community resources based on member's needs; and
- Assist the member/guardian/designated representative in identifying practical supports to meet the member's needs.
- Refer to MCCC, Mercy ACC-RBHA and MCLTC Care Management team to assist with coordination of care.

Mercy Care shall provide care/case management to qualifying members and coordinate with and support the member's provider in meeting the member's needs. In addition, the care/case manager will assist the member, guardian, or designated representative in ensuring practical supports and community referrals are maintained or revised to meet the member's current needs.

Advance Care Planning is a covered, reimbursable service when provided by a qualified health care professional. The provider may bill for providing Advance Care Planning separately during a well or sick visit.



# **Hospice Services**

For further information regarding hospice services, please refer to our <u>Claims Processing</u> Manual or the AHCCCS AMPM Policy 310-J.

# **Training**

Mercy Care requires that providers and their staff must be educated in the concepts of end-of-life care, advance care planning and advance directives.

Additional information is available by clicking the link <u>Advance Directives and End of Life</u> Provider Reference Guide.

# **4.22 - Documenting Member Appointments**

When scheduling an appointment with a member over the telephone or in person (i.e., when a member appears at your office without an appointment), providers must verify eligibility and document the member's information in the member's medical record.

#### 4.23 - Missed or Cancelled Appointments

Providers must:

- Document and follow-up on missed or canceled appointments.
- Notify Member Services by completing a Provider Assistance Program form located on MC's <u>Forms</u> section for a member who continually misses appointments.

MC encourages providers to use a recall system. MC reserves the right to request documentation supporting follow up with members related to missed appointments. Providers may also notify MC Quality Management of missed appointments utilizing the **Missed Appointment Log** located in our <u>Forms</u> section for the QM staff to follow-up with members.

#### 4.24 - Documenting Referrals

The provider is responsible for initiating, coordinating, and documenting referrals to specialists, including dentists and behavioral health specialists within the MC organization. The provider must follow the respective practices for emergency room care, second opinion and noncompliant members.

# 4.25 - Respecting Member Rights

MC is always committed to treating members with respect and dignity. Member rights and responsibilities are shared with staff, providers, and members each year. Member rights are incorporated herein and may be reviewed in the **Member Handbook** located at:

• MCCC Member Handbook

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- MCLTC Member Handbook
- Mercy ACC-RBHA Member Handbook

MC member rights and responsibilities are listed below:

#### **Member Rights**

- Members are entitled to the name of their PCP and/or case manager.
- Members are entitled to have a copy of the MC Member Handbook, which includes a description of covered services.
- How MC provides after hours and emergency care.
- The right to file a complaint about MC.
- The right to request information about the structure and operations of MC or their subcontractors.
- How MC pays providers, controls cost and uses services. This information includes whether MC has Physician Incentive Plans (PIP) and a description of the PIP.
- The right to know whether stop loss insurance is required.
- General grievance results and a summary of member survey results.
- Member costs to get services or treatments that are not covered by MC.
- How to get services, including services requiring authorization.
- How MC evaluates new technology to include as a covered service.
- Changes to the member's services or what action to take when a member's PCP leaves
   MC.
- Members have the right to be treated fairly and get covered services without concern about race, ethnicity, national origin (to include those with limited English proficiency), religion, gender, age, mental or physical disability, sexual orientation, genetic information, or ability to pay or speak English.
- The member may exercise his or her rights and the exercise of those rights shall not adversely affect service delivery to the member.

#### **Confidentiality and Privacy**

- Members have a right to privacy and confidentiality regarding their health care information.
- Members have the right to talk to health care professionals privately.



A "Privacy Rights" notice is included in the member's welcome packet. The notice has
information on ways MC uses a member's records, which includes information their
health plan activities and payments for services. Health care information will be kept
private and confidential. It will be given out only with the member's permission or if the law
allows it.

#### **Treatment Decisions**

- Members have the right to agree to, or refuse, treatment and to choose other treatment options available to them. Members can get this information in a way that helps them to better understand and is appropriate to their medical condition.
- Members can choose a MC PCP to coordinate their health care.
- Members can change their PCP.
- Members can talk with their PCP to get complete and current information about their health care and condition. This will help members and their family to better understand their condition and be a part of making decisions about their health care.
- Within the limits of applicable regulations, MC staff may help manage a member's health care by collaborating with the member, community and state agencies, schools, their doctor.
- Members have the right to information on which procedures they will have and who will perform them.
- Members have the right to a second opinion from a qualified health care professional within the network. A second opinion can be arranged outside of the network, at no cost to the member, only if there is not adequate in-network coverage.
- Members have the right to know treatment choices or types of care available to them and the benefits and/or drawbacks of each choice.
- Members can decide who they want to be with for their treatments and exams.
- Members can have a female in the room for breast and pelvic exams.
- Member eligibility or medical care does not depend on the member's agreement to follow a
  treatment plan. A member can say "no" to treatment, services, or PCPs. The member will be
  informed about what may happen to their health if they do not have the treatment.
- MC will notify a member in writing when any health care services requested by their PCP are reduced, suspended, terminated, or denied. Members must follow the instructions in the notification letter sent to them.
- Members have the right to be provided with information about creating advance directives.
   Advance directives tell others how to make medical decisions for the member if the member is not able to make those decisions for themselves.

# **Medical Records Requests**

 At no cost to themselves, the member has the right to annually request and receive one copy of their medical records and/or inspect their medical records. Members may not be able to get a copy of medical records if the record includes any of the following

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information: psychotherapy notes put together for a civil, criminal, or administrative action; protected health information that is subject to the Federal Clinical Laboratory Improvements Amendments of 1988; or protected health information that is exempt due to federal codes of regulation.

- MC will reply to the member's request within 30 days. MC's reply will include a copy of the requested record or a letter denying the request. The written denial letter will include the basis for the denial and information on ways to get the denial reviewed.
- Members have the right to request an amendment to their medical records. MC may
  ask that the member put this request in writing. If the amendment is made, whole or in
  part, we will take all steps necessary to do this in a timely manner and let the member
  know about changes that are made.
- MC has the right to deny a member's request to amend their medical records. If the
  request is denied, in whole or in part, then MC will provide the member with a written
  denial within 60 days. The written denial includes the basis for the denial, notification of
  member's right to submit a written statement disagreeing with the denial and how to
  file the statement.

#### **Reporting Member Concerns**

- Tell MC about any complaints or issues the member has with their health care services.
- Members may file an appeal with MC and get a decision in a reasonable amount of time.
- Members can give MC suggestions about changes to policies and services.
- Members have the right to complain about MC.
- Personal rights.
- Members have the right to be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience, or retaliation.
- Members have the right to receive information on beneficiary and plan information.

#### **Respect and Dignity**

- Members have the right to be treated with respect and with consideration for their dignity and privacy.
- Members have the right to participate in decisions regarding their health care, including the right to refuse treatment.
- Members can get quality medical services that support their personal beliefs, medical condition, and background. Members can get these services in a language they understand. Members have the right to know about other providers who speak languages other than English.

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- Members can get interpretation services if they do not speak English. Sign language services are available if you are deaf or have difficulty hearing. You may ask for materials in other formats or languages from MC Member Services.
- The type of information about a member's treatment is available to the member in a way that helps them have a better understanding given their medical condition.

# Members Who are Part of Division of Developmental Disabilities

Members have the right to get a replacement caregiver for "critical services" within two hours.

# **Emergency Care and Specialty Services**

- Members can get emergency health care services without the approval of their PCP or MC when they have a medical emergency. Members may go to any hospital emergency room or other setting for emergency care.
- Members may get behavioral health services without the approval of their PCP or MC.
- Members can see a specialist with a referral from their PCP.
- Members can refuse care from a doctor they were referred to and can ask for a different doctor.
- Members may request a second opinion from another MC physician/specialist.

# <u>4.26 – Consent to Treat Minors or Disabled Members under Guardianship</u>

Health care professionals and organizational providers who treat or provide services for MC members must comply with federal and state laws requiring consent for the treatment of minors or disabled members under guardianship to be HIPAA compliant.

Both participating and nonparticipating practitioners and providers are responsible for determining whether consent is needed for a service being provided to a member and must obtain appropriate consent as required. Since this involves Protected Health Information (PHI) and needs to be shared with the member's guardian or Durable Power of Attorney, providers are required to meet all HIPPA regulations.

If during a review or audit it is discovered that appropriate consent was not attained, it will be reported to our Quality Management Department or Chief Medical Officer.

#### 4.27 - Health Insurance Portability and Accountability Act of 1997 (HIPAA)

The Health Insurance Portability and Accountability Act of 1997 (HIPAA) has provisions affecting the health care industry, including transaction code sets, privacy, and security provisions. HIPAA impacts what is referred to as covered entities; specifically, providers, health plans and health care clearinghouses that transmit health care information electronically. HIPAA has established

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national standards addressing the security and privacy of health information, as well as standards for electronic health care transactions and national identifiers. All Participating Health Providers (PHP) are required to adhere to HIPAA regulations. For more information about these standards, please visit the <a href="Health Information Privacy">Health Information Privacy</a> website. In accordance with HIPAA guidelines, providers may not interview members about medical or financial issues within hearing range of other patients.

If a PHP discovers an event that resulted in impermissible use or disclosure of protected health information for Mercy Care enrollees, please immediately notify your Network Management representative. Timely notification is required because Mercy Care and contracted PHPs must comply with the HIPAA Breach Notification Rule, 45 CFR §§ 164.400-414, which requires HIPAA covered entities and their business associates to provide notification following a breach of unsecured protected health information without unreasonable delay and in no case later than 60 calendar days after discovery of a breach. The notification required shall include, to the extent possible, the identification of each individual whose unsecured protected health information has been, or is reasonably believed by the PHP to have been, accessed, acquired, used, or disclosed during the breach. Additionally, the PHP shall provide any other available information that is required to include in notification to the member under § 164.40(c) at the time of the notification required or promptly thereafter as information becomes available.

#### 4.28 - Cultural Competency, Health Literacy and Linguistic Services

As the U.S. population becomes more diverse, medical providers and other people involved in health care delivery are interacting with patients/consumers from many different cultural and linguistic backgrounds. Because culture and language are vital factors in how health care services are delivered and received, it is important that health care organizations and their staff understand and respond with sensitivity to the needs and preferences that culturally and linguistically diverse patients/consumers bring to the health encounter.

#### Responding to Cultural and Linguistic Needs of our Members

The Institute of Medicine report *Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care* demonstrated that racial and ethnic minorities often receive lower-quality care than their white counterparts, even after controlling for factors such as insurance, socioeconomic status, comorbidities, and stage of presentation. Among other factors found to contribute to healthcare disparities are inadequate resources, poor patient-provider communication, a lack of culturally competent care, and inadequate linguistic access. Through the application of cultural competency knowledge and health literacy techniques, providers will help remove barriers to care.

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#### Required Culturally and Linguistically Appropriate Services (CLAS) Standards

The enhanced National CLAS Standards are intended to advance health equity, improve quality, and help eliminate health care disparities by establishing a blueprint for individuals as well as health and health care organizations to implement culturally and linguistically appropriate services. The enhanced standards are a comprehensive series of guidelines that inform, guide, and facilitate practices related to culturally and linguistically appropriate health services.

# **Mercy Care Requirements**

Mercy Care ACC-RBHA requires and monitors adherence to all areas of the CLAS standards.

Mercy Care Acute Care and Long Term Care expects all providers to uphold all the CLAS standards and check for education/knowledge and monitor for non-compliance through the member complaint and grievance process.

#### **CLAS Standards**

**Principal Standard (Standard 1)**: Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.

**Governance, Leadership, and Workforce (Standards 2-4):** Provide greater clarity on the specific locus of action for each of these standards and emphasizes the importance of the implementation of CLAS as a systemic responsibility, requiring the investment, support, and training of all individuals within an organization.

**Communication and Language Assistance (Standards 5-8):** Provides a broader understanding and application of appropriate services to include all communication needs and services, including sign language, braille, oral interpretation, and written translation.

Engagement, Continuous Improvement, and Accountability (Standards 9-15): Underscores the importance of establishing individual responsibility in ensuring that CLAS is supported, while retaining the understanding that effective delivery of CLAS demands actions across an organization. This revision focuses on the supports necessary for adoption, implementation, and maintenance of culturally and linguistically appropriate policies and services regardless of one's role within an organization or practice. All individuals are accountable for upholding the values and intent of the National CLAS Standards.

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# Language Access Services (LAS)

Providers must deliver information in a manner that is understood by the member. Mercy Care providers must comply with federal and state laws by offering interpreter and translation services, including sign language interpreters, to LEP members. MC strongly recommends the use of professional interpreters, rather than family or friends

To comply with the LAS requirements, MC and subcontracted providers must:

- Offer language assistance to individuals who have limited English proficiency and/or other communication needs, at no cost to them, to facilitate timely access to all health care and services;`
- Inform all individuals of the availability of language assistance services clearly and in their preferred language, verbally and in writing;
- Ensure the competence of individuals providing language assistance (qualified staff members must pass the ALTA Language Proficiency Test with a minimum score of 9 to interpret and bill the T1013 HCPCS code), recognizing that the use of untrained individuals and/or minors as interpreters should be avoided;
- Ensure providers identify the prevalent non-English language within provider service areas to ensure service capacity meets those needs;
- Provide easy-to-understand print and multimedia materials and signage in the
  languages commonly used by the populations in the service area. Have services
  provided in a culturally competent manner, with consideration for members with
  limited English proficiency or reading skills, and those with diverse cultural and ethnic
  backgrounds as well as members with visual or auditory limitations. Options include
  access to a language interpreter, a member proficient in sign language for the hearing
  impaired and written materials available in Braille for the blind or in different formats,
  as appropriate;
- Ensure qualified oral interpreters and bilingual staff as well as certified sign language interpreters provide access to oral interpretation, translation, sign language and disability-related services, and provide auxiliary aids and alternative formats on request.
   Oral interpretation and sign language services are provided at no charge to AHCCCS eligible members and members determined to have a Serious Mental Illness (SMI); and
- MC will conduct evaluations of the primary non-English languages spoken within the Geographical Service Areas (GSAs) and programs that affect cultural competence, access, and quality of care.

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#### **Accessing Oral Interpretation Services**

In accordance with Title VI of the Civil Rights Act, Prohibition against National Origin Discrimination, and President's Executive Order 13166, recipients of Federal financial assistance, such as Medicaid funding, must take reasonable steps to provide meaningful access to Limited English Proficient (LEP) persons. Recipients include, but are not limited to, managed care organizations, providers, and subcontractors.

Mercy Care and their subcontracted providers must make sign language and oral interpretation services available to members with Limited English Proficiency (LEP) at all points of contact. Interpretation services are provided at no charge to AHCCCS eligible members and Non-Title XIX/XXI members determined to have a Serious Mental Illness (SMI). Members must be provided with information instructing them how to access these services.

In compliance with the law, Mercy Care provides its enrolled members with interpretative services. Mercy Care contracted providers and subcontractors are also recipients of federal financial assistance. Accordingly, those providers and subcontractors are required to provide interpretative services to Mercy Care members accessing covered services through the provider or subcontractor.

If a provider is unable to meet a member's interpretive needs for an appointment, the provider may consider using Mercy Care Language Access Services. Mercy Care offers a very robust language services delivery system that provides access to over 200 languages and dialects. Mercy Care Language Access Services address interpretation needs through Qualified Bilingual Staff, Scheduled Interpretation and On-demand Interpretation.

Effective February 1, 2022, Mercy Care providers must contact Mercy Care's Member Services department directly for scheduled interpretation service requests. Providers will no longer schedule requests with interpretation vendors directly. Interpretation services delivered outside of this new scheduling process will not be paid by Mercy Care.

Providers can call the Mercy Care Member Services numbers below to schedule interpretation services. Use the phone tree prompt for interpretation services. Note that Member Services cannot schedule interpretation appointments beyond 30 days advance notice.

Mercy Care ACC/DDD/ALTCS: 1-800-624-3879 Mercy Care ACC-RBHA: 1-800-564-5465 Mercy Care Advantage: 1-877-436-5288 Mercy Care DCS CHP: 1-833-711-0776

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Once a request is submitted to Mercy Care Member Services, an email notice is sent to share the request was received and is circulated to our language vendors. Providers must review and manage all interpretation requests submitted to Mercy Care. Any modifications needed to a request must be updated through Mercy Care Member Services. Any scheduled interpretation request coordinated/scheduled outside of this process <u>will not</u> be paid by Mercy Care. Providers are responsible.

If the provider is not receiving notices regarding their request, the provider may need to have <a href="mailto:noreply@interact.mercycareaz.org">noreply@interact.mercycareaz.org</a> bookmarked in their system or contact Member Services to update the requester's email address.

Mercy Care makes every effort to fulfill requests as they are received. If for whatever reason interpretation is unavailable through Mercy Care's Scheduled Services, the provider has direct access 24 hours a day/7 days a week to utilize Mercy Care On-Demand Services. If Mercy Care is not able to fulfill the request through scheduled or on demand interpretation, it remains the providers responsibility to meet the member's language needs.

#### **On-Demand Over the Phone**

Providers can connect with an interpreter for spoken languages 24 hours a day/7 days a week over the phone. Language Line's phone interpreting solution is easy to use on any phone, connecting you to an interpreter. If needed, interpreters can dial an outbound call to connect the provider to the member with limited English proficiency (LEP).

- Dial the provided toll-free telephone number from any phone
- Provide basic account information and identify the language
- Connect to an interpreter within seconds
- Our interpreter can dial an outbound call to connect your LEP client if needed
- Customizable process streamlines your call flow, improves efficiency, to meet your specific business needs

Please refer to our <u>Language Line Solutions Quick Reference Guide</u> for call-in detail. 4-Digit PIN Codes are as follows:

- Mercy Care Complete Care, Mercy Care Long Term Care, Mercy Care DD, and Mercy Care Advantage -Clinical -1203
- Mercy Care Complete Care, Mercy Care Long Term Care, Mercy Care DD, and Mercy Care Advantage -Non-Clinical -1204
- Mercy Care ACC-RBHA -Clinical -2076
- Mercy Care ACC-RBHA -Non-Clinical -1205

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The determination between clinical vs. non-clinical is made by the service location and service type. If interpretive services are occurring in a clinical setting (hospital, SMI clinic, etc.), it is considered clinical interpretation. If the interpretive service occurs in a non-clinical setting (i.e., court room, school) and for a non-clinical reason (i.e., scheduling appointment), it is considered non-clinical interpretation.

#### On-Demand Video Remote Interpreting (VRI)

Remote services expand the pool of ASL interpreters to support member appointments and prevent cancellations or need to reschedule. On-Demand Services- VRI is only useful when the provider and the member are in the same location and the interpreter can join remotely via cell phone, tablet, or computer. Staff can access Mercy Care On-Demand Services - Video Remote Interpreting (VRI) 24 hours a day, 7 days a week through Purple's VRI application or web. **Prior setup is required.** Providers interested in learning more and setting up VRI to serve Mercy Care members, please contact <u>CulturalCompetency@MercyCareAZ.org</u>.

#### **Interpretation Roles and Requirements**

Mercy Care and contracted Language Vendors strive to provide members a positive experience every time they use interpretation services. We want to ensure interpreters are meeting provider and member expectations and members have access to interpretive services.

It's also vital to remember that at no time shall a member go without interpretation services. Several interpretive modalities are available based on the member's individual needs and length of the appointment. These modalities include video remote interpretation (VRI), over the phone interpretation (OPI) and face-to-face. To ensure ease of access, Mercy Care requests if an appointment is one hour or less and clinically appropriate, the Provider request VRI interpretation or over the phone (OPI).

Providers are expected to follow the below guidelines when scheduling interpretative services. They must confirm clinical need of the interpretive service as indicated on the member's assessment and treatment plan.

Determine if interpretive services are clinically needed for:

- If one hour or under, utilize VRI or OPI unless clinically noted.
- If over one hour, face to face services may be utilized as clinically noted.
- Providers have the capability to call in VRI or OPI services themselves.
- Confirm the member's eligibility before requesting interpretive services. Providers will be responsible for paying services delivered to non-Mercy eligible members.



To ensure access to services, care coordination and cost, it is the Providers' responsibility to cancel interpretive services with the vendor. Providers are responsible to cancel in a timely manner to avoid late cancellation fees.

In addition, you should ensure that no interpretation services are scheduled during days and times when your agency is closed.

#### **Group Sessions**

- Interpreter time is to be billed by time and not by member; and
- When conducting group therapy sessions with 2 or more members who speak the same language, one interpreter should be utilized for interpreting the session. Interpreter time sheets should reflect the time spent providing interpretation services and should not reflect "double billing" for the additional member serviced.

#### **Submitting Interpretation Request**

- All appointments are to be fulfilled by a Mercy Care contracted vendor.
- Interpretation requests should include proof of member eligibility, AHCCCS ID and submitted to the members' payer of record.
- Interpretation services are utilized ONLY when delivering a covered service for activity listed on the member's ISP.

#### **Preferred Interpreter**

To ensure timely and efficient services, interpreters will be scheduled for member appointments at the time of the request. Members may request a specific gender for their interpreter but will not be able to request a specific interpreter. This process will ensure that all Mercy Care members will have access to interpretation services in a timely and efficient manner for appropriate service appointments.

In the event an interpreter is unable to work with a member, the provider can call **Mercy Care's Language Line Solutions** to ensure continuity of the appointment.

#### **Cancellations**

To ensure access to services, care coordination and cost, it is the Providers' responsibility to cancel interpretive services with the vendor. Providers are responsible to cancel in a timely manner to avoid late cancellation fees.

Please note that Mercy Care is charged for cancellations. Please utilize the following guidelines when cancelling services:

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- A cancellation reason should always be given and tracked by the provider agency;
- Provide Mercy Care a list of cancellations monthly including why the service was cancelled, who cancelled it and when the service was cancelled so that we can track how far in advance the service was cancelled;
- Whenever possible, cancellations should occur more than 48 hours prior to the service being rendered; and
- If the service is being rescheduled and not cancelled, ensure that a notation is made on the interpreter's timesheet being signed that the service was a reschedule.

#### MCLTC and DDD Interpretation Service

Please note that if interpretation services are required for a member, whether in a physician's office or in a Home and Community Based Service setting, they will be arranged by the member's Case Manager under Mercy Care Long Term Care or a DDD Support Coordinator under DDD.

Interpretation services are not a covered service for members residing in a Skilled Nursing Facility. The Skilled Nursing Facility must provide this service.

Providers are expected to review and adhere to the following guidelines that summarize services interpreters are expected to provide along with items outside the Interpreter Code of Conduct.

### **Interpreter Guidelines**

The interpreter should:

Provide a professional language interpretation ensuring accurate and complete communication between a provider and the Limited English Proficient (LEP) member.

#### The interpreter should **NOT**:

- Act as an "advocate" for the LEP member, including:
  - Encourage provider or LEP member to request them by name.
  - o Interact with the LEP member outside the role of an interpreter.
  - Socialize or communicate with the LEP member outside of the presence of the provider.
  - Provide transportation or other support to the LEP member.
  - Discuss compensation with the doctor/provider/care coordinator/case manager/LEP member.



An interpreter is not:

- Advocate
- Companion
- Chauffer
- Babysitter
- BHT
- Member of the clinical team

Hence, the interpreter is <u>not</u> responsible for a member's care, <u>only</u> a vessel for team to communicate. Please refrain from using and allowing interpreters to operate outside of this role.

If the member does not trust local interpreters, a request can be made to have the schedule video or Language Line interpreters be out of state.

If during any encounter you observe an Interpreter's behavior to be outside of these guidelines, please contact Mercy Care Cultural Competency at <a href="mailto:CulturalCompetency@mercycareaz.org">CulturalCompetency@mercycareaz.org</a> as soon as possible so that our team may work with the Language Vendor to take appropriate actions and as appropriate, work with the member and or on behalf of the member [to] file a grievance, appeal or complaint.

Interpreters should never be allowed to schedule appointments for members.

Providers must report to Mercy Care any "red flags" regarding interpreters, including failing to show up for appointments or inappropriate conduct, so the issues are properly and timely addressed.

#### Time Sheets

Interpreter time sheets are to reflect actual service time with patient and physician/clinician present. Time sheets are subject to spot audits by Mercy Care. Additionally:

- Interpreter time should not include time the interpreter is "available" or waiting and not providing a direct interpreter service;
- Interpreter time should be documented as exact start and stop time of the appointment. Time should not be rounded up by the hour, half hour or quarter hour;
- Time sheets should include the number of members serviced during documented time (interpreters may service 2 or more members simultaneously);
- Time for travel and/or prep time are not billable time; and



- Activities that are not actual service time (i.e., parking) are not billable.
- Interpreters are **not** allowed to schedule appointments.

### **Qualified Bilingual Staff**

To qualify as bilingual staff, the staff member is required to test and meet a minimum proficiency score on the <u>ALTA Language Test</u> of 9 or better. After doing so, the staff member can bill for the covered service they render and bill the T1013 code. If a provider wishes to proceed to have a staff member qualified, please contact ALTA directly and make the necessary arrangements to have staff tested. Providers are responsible for testing expense.

#### **Interpretive Services Billing**

When billing Interpretive Services, the provider must bill as follows:

HCPCS Code	Modifier	Description	
T1013		Qualified staff delivering services is also	
		interpreting.	
T1013	Q6	Separate but employed qualified staff is	
		interpreting.	
T1013	CR	External vendor used.	

#### Accessing Interpretation Services for the Deaf and the Hard of Hearing

Mercy Care and their subcontracted providers must adhere to the rules established by the Arizona Commission for the Deaf and Hard of Hearing, in accordance with **A.R.S.§ 36-1946**, which covers the following:

- Classification of interpreters for the deaf and the hard of hearing based on the level of interpreting skills acquired by that member;
- Establishment of standards and procedures for the qualification and licensure of each classification of interpreters;
- Utilizing licensed interpreters for the deaf and the hard of hearing; and
- Providing auxiliary aids or licensed sign language interpreters that meet the needs of the
  individual upon request. Auxiliary aids include computer-aided transcriptions, written materials,
  assistive listening devices, or systems, closed and open captioning, and other effective methods
  of making aurally delivered materials available to members with hearing loss.

The <u>Arizona Commission for the Deaf and the Hard of Hearing</u> provides a listing of licensed interpreters, information on auxiliary aids and the complete rules and regulations regarding the profession of interpreters in the State of Arizona. You can review their website or contact them at 602 542-3323 (V/TTY)).

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Mercy Care has a TTY line in their Member Services department for members who are hearing impaired at 866-796-5598 (TTY/TDD) 711.

#### **Translation of Written Material**

Mercy Care translates written translated materials when a language is spoken by 3,000 or 10% (whichever is less) of members. Mercy Care translates all materials to all members in English and Spanish. All vital materials are translated when Mercy Care is aware that a language is spoken by 1,000 or 5% (whichever is less) of the members. Vital materials must include at a minimum:

- Notice for denials, reductions, suspensions, or termination of services;
- Service plans;
- Consent forms;
- Communications requiring a response from the healthcare member;
- Grievance notices; and
- Member Handbooks.

All written notices informing members of their right to interpretation and translation services must be translated when Mercy Care is aware that 1000 or 5% (whichever is less) of Mercy ACC-RBHA's members speak that language and have LEP.

Members with Limited English Proficiency (LEP), whose languages are not considered commonly encountered, are provided written notice in their primary or preferred language of the right to receive competent translation of written material.

Mercy Care provides member materials in other formats to meet specific member needs. Providers must also deliver information in a manner that is understood by the member.

#### **Culturally Competent Care**

To comply with the Culturally Competent Care requirements, providers must adhere to the following requirements:

- Recruit, promote, and support culturally and linguistically diverse representation within governance, leadership, and the workforce that are responsive to the population in the service area.
- Educate and train representatives within governance, leadership, and the workforce in culturally and linguistically appropriate policies and practices on an ongoing basis.

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 Mercy Care ACC-RBHA Providers with direct care responsibilities must complete mandated Cultural Competency training.

#### **Assessment**

If the behavioral health member requests a copy of the assessment, those documents must be provided to the behavioral health member in his/her primary/preferred language. Documentation in the assessment must also be made in English; both versions must be maintained in the member's record. This will ensure that if any members, who must review the member's record for purposes such as coordination of care, emergency services, auditing, and program integrity, have an English version available.

Service plans specifically incorporate a member's rights to disagree with services identified on the plan. If the plan is not in the member's preferred language, the member has not been appropriately informed of services he/she will be provided and afforded the opportunity to exercise his/her rights when there is a disagreement.

In general, any document that requires the signature of the member, and that contains vital information such as the treatment, medications, notices, or service plans must be:

- Translated into their preferred/primary language.
- If the member or his/her guardian declines the translation, documentation of this decision must be in the member's medical record.
- If the primary/preferred language of the behavioral health member is other than English and any of the service plans have been completed in English, the provider must ensure the service plans are translated into the behavioral health member's primary/preferred language for his/her signature.

Mercy Care and subcontracted providers must also maintain documentation of the ISP in both the preferred/primary language as well as in English. If the member declines to have their service plan in their preferred language, the **provider must** document this decision in the member's medical record.

These requirements apply also to the ITDP (Inpatient Treatment and Discharge Plan), in accordance with the 9 A.A.C. 21, Article 3.

#### Organizational Supports for Cultural and Linguistic Need

Under AHCCCS guidance, and to comply with the Organizational Supports for Cultural Competence, Mercy Care and subcontracted providers must:

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- Establish culturally and linguistically appropriate goals, policies, and management accountability and infuse them throughout the organization's planning and operations.
- Conduct ongoing assessments of the organization's CLAS-related activities and integrate CLAS-related measures into measurement and continuous quality improvement activities.
- Partner with the community to design, implement, and evaluate policies, practices, and services to ensure cultural and linguistic appropriateness.
- Conduct regular assessments of community health assets and needs and use the results to plan and implement services that respond to the cultural and linguistic diversity of populations in the service area.
- Create conflict and grievance resolution processes that are culturally and linguistically appropriate to identify, prevent, and resolve conflicts or complaints.
- Communicate the organization's progress in implementing and sustaining CLAS to all stakeholders, constituents, and the general public.
- Ensure the use of multi-faceted approaches to assess satisfaction of diverse individuals, families, and communities, including the identification of minority responses in the analysis of client satisfaction surveys, the monitoring of service outcomes, member complaints, grievances, provider feedback and/or employee surveys;
- Include prevention strategies by analyzing data to evaluate the impact on the network and service delivery system, with the goal of minimizing disparities in access to services and improving quality; and
- Consult with diverse groups to develop relevant communications, outreach and marketing strategies that review, evaluate, and improve service delivery to diverse individuals, families, and communities, and address disparities in access and utilization of services.

#### **Documenting Clinical Cultural and Linguistic Need**

To advance health literacy, reduce health disparities, and identify the individual's unique needs, Mercy Care and subcontractors must:

- Collect and maintain accurate and reliable demographic data to monitor and evaluate the impact of CLAS on health equity and outcomes and to inform service delivery;
- Ensure documentation of the cultural (for example: age, ethnicity, race, national origin, sex (gender), gender identity, sexual orientation, tribal affiliation, disability) and linguistic (for example, primary language, preferred language, language spoken at home, alternative language) needs within the medical records;
- Maintain documentation within the medical record of oral interpretation services provided in a language other than English. Documentation must include the date of



- service, interpreter name, type of language provided, interpretation duration, and type of interpretation services provided;
- Ensure that the cultural preferences of members and their families are assessed and included in the development of treatment plans; and
- Assess the unique needs of the GSA, as communities' cultural preferences are critical in the development of goals and strategies of prevention within documentation of cultural and linguistic need.

#### **Cultural Competence Reporting and Accountability**

Reporting and accountability measures are intended to track, monitor, and ensure access to quality and effective care. Equity in the access, delivery, and utilization of services is accomplished by Mercy Care and subcontracted providers:

- Conducting annually and ongoing strategic planning in Cultural Competency with the
  inclusion of national level priorities, contractual requirements, stakeholder input,
  community involvement and initiative development in areas, including but not limited
  to: Continuing Education, Training, Community Involvement, Health Integration,
  Outreach, Prevention, Data Analysis/Reporting, Health Literacy, and Policies/Procedures
  Development.
- Capturing and reporting on language access services which include linguistic needs (primary language, preferred language, language spoken at home, alternative language); interpretive services; written translation services; and maintaining documentation on how to access qualified/licensed interpreters and translators.
- Assessing and developing reports quarterly, semi-annually, and annually within the
  areas of cultural competency and workforce development to review the initiatives,
  activities, and requirements impacting diverse communities, geographical services areas
  (GSAs), and the individuals accessing and receiving services.
- Continuous and ongoing reporting provides insight to strengths, gaps, and needs within communities served by Mercy Care and Mercy Care subcontracted providers with a goal of health and wellness for all.

#### **Cultural Competence Administrator**

Mercy Care has a Cultural Competence Administrator who acts as a point of contact to implement and oversee compliance requirements as described in the Annual Cultural Competence Plan, Cultural Competence Policy and Procedures and Provider Manual policies, and must participate in Cultural Competence Committees.

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#### **Cultural Competence Plan**

Mercy Care's cultural competency plan is designed to address the needs of Arizona's diverse and underserved/underrepresented populations Mercy Care develops and implements an Annual Cultural Competence Plan based on current initiatives in the field of cultural competence, with a focus on national level priorities, contractual requirements, and initiatives developed by internal and external stakeholders, including providers and experts in cultural competence. The Annual Cultural Competence Plan is submitted to the AHCCCS Cultural Competence Manager each year as required.

Annually, Mercy Care develops and/or modifies initiatives based on the identified needs of their members, with a goal of eliminating health disparities.

#### **Cultural Competence Reporting**

Mercy Care has developed a comprehensive service structure designed to address the needs of Arizona's diverse populations and underserved/underrepresented populations. The following reports assist in the analysis and evaluation of the system.

- Annual Effectiveness Review of the Cultural Competence Plan Report:
  - Mercy Care will annually evaluate the impact of the annual cultural competence plan's initiatives and activities towards developing a culturally competent service delivery system. The report must be submitted to the AHCCCS Cultural Competence Manager in accordance with Mercy ACC-RBHA's contract.
- Annual Language Services Report: Mercy Care will submit annual reports to the AHCCCS Cultural Competence Manager. The report captures linguistic need (primary language, Deaf and Hard of Hearing, sign language services, interpretive services, and translation services) and provides comprehensive lists of interpreter language abilities and billing unit usage.
  - Language Access Plan: The Language Access Plan (LAS) helps establish a strategy to ensure meaningful access by individuals with LEP to services available to them at Mercy Care and contracted providers.

### Mercy Care ACC-RBHA Workforce Development

Mercy Care ACC-RBHA and their subcontracted providers must:

- Ensure all staff receives training in cultural competence and culturally and linguistically appropriate services during new employee orientation;
- Provide annual training to all staff in diversity awareness and culturally relevant topics customized to meet the needs of their GSA;

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- Provide continuing education in cultural competence, to include but not limited to review of CLAS standards, use of oral interpretation and translation services, and alternative formats and services for LEP clients;
- Ensure all staff has access to resources for behavioral health members with diverse cultural needs:
- Recruit, retain and promote, at all levels of the organization, a culturally competent, diverse staff and leadership;
- Maintain full compliance with all mandatory trainings; and
- Develop and implement cultural-related trainings/curriculums as determined by AHCCCS,
   Mercy Care, Cultural Competence Committees, policies, and contract requirements.

### Laws Addressing Discrimination and Diversity

Mercy Care and provider agencies will abide by the following referenced federal and state applicable rules, regulations, and guidance documents:

- Title VI of the Civil Rights Act prohibits discrimination based on race, color, and national origin in programs and activities receiving federal financial assistance.
- Department of Health and Human Services Guidance to Federal Financial Assistance Members Regarding Title VI Prohibition Against National Origin Discrimination affecting Limited English Proficient Members.
- Title VII of the Civil Rights Act of 1964 prohibits employment discrimination based on race, color, religion, sex, or national origin by any employer with 15 or more employees. (The Civil Rights Act of 1991 reverses in whole or in part several Supreme Court decisions interpreting Title VII, strengthening and improving the law and providing for damages in cases of intentional employment discrimination.)
- President's Executive Order 13166 improves access to services for members with Limited English Proficiency. The Executive Order requires each Federal agency to examine the services it provides and develop and implement a system by which LEP members can meaningfully access those services consistent with, and without unduly burdening, the fundamental mission of the agency.
- State Executive Order 99-4 and President's Executive Order 11246 mandates that all members regardless of race, color, sex, age, national origin, or political affiliation shall have equal access to employment opportunities.
- The Age Discrimination in Employment Act (ADEA) prohibits employment discrimination against employees and job applicants 40 years of age or older. The ADEA applies to employers with 20 or more employees, including state and local governments. The

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- Older Workers Benefit Protection Act (Pub. L. 101-433) amends the ADEA to prohibit employers from denying benefits to older employees.
- The Equal Pay Act (EPA) and A.R.S. 23-341 prohibit sex-based wage discrimination between men and women in the same establishment who are performing under similar working conditions.
- Section 503 of the Rehabilitation Act prohibits discrimination in the employment or advancement of qualified members because of physical or mental disability for employers with federal contracts or subcontracts that exceed \$10,000. All covered contractors and subcontractors must also include a specific equal opportunity clause in each of their nonexempt contracts and subcontracts.
- The Americans with Disabilities Act prohibits discrimination against members who have a disability. Providers are required to deliver services so that they are readily accessible to members with a disability. Mercy Care and their subcontracted providers who employ less than fifteen members and who cannot comply with the accessibility requirements without making significant changes to existing facilities may refer the member with a disability to other providers where the services are accessible. Mercy Care or its subcontracted provider who employs fifteen or more members is required to designate at least one member to coordinate its efforts to comply with federal regulations that govern anti-discrimination laws.

### Further Information Regarding Cultural Competency

The Partnership for Clear Health Communication (PCHC) defines health literacy as the ability to read, understand and act on health information. Health literacy relates to listening, speaking, and conceptual knowledge. Health literacy plays an important role in positive patient outcomes. According to PCHC, people with low functional Health Literacy:

- Have poorer overall health status.
- Are less likely to adhere to treatment and incur a greater number of medication/treatment errors.
- Require more health-related treatment and care, including 29-69% higher hospitalization rates.
- Increase higher health care costs health care costs as high as \$7,500 more per annum for a member with limited health literacy.

In accordance with **Title VI of the 1964 Civil Rights Act**, national standards for culturally and linguistically appropriate health care services and state requirements, Mercy Care is required to ensure that Limited English Proficient (LEP) enrollees have meaningful access to health care services. Because of language differences and inability to speak or understand English,



LEP members are often excluded from programs they are eligible for, experience delays or denials of services or receive care and services based on inaccurate or incomplete information.

Enrollees are to receive covered services without concern about race, ethnicity, national origin, religion, gender, age, mental or physical disability, sexual orientation, genetic information or medical history, ability to pay or ability to speak English. PHPs are required to treat all enrollees with dignity and respect, in accordance with federal law. Providers must deliver services in a culturally effective manner to all enrollees, including:

- Those with limited English proficiency (LEP) or reading skills.
- Those with diverse cultural and ethnic backgrounds.
- The homeless.
- Individuals with physical and mental disabilities.

### **Definitions**

- "Cultural and linguistic competence is a set of congruent behaviors, attitudes, and policies that come together in a system, agency, or among professionals that enables effective work in cross-cultural situations. 'Culture' refers to integrated patterns of human behavior that include the language, thoughts, communications, actions, customs, beliefs, values, and institutions of racial, ethnic, religious, or social groups. 'Competence' implies having the capacity to function effectively as an individual and an organization within the context of the cultural beliefs, behaviors, and needs presented by consumers and their communities" (Based on Cross, T., Bazron, B., Dennis, K., & Isaacs, M., (1989). Towards a Culturally Competent System of Care Volume I. Washington, DC: Georgetown University Child Development Center, CASSP Technical Assistance Center)
- Health Literacy: "The degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions." (Ratzan and Parker, 2000)
- Health Equities: In a report designed to increase consensus around meaning of health equity, the Robert Wood Johnson Foundation (RWJF) provides the following definition: "Health equity means that everyone has a fair and just opportunity to be healthier. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care." Robert Wood Johnson Foundation (RWJF) provides the following definition: "Health equity means that everyone has a fair and just opportunity to be healthier. This requires removing

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obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care."

### 4.29 - Individuals with Disabilities

Title III of the Americans with Disabilities Act (ADA) mandates that public accommodations, such as a physician's office, be accessible to those with disabilities. Under the provisions of the ADA, no qualified individual with a disability may be excluded from participation in or be denied the benefits of services, programs, or activities of a public entity, or be subjected to discrimination by any such entity. Provider offices must be accessible to persons with disabilities. Providers must also make efforts to provide appropriate accommodations such as large print materials and easily accessible doorways.

#### 4.30 - Primary Care Provider (PCP) Assignments

MC automatically assigns members to a provider upon enrollment. Members have the right to change their provider at any time. Member eligibility changes frequently, as a result, providers must verify eligibility prior to delivering services.

#### 4.31 - Plan Changes

MC members generally are not allowed to change their health plan until their Annual Enrollment Choice (AEC) period, which occurs on the anniversary date of their enrollment. Only in certain circumstances may a member request a change outside of this timeframe:

- A member was entitled to freedom of choice but was not sent an autoassignment/freedom of choice notice.
- A member was entitled to participate in an Annual Enrollment Choice but:
  - o Was not sent an Annual Enrollment Choice notice or
  - Was sent an Annual Enrollment Choice notice but was unable to participate in the Annual Enrollment Choice due to circumstances beyond the member's control.
- Family members were inadvertently enrolled with different Contractors. A member who is enrolled in a Contractor through the auto-assignment process may inadvertently be enrolled with a different Contractor than other family members. Upon receipt of notification by AHCCCS, the member who was inadvertently enrolled will be dis-enrolled from the Contractor of assignment and enrolled in the Contractor where the other family members are enrolled when AHCCCS is notified of the problem. Other family members will not be permitted to change to the Contractor to which the new member was auto assigned. This process shall not apply if a member was afforded an enrollment choice during their Annual Enrollment Choice period.

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- A member, who was enrolled with a Contractor, lost eligibility and was dis-enrolled, then was subsequently re-determined eligible and reenrolled with a different Contractor within 90 days from the date of disenrollment. In this case the member shall be reenrolled with the Contractor that the member was enrolled with prior to the loss of eligibility. If this does not occur, AHCCCS, upon notification, will enroll the member with the correct Contractor.
- Newborns will automatically be assigned to the mother's Contractor. If the mother is Title XIX or Title XXI eligible, she will be given 30 days from notification to select another Contractor for the newborn. Newborns of Federal Emergency Services (FES) mothers will be auto assigned, and the mother will be given 30 days from notification to select another Contractor.
- Adoption subsidy children will be auto assigned, and the guardian will be given 30 days from notification to select another Contractor.
- A Title XIX eligible member who is entitled to freedom of choice but becomes eligible and is auto-assigned prior to having the full choice period of 30 days will be given an opportunity to request a Contractor change following auto-assignment. The member will be given 30 days from the date of the choice letter to request a Contractor change. A member who does not select within 30 days will remain with the auto-assigned Contractor.
- A member whose eligibility category changed from Sixth Omnibus Budget Reconciliation Act (SOBRA) to the SOBRA Family Planning Extension Program may change to another available Contractor if their current primary care provider (PCP) will not be providing Family Planning Extension Program services.

Plan change requests may be granted based on continuity of medical care. Medical continuity of care situations are as follows:

#### **Medical Continuity of Prenatal Care**

A pregnant member who is enrolled with a Contractor through auto-assignment or freedom of choice, but who is receiving or has received prenatal care from a provider who is affiliated with another Contractor, may be granted a medical continuity Contractor change if the medical directors of both Contractors concur.

If there are other individuals in the pregnant member's family who are also AHCCCS eligible and enrolled, they have the option to remain with the current Contractor or transition to the new Contractor if the medical continuity plan change is granted. The member may not return to the original Contractor or change to another Contractor after the medical continuity Contractor change has been granted except during the AEC period.

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### **Medical Continuity of Care**

In unique situations, Contractor changes may be approved on a case-by-case basis, if necessary, to ensure the member access to medical/health care.

A plan change for medical continuity is not an automatic process. The member's PCP, or other medical provider, must provide documentation to both the receiving and relinquishing Contractors that supports the need for a Contractor change. The Contractors must be reasonable in the request for documentation. However, the burden of proof that a Contractor change is necessary rests with the member's medical provider. Both Contractor Medical Directors must approve the Contractor change.

When the Medical Directors of both the receiving and relinquishing Contractors have discussed the request and have not been able to come to an agreement, the relinquishing Contractor shall submit the request to the AHCCCS Chief Medical Officer (CMO) or designee. The AHCCCS Acute Care Change of Contractor Form (Attachment A) and the supporting documentation must be sent to the AHCCCS DHCM/Medical Management Manager within 14 business days from the date of the original request.

The results of the review will be shared with both Medical Directors. The relinquishing Contractor will be responsible for issuing a final decision to the member. If the member request is denied, the relinquishing Contractor will send the member a Notice of Adverse Benefit Determination.

The plan change determination will be made by the MC medical director or designee based on information provided by the PCP.

#### Contractor Responsibilities When a Contractor Change is Not Warranted

The current Contractor has the responsibility to promptly address the member's concerns regarding availability and accessibility of service and quality of medical care or delivery issues that may have caused a Contractor change request to be initiated. These issues include, but are not limited to:

- Quality of care delivery
- Care management responsiveness
- Transportation convenience and service availability
- Institutional care issues
- Physician or provider preference
- Physician or provider recommendation

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- Physician or provider office hours
- Timing of appointments and services
- Office waiting time
- Network limitations and restrictions

When quality of care and delivery of medical service issues raised by the member cannot be solved through the normal care management process, the current Contractor must refer the issue for review by:

- The current Contractor's Quality Management Department and/or
- The AHCCCS Medical Director

Additionally, the current Contractor must explore all options available to the member, such as resolving transportation problems, provider availability issues, allowing the member to choose another PCP, or to see another medical provider, if appropriate.

Quality of care and delivery of medical services issues raised by the member must be referred to the current Contractor's quality management staff and/or the Contractor's Medical Director for review within one day of the Contractor's receipt/notification of the problem.

The delivery of covered services remains the responsibility of the current Contractor if a Contractor change for medical continuity of prenatal or other medical care is not approved.

The current Contractor must notify the member, in writing, that a Contractor change is not warranted. If the Contractor change request was the result of a member concern, the notice must include the Contractor's resolution of this concern. The notice must also advise the member of the AHCCCS and Contractor grievance policy and include timeframes for filing a grievance.

Contractors may reach an agreement with an out-of-network provider, to care for the member on a temporary basis, for the members' period of illness and/or pregnancy to provide continuity of care.

#### **Relinquishing Contractor Responsibilities**

If a member contacts the current Contractor, verbally or in writing, and states that the reason for the plan change request is due to situations outlined above, the relinquishing Contractor shall advise the member to telephone the AHCCCS Verification Unit at 602-417-7000 or 800-962-6690 for AHCCCS to process the change.



If the member contacts the relinquishing Contractor, verbally or in writing, to request a plan change for medical continuity of care, the following steps must be taken:

- The relinquishing Contractor will contact the receiving Contractor to discuss the request. If a plan change is indicated for medical continuity of care, the AHCCCS Contractor Change Request Form (Attachment A) must be completed. All the members to be affected are added to the form and the form signed by the medical directors or physician designees of both Contractors. When the AHCCCS Contractor Change Request Form is signed it is to be submitted to the AHCCCS Chief Medical Officer.
- To facilitate continuity of prenatal care for the member, Contractors shall sign off and forward the AHCCCS Contractor Change Request Form to the AHCCCS Chief Medical Officer within two business days of the member's Contractor change request. The timeframe for other continuity of care issues is 10 business days.
- The AHCCCS Chief Medical Officer will review the Contractor change documentation and forward to the Communications Center for processing.

#### **Receiving Contractor Responsibilities**

The member must be transitioned within the requirements and protocols outlined in AHCCCS' **ACOM Policy 402** and in **AMPM Chapter 500**.

#### Member Responsibilities

The member shall request a change of Contractor directly from AHCCCS only for situations defined in above. The member shall direct all other Contractor change requests to the member's current Contractor.

#### **AHCCCS Administration Responsibilities**

The AHCCCS Administration shall process change of Contractor requests listed above and shall send notification of the change via the daily recipient roster to the relinquishing and receiving Contractors. It is the Contractor's responsibility to identify members from the daily recipient roster who are leaving the Contractor.

If the AHCCCS Administration denies a change of Contractor request, the AHCCCS Administration will send the member a denial letter. The member will be given 60 days to file a grievance.

If the AHCCCS Administration receives a letter or verbal request from a member requesting a Contractor change, that also references other problems (i.e., transportation, accessibility, or availability of services), that information will be sent to the current Contractor.

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If the AHCCCS Administration receives a letter or verbal request from a member requesting a Contractor change for reasons above, the information will be forwarded to the current Contractor.

#### **Provider Guidelines and Plan Details**

#### 4.32 - Cost Sharing and Coordination of Benefits

Providers must adhere to all contract and regulatory cost sharing guidelines. When a member has other health insurance such as Medicare, a Medicare HMO or a commercial carrier, MC will coordinate payment of benefits in accordance with the terms of the PHPs contract and federal and state requirements. AHCCCS registered providers must coordinate benefits for all MC members in accordance with the terms of their contract and AHCCCS guidelines.

MC is the payer of last resort, unless specifically prohibited by State or Federal law. This means that MC shall be used as a source of payment for covered services only after all other sources of payment have been exhausted. MC will take reasonable measures to identify potentially legally liable third-party sources and reports these to AHCCCS.

MC coordinates benefits in accordance with AHCCCS regulations so that costs for services that would otherwise be payable by MC are cost avoided or recovered from a liable third party. The two methods used for coordination of benefits are cost avoidance and post-payment recovery.

#### **Cost Avoidance**

MC will take reasonable measures to determine all legally liable parties - any individual, entity or program that is or may be potentially liable to pay all or part of the expenditures for covered services. MC will cost avoid a claim if it has established the probable existence of a liable party at the time the claim is filed. For purposes of cost avoidance, establishing probably liability takes place when MC receives confirmation that another party is, by statute, contract, or agreement, legally responsible for the payment of a claim for a healthcare item or service delivered to a member. If the probable existence of a party's liability cannot be established, MC will adjudicate the claim for payment. MC will then utilize post-payment recovery which is described in further detail below if it turns out a legally liable party is responsible for the payment of covered services.

If a third-party insurer other than Medicare requires the member to pay any copayment, coinsurance or deductible, MC is responsible for making these payments.

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Claims for an inpatient stay for labor, delivery, and postpartum care, including professional fees when there is no global OB package, will be cost avoided by MC.

In addition, effective for dates of services on or after October 1, 2018, prenatal care for pregnant women, including services which are part of a global OB Package, will also be cost avoided.

MC shall not deny a claim for timely filing if the untimely claim submission results from a provider's efforts to determine the extent of liability.

#### **Post Payment Recoveries**

Post-payment recovery is necessary in cases where MC has not established the probable existence of a liable third party at the time services were rendered or paid for, was unable to cost-avoid, or post-payment recovery is required. In these instances, MC will adjudicate the claim and then utilize post-payment recovery processes which include Pay and Chase, Retroactive Recoveries Involving Commercial Insurance Payer Sources, and Other Third-Party Liability Recoveries.

**Pay and Chase**: MC will pay the full amount of the claim due per the contracted rate with the provider and then seek reimbursement from any third party if the claim is for the following reasons:

- Prenatal care for pregnant women, including services which are part of a global OB Package;
- Preventive pediatric services, including Early and Periodic Screening Diagnosis and Treatment (EPSDT) and administration of vaccines to children under the Vaccines for Children (VFC) program;
- Services covered by third-party liability that are derived from an absent parent whose obligation to pay support is being enforced by the Division of Child Support Enforcement; or
- Services for which MC fails to establish the existence of a liable third party at the time the claim is filed.

**Retroactive Recoveries Involving Commercial Insurance Payer Sources:** For a period of two years from the date of service, MC will engage in retroactive third-party recovery efforts for claims paid to determine if there are commercial insurance payer sources that were not known at the time of payment. In the event a commercial insurance payer source is identified, MC Care will seek recovery from the commercial insurance. **MC will** 

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not recoup related payments from providers, requiring providers to act, or requiring the involvement of providers in any way.

MC has two years from the date of service to recover payments for a claim, or to identify claims having a reasonable expectation of recovery. A reasonable expectation of recovery is established when MC has affirmatively identified a commercial insurance payer source and has begun the process of recovering payment. After two years from the date of service, AHCCCS will direct recovery efforts for any claims not identified by MC.

The overall timeframe for submission of claims for recovery is limited to three years from the date of service.

**Other Third-Party Liability Recoveries:** MC will identify the existence of potentially liable parties using a variety of methods, including referrals, and data mining using trauma code edits, utilizing codes provided by AHCCCS. MC shall not pursue recovery in the following circumstances, unless the case has been referred to MC by AHCCCS or AHCCCS' authorized representative:

- Motor Vehicle Cases
- Other Casualty Cases
- Tort feasors
- Restitution Recoveries
- Worker's Compensation Cases

MC works directly with AHCCCS regarding Other Third-Party Liability Recoveries.

#### 4.33 - Copayments

#### **Collecting Copayments**

Copayments must be assessed and collected consistent with state law and Arizona Administrative Code requirements. Providers are responsible for collecting copayments. Providers may take reasonable steps to collect on delinquent accounts.

Any copayments collected are retained by the provider, but the provider must report that information to Mercy ACC-RBHA when submitting the encounter/claims data. All providers must report in their annual audited financial statements the separately identified amounts for copayments received from eligible members for covered behavioral health services and reported to AHCCCS in the encounter.



The collection of copayments is an administrative process, and as such, copayments must not be collected in conjunction with a member's treatment. All efforts to resolve non-payment issues, as they occur, must be clearly documented in the member's comprehensive clinical record.

#### **Copayments**

Copayments are specified dollar amounts members pay directly to a provider for each item or service they receive. There are federal limits for certain services and populations.

### Copayments are never charged to the following members:

- Children under age 19;
- People determined to be Seriously Mentally III (SMI) by the Arizona Department of Health Services;
- Individuals up through age 20 eligible to receive services from the Children's Rehabilitative Services program;
- People who are acute care AHCCCS members and who are residing in nursing homes or residential facilities such as an Assisted Living Home and only when the acute care member's medical condition would otherwise require hospitalization. The exemption from copayments for acute care members is limited to 90 days in a contract year;
- People who are enrolled in the Arizona Long Term Care System (ALTCS);
- People who are eligible for Medicare Cost Sharing in 9 A.A.C. 29 Copayment;
- People who receive hospice care;
- American Indian members who are active or previous users of the Indian Health Service, tribal health programs operated under P.L. 93-638, or urban Indian health programs;
- Adults eligible under A.A.C. R9-22-1427(E). These individuals are known as the Adult Group. Members in the Adult Group are individuals 19-64, who are not pregnant, do not have Medicare and are not eligible in any other eligibility category and whose income does not exceed 133% of the federal poverty level (FPL). The adult group includes individuals who were previously eligible under the AHCCCS Care program with income that did not exceed 100% of the FPL as well as other adults described in A.A.C. R9-22-1427(E) with income above 100% FPL but not greater than 133% FPL;
- Individuals in the Breast & Cervical Cancer Treatment Program; and
- Individuals receiving child welfare services under Title IV-B of the Social Security Act because of being a child in foster care or receiving adoption or foster care assistance under Title IV-E.

**NOTE:** Copayments referenced in this chapter means copayments charged under Medicaid (AHCCCS). It does not mean a member is exempt from Medicare copayments.



Copayments are never charged for the following services for anyone:

- Inpatient hospital services and services in the Emergency Department;
- Emergency services;
- Family Planning services and supplies;
- Pregnancy related health care and health care for any other medical condition that may complicate the pregnancy, including tobacco cessation treatment for pregnant women;
- Preventative services such as well visits, immunizations, pap smears, colonoscopies, and mammograms;
- Services paid on a fee-for-service basis;
- Provider Preventable Conditions as described in the <u>AHCCCS Medical Policy Manual</u>, <u>Chapter 1000</u>.

#### Members with nominal (optional) copayments are:

- Caretaker relatives under R9-22-1427(A) (also known as AHCCCS for Families with Children under section 1931 of the Social Security Act);
- Individuals eligible under the Young Adult Transitional Insurance (YATI) for young adults who were in foster care;
- Individuals eligible for the State Adoption Assistance for Special Needs Children who are being adopted;
- Individuals receiving Supplemental Security Income (SSI) through the Social Security
   Administration for people who are age 65 or older, blind, or disabled;
- Individuals receiving SSI Medical Assistance Only (SSI MAO) for individuals who are age
   65 or older, blind, or disabled; and
- Individual in the Freedom to Work (FTW) program.

Providers needs to look up the member's eligibility to find out what copays they may have by going to Availity. Most people who get AHCCCS benefits are asked to pay the following nominal copayments for medical services:

### **Mandatory Copayments for Certain AHCCCS Members**

Nominal Copay Amounts for Some Medical Services		
Service	Copayment	
Prescriptions	\$2.30	



Out-patient services for physical, occupational and speech therapy	\$2.30
Doctor or other provider outpatient office visits for evaluation and management of your care	\$3.40

Members with higher income who are determined eligible for AHCCCS through the Transitional Medical Assistance (TMA) program will have mandatory copayments for some medical services. TMA members are described in AHCCCS rule **R9-22-1427(B)**.

When a member has a mandatory copayment, a provider can refuse to provide a service to a member who does not pay the mandatory copayment. A provider may choose to waive or reduce any copayment under this chapter. TMA members are not charged copayments if they are in a population or category listed in the above sections.

### Mandatory copayments for TMA members

Mandatory Copayments				
Service	Copayment			
Prescriptions	\$2.30			
Doctor or other provider outpatient office visits for evaluation and management of care. This excludes emergency room/emergency department visits	\$4.00			
Physical, Occupational and Speech Therapies	\$3.00			
Outpatient non-emergent or voluntary surgical procedures. This excludes emergency room/emergency department visits	\$3.00			

#### 5% Aggregate limit for nominal (optional) and mandatory copayments

The total aggregate number of copayments for members who have nominal (optional) and/or mandatory copayments cannot exceed 5% of the family's income on a quarterly basis. The AHCCCS Administration will review claims and encounters information to establish when a member's copayment obligation has reached 5% of the family's income and will communicate this information to providers. The member may also establish that the aggregate limit has been

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met on a quarterly basis by providing the AHCCCS Administration with records of copayments incurred during the quarter.

## Copayments for Non-Title XIX/XXI eligible members determined to have a Serious Mental Illness (SMI)

AHCCCS Copayments for Non-Title XIX/XXI eligible members who are determined to have a Serious Mental Illness (SMI):

- For individuals who are Non-Title XIX/XXI eligible members determined to have a SMI, AHCCCS has established a copayment to be charged to these members for covered services (A.R.S. 36-3409).
- Copayment requirements in this policy are <u>not applicable</u> to services funded by the Substance Abuse Block Grant (SABG), Mental Health Block Grant (MHBG) or Project for Assistance in Transition from Homelessness (PATH) federal block grant.
- Copayments are not assessed for crisis services or collected at the time crisis services are provided.
- Members determined to have SMI must be informed prior to the provision of services of any fees associated with the services (R9-21-202(A) (8)), and providers must document such notification to the member in his/her comprehensive clinical record.
- Copayments assessed for Non-Title XIX/XXI members determined to have SMI are intended to be payments by the member for all covered behavioral health services, but copayments are only collected at the time of the psychiatric assessment and psychiatric follow up appointments.
- Copayments are:
  - A fixed dollar amount of \$3;
  - Applied to in network services; and
  - Collected at the time services are rendered.
- Providers will be responsible for collecting copayments. Any copayments collected are reported in the encounter.

#### Providers will:

- Assess the fixed dollar amount per service received, regardless of the number of units encountered. Collect the \$3 copayment at the time of the psychiatric assessment or the psychiatric follow up appointment.
- Take reasonable steps to collect on delinquent accounts, as necessary.
- Collect copayments as an administrative process, and not in conjunction with a member's behavioral health treatment.



- Clearly document in the member's comprehensive clinical record all efforts to resolve non-payment issues, as they occur.
- Not refuse to provide or terminate services when an individual states he or she is unable to pay copayments described in this section. Mercy ACC-RBHA has established methods to encourage a collaborative approach to resolve non-payment issues, which may include the following:
  - Engage in informal discussions and avoid confrontational situations;
  - Re-screen the member for AHCCCS eligibility; and
  - Present other payment options, such as payment plans or payment deferrals, and discuss additional payment options as requested by the member.

#### **Other Payment Sources**

If a member has third party liability coverage, MC and their providers must follow the requirements for third party liability.

#### Medicare Part D Prescription Drug Coverage

All members eligible for Medicare Part A or enrolled in Medicare Part B are eligible for Medicare Part D Prescription Drug coverage. Dual eligible members (eligible for Medicaid and Medicare) no longer receive prescription drug coverage through Medicaid. To access Medicare Part D coverage, members must enroll in either a Prescription Drug Plan (PDP – fee-for-service Medicare) or a Medicare Advantage-Prescription Drug Plan (MA-PD – managed care Medicare).

#### Cost sharing responsibilities for members in a Medicare Part D PDP or MA-PD

The Medicare Part D Prescription Drug standard coverage includes substantial cost sharing requirements, which include monthly premiums; an annual deductible and co-insurance (see the Part D Voluntary Prescription Drug Benefit Program Benefits and Costs for People with Medicare).

Members with limited income and resources may be eligible for the Low-Income Subsidy (LIS) or "extra help" program (see the Social Security Administration for income and resource requirements). With this "extra help," all or a portion of the member's cost sharing requirements are paid for by the federal government. Dual eligible members on a Medicare Savings Program through AHCCCS (QMB, SLMB, or QI-1) are automatically eligible for the LIS program. Other members must apply for the LIS program. Title XIX/XXI funds are not available to pay any cost sharing of Medicare Part D. Mercy ACC-RBHA may utilize Non-Title XIX/XXI funds for cost sharing of Medicare Part D copayments for Non-Title XIX/XXI members determined to have SMI.

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#### 4.34 - Clinical Guidelines

To help provide MC members with consistent, high-quality care that utilizes services and resources effectively, we have chosen certain clinical guidelines to help our providers. These are treatment protocols for specific conditions as well as preventive health guidelines.

Please note that these guidelines are intended to clarify standards and expectations. They should not:

- Come before a provider's responsibility to provide treatment based on the member's individual needs.
- Constitute procedures for or the practice of medicine by the party distributing the guidelines.
- Guarantee coverage or payment for the type or level of care proposed or provided.

MC can mail the clinical guidelines to practitioners/providers who do not have fax, email, or internet access upon request. You can contact your Network Manager Representative in the Network Management department by calling 602-263-3000 or 800-624-3879.

#### **Clinical Oversight and Supervision**

Behavioral Health Paraprofessionals (BHPPs) that provide services in the public behavioral health system, shall receive supervision by a Behavioral Health Professional (BHP). Behavioral Health Technicians (BHTs) that provide services in the public behavioral health system shall receive clinical oversight by a BHP.

In addition to possessing the requisite licenses and other qualifications, BHPs providing clinical oversight of BHTs shall have demonstrated competence in delivering the same or similar services to members of comparable acuity and intensity of service needs as the BHTs they supervise. BHPs providing clinical oversight of BHTs shall also demonstrate the following key competencies:

- Demonstrated knowledge of the relevant best clinical practices and policies that guide the services being provided,
- Demonstrated knowledge of the policies and principles governing ethical practice,
- Demonstrated ability to develop individualized BHT competency development goals and action steps to accomplish these goals, and
- Demonstrated ability to advise, coach, and directly model behavior to improve interpersonal and service delivery skills.

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#### 4.35 - Office Administration Changes and Training Requirements

Providers are responsible to notify MC's Network Management of changes in professional staff at their offices (physicians, physician assistants or nurse practitioners). Administrative changes in office staff may result in the need for additional training. Contact your Network Relations Specialist/Consultant to schedule any needed staff training.

The following trainings are required for participation in the MC network:

- Medical records standards
- Fraud and abuse training
- Behavioral health step therapy for members with depression, post-partum depression, anxiety, and attention deficit/hyperactivity disorder (ADHD) in compliance with the AHCCCS medical policy manuals (appendices E and F)
- PCP training regarding behavioral health referral and consultation services

All providers and facilities must remain in good standing with any licensure or regulatory agency and adhere to all training requirements. This includes clinical supervision, orientation, and training requirements.

#### 4.36 - Consent Forms

For additional information, please refer to **Chapter 2.7 General and Informed Consent to Treatment** in the Mercy ACC-RBHA Provider Manual.

The following consent forms are available on the AHCCCS website:

- Certificate of Medical Necessity for Pregnancy Termination (AHCCCS Medical Policy Manual Exhibit, Policy 410, Attachment C)
- Consent for Sterilization (AHCCCS Medical Policy Manual Exhibit, Policy 420, Attachment A)
- Hysterectomy Consent Form (AHCCCS Medical Policy Manual Exhibit 820-1)
- Consent for the release of confidential medical records (Substance Abuse Treatment/HIV/AIDS).
- Attachment A Informed Consent for Psychotropic Medication Treatment

### **4.37 - Contract Additions or Terminations**

To meet contractual obligations and state and federal regulations, providers <u>must</u> report any terminations or additions to their contract at least 90 days prior to the change. Providers are required to continue providing services to members throughout the termination period.

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#### 4.38 - Continuity of Care

Providers terminating their contracts without cause are required to continue to treat MC members until the treatment course has been completed or care is transitioned. Authorization may be necessary for these services. Members who lose eligibility and continue to have medical needs must be referred to a facility or provider that can provide the needed care at no or low cost. MC is not responsible for payment of services rendered to members who are not eligible.

The Bureau of Health Systems Development has recently posted a new interactive website to help people easily locate a clinic that provides free or low-cost primary, mental and dental health services to people without health insurance. These Sliding Fee Schedule clinics determine, based on gross family income, the portion of billed charges that the uninsured client will be responsible for. Sliding Fee Schedules are based on current Federal Poverty Guidelines. The <a href="Interactive SFS Clinics">Interactive SFS Clinics</a> map will help you find a clinic in your community, simply by moving the cursor over your neighborhood, or by typing in your zip code or city.

The site also includes a downloadable complete listing of primary care or behavioral health SFS providers.

You can also download a Mobile App to find federally funded health centers on the go.

You may also contact MC's Care Management Department for assistance.

#### 4.39 - Contract Changes or Updates

Providers <u>must</u> report any changes to demographic information to MC at least 90 days prior to the change to follow contractual obligations and state and federal regulations. Providers are required to continue providing services to members throughout the termination period. For information on where to send change information, refer to the Table 8, Provider Record Updates (below).

Not notifying Mercy Care timely of these changes could result in financial ramifications. You may mail your changes to:

Mercy Care
Attention: Network Management
4750 S. 44<sup>th</sup> Place, Suite 150
Phoenix, AZ 85040

Or you may fax any changes to:

Mercy Care - 860-975-3201

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**Provider Record Updates Table** 

Type of Change	Notification Requirements	Send to	Time to Process
Individual or group name	Must mail updated W-9 and letter describing change and effective date	Network Management	90 days
Tax ID number	Must mail updated W-9 and letter describing change and effective date	Network Management	90 days
Address or Phone Number Change	Must mail or fax	Network Management	90 days
Staffing changes including physicians leaving the practice	Must mail or fax letter describing change and effective date	Network Management	90 days
Adding new office locations	Must mail or fax letter describing change and effective date	Network Management	90 days
Adding new physicians to current contract	Must mail or fax letter describing change and effective date	Network Management	90 days
Number of Beds Usage (i.e., reducing Residential Beds)	Must BE Pre-APPROVED	Network Administration	90 days

### 4.40 - Credentialing/Re-Credentialing

Providers are re-credentialed every three years and must complete the required reappointment application. Updates on malpractice coverage, state medical licenses and DEA certificates are also required. Please note that providers may not treat MC members until they are credentialed.

**Temporary/Provisional Credentialing Process** 

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MC shall have 14 calendar days from receipt of a complete application to render a decision regarding temporary or provisional credentialing. Once provisional/temporary credentialing is approved, provider information must be entered into MC's information system to allow payment to the provider effective the date the provisional credentialing is approved.

Providers working in a Federally Qualified Health Center (FQHC) and FQHC Look-alike Center, as well as hospital employed physicians (when appropriate), must be credentialed using the temporary or provisional credentialing process even if the provider does not specifically request their application be processed as temporary or provisional.

#### 4.41 - Licensure and Accreditation

Health delivery organizations such as hospitals, skilled nursing facilities, home health agencies and ambulatory surgical centers must submit updated licensure and accreditation documentation at least annually or as indicated.

#### <u>4.42 – Contract Enforcement</u>

If a provider fails to meet contract requirements or demonstrates a pattern of non-compliance, the provider may be subject to a contract enforcement action, including but not limited to:

- Corrective Action;
- Notice to Cure;
- Sanctions;
- Referral Restrictions; or

MC will review Provider non-compliance to determine contract enforcement action(s) that may be taken against Provider. The contract enforcement actions referenced in this section are in addition to and does not take precedence over or preclude MC from taking any other action(s) available to MC in contract or law arising from the same conduct or occurrence.

#### **Corrective Action**

When MC determines that the Provider is not in compliance with any term of its Contract, MC may request a corrective action plan (CAP) from Provider. CAP's will be due from the Provider within 15 business days of notice for non-compliance. Provider shall immediately implement a MC approved Corrective Action Plan (CAP).

#### **Notice to Cure**

When MC determines that the Provider is not in compliance with any term of its Contract, MC may issue a Notice to Cure to the Provider. Upon written Notice to Cure of the Provider's



noncompliance, the Provider shall demonstrate compliance by the date specified in the Notice to Cure. If Provider is not in compliance, as determined by MC, at the end of the specified period, provider may be subject to other enforcement action or remedy available to MC.

### **Referral Restrictions**

MC may restrict the referral of Members to a Provider when the Provider's services do not meet the standard of care for the Provider's area of practice, or the Provider has failed to meet performance standards or is otherwise out of compliance with its Contract.

#### **Sanctions**

In addition to financial sanctions permitted elsewhere in the Provider Manual or the Provider's contract with MC, the Provider may be subject to financial sanctions for failure to comply with any term of its Contract. Sanctions will also be passed down to provider that are incurred by MC from AHCCCS, CMS or another regulator and which may be attributed to Provider. Provider will be notified in writing of the basis for the sanction. A provider may file a claim dispute if MC imposes a sanction against the provider.

- 1st sanction \$5,000 non-compliance contract requirement per location
- 2nd sanction \$10,000 non-compliance contract requirement per location
- 3rd sanction \$15,000 non-compliance contract requirement per location
- 4th sanction \$20,000 non-compliance contract requirement per location
- 5th sanction \$25,000 non-compliance contract requirement per location

#### **Referral Restrictions**

MC may restrict the referral of Members to a Provider when the Provider's services do not meet the standard of care for the Provider's area of practice, or the Provider has failed to meet performance standards or is otherwise out of compliance with its Contract.

#### **Repeat Occurrences**

Repeat occurrences of untimely submission of deliverables or reports, or incomplete or inaccurate reports or deliverables will trigger a compounding sanction process. **Under this** process, sanction amounts will be increased due to the provider's failure to remediate the problem through the Corrective Action, Notice to Cure or Sanction processes.

Providers who are "Out of Compliance" with Deliverable standards will be contacted by the Network Management representative to re-educate the provider on compliance requirements related to Deliverable's standards. The Network Management representative will continue to

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monitor provider compliance each month. If a provider remains out of compliance with Provider Deliverables, MC will implement the following schedule of sanctions.

<u>Untimely Deliverable or Reports</u>: \$1,000 sanction per each business day beyond the due date. For repeat untimely submission of the same Deliverable across reporting periods, MC will assess compounding sanctions in the \$1,000 increments for each business day beyond the due date. For example, Deliverable A was submitted two business days late in October and was subsequently late by one business day the following reporting month, a sanction of \$1,000 will be assessed for October and a sanction of \$2,000 for November. Compounding sanctions will not exceed \$5,000 for each business day beyond the specified deadline and will only be assessed for Deliverables.

<u>Incomplete and/or Inaccurate Deliverables or Reports</u>: \$5,000 for each rejection of a Deliverable due to incomplete and inaccurate reporting. For each repeat rejection of Deliverables which are incomplete or inaccurate across separate reporting periods, Providers may be subject to compounding sanctions in the \$5,000 increments for each rejection, not to exceed \$25,000 per rejected Deliverable. For example:

- 1st time Rejected Sanction \$5,000 per rejection
- 2nd time Rejected Sanction \$10,000 per rejection
- 3rd time Rejected Sanction \$15,000 per rejection
- 4th time Rejected Sanction \$20,000 per rejection
- 5th time Rejected Sanction \$25,000 per rejection

#### **Disputes**

Although Corrective Actions and Notice to Cures are not subject to dispute, Contracted providers are encouraged to notify MC if any of the performance deficiencies is identified as a dispute, including the factual and contractual basis for that position. Such information must be provided to your Network Management Representative with a copy to MercyCareNetworkManagement@MercyCareAZ.org.

A provider may file a claim dispute if MC imposes a sanction against the provider. Please refer to Provider Claim Disputes, for details regarding how to file a claim dispute related to sanctions under each Plan Specific Terms section.

#### 4.43 - Provider Financial Reporting

The Mercy Care Provider Financial Reporting Guide and Mercy Care Provider Financial Reporting Guide Attachments are available on our <u>Forms</u> web page under all lines of business.

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These documents were developed to ensure that all Mercy Care subcontracted providers and vendors develop and understand the financial requirements and responsibilities inherent in their contract with Mercy Care. The primary objectives of this reporting guide are to establish consistency and uniformity in financial reporting and to provide guidelines to assist providers in meeting contractual reporting requirements.

#### The Guide includes:

- General Accounting Requirements
- Requirements for Reporting
- Unaudited Annual and Quarterly Reports
- Audited Financial Reporting
- Provider Delivery Schedule16
- Fee Schedule and Funding Requests

### <u>4.44 – Duty to Report Abuse, Neglect or Exploitation</u>

### Duty to Report Abuse, Neglect and Exploitation of Incapacitated/Vulnerable Adults

Mercy Care subcontracted healthcare providers responsible for the care of an incapacitated or vulnerable adult and who have a reasonable basis to believe that abuse or neglect of the adult has occurred or that exploitation of the adult's property has occurred shall report this information immediately either in member or by telephone. This report shall be made to a peace officer or to a protective services worker within APS. Information on how to contact APS to make a report is located by going to the webpage for the APS Central Intake Unit. A written report must also be mailed or delivered within forty-eight hours or on the next working day if the forty-eight hours expire on a weekend or holiday. The report shall contain:

- The names and addresses of the adult and any members who have control or custody of the adult, if known;
- The adult's age and the nature and extent of his/her incapacity or vulnerability;
- The nature and extent of the adult's injuries or physical neglect or of the exploitation of the adult's property; and
- Any other information that the member reporting believes might be helpful in establishing the cause of the adult's injuries or physical neglect or of the exploitation of the adult's property.

Upon written and signed request for records from the investigating peace officer or APS worker, the member who has custody or control of medical or financial records of the incapacitated or vulnerable adult for whom a report is required shall make such records, or a copy of such records, available. Records disclosed are confidential and may be used only in a judicial or administrative proceeding or investigation resulting from the report. If psychiatric



records are requested, the custodian of the records shall notify the attending psychiatrist, who may remove the following information from the records before they are made available:

- Personal information about individuals other than the patient; and
- Information regarding specific diagnoses or treatment of a psychiatric condition, if the attending psychiatrist certifies in writing that release of the information would be detrimental to the patient's health or treatment.

If any portion of a psychiatric record is removed, a court, upon request of a peace officer or APS worker, may order that the entire record or any portion of such record contains information relevant to the reported abuse or neglect be made available to the peace officer or APS worker investigating the abuse or neglect.

# Duty to Report Abuse, Physical Injury, Neglect and Denial/Deprivation of Medical or Surgical Care or Nourishment of Minors

Any Mercy Care healthcare subcontracted provider who reasonably believes that any of the following incidents has occurred shall immediately report this information to a peace officer or to a DCS worker by calling the Arizona Child Abuse Hotline at (888) 767-2445; TDD - (602) 530-1831; or (800) 530-1831:

- Any physical injury, abuse, reportable offense, or neglect involving a minor that cannot be identified as accidental by the available medical history; or
- A denial or deprivation of necessary medical treatment, surgical care, or nourishment with the intent to cause or allow the death of an infant.

If a report concerns a member who does not have care, custody or control of the minor, the report shall be made to a peace officer only. Reports shall be made immediately by telephone or in member and shall be followed by a written report within seventy-two hours. The report shall contain:

- The names and addresses of the minor and the minor's parents or the member(s) having custody of the minor, if known.
- The minor's age and the nature and extent of the minor's abuse, physical injury, or neglect, including any evidence of previous abuse, physical injury, or neglect.
- Any other information that the member believes might be helpful in establishing the cause of the abuse, physical injury, or neglect.

If a physician, psychologist, or behavioral health professional receives a statement from a member other than a parent, stepparent, or guardian of the minor during the course of providing sex offender treatment that is not court ordered or that does not occur while the offender is incarcerated in the State Department of Corrections or the Department of Juvenile



Corrections, the physician, psychologist, or behavioral health professional may withhold the reporting of that statement if the physician, psychologist, or behavioral health professional determines it is reasonable and necessary to accomplish the purposes of the treatment.

Upon written request by the investigating peace officer or DCS Specialist, the member who has custody or control of medical records of a minor for whom a report is required shall make the records, or a copy of the records, available. Records are confidential and may be used only in a judicial or administrative proceeding or investigation resulting from the required report. If psychiatric records are requested, the custodian of the records shall notify the attending psychiatrist, who may remove the following information before the records are made available:

- Personal information about individuals other than the patient.
- Information regarding specific diagnoses or treatment of a psychiatric condition, if the attending psychiatrist certifies in writing that release of the information would be detrimental to the patient's health or treatment.

If any portion of a psychiatric record is removed, a court, upon request by a peace officer or DCS Specialist, may order that the entire record or any portion of the record that contains information relevant to the reported abuse, physical injury or neglect be made available for purposes of investigation.

### 4.45 - Duty to Warn

# **Duty to Protect Potential Victims of Physical Harm**

All Mercy Care healthcare providers have a duty to protect others against the violent conduct of a patient. When a Mercy Care healthcare provider determines, or under applicable professional standards, reasonably should have determined that a patient poses a serious danger to others, he/she bears a duty to exercise care to protect the foreseeable victim of that danger. The foreseeable victim need not be specifically identified by the patient but may be someone who would be the most likely victim of the patient's violent conduct.

While the discharge of this duty may take various forms, the Mercy Care healthcare provider need only exercise that reasonable degree of skill, knowledge and care ordinarily possessed and exercised by members of that professional specialty under similar circumstances. Any duty owed by a Mercy Care healthcare provider to take reasonable precautions to prevent harm threatened by a patient can be discharged by any of the following, depending upon the circumstances:

- Communicating, when possible, the threat to all identifiable victims;
- Notifying a law enforcement agency in the vicinity where the patient or any potential victim resides;



- Taking reasonable steps to initiate proceedings for voluntary or involuntary hospitalization, if appropriate; or
- Taking any other precautions that a reasonable and prudent mental health provider would take under the circumstances.

#### 4.46 - Marketing

Providers may not market MC's name, logo, or likeness without prior approval. If a provider advertisement refers to MC's name, logo, or likeness, the advertising must be prior approved by AHCCCS.

### 4.47 - Provider Policies and Procedures - Health Care Acquired Conditions and Abuse

As a prerequisite to contracting with an organizational provider, MC must ensure that the organizational provider has established policies and procedures that meet AHCCCS requirements. The requirements must be met for all organizational providers (including, but not limited to, hospitals, home health agencies, attendant care agencies, group homes, nursing facilities, behavioral health facilities, dialysis centers, transportation companies, dental and medical schools, and free-standing surgi-centers); and the process by which the subcontractor reports at a minimum incidences of Health Care Acquired Conditions, abuse, neglect, exploitation, injuries, suicide attempts and unexpected death to MC.

#### 4.48 - Availity

Availity allows you to do the following:

- Payer Spaces
- Claims Submissions Link (Change HealthCare)
- Contact Us messaging
- Eligibility and Benefits
- Enhanced Panel Roster
- Claims status inquiry
- Provider Intake (i.e., ALTCS Referrals, Member Paneling, Crisis/State-Only Membership)
- Grievance and Appeals
  - Grievance submission
  - Appeal submission
  - Grievance and Appeal status
- Panel Roster Panel lookup
- Reports
  - PDM/ProReports (Provider Deliverable Manager)



- Ambient (business intelligence reporting)
- Prior Authorization Submission and status lookup

Availity allows you to register with several payers. You simply need to select Mercy Care from your list of payers to start using the available tools and features listed above.

If you are not registered, we recommend that you do so immediately. Click on the link for <u>Availity Registration</u> to register with Availity.

For registration assistance, please call Availity Client Services at 800-282-4548 between the hours of 8:00 a.m. and 8:00 p.m. Eastern time, Monday-Friday (excluding holidays). Un-registered providers should watch for the emails coming soon from Availity, there will be a wealth of information to assist you on what your next steps should be.

Visit the <u>Availity</u> landing page where you can find information about our new Availity Provider Portal.

# <u>4.49 – Provider Directory</u>

Mercy Care's Provider Directory is online and can be found on our <u>Find A Provider/Pharmacy</u> web page. The directory allows you to:

- Search by provider name and/or specialty.
- Indicate whether providers are accepting referrals and conducting initial assessments.
- Identify provider locations that provide physical access, accessible equipment, and/or reasonable accommodations for members with physical or cognitive disabilities.

It is very important for providers to promptly notify Mercy Care of any changes that would impact the accuracy of the provider directory (e.g., change in telephone, fax number, or no longer accepting referrals).



# MC Chapter 5 – Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

# 5.00 - EPSDT Program Overview

The Early and Periodic Screening, Diagnostic and Treatment program (EPSDT) is a comprehensive child health program of prevention, treatment, correction, and improvement (amelioration) of physical and mental health problems for AHCCCS members under the age of 21 as described in 42 USC 1396d (a) and (r). The EPSDT program is governed by federal and state regulations and community standards of practice. All PCPs who provide services to members under age 21 are required to provide comprehensive health care, screening, and preventive services, including, but not limited to:

- Primary prevention
- Early intervention
- Diagnosis
- All services required to treat or improve a defect, problem or condition identified in an EPSDT screening.

Please refer to the Claims Processing Manual on our <u>Claims Information</u> webpage, Chapter 3 – Early Periodic Screen and Developmental Testing (EPSDT) on MC's website for specific claim codes.

# **5.01 - Requirements for EPSDT Providers**

PCPs are required to comply with regulatory requirements and MC preventative requirements which include:

- Documenting immunizations within 30 days of administration into Arizona State Immunization Information System (ASIIS) and enroll every year in the Vaccine for Children Program.
- Providing all screenings and treatments according to the AMPM 430-A AHCCCS EPSDT Periodicity Schedule and community standards of practice. The Attachment A -Periodicity Schedule can be viewed by accessing the AHCCCS' website.
- Ensuring all infants receive both the first and second newborn screening tests. Specimens for the second test may be drawn at the PCP's office and mailed directly to the Arizona State Laboratory, or the member may be referred to MC's contracted laboratory for the draw.
- Using the current AHCCCS EPSDT Clinical Sample Template or electronic health records (EHR) to document all EPSDT well visit required screenings, treatments, and services provided and ensure they are in compliance with AHCCCS standards. The AHCCCS Attachment E – Clinical Sample Templates is available under our Forms section. This document contains all the EPSDT Clinical Sample Templates, by age, and can be used in

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place of ordering the forms. The **EPSDT Supply Order Form is** also available on MC's website under **Forms**.

- This order form can be used to order specific EPSDT Clinical Sample Templates, by age, for use.
- Faxing the EPSDT forms to Mercy Care is the preferred delivery method. The EPSDT Form Fax number is 602-431-7157. If mailing the forms, please send to:

Attn: Medical Management EPSDT Dept

4750 44th Place, Suite 150

Phoenix, AZ 85040

- Using all clinical encounters to assess the need for EPSDT screening and/or services.
- Documenting in the medical record the member's decision not to participate in the EPSDT program, if appropriate.
- Making referrals for diagnosis and treatment when necessary and initiate follow-up services within 60 days.
- Scheduling the next appointment at the time of the current office visit for children 30 months of age and younger.
- Reporting all EPSDT encounters on required claim forms, using the Preventive Medicine Codes.
- Discuss family planning services and supplies with any members that are of reproductive age or members that are sexually active.
- Referring Mercy Care ACC and DD members to Children's Rehabilitative Services (CRS) when they have conditions covered by the CRS program.
- Referring members to community resources such as WIC, Raising Special Kids Home Visiting Programs, Early Head Start/Head Start, and the Birth to Five Helpline as appropriate. \*Refer and coordinate care with AzEIP to identify members from ages birth up to three years of age with developmental disabilities that are needing services, family education, and family support.
- Utilizing current validated screening tools to assess for developmental and behavioral health needs, Social Determinants of Health (SDOH), and trauma.
- Referring members to WIC, AzEIP and Head Start as appropriate.
- Initiating and coordinating referrals to behavioral health providers, as necessary.

# An EPSDT well visit includes the following basic elements:

- Comprehensive health and developmental history, including growth and development screening (includes physical, nutritional, and behavioral health assessments).
- General Developmental screening for members aged 9, 18 and 30 months.
- Autism Specific developmental screening for members aged 18 and 24 months.

# **CHAPTER 100 – GENERAL TERMS**

- Comprehensive unclothed physical examination.
- Appropriate immunizations according to age and health history.
- Laboratory tests appropriate to age and risk for the following: blood lead, tuberculosis skin testing, anemia testing and sickle cell trait.
- Health education and counseling about child development, healthy lifestyles and accident and disease prevention.
- Providing nutritional screening to assess the need for metabolic medical foods, nutritional therapy, and/or nutrition referrals if necessary.
- Providing oral health services such as oral health screenings and dental referrals
- Applying fluoride varnish for members 6 months of age with at least one tooth erupted, reapplying once every 3 months up to the age of 5.
- BMI Monitoring with Nutritional Education and Referral (if appropriate).
- Anticipatory guidance.

#### 5.02 - Health Education

The PCP is responsible for ensuring that health counseling and education are provided at each EPSDT visit. Anticipatory guidance should be provided so that parents or guardians know what to expect in terms of the child's development. In addition, information should be provided regarding accident and disease prevention, and the benefits of a healthy lifestyle.

# **Screenings**

### 5.03 - Periodic Screenings

The AHCCCS EPSDT Periodicity Schedule specifies the screening services to be provided at each stage of the child's development. The AHCCCS AMPM 430-E EPSDT Periodicity Schedule can be viewed on the AHCCCS website. This schedule follows the Center for Disease Control (CDC) recommendation. Children may receive additional inter-periodic screening at the discretion of the provider. MC does not limit the number of well-child visits those members under age 21 receive. Claims should be billed with the following CPT/ICD-9-CM Diagnosis (prior to 10/1/15) or ICD-10-CM Diagnosis (effective 10/1/15 and after) Codes based on age appropriateness:

# Codes to Identify Well-Child Visits - Ages 0 - 15 Months

<u>CPT</u>	ICD-9-CM Diagnosis Codes for Dates of Service
	Prior to 10/1/15
99381, 99382, 99391, 99392, 99461	V20.2, V20.31, V20.32, V70.0, V70.3, V70.5, V70.6, V70.8, V70.9

**ICD-10-CM Diagnosis Codes for Dates of Service** 

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# After 10/1/15

Z00.121, Z00.129, Z00.110, Z00.111, Z02.89, Z00.8,

Z00.70, Z00.71

Codes to Identify Well-Child Visits – Ages 3 – 6 Years

<u>CPT</u> <u>ICD-9-CM Diagnosis Codes for Dates of Service</u>

**Prior to 10/1/15** 

99382, 99383, 99392, 99393 V20.2, V70.0, V70.3, V70.5, V70.6, V70.8, V70.9

**ICD-10-CM Diagnosis Codes for Dates of Service** 

After 10/1/15

Z00.121, Z00.129, Z02.89, Z00.8, Z00.5, Z00.70,

Z00.71

# **Codes to Identify Well-Care Visits – Adolescents**

<u>CPT</u> <u>ICD-9-CM Diagnosis Codes for Dates of Service</u>

Prior to 10/1/15

99383-99385, 99393-99395 V20.2, V70.0, V70.3, V70.5, V70.6, V70.8, V70.9

**ICD-10-CM Diagnosis Codes for Dates of Service** 

After 10/1/15

Z00.121, Z00.129, Z02.89, Z00.8, Z00.5, Z00.70,

Z00.71

Well Child Visits for sports and other activities should be based on the most recent EPSDT Well Child Visit, as the annual Well Child Visits are comprehensive and should include all the services required for sports or other activities. AHCCCS does not cover sports or other physicals solely for that purpose. If it can be combined with a regularly scheduled EPSDT visit, it is covered, though no additional payment would be allowable for completing the school or other organization paperwork that would allow the child to participate in the activity.

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# 5.04 - Nutritional Assessment and Nutritional Therapy

MC covers nutritional assessment and nutritional therapy for EPSDT members on an enteral, parenteral, or oral basis when determined medically necessary to provide either complete daily dietary requirements, or to supplement a member's daily nutritional and caloric intake.

The following requirements apply:

- Nutrition and the member's weight must be assessed at each visit.
- Providers must attempt to identify any possible causes of the members growth and development issues and document this in the members medical records. If the issues cause the member to be underweight or overweight, then the provider must address these concerns with the member/caregiver.
- Members in need of nutritional therapy should be identified and referred to a registered dietician in Mercy Care's network, including our overweight and underweight members.
- Members in need of nutritional supplements may be referred to Aveanna Healthcare;
   Mercy Care's contracted DME provider for these services.
- Nutritional therapy requires prior authorization and approval by Mercy Care. In order to determine prior authorization, Mercy Care requires the <u>AHCCCS Policy 430, Attachment B, Certificate of Medical Necessity for Commercial Oral Nutritional Supplements form, along with clinical notes, supporting documentation and evidence of required criteria as indicated in the Certificate of Medical Necessity to be sent to Aveanna Healthcare. Their fax number is 844-754-1345. Aveanna Healthcare will contact Mercy Care to request prior authorization.</u>
- Supporting documentation must accompany the Certificate of Medical Necessity for Commercial Oral Nutritional Supplements. This documentation must demonstrate that the member meets all of the required criteria and meets medical necessity on an individual basis.

For detailed information regarding Nutritional Assessment and Nutritional Therapy, please refer to the <u>AHCCCS Medical Policy Manual</u>, Chapter 400 – Medical Policy for Maternal and Child Health.

### <u>5.05 – Developmental Screening Tools</u>

Developmental surveillance should be part of every EPSDT visit, and if concerns are noted, further screenings and/or referrals would be indicated.

Developmental screenings are part of the EPSDT well visit services. That can be done during any well visit; however, there are screening tools that must be utilized during specific EPSDT well visits as noted in the AMPM 430 EPSDT Policy.

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EPSDT providers shall use up-to-date community accepted screening tools, which can be found on the American Academy of Pediatrics (AAP) and Bright Futures website. Providers shall be training in the use and scoring of these developmental screening tools, as indicated by the AAP. The general developmental screenings are required during the 9 month, 18 month and 30 month EPSDT visits. The Autism Specific Development (ASD) Screenings are required during the 18 month and 24 month EPSDT visits. Below are some examples of accepted screening tools:

- Ages and Stages Questionnaires<sup>™</sup> Third Edition (ASQ) is a tool which is used to identify developmental delays in the first 5 years of a child's life. The sooner a delay or disability is identified, the sooner a child can relate to services and support that make a real difference.
- Ages and Stages Questionnaires®: Social-Emotional (ASQ:SE) is a tool which is used to
  identify developmental delays for social-emotional screening.
- The Modified Checklist for Autism in Toddlers (M-CHAT) may be used only as a screening tool by a primary care provider, for members 16-30 months of age, to screen for autism when medically indicated.
- <u>The Parents' Evaluation of Developmental Status (PEDS-R)</u> may be used for developmental screening of EPSDT-aged members. Age range Birth to 8 years of age.

EPSDT provider may bill for this service if the following criteria is met:

- The member's EPSDT visit is at either 9, 18, 24 and 30 months old.
- Prior to providing the service, the provider has completed the required training for the developmental screening tool being utilized; and
- Copies of the completed tools must be retained in the medical record.

A copy of the screening tool must also be submitted to CAQH, regardless of the credentialing process. CAQH is not required for payment, but it is required for our EPSDT provider audits.

In September 2023, AHCCCS changed their EPSDT well visit developmental screening coding for claims payment.

- For an EPSDT visit that includes a global developmental screening use the CPT code 96110 with EP modifier AND the ICD-10 code Z13.42.
- For an EPSDT visit that includes a domain specific developmental screening (such as ASD), use the CPT code 96110 with EP modifier.
- For these EPSDT visits, the 96110-EP code can be used twice in the same visit when clinical circumstances warrant more than one tool to be used during the visits.

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# 5.06 - Oral Health and PCP Application of Fluoride Varnish

Providers who have completed the AHCCCS required training may be reimbursed for fluoride varnish applications completed during the EPSDT visit for members who are at least 6 months of age, with at least 1 tooth eruption. Additional applications may be applied as often as every three months between the ages of 6 month and 5 years of age. This will increase the availability of this service from two to four times a year as clinically indicated.

AHCCCS recommended training for fluoride varnish application is located on the American Academy of Pediatrics (AAP) website. The training covers caries risk assessment, fluoride varnish and counseling. Upon completion of the required training, providers must submit a copy of their training certificate to CAQH. The certification being placed in CAQH will be used in the credentialing process to verify completion of training necessary for reimbursement. The certificate being placed in CAQH is also required for our EPSDT provider audits.

Refer to AHCCCS AMPM 431, EPSDT Oral Health Care policy for more details, as well as AAP.

Please refer to our Claims Processing Manual on our <u>Claims Information</u> web page, Chapter 3 – Early and Periodic Screen and Developmental Testing (EPSDT), Section 3.3 – PCP Application of Fluoride Varnish for additional claims processing information.

### 5.07 - Pediatric Immunizations/Vaccines for Children Program

EPSDT covers all child and adolescent immunizations. Immunizations must be provided according to the <u>Advisory Committee on Immunization Practices (ACIP)</u> guidelines and be up to date. EPSDT providers are required to coordinate with the Arizona Department of Health Services' (ADHS) Vaccine for Children Program (VFC) to obtain vaccines for MC members who are 19 years of age and under. EPSDT providers must also enroll in the VFC program every year.

Additional information can be attained by calling <u>Vaccine for Children (VFC)</u> at 602-364-3642 or by accessing their website.

Arizona law requires the reporting of all immunizations administer4ed to children under 19 years old. AHCCCS also requests that providers document immunizations of members who are 19-20 years old in ASIIS. Immunizations must be reported within 30 days of administration to ADHS. Reported immunizations are held in a central database, the Arizona State Immunization Information System (ASIIS) that can be accessed online to obtain complete, accurate records. Per AMPM 430 EPSDT Policy, MC will audit providers to ensure their compliance with enrolling

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in the VFC program annually and entering immunizations into ASIIS within 30 days of administration.

Additional information for ASIIS:

Phone: 602-364-3899

Email: ASIISHelpDesk@azdhs.gov

Website: **ASIIS** 

Please note that on October 1, 2012, a policy change with the VFC program went into effect. With this update, federal vaccines can no longer be used to immunize privately insured children. Although a newborn may be eligible for Medicaid, hospitals cannot make an absolute determination that a newborn is not also eligible for private insurance at the time that this immunization would be administered. Because of this, the hospitals face the potential of administering VFC vaccines to newborns against the federal requirements. Since many hospitals have dis-enrolled from the VFC program due to this new policy, newborns who are delivered at the facilities may not receive the birth dose of the Hepatitis B vaccine.

MC requests that all primary care providers and pediatricians caring for newborns review each member's immunization records fully upon the initial visit, and subsequent follow-up visits, regardless of where the child was delivered. It is our intention to ensure that the newborns receive all required vaccines, and that those who have not received the birth dose of the Hepatitis B vaccine in the hospital be "caught up" by their primary care provider.

### 5.08 - Body Mass Index (BMI)

Providers should calculate each child's BMI starting at 24 months until the member is 21 years old. Body mass index is used to assess underweight, overweight, or adequate weight gain. BMI for children is gender and age specific. PCPs are required to calculate the child's BMI and percentile. Additional information is available at the CDC website regarding <a href="Body Mass Index (BMI)">Body Mass Index (BMI)</a>.

The following established percentile cutoff points are used to identify underweight and overweight in children:



# **Body Mass Index (BMI)**

Underweight - BMI for age <5<sup>th</sup> percentile

At risk of Overweight - BMI for age 85<sup>th</sup> percentile to <95<sup>th</sup> percentile

Overweight - BMI for age > 95<sup>th</sup> percentile

If a child is determined to be below the 5th percentile, or above the 85th percentile, the PCP should provide guidance to the member's parent or guardian regarding:

- Education on diet, exercise, and the importance of living a healthy lifestyle.
- Referrals to a dietician or nutritionist, if necessary.
- The growth and development issues that may arise when a person is underweight or overweight.

Additional resources available for your review regarding the prevention of childhood obesity include:

- AAP Institute for Healthy Childhood Weight
- AAP Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity
- ADHS
- CDC BMI Assessment

### 5.09 - Blood Lead Screening

In accordance with the AHCCCS Medical Policy Manual (AMPM) 430 EPSDT Policy, all children 12 months and 24 months of age must have a blood lead test. In addition, children between the ages of 24 months and 72 months of age who have not been previously tested, or who missed either the 12 month or 24-month test, must have a blood lead test. Blood lead levels may be tested at times other than those specified if thought to be medically indicated by responses to a verbal blood lead screening, or in response to parental concerns. Additional testing for children less than 6 years of age is based on the child's risk as determined by either the residential zip code or presence of other known risk-factors.

Verbal blood lead screening is recommended to be completed at each EPSDT visit for children 6 months to 6 years of age. Verbal blood lead screening results should identify members who are at high-risk for blood lead poisoning and in need of blood lead testing.

**Low risk:** All verbal blood lead screening questions are answered "No." **High-risk:** One or more verbal blood lead screening questions are answered "Yes" or "Unsure."



#### **LEAD TESTING and SCREENING REQUIREMENTS**

Re	equired Blood Lead Testing	Recommended Verbal Blood Lead Screening
•	12 months of age.	Completed at each EPSDT visit for
•	24 months of age.	children 6 months to 6 years of age.
•	Between 24 months and 6 years of age	
	if child has not been previously tested.	
•	Child missed either the 12 month or	
	24-month test.	
•	One or more verbal blood lead	
	screening questions are answered	
	"Yes" or "Unsure."	

Anticipatory guidance to provide an environment safe from lead, shall still be included as part of each EPSDT visit from 6 months to 6 years of age. For a complete list of high-risk zip codes, please visit the **Arizona Department of Health Services** by clicking the link.

A blood lead test result equal to or greater than 3.5 micrograms of lead per deciliter of whole blood obtained by capillary specimen or fingerstick shall be confirmed using a venous blood sample. If you have questions about lead toxicity, testing, treatment or reporting (blood lead level >3.5 ug/dL is reportable), call the Arizona Department of Health Services (ADHS) at 602-364-3118 or log on to the ADHS Lead Poisoning Prevention Program by clicking on the link.

To access additional Information about the <u>ADHS Targeted Lead Screening Plan for the Prevention of Childhood Lead Poisoning</u>, please click on the link.

Mercy Care provides appropriate care coordination for EPSDT members who have elevated blood lead levels of 3.5 micrograms per deciliter or greater. Mercy Care will also assist with referral of members who lose AHCCCCS eligibility to low-cost or no-cost follow-up testing and treatment for those members that have a blood lead test result equal to or greater than 3.5 micrograms of lead per deciliter of whole blood.

#### **5.10** - Eye Examinations and Prescriptive Lenses

EPSDT includes eye exams and prescriptive lenses to correct or ameliorate defects, physical illness, and conditions. PCPs are required to perform basic eye exams and refer members to the contracted vision provider for further assessment.

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Mercy Care covers eyeglasses and eyeglass replacements for children and youth. Vision services for Mercy Care members include regular eye exams and vision screenings, prescription eyeglasses, and repairs or replacements of broken or lost eyeglasses.

There are no restrictions for replacement eyeglasses when medically necessary for vision correction. This coverage includes, but is not limited to, loss, breakage or change in prescription.

Caregivers do not need to wait until the next regularly scheduled vision screening to replace or repair eyeglasses. If the child/youth in their care breaks or loses their prescribed eyeglasses, an appointment needs to be scheduled for a vision screening with the child/youth's healthcare provider.

Federal law [42 USC 1396d(a)] requires Medicaid to cover all services when medically necessary and cost effective for Mercy Care members. This means that Mercy Care will cover these health services if the treatment or service is necessary to "correct or ameliorate" defects or physical and behavioral illnesses or conditions.

Providers and dispensers are to caution about "upselling" equipment for members. Members are not required to agree to any upgrades. To the extent that any upgrade is not AHCCCS covered and is to be a member responsibility, the provider must ensure the member agrees to accept financial responsibility and signs a document, in advance, accepting payment responsibility. The member agreement of financial responsibility document must also provide a description and approximate cost. General requirements for member billing are discussed in AAC R9-22-701.

### 5.11 - Hearing/Speech Screening

Hearing evaluation consists of appropriate hearing screens given according to the EPSDT schedule. Evaluation consists of history, risk factors, parental questions, and impedance testing.

- Pure-tone testing should be performed when medically necessary.
- Speech screening shall be performed to assess the language development of the member at each EPSDT visit.

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# 5.12 - Behavioral Health Screening

Screenings for mental health and substance abuse problems are to be conducted at each EPSDT visit. Treatment services are a covered benefit for members under age 21. The PCP is expected to:

- Initiate and coordinate necessary referrals for behavioral health and/or crisis services.
   PCPs may provide behavioral health services to eligible EPSDT members as long as it is within their scop of practice as specified in AMPM 510, Primary Care Provider policy.
- Monitor whether a member has received services.
- Keep any information received from a behavioral health provider regarding the member in the member's medical record.
- Initial and date copies of referrals or information sent to a behavioral health provider before placing in the member's medical record.
- If the member has not yet been seen by the PCP, this information may be kept in an appropriately labeled file in lieu of actually establishing a medical record but must be associated with the member's medical record as soon as one is established.
- Use age-appropriate validated screening tools to assess for behavioral health needs, social determinants of health (SDOH) and trauma. Screening tools must be saved to the member's medical records.

### 5.13 - Oral Health Screening and Dental Homes

As part of the physical examination, an oral health screening must be part of an EPSDT screening conducted by a physician, physician's assistant, or nurse practitioner. Providers must refer EPSDT members to a dentist for appropriate services based on the needs identified through the screening process and for routine dental care based on the AHCCCS EPSDT Dental Periodicity Schedule (AMPM Exhibit 431-1). Evidence of the referral must be documented in the member's medical record and on the submitted EPSDT Clinical Sample Template. Dental referrals should be made according to the following timeframes:

**Urgent:** (no longer than 3 business days) Pain, infection, swelling and/or soft tissue ulceration of approximately two weeks duration or longer.

**Routine:** (within 45 calendar days of the request) none of the above problems identified.

**Routine for DCS CHP Members:** (within 30 calendar days of the request) none of the above problems identified.

Members must be assigned to a dental home by one year of age. Members should make their first dental appointment by age one and have been seen by a dentist every six months thereafter. This aligns with the AHCCCS EPSDT Dental Periodicity Schedule (<u>AMPM Exhibit 431-1</u>). The provider may refer the member for a dental assessment at an earlier age if their oral

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health screening reveals potential carious lesions or other conditions requiring assessment and/or treatment by a dental professional. In addition to physician referrals, EPSDT members are allowed self-referral to an AHCCCS registered dentist.

Refer to <u>AHCCCS AMPM 431, EPSDT Oral Health Care</u> policy for more details. For information on the PCP Fluoride Application process, please see section <u>5.06 – PCP Fluoride Application</u>.

An oral health screening must be part of an EPSDT screening conducted by a PCP. However, it does not substitute for examination through direct referral to a dentist. PCPs must refer EPSDT members for appropriate services based on needs identified through the screening process and for routine dental care based on the AHCCCS EPSDT Periodicity Schedule. Evidence of this referral must be documented on the EPSDT Tracking Form and in the member's medical record.

# 5.14 - Tuberculin Skin Testing

Tuberculin skin testing should be performed as appropriate to age and risk. Children at increased risk of tuberculosis (TB) include those who have contact with persons:

- Confirmed or suspected of TB;
- In jail during the last five years;
- Living in a household with an HIV-infected person or the child is infected with HIV; and
- Traveling/emigrating from, or having significant contact with persons indigenous to, endemic countries.

# 5.15 - Metabolic Medical Foods

Children who have been diagnosed with the following genetic metabolic conditions and who need metabolic medical foods may receive services through their genetics provider. MC covers medical foods, within the limitations specified in the <a href="AHCCCS Medical Policy Manual">AHCCCS Medical Policy Manual</a>, (AMPM), <a href="Chapter 300">Chapter 300</a> — 310-GG Nutritional Therapy, Metabolic Foods, and Total Parenteral Nutrition, for members identified through the Newborn Screening Panel as having disorders such as:

- Phenylketonuria
- Homocystinuria
- Maple Syrup Urine Disease
- Galactosemia (requires soy formula)

# **State Programs**

### 5.16 - Arizona Early Intervention Program

The <u>Arizona Early Intervention Program</u> (herein AzEIP) is an early intervention program that offers a statewide system of support and services for children birth through three years of age and their families who have disabilities or developmental delays. This program was jointly

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developed and implemented by AHCCCS and the Arizona Early Intervention Program (AzEIP) to ensure the coordination and provision of EPSDT and early intervention services, such as physical therapy, occupational therapy, speech/language therapy and care coordination under Sec. 1905 [42 U.S.C 1396d]. Concerns about a child's development may be initially identified by the child's Primary Care Provider or by AzEIP.

#### If the PCP submits the AzEIP Referral:

- During the EPSDT well visit the PCP will determine the child's developmental status. This
  is done through discussion with the family/parents/guardian and by completing
  developmental screenings.
- The provider then notates the AzEIP referral and requested/suggested services in the member's electronic health record (EHR). If the provider is unsure about which services would be needed, they can request and evaluation to be completed.
- Submit the member's EPSDT Clinical Sample Template form or EHR to the MC EPSDT Department by faxing to 602-431-7157.
- The MC EPSDT Department will process the referral and may request additional information if necessary. Once all of the information is received, the coordinator will work with AzEIP to determine members enrollment and eligibility for the program.
- If appropriate, the AzEIP referral is entered into the <u>AzEIP Online Portal</u> and processed by AzEIP.
- Coordination and communication will occur between the MC AzEIP Coordinator, the provider, AzEIP, and/or the member to ensure the member receives services in a timely manner.

#### If AzEIP submits the AzEIP Referral:

- AzEIP has received a referral through their portal and it is processed. AzEIP meets with the interested parties (parents, guardians, caregivers, PCP, therapists, etc.) to retrieve the required information.
- AzeIP then submits all documentation to the MC EPSDT Department for processing.
   Documents submitted by AzeIP are:
  - A completed Individual Family Service Plan (IFSP), any assessments, evaluations, and developmental summaries completed during the IFSP process and a completed AzEIP Member Service Request (AMSR) form.
  - MC AzEIP Coordinator creates a prior authorization and forward all documents to the PCP for review.
  - PCP reviews the documents and assess for medical necessity. PCP notates on the AMSR form the member's diagnosis, the final decision date, and signature, and returns the AMSR form to the MC AzEIP Coordinator. The signed AMSR form

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must be returned to Mercy Care no later than 10 days from the date they received the request.

- MC AzEIP Coordinator completes the prior authorization with the PCP's final decision. The services can be approved, denied, or pended for an additional evaluation.
- Please note: For AzEIP requests the pended requests are treated as a denial to avoid untimely authorizations.
- PCPs should perform a follow up with the member to ensure therapies have begun and the members needs are met. Therapies must begin within 45 days of the date on the IFSP.

The AzEIP process can be found in the AMPM Policy 430, AzEIP Procedures and Coordination or on the DES website:

- AMPM Policy 430 C, AzEIP Procedures and Coordination
- AMPM Policy 430 D, AzEIP Member Service Request Form
- AzEIP Website
- AzEIP Phone 602-532-9960 or 1-888-592-0140
- AzEIP Email AzEIP.Info@raisingspecialkids.org
- MC AzEIP Fax: 959-900-6387
- MC AzEIP: MCAzEIP@mercycareaz.org



# MC Chapter 6 - Children's Rehabilitative Services (CRS)

# 6.00 - Children's Rehabilitative Services (CRS) Overview

Arizona's Children's Rehabilitative Services (CRS) program provides medical and behavioral health care, treatment, and related support services to Arizona Health Care Cost Containment System (AHCCCS) members who meet the eligibility criteria, have completed the application to be enrolled in the CRS program, and have been determined eligible.

CRS members receive the same AHCCCS covered services as non-CRS AHCCCS members. Services are provided for the CRS condition and other medical and behavioral health services for most CRS members. CRS members can receive care in the community, or in clinics called multispecialty interdisciplinary clinics, which bring many specialty providers together in one location.

# **6.01 - Integration Initiatives**

Arizona's Children's Rehabilitative Services (CRS) program, authorized by ARS 36-261 et seq., was originally created in 1929 to serve children with complex health care needs who required specialized services coordinated by a multidisciplinary team. The State of Arizona opted into the Medicaid program in 1982. CRS was folded under the AHCCCS umbrella to leverage federal dollars in providing medically necessary care. However, the CRS program and the services provided remained "carved out" of the AHCCCS managed care model, a model designed to facilitate accessibility to quality cost-effective care.

Historically, the CRS carve-out program provided specialty services to children with specific qualifying medical conditions. Care and services for the CRS qualifying condition(s) were provided through the sole CRS Contractor. However, that same member may also have received other acute care services through a different AHCCCS Contractor or through the American Indian Health Plan (AIHP) or received long-term care services through a different AHCCCS Long Term Care Contractor or the American Indian Fee-for-Service environment, as well as receiving behavioral health services through a AHCCCS Complete Care-Regional Behavioral Health Agreement (ACC-RBHA) or a Tribal Regional Behavioral Health Authority (TRBHA).

This fragmentation caused confusion for families and providers and created payment and care coordination responsibility issues between delivery systems. Improving the situation required a model design that reduced fragmentation and ensured optimal access to primary, specialty and behavioral care and which offers effective coordination of all service delivery through one AHCCCS Contractor.

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AHCCCS proposed an alternative to the "carve out" model of service delivery and payment for services provided to CRS-eligible individuals. Specifically, proposing that the model be replaced by a payer integration model that required one contractor/payer to assume responsibility for the delivery and payment of multiple services (i.e., services related specifically to CRS conditions as well as services related to primary care and, potentially, other needs like behavioral health). Ultimately, the purpose of such a model is to ensure optimal access to important specialty care as well as effective coordination of all service delivery.

Most AHCCCS members with CRS conditions were enrolled with a single statewide health plan (UnitedHealthcare Community Plan) for all or a portion of their health care services.

Beginning on October 1, 2018, these members were given the choice of an AHCCCS Complete Care (ACC) plan for all services (including CRS, other non-CRS physical health services, and all covered behavioral health services). Members who were already seeing a provider for a CRS condition had access to the same array of covered services with ACC health plans. Providers were required to notify the Care Management department when treatment for the CRS condition was completed.

Beginning on October 1, 2019, members with a CRS condition who are also enrolled in a Medicaid plan under Mercy DD are be included in this integration.

# **6.02 - CRS Qualifying Medical Conditions**

The AHCCCS published document, <u>Covered Conditions in the CRS Program</u> lists out medical conditions that are covered by CRS, as well as those conditions that are not covered.

# 6.03 - Who is Eligible for CRS

Any AHCCCS member under the age of 21 who has a CRS-covered condition as specified in the <u>Covered Conditions in the CRS Program</u> that requires active treatment. If the CRS applicant is not currently an AHCCCS member they must apply for AHCCCS either online or via phone:

- Online at: www.Healthearizonaplus.gov or
- Call AHCCCS toll free at 1-855-HEA-PLUS (toll-free 1-855-432-7587) or you may call our Member Services at 602-263-3000 or toll-free 800-624-3879 (TTY/TDD 711).

Anyone can fill out a CRS application form, including, a family member, doctor, or health plan representative. To apply for the CRS program, a CRS application, either in English or Spanish, needs to be filled out and mailed or faxed to the AHCCCS CRS Enrollment Unit, with medical documentation that supports that the applicant has a CRS qualifying condition.

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The AHCCCS CRS Enrollment Unit may also assist an applicant with completing the form. You can contact them at: 602-417-4545 or 1-855-333-7828.

# **CRS Application with Instructions:**

- CRS application form instructions English
- CRS application form English
- Instrucciones para completar la solicitud para Servicios de Rehabilitación Infantil (CRS)
- CRS application form Spanish

Once approved for the CRS program, an applicant is enrolled with an ACC Health Plan or DDD Health Plan of their choice. The chosen Health Plan will manage care for the CRS condition(s), along with the physical and behavioral health services of the member.



# **MC Chapter 7 – Family Planning**

### 7.00 - Family Planning Overview

Family planning services and supplies are provided through Aetna Medicaid Administrators LLC. Family planning services and supplies are those services provided by the appropriate family planning providers, are covered for members, regardless of gender who voluntarily choose to delay or prevent pregnancy. Services provided should be within each provider's training and scope of practice. Family planning services and supplies include covered medical, surgical, pharmacological, and labs. They also include the provision of accurate information and counseling to allow members to make informed decisions about the specific family planning methods that are available. Members may choose to obtain family planning services and supplies from an appropriate provider regardless of whether or not the family planning service providers are network providers. Members do not need prior authorization in order to obtain family planning services and supplies from an out-of-network provider.

Healthcare providers (including PCPs, Maternity Care Providers, and Pediatricians) are all required to discuss the availability of family planning services and supplies annually with any members of reproductive ages during their EPSDT visits, well woman visits, as well as during their Prenatal and Postpartum visits. This discussion should include the availability and benefits/risks of LARC (Long-Acting Reversible Contraceptive) and IPLARC (Immediate Postpartum Long-Acting Reversible Contraceptives). Contraceptives should also be recommended and prescribed for sexually active members. If a member's sexual activity presents a risk or potential risk, the provider should initiate an in-depth discussion on the variety of contraceptives available and their use and effectiveness in preventing sexually transmitted diseases (including HIV, syphilis, chlamydia, and gonorrhea). Such discussions must be documented in the member's medical record.

Please refer to our Claims Processing Manual on our <u>Claims Information</u> web page, <u>Chapter 2</u> – <u>Professional Claim Types by Specialty, Section 2.14 – Family Planning</u> for the submission of family planning claims.

### 7.01 - Provider Responsibilities for Family Planning Services

All providers are responsible for:

Contraceptives should be recommended and prescribed for sexually active members. PHPs are required to discuss the availability of family planning services annually. If a member's sexual activity presents a risk or potential risk, the provider should initiate an in-depth discussion on the variety of contraceptives available and their use and

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- effectiveness in preventing sexually transmitted diseases (including AIDS). Such discussions must be documented in the member's medical record.
- Making appropriate referrals to health professionals who provide family planning services and supplies if it is outside your scope of practice.
- Keeping complete medical records regarding referrals.
- Verifying and documenting a member's willingness to receive family planning services and supplies.
- Providing medically necessary management of members with family planning complications.
- Notifying members of the available family planning services and supplies using the following guidelines:
  - Services are provided in a manner free from coercion or behavioral/mental pressure;
  - Services are available and easily accessible to members;
  - Services are provided in a manner which assures continuity and confidentiality;
  - Services are provided by, or under the direction of, a qualified physician or practitioner; and
  - Services are documented in the member's medical record. Documentation must note if each member of reproductive age was notified either verbally or in writing of the availability of family planning services and supplies.
- Providers must be educated regarding covered and non-covered family planning services and supplies, including LARC and IPLARC options.
- Prior to inserting an intrauterine and subdermal implantable contraceptive, the provider has provided proper counseling to the eligible member to increase the member's success with the device according to the member's reproductive goals.
- Providing counseling and education to members of all genders that is age appropriate and includes information on:
  - o Prevention of unplanned pregnancies.
  - Counseling for unwanted pregnancies. Counseling should include the member's short and long - term goals.
  - Spacing of births to promote better outcomes for future pregnancies.
  - Preconception counseling to assist members in deciding on the advisability and timing of pregnancy, to assess risks and to reinforce habits that promote a healthy pregnancy.
  - Sexually transmitted diseases, to include methods of prevention, abstinence, and changes in sexual behavior and lifestyle that promote the development of good health habits.



### 7.02 - Covered and Non-Covered Services

Full health care coverage and voluntary family planning services are covered.

The following services are not covered for the purposes of family planning:

- Treatment of infertility;
- Pregnancy termination counseling;
- Pregnancy terminations;
- Hysterectomies for the purpose of sterilization;

### 7.03 - Prior Authorization Requirements

Prior authorization is required for family planning services, sterilization, or pregnancy termination. Prior authorization must be obtained before the services are rendered or the services will not be eligible for reimbursement.

To obtain authorization for family planning services, please complete the Aetna Medicaid Administrators LLC **Prior Authorization: Aetna Family Planning Service Request Form**, available on **Forms** web page. Requests should be faxed to:

Aetna Medicaid Administrators LLC 800-573-4165

To obtain authorization for sterilization or pregnancy - termination:

- Complete applicable form(s)
  - For sterilization: Aetna Medicaid Administrators LLC's Prior Authorization:
     Aetna Family Planning Service Request Form, available on our <u>Forms</u> web page, listed above and the AHCCCS Attachment A Consent for Sterilization Form contained in the <u>AHCCCS AMPM 420-Family Planning</u>. Permanent sterilization is only covered for MC members 21 years of age or older.
  - For pregnancy termination: Aetna Medicaid Administrators LLC's Prior Authorization: Aetna Family Planning Service Request Form, listed above.
- Fax completed prior authorization form and signed consent form prior to the procedure to:

Aetna Medicaid Administrators LLC 800-573-4165

For members enrolled in the Department of Economic Security, Division of Developmental Disabilities (DES/DDD) health professionals must obtain prior authorization from MC by faxing your request to 602-431-7155. Final determination will be made by the DES/DDD medical director prior to providing sterilization procedures for members enrolled with DES/DDD, in

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addition to Aetna Medicaid Administrators LLC. Notification of approved requests will be faxed or mailed to the provider.

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# **MC Chapter 8 - Maternity**

#### 8.00 - Maternity Overview

MC assigns newly identified pregnant members to a PCP to manage their routine non-OB care. The OB provider manages the pregnancy care for the member and is reimbursed in accordance with their contract.

If a member chooses to have an OB as their PCP during their pregnancy, MC will assign the member to an OB PCP. If an OB provider has been assigned for OB services for a member, the member will remain with their OB PCP until after their return to their previously assigned PCP.

Maternity services shall be provided for members of childbearing age in compliance with the most current American College of Obstetricians and Gynecologists (ACOG) standards. Prenatal care, labor/delivery, and postpartum care services may be provided by a Licensed Midwife (LM) within their scope of practice, while adhering to AHCCCS risk-status consultation/referral requirements.

Per AMPM 410, Maternity Care Services, Maternity Care Services include, but are not limited to:

- Medically necessary preconception counseling
- Identification of pregnancy
- Medically necessary education and prenatal services for the care of pregnancy
- The treatment of pregnancy-related conditions
- Labor and delivery services
- Postpartum care
- Family Planning Services and Supplies

### 8.01 - High-Risk Maternity Care

- In partnership with OB providers, MC care managers identify pregnant women who are
  "at risk" for adverse pregnancy outcomes. MC offers a multi-disciplinary program to
  assist providers in managing the care of pregnant members who are at risk because of
  medical conditions, substance use, serious mental illness (SMI), social circumstances or
  non-compliant behaviors. MC also considers factors such as noncompliance with
  prenatal care appointments and medical treatment plans in determining risk status.
- Referrals to High-Risk Care Management can be made by faxing both the completed ACOG and referral information electronically to <u>OBfaxes@aetna.com</u> or to the fax number 602-431-7552. Please include the provider group and Tax ID Number.



- Members identified as "at risk" are reviewed and evaluated for ongoing follow up during their pregnancy by an obstetrical care manager.
- When submitting the ACOG form, please clearly document all high-risk issues. Submitted forms are reviewed by our perinatal triage RN. All high-risk pregnant members are care managed by a skilled social worker or registered nurses throughout the perinatal and post-partum period.

### Maternity Care for Members with Developmental Disabilities

Women with developmental disabilities may have higher rates of adverse pregnancy outcomes. MC recognizes the needs of DDD enrolled pregnant women and our intent is to keep our providers updated.

ALL pregnant MC members with a Developmental Disability (DD) designation are considered high risk and require engagement by the high-risk perinatal care management team.

Identified DDD enrolled pregnant members enrolled in the care management process receive comprehensive interventions during the perinatal and post-partum periods by skilled professional care managers.

Providers caring for DDD enrolled pregnant women should:

- REFER ALL DDD enrolled pregnant MC members to the High-Risk Perinatal Care
  Management program. The perinatal care management team will assist with
  coordination of care by providing member specific education and support, along
  with referrals to community resources as needed.
- Referrals can be made by faxing both the completed ACOG and referral information electronically to <u>OBfaxes@aetna.com</u> or to the fax number 602-431-7552. Please include the provider group and Tax ID Number.
- When submitting the ACOG form, please clearly document all high-risk issues.
   Submitted forms are reviewed by our perinatal triage RN. All High-Risk pregnant members are care managed by a skilled social worker or registered nurses throughout the perinatal and post-partum period.

### 8.02 - OB Care Management

MC's perinatal care management provides comprehensive care management services to highrisk pregnant members, for improving maternal and fetal birth outcomes. The perinatal care management team consists of a social worker, care management associates, and professional registered nurses skilled in working with the unique needs of high-risk pregnant women.



Perinatal care managers take a collaborative approach to engage high risk pregnant members telephonically throughout their pregnancy and post-partum period.

Members who present with high-risk perinatal conditions should be referred to perinatal care management. These conditions include:

- a history of preterm labor before 37 weeks of gestation;
- bleeding and blood clotting disorders;
- chronic medical conditions;
- polyhydramnios or oligohydramnios;
- placenta previa, abruption or accreta;
- cervical changes;
- multiple gestation;
- teenage mothers;
- hyperemesis;
- poor weight gain;
- advanced maternal age;
- substance abuse;
- mental illness;
- domestic violence;
- non-compliance with OB appointments.

Referrals can be made by faxing the member information on the **Perinatal Referral Form**, available on our <u>Forms</u> web page, electronically to <u>OBfaxes@aetna.com</u> or to the fax number 602-431-7552. Please include the provider group and Tax ID Number.

#### 8.03 - OB Incentive Program

MC's perinatal care management offers an OB incentive program for providers who identify and refer members with high-risk pregnancies. The OB incentive program rewards providers with \$25.00 for each member ACOG submitted within the first trimester. Identification of high-risk conditions within the first trimester promotes early intervention of care coordination services and serves to improve birth outcomes.

#### 8.04 - Obstetrical Care Appointment Standards

MC has specific standards for the timing of initial and return prenatal appointments. These standards are as follows:

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# nercy care

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#### **Initial Visit**

All OB providers must make it possible for members to obtain initial prenatal care appointments within the time frames identified:

**Pre-Natal Care Appointment Availability Table** 

<u>Category</u>	Appointment Availability
First Trimester	Within 14 calendar days of the request for an appointment
Second Trimester	Within 7 calendar days of the request for an appointment
Third Trimester	Within 3 business days of the request for an appointment
Return Visits	Return visits should be scheduled routinely after the initial visit. Members must be able to obtain return prenatal visits: First 28 weeks - every four weeks From 28 to 36 weeks - every two to three weeks From 37 weeks until delivery – weekly
High Risk Pregnancy Care	Visits should be scheduled within 3 business days of identification of high risk by the Contractor or maternity care provider, or immediately if an emergency exists.  Return visits scheduled as appropriate to their individual needs; however, no less frequently than listed above.
Postpartum Visits	Postpartum visits should be scheduled routinely after delivery. Routine postpartum visits should be scheduled within $1-12$ weeks after delivery.

# 8.05 - General Obstetrical Care Requirements

All providers must adhere to the standards of care established by the American College of Obstetrics and Gynecology (ACOG), which include, but are not limited to the following:

- Use of a standardized prenatal medical record and risk assessment tool, such as the ACOG Form, documenting all aspects of maternity care.
- Completion of history including medical and personal health (including infections and exposures), menstrual cycles, past pregnancies and outcomes, family, and genetic history.

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- Clinical expected date of confinement.
- Performance of physical exam (including determination and documentation of pelvic adequacy).
- Performance of laboratory tests at recommended time intervals.
- Comprehensive risk assessment incorporating psychosocial, nutritional, medical, and educational factors.
- Routine prenatal visits with blood pressure, weight, fundal height (tape measurement), fetal heart tones, urine dipstick for protein and glucose, ongoing risk assessment with any change in pregnancy risk recorded and an appropriate management plan.
- Post-partum screening must be documented on claims form for all members. . For additional information regarding Maternity Care and Delivery billing , please refer to our <u>Claims Processing Manual</u>, Chapter 2 Professional Claim Types by Specialty, Section 2.5 Obstetrical Billing.
- Refer members with post-partum depression to a Behavioral Health provider. Please call 800-564-5465 with requests for assignment to a behavioral health provider:
  - Member medical records are maintained and document all aspects of maternity care provided.
  - All cesarean sections shall include medical necessity documentation. All
    inductions and cesarean sections done prior to 39 weeks shall follow the ACOG
    guidelines. Any inductions performed prior to 39 week or cesarean sections
    performed at any time that are found not to be medically necessary based on
    the nationally established criteria are not eligible for payment.

# 8.06 - Additional Obstetrical Physician and Practitioner Requirements

- Screen all pregnant members for HIV and STIs, including testing for syphilis at the first prenatal visit, during the third trimester, and at time of delivery. Offer counseling and treatment if the results are positive
- Educate members about healthy behaviors during pregnancy including the importance of proper nutrition, dangers of lead exposure, tobacco cessation, avoidance of alcohol and illegal drugs, screening for STIs, the labor and delivery process, breastfeeding, infant care, prescription opioid use, inter-conception health and birth spacing, family planning options, including LARC and IPLARC, and postpartum follow up.
- Perform a brief verbal screening and intervention for substance use utilizing an evidence-based screening tool and an appropriate referral shall be made as needed.
- Screen pregnant members through the Controlled Substances Prescription Monitoring Program (CSPMP) once a trimester, for those members receiving opioids, appropriate

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- intervention and counseling shall be provided, including referral for behavioral health services as indicated for Substance Use Disorder (SUD) assessment and treatment.
- Encourage initiation and duration of breastfeeding per evidence-based practices including skin-to-skin contact, no food or drink other than breastmilk (unless medically necessary), provider recommendation of breastfeeding, early initiation of breastfeeding, rooming in, etc.
- Conduct perinatal and postpartum depression screenings using a norm-referenced validated screening tool at least once during pregnancy and then repeat at the postpartum visit with appropriate counseling and referrals made if a positive screening is obtained.
- Ensure delivery of newborn meets MC criteria.
- Remind delivery hospital of requirement to notify MC on the date of delivery.
- Ensure high-risk members are referred to MC Care Management and to a qualified provider and are receiving appropriate care.
- Refer members for support services and community-based resources such as WIC and home visitation programs for pregnant women and their children.
- Encourage members to participate in childbirth classes at no cost to them. The member may call the facility where she will deliver and register for childbirth classes.
- Ensure prenatal services are provided within the established timeframes.
- Ensure postpartum visit is completed within the required timeframe, which is prior to 12 weeks post-delivery.
- The first and last prenatal care dates of service, as well as the number of obstetrical visits that the member had with the provider are recorded on all claim forms submitted regardless of the payment methodology used.

Providers may also consult with an MC medical director for members with other conditions that are deemed appropriate for perinatology referral. Please call 602-263-3000 or 800-624-3879 with requests for assignment to a perinatologist.

In non-emergent situations, all obstetrical care physicians and practitioners must refer members to MC providers. Referrals outside the contracted network must be prior authorized. Failure to obtain prior authorization for non-emergent OB or newborn services out of the network will result in claim denials. Members may not be billed for covered services if the provider neglects to obtain the appropriate approvals.

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### 8.07 - Provider Requirements for Medically Necessary Termination of Pregnancy

Medically necessary pregnancy termination services are provided through Aetna Medicaid Administrators LLC. An Aetna Medicaid Administrators LLC Medical Director will review all requests for medically necessary pregnancy terminations. Documentation must include:

- A copy of the member's medical record;
- A completed and signed copy of Attachment C Certificate of Necessity for Pregnancy Termination in the <u>AHCCCS Medical Policy Manual, Chapter 410 – Maternity Care</u> Services.
- Written explanation of the reason that the procedure is medically necessary. For example, it is:
  - Creating a serious physical or mental health problem for the pregnant member.
  - Seriously impairing a bodily function of the pregnant member.
  - o Causing dysfunction of a bodily organ or part of the pregnant member.
  - o Exacerbating a health problem of the pregnant member.
  - Preventing the pregnant member from obtaining treatment for a health problem.

If the pregnancy termination is requested because of incest or rape, the following information must be included:

- Identification of the proper authority to which the incident was reported, including the name of the agency;
- The report number; and
- The date that the report was filed

When termination of pregnancy is considered due to rape or incest, or because the health of the mother is in jeopardy secondary to medical complications, please contact Aetna Medicaid Administrators LLC at 602-798-2745 or 888-836-8147. All terminations requested for minors must include a signature of a parent or legal guardian or a certified copy of a court order.

For members enrolled in the Department of Economic Security, Division of Developmental Disabilities (DES/DDD) health professionals must obtain prior authorization from MC by faxing your request to 602-431-7155. Final determination will be made by the DES/DDD medical director prior to providing sterilization procedures for members enrolled with DES/DDD, in addition to Aetna Medicaid Administrators LLC. Notification of approved requests will be faxed or mailed to the provider.

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### 8.08 - Reporting High-Risk and Non-Compliant Behaviors

Obstetrical physicians and practitioners must refer all "at risk" members to MC's Care Management department by calling 602-263-3000 or 800-624-3879 and selecting the option for maternity care. Providers may also fax their information to 602-351-2313. The following types of situations must be reported to MC for members that:

- Are diabetic and display consistent complacency regarding dietary control and/or use of insulin.
- Fail to follow prescribed bed rest.
- Fail to take tocolytics as prescribed or do not follow home uterine monitoring schedules.
- Admit to or demonstrate continued alcohol and/or other substance abuse or opioid prescription history on CSPMP. Please refer to <u>Section 4.13 Controlled Substances</u>
   <u>Prescription Monitoring Program (CSPMP)</u> for information on signing up for this regulatory required program.
- Show a lack of resources that could influence well-being (e.g., food, shelter, and clothing).
- Frequently visit the emergency department/urgent care setting with complaints of acute pain and request prescriptions for controlled analgesics and/or mood-altering drugs.
- Fail to appear for two or more prenatal visits without rescheduling and fail to keep rescheduled appointment. Providers are expected to make two attempts to bring the member in for care prior to contacting the MC Care Management Department.

# 8.09 - Outreach, Education and Community Resources

MC is committed to maternity care outreach. Maternity care outreach is an effort to identify currently enrolled pregnant women and to enter them into prenatal care as soon as possible. PCPs are expected to ask about pregnancy status when members call for appointments, report positive pregnancy tests to MC and to provide general education and information about prenatal care, when appropriate, during member office visits. Pregnant members will continue to receive primary care services from their assigned PCP during their pregnancy.

MC is involved in many community efforts to increase the awareness of the need for prenatal care. PCPs are strongly encouraged to actively participate in these outreach and education activities, including:

■ The WIC Nutritional Program - Please encourage members to enroll in this program.



Various other services are available in the community to help pregnant women and their families. Please call MC's Care Management department for information about how to help your patients use these services.

Questions regarding the availability of community resources may also be directed to the Arizona Department of Health Services (ADHS) Hot Line at 800-833-4642.

# 8.10 - Providing EPSDT Services to Pregnant Members under Age 21

Federal and state mandates govern the provision of EPSDT services for members under the age of 21 years. The provider is responsible for providing these services to pregnant members under the age of 21 unless the member has selected an OB provider to serve as both the OB and PCP. In that instance, the OB provider must provide EPSDT services to the pregnant member.

# **Additional Claims Information**

While these services are already performed in the initial prenatal visit, additional information is necessary for claims submission. The provider (PCP or OB) providing EPSDT services for members 12-20 years of age, must submit the medical claims for these members. When submitting claims, please include one of the following codes that reflect the appropriate EPSDT visit:

Ages 12 through 17 years

- New patient 99384
- Established patient 99394

Ages 18 through 20 years

- New patient 99385
- Established patient 99395

### 8.11 - Loss of AHCCCS Coverage during Pregnancy

Members may lose AHCCCS eligibility during pregnancy. Although members are responsible for maintaining their own eligibility, providers are encouraged to notify MC if they are aware that a pregnant member is about to lose or has lost eligibility. MC can assist in coordinating or resolving eligibility and enrollment issues so that pregnancy care may continue without a lapse in coverage. Please call Member Services at -602-263-3000 or 800-624-3879 to report eligibility changes for pregnant members. Providers can also help by notifying members that in the event of loss of eligibility for services, they may contact ADHS for referrals to a low-cost or no-cost services. They can also go to the ADHS website to search for a provider/clinic.

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#### 8.12 - Pre-Selection of Newborn's PCP

Prior to the birth of the baby, the mother selects a PCP for the newborn. The newborn is assigned to the pre-selected PCP after delivery. The mother may elect to change the assigned PCP at any time.

### 8.13 - Newborn Notification Process

Providers must fax a newborn notification to MC's dedicated Profax number –

844-525-2221. MC will report newborn information to AHCCCS and in turn will fax back the newborn AHCCCS ID number to the provider.

# **Authorization Information**

### Well Newborn:

- No authorization is required for vaginal delivery (2 days).
- No authorization is required for cesarean section delivery (4 days).

#### Sick Newborn:

 Authorization will be created and faxed back to provider with newborn AHCCCS ID and authorization number.



### MC Chapter 9 – Emergency and Non-Emergency Transportation

### 9.00 – Mercy Care Covered Transportation Services

Mercy Care covers transportation within certain limitations for all members based on member age and eligibility, as specified in A.A.C. R9-22-211. Covered transportation services include:

- Emergency transportation.
- Medically necessary non-emergency transportation.
- Medically necessary maternal and newborn transportation through the Maternal Transport Program and the Newborn Intensive Care Program.
- Medically necessary transportation under the Emergency Triage, Treat, and Transport (ET3) program.

### 9.01 – Emergency Transportation

Emergency transportation is covered in emergent situations in which specially staffed and equipped ambulance transportation is required to safely manage the member's medical condition. Basic life support, advanced life support, and air ambulance services are covered, depending upon the member's medical needs. Prior authorization shall not be required for reimbursement of emergency transportation.

Notification to Mercy Care of emergency transportation provided to a member is not required, but the provider shall submit documentation with the claim that justifies the service.

- Emergency transportation may be initiated by an emergency response system call "9-1-1", fire, police, or other locally established system for medical emergency calls. Initiation of a designated emergency response system call by an AHCCCS member automatically dispatches emergency ambulance and Emergency Medical Technician (EMT) or paramedic team services from the Fire Department. At the time of the call, emergency teams are required to respond, however, upon arrival on the scene, the services required at that time (based on field evaluation by the emergency team) may be determined to be:
  - o Emergent,
  - o Non-emergent, but medically necessary, or
  - Not medically necessary.
- Emergency transportation coverage also includes the transportation of a member to a higher level of care for immediate medically necessary treatment, including when occurring after stabilization at an emergency facility.
- Emergency transportation is covered to the nearest appropriate facility capable of

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meeting the member's physical or behavioral health needs.

- Mercy Care may establish preferred hospital arrangements, which shall be communicated with emergency services providers. If the provider transports the member to Mercy Care's preferred hospital, the provider's claim shall be honored even though that hospital may not be the nearest appropriate facility. However, the provider shall not be penalized for taking the member to the nearest appropriate facility whether or not it is Mercy Care's preferred facility.
- The nearest appropriate facility for a member enrolled with Mercy Care is the nearest facility equipped to provide the necessary physical and/or behavioral health care services.
- Examples of conditions requiring emergency transportation to obtain immediate treatment include, but are not limited to the following:
  - Untreated fracture or suspected fracture of spine or long bones;
  - Severe head injury or coma;
  - Serious abdominal or chest injury;
  - Severe hemorrhage;
  - Serious complications of pregnancy;
  - o Shock, heart attack or suspected heart attack, stroke, or unconsciousness,
  - Uncontrolled seizures; and
  - Condition warranting use of restraints to safely transport the member to services.

For utilization review, the test for appropriateness of the request for emergency services is whether a prudent layperson, if in a similar situation, would have requested such services. Determination of whether a transport is an emergency is based on the member's medical condition at the time of transport.

- Air ambulance services are covered under the following conditions:
  - The air ambulance transport is initiated at the request of:
    - An emergency response unit,
    - A law enforcement official,
    - A clinic or hospital medical staff member, or
    - A physician or practitioner.
  - The point of pickup is:
    - Inaccessible by ground ambulance,
    - A great distance from the nearest hospital or other provider with appropriate facilities to treat the member's condition and ground ambulance will not suffice, or
    - The medical condition of the member requires immediate intervention

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from emergency ambulance personnel or providers with the appropriate facilities to treat the member's condition.

Air ambulance vehicles shall meet Arizona Department of Health Services (ADHS) licensing requirements and requirements set forth by the Federal Aviation Administration. Air ambulance companies shall be licensed by the ADHS and be registered as a provider with AHCCCS.

### 9.02 - Emergency Triage, Treat, and Transport Program

Services associated with the ET3 program are covered when an Emergency Transportation provider responds to a "9-1-1", fire, police, or other locally established system for emergency calls. AHCCCS registered Emergency Transportation Providers in possession of a Certificate of Necessity (CON) from ADHS, or tribal providers who have signed the AHCCCS attestation of CON equivalency, are allowed to transport a member to an Alternative Destination Partner or provide treatment to the member on scene, as specified in this policy.

### Transportation to an Alternative Destination Partner

Upon the emergency response team's arrival on the scene and their field evaluation of the member, if the services required at that time are determined to be medically necessary, but not emergent, the Emergency Transportation provider may transport the member to an Alternative Destination Partner. These transportations are allowed when:

- The transport to an Alternative Destination Partner will meet the member's level of care more appropriately than transport to an emergency department,
  - The Alternative Destination Partner is within or near the responding emergency transportation provider's service area;
  - The Emergency Transportation provider has a pre-established arrangement with the Alternative Destination Partners located within their region; and
  - The Emergency Transportation provider has knowledge of the Alternative Destination Partner's:
    - Hours of operation;
    - Clinical staff available;
    - Services provided; and
    - Ability to arrange transportation for the member to return home, when needed.

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#### **Treatment on Scene**

Upon the emergency response team's arrival on the scene and their field evaluation of the member, if the services required at that time are determined to be medical necessary, but not emergent, the Emergency Transportation provider may provide treatment to the member in accordance with the provider's scope of practice and their emergency transport service's medical direction. Treatment on scene may also be performed, when medically indicated, via a telehealth visit performed in accordance with AMPM Policy 320-1.

### **Definitions**

The definitions related to covered transportation services are as follows:

- **Ambulatory Vehicle** Ambulatory transportation means a vehicle other than a taxi but includes vans, cars, minibus, or mountain area transport. The MC member must be able to transfer with or without assistance into the vehicle and not require specialized transportation modes.
- Taxi A vehicle that has been issued and displays a special taxi license plate pursuant to A.R.S. § 28-2515.
- Wheelchair Van The vehicle must be specifically equipped for the transportation of an individual seated in a wheelchair. Doors of the vehicle must be wide enough to accommodate loading and unloading of a wheelchair. Wheelchair vans must include electronic lifts for loading and unloading wheelchair bound transports. The vehicle must contain restraints for securing wheelchairs during transit. Safety features of wheelchair vans must be maintained, as necessary. Any additional items being transported must also be secured for safety. The member must require transportation by wheelchair and must be physically unable to use other modes of ambulatory transportation.
- Stretcher Van The vehicle must be specifically designed for transportation of a
  member on a medically approved stretcher device. The stretcher must be secured to
  avoid injury to the member or other passengers. Safety features of stretcher vans must
  be maintained, as necessary. Any additional items being transported must also be
  secured for safety. The MC member must need to be transported by stretcher and must
  be physically unable to sit or stand and any other means of transportation is medically
  contraindicated.

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### <u>9.03 – Emergency Transportation Provider Requirements for Emergency Transportation</u> Services Provided to Members Residing on Tribal Lands

In addition to other requirements specified in this Policy, emergency transportation providers rendering services on a Native American Reservation shall meet the following requirements:

- Tribal emergency transportation providers shall be certified by the Tribe and Center for Medicare and Medicaid Services (CMS) as a qualified provider and shall be registered as an AHCCCS provider.
- If a non-tribal emergency transportation provider renders services under a contract with a Tribe, either on-reservation or to and from an off-reservation location, the provider shall be State licensed and certified and shall be registered as an AHCCCS provider.
- Non-tribal emergency transportation providers not under contract with a Tribe shall meet requirements specified in this Policy for emergency transport providers.

Emergency transportation services are covered to manage an emergency physical or behavioral health condition and to the nearest appropriate facility capable of meeting the member's health care needs as outlined in this Policy.

### <u>9.04 – Medically Necessary Non-Emergency Transportation for Physical and Behavioral Health</u> Services

Medically necessary non-emergency transportation is covered consistent with A.A.C. R9-22-211 when furnished by non-emergency transportation providers to transport the member to and from a covered physical or behavioral health service. Medically Necessary Non-Emergency Transportation is also referred to as Non-Emergency Medical Transportation. Such transportation services may also be provided by emergency transportation providers after an assessment by the emergency transportation team or paramedic team determines that the member's condition requires medically necessary transportation.

- Medically necessary non-emergency transportation services are covered under the following conditions:
  - The physical or behavioral health service for which the transportation is needed is a covered AHCCCS service;
  - If the member is not able to provide, secure or pay for their own transportation, and free transportation is not available; and
  - The transportation is provided to and from the nearest appropriate AHCCCS registered provider.

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- If a member is not able to provide, secure, or pay for their own transportation, and free transportation is not available, non-emergency transportation services are also covered to transport a member to obtain Medicare Part D covered prescriptions.
- Medically necessary non-emergency transportation services furnished by all providers who offer transportation:
  - For members residing in Maricopa and Pima Counties and enrolled with Mercy Care, NEMT services are only covered for trips within 15 miles of the pick-up location when traveling to a pharmacy within Pima and Maricopa counties. Mileage is calculated from the pick-up location to the drop off location, one direction. Trips to compounding/ specialty pharmacies over 15 miles require authorization from Mercy Care to be considered a covered service. NEMT trips for members traveling to an MSIC or IHS/638 facility are exempt from this limitation.
- Medically necessary non-emergency transportation furnished by non-ambulance providers. Non-ambulance transportation providers shall comply with all of the following:
  - o The member shall not require medical care in route;
  - Passenger occupancy shall not exceed the manufacturer's specified seating occupancy;
  - Members, companions, and other passengers shall follow state laws regarding passenger restraints for adults and children;
  - Vehicle shall be driven by a licensed driver, following applicable State laws;
  - Vehicles shall be insured. Refer to the AHCCCS Minimum Subcontract Provisions Insurance Requirements on the AHCCCS website;
  - Vehicles shall be in good working order;
  - o All passengers shall be transported inside the vehicle; and
  - School based providers shall follow the school based policies in effect (Refer to AMPM Chapter 700).
- AHCCCS covers the cost of medically necessary non-emergency transportation furnished by a non-ambulance air or equine NEMT provider only when of the following conditions are met:
  - The service is exclusively used to transport the member to ground accessible transportation;
  - The AHCCCS member's point of pick up or return is inaccessible by ground transportation; and
  - The ground transportation is not accessible because of the nature and extent of

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the surrounding Grand Canyon terrain.

- Medically necessary non-emergency transportation furnished by ambulance providers. Medically necessary non-emergency transportation furnished by ambulance providers is appropriate if:
  - Documentation that other methods of transportation are contraindicated;
  - The member's medical condition, regardless of bed confinement, requires the medical treatment provided by the qualified staff in an ambulance;
  - For hospital patients only:
    - Round-trip air or ground transportation services may be covered if an inpatient hospitalized member travels to another facility to obtain necessary specialized diagnostic and/or therapeutic services (such as a CT scan or cobalt therapy). Such transportation may be covered if services are not available in the hospital in which the member is inpatient.
  - Transportation services to the nearest medical facility that can render appropriate services are also covered, when the transport was initiated through an emergency response system call and, upon examination by emergency medical personnel, the member's condition is determined to be non-emergent but one which requires medically necessary transportation.

AHCCCS and Mercy Care may elect to waive prior authorization requirements for medically necessary non-emergency ambulance transportation as well as any notification requirements. However, such claims are subject to review for medical necessity. Medical necessity criteria are based upon the medical condition of the member at the time of the transport.

### 9.05 – Documentation Requirements

MC will conduct retrospective audits of non-emergency ground transportation providers to verify that the mileage, wait time, diagnosis, and medical necessity are correct and that all charges are supported and justifiable. The transportation provider will submit a trip report and justification of the transport upon request by MC any time after the date of service. Each service must be supported with the following documentation:

- Complete transport service provider's name and address
- Printed name and signature of the driver who provided the service
- Vehicle identification (license # and state)
- Vehicle type (car, van, wheelchair van, stretcher, etc.)
- Recipient's full name

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- Recipient's AHCCCS ID#
- Recipient's date of birth
- Complete date of service, including month, day, and year
- Complete address of pick-up destination
- Time of pick up
- Odometer reading at pick up
- Complete address of drop off destination
- Time of drop off
- Odometer reading at drop off
- Type of trip one way or round trip
- Escort name and relationship to recipient being transported
- Signature (or fingerprint) of recipient\* verifying services were rendered
  - Signature Clarification- If the member is unable to sign or utilize a fingerprint, the parent/guardian, caretaker/escort, or family member can sign for the member. The relationship to the member must be noted. If the member that is unable to sign is traveling alone, the trip report may be signed by the provider at the medical or behavioral health service appointment. The driver can never sign for the member.

All NEMT services for provider types NT and 28 will require submission of a trip ticket or EDI information noting the completed pick-up and drop-of locations for review prior to payment. All NEMT services without the required documentation will result in a claim denial.

### 9.06 – Transportation Network Company

A Transportation Network Company (TNC) providing medically necessary nonemergency transportation services to members shall comply with the following:

- Only provide services to members, and bill, through an NEMT Broker pursuant to the Broker's contract with a Contractor.
- Only receive scheduled member rides from an NEMT Broker. The TNC is not allowed to take member calls or schedule member rides directly.
- Utilize a digital network or software application capable of:
  - o Providing the TNC, from the NEMT Broker, only the following information:
    - The first and last name of the member;
    - The member's phone number;
    - The address where the member will be picked up;
    - The address where the member will be dropped off; and
    - The date and time of the service.

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- Limiting the information provided by the TNC to the driver to the following information:
  - The first name of the member;
  - The member's phone number;
    - The digital network software application must provide the driver a "masked" phone number for the driver to contact the member,
    - The number provided to the driver will not be the member's actual phone number but using the masked number the digital network or software application will connect the driver to the member.
  - The address where the member will be picked up;
  - The address where the member will be dropped off; and
  - The date and time of the service.
- Maintaining a record of the actual service provided by the driver including:
  - The address where the member was picked up;
  - The address where the member was dropped off; and
  - The date and time the service was rendered.
- Maintain all records regarding driver information {including criminal background and federal health care program exclusion checks), vehicle inspections and reports, services, trips, and enforcement actions for a minimum of six complete calendar years.

### 9.07 – Public Transportation

If public transportation is available in the service area, Mercy Care shall ensure public transportation is offered as an option to a member when NEMT services are requested. Providing the member an option of public transportation shall not prohibit the member's access to other transportation services, as specified in this Policy.

FFS providers may offer Public Transportation options to FFS members traveling to and from AHCCCS approved services. For billing information, please reference <u>Mercy Care's Claims</u> <u>Processing Manual</u>, under Chapter 2 – Section 2.10 – Transportation Claims

The following shall be considered when offering public transportation to a member:

- Location of the member to a transportation stop.
- Location of the provider of services to a transportation stop.
- The public transportation schedule in coordination with the member's appointment.
- The ability of the member to travel alone on public transportation.
- Member preference.

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### 9.08 – Maternal and Newborn Transportation

The Maternal Transport Program (MTP) and the Newborn Intensive Care Program (NICP) administered by ADHS provides special training and education to designated staff responsible for the care of maternity and newborn emergencies during transport to a perinatal center. The high- risk transport team is dispatched after consultation with the MTP or NICP perinatologist or neonatologist. Only contracted MTP or NICP providers may provide air transport.

### 9.09 - Other General Information

For additional information regarding emergency and non-emergency transportation, please refer to:

- AMPM Chapter 1200 for additional information regarding Arizona Long Term Care System (ALTCS) authorization requirements.
- AMPM Chapter 800 for complete information regarding prior authorization for non-ALTCS FFS members.
- Fee-For-Service Provider Manual or the AHCCCS IHS/Tribal Provider Billing Manual for billing information. These manuals are available on the AHCCCS Website at www.azahcccs.gov.
- ACOM Policy 205 for information regarding reimbursement of non-contracted ground Ambulance providers.
- Mercy Care's Claims Processing Manual, under Chapter 2 Section 2.10 Transportation Claims.

### 9.10 - Data and Reporting

The Provider must submit all reports outlined in the MC Provider Manual and requested by MC staff.

MC reserves the right to include additional provider reporting requirements at any time it is deemed necessary.

### 9.11 - Professional Standards and Responsibilities

Professional Standards and Responsibilities include:

- The Provider will ensure all employees and drivers shall have a valid State driver's license free of moving violations and will verify the driver's records through AZ-DMV.
- The Provider shall meet all requirements for provider eligibility including:
  - Licensed by the appropriate State authority.

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- o Registered with the Arizona Health Care Cost Containment System (AHCCCS).
- Credentialed with MC. MC is not responsible for payment to non-registered providers. The Provider shall ensure that independent drivers meet these same requirements.
- The Provider must deliver services when and where the individual needs them within the context of safety for the individual and staff providing the service.
- The Provider must maintain complete, accurate, and timely documentation of all delivered services.
- The Provider shall have enough qualified staff to deliver, manage and coordinate service delivery.
- The provider will provide additional support for individuals under 12 as clinically appropriate.
- The provider will attempt to utilize all appropriate ways to locate or contact the member prior to determining that the member is a "no-show."
- The Provider will train all staff and subcontractors in accordance with the MC Provider Manual.
- Each driver should be trained on CPR and first aid every two years and HIPAA training annually.
- The Provider will adhere to all cultural competency requirements as outlined in the MC Provider Manual and Cultural Competency Plan, including cultural competency/sensitivity training, to all drivers and employees. All services provided must consider the member's and their family's language and cultural preferences.
- The Provider agrees to meet with MC on a quarterly basis or as needed to review and resolve grievance trends or service issues.
- The Provider must ensure that all subcontractors adhere to the requirements outlined in their scope of work.

### 9.12 - Vehicle Requirements

Vehicle Requirements include the following:

- Passenger occupancy must not exceed the manufacturer's specified seating occupancy.
- Members, escorts, and other passengers must follow State laws regarding restraints for adults and children.
- Members must be transported inside the vehicle.
- Vehicles must be insured and be driven by a licensed driver, following applicable State laws.
- Vehicles must be clean and maintained and be in good working order.



 All vehicles must have a sign or logo with the company name displayed when transporting a member

### 9.13 – Performance Improvement

The Provider must maintain a Quality Assessment and Performance Improvement program designed to evaluate the quality and accessibility of the services they deliver, and customer satisfaction with those services. This information must be collected on a routine and frequent basis, formally communicated to all levels of staff within the organization and used to improve service delivery to all individuals accessing the services outlined in this contract. The Provider's performance improvement program must be described in detail in an Annual Quality Management Plan and Work plan. Each year, the Provider must evaluate its Quality Assessment and Performance Improvement program, incorporating successful programs and interventions into subsequent Plans, and discontinuing programs and interventions that did not meet established goals or yield performance improvements.

The Provider shall develop and maintain a process to collect and analyze member satisfaction information for all programs and report the results to MC.

#### 9.14 – Performance Outcome Measures

The Provider must meet or exceed standards for the performance measures described below.

Performance Measure	Standard
Transport Timeliness	
Average drop off time prior to member appointment.	< 60 minutes
Average wait time for transportation after appointment completion	< 60 minutes
Member Satisfaction	
Member satisfaction with services	85%
Telephone Performance Standards	
Average Service Level	<u>&gt;</u> 75%
Average Speed of Answer	< 30 seconds



Average Abandonment Rate	<u>≤</u> 5%
Complaint Rate	
Average Monthly Complaint Rate Per 1000 Trips	< 3.5



### MC Chapter 10 – Care Management and Disease Management

### 10.00 - Care Management and Disease Management Overview

MC has a comprehensive care management program. The Medical Care Management team considers the medical, social, and cultural needs of members by targeting, assessing, monitoring, and implementing services for members identified as "at risk." Care Management services are available for all eligible members, including MC members who are identified as "at risk," such as transplant and hemophilia, or those who are high-service utilizers, and are assigned a care manager.

A wide spectrum of services is available for members, providers and families who need assistance in finding and using appropriate health care and community resources. The MC Care Management staff:

- Considers a member's social determinants of health when assessing, monitoring, and implementing services for members. For more information regarding Social Determinants of Health, please see our <u>Claims Processing Manual</u>, Section 2.17 – Social Determinants of Health.
- Assists members and families with navigating through the complex medical and behavioral health systems.

Please refer to our <u>Clinical Guidelines</u> web page for treatment protocols under evidence-based guidelines related to:

- Asthma
- Alcohol Abuse
- ADHD
- CAD
- Chronic Obstructive Lung Disease (COPD)
- Congestive Heart Failure (CHF)
- Diabetes
- HIV/AIDS
- Hypertension
- Major Depressive Disorder
- Opioids for Chronic Pain
- Immunizations
- Preventative Screenings
- Prenatal Services

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In addition, the following information is available:

- Arizona Opioid Prescribing Guidelines
- Clinical Guidelines for the Treatment of Children
- Treating behavioral health disorders in children
- Treating behavioral health disorders in adults

#### 10.01 - Referrals

To make a referral, leave a message for the central intake coordinator at 602-453-8391. You may also email your referral to <a href="mailto:AcuteCMReferral@mercycareaz.org">AcuteCMReferral@mercycareaz.org</a>. The referral is reviewed and assigned to the appropriate ICM team within 3-5 business days. Once assigned, care managers will contact the member either by telephone or by letter. The Care Management staff communicates with members, family/caregiver, PCP, and any other providers on an ongoing basis while the member's care is open.

### 10.02 - Care Management

Care management is an activity that helps to ensure a member's bio-psychosocial needs are appropriately coordinated through early identification of health risk factors and special healthcare needs.

Care Managers are licensed clinical health professionals or care management coordinators trained in motivational interviewing. They are experienced with using a comprehensive, biopsychosocial approach when working with our members to create care plans that help members meet their identified goals.

A Care Manager is usually assigned for a short period to help members learn how to manage their illnesses and meet their health care needs. Since all members do not need Care Management, Mercy Care has developed criteria to determine who may benefit the most. If you feel a member may be appropriate for Care Management, the following criteria may help guide you. Please refer a member if he or she:

- Frequently uses the ER instead of seeing their providers for ongoing issues.
- Recently had multiple hospitalizations (physical health and/or behavioral health).
- Is having difficulty obtaining medical benefits or referrals ordered by providers.
- Is diagnosed with CHF, diabetes, asthma, COPD, or depression and requires assistance with management of their condition.
- Is in the process of receiving a transplant, up to 1-year post-transplant.
- Has been diagnosed with autism spectrum disorder or a developmental disability.
- Is diagnosed with HIV.

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- Is pregnant with high-risk conditions, including the following:
  - Teen pregnancy
  - Over 35 years of age
  - Exposure to opioids or other substances during pregnancy
  - History of pre-term delivery
  - Hypertension
  - Diabetes
  - o Asthma
  - Pregnant with more than one fetus
  - Cardiac disease
  - o Hepatitis C
  - Incompetent Cervix
  - o Enrolled in DDD LTC program
  - Is a child with any of the following:
    - Newborn with Neonatal Abstinence Syndrome or maternal drug exposure
    - CALOCUS score of 4 or above
    - Serious Emotional Disturbance
    - Possible CRS condition
    - Transitioning from foster care to Mercy Care
    - Enrolled with AzEIP (Arizona Early Intervention Program)
- Has recently been incarcerated
- May need exclusive provider restriction for overutilization of drugs with abuse potential
- Needs/or is currently receiving Medication Assisted Treatment for opioid use
- Has recently experienced a care transition, such as inpatient or skilled facility admission
- Needs help applying for the Arizona Long Term Care Program
- Poor adherence to the treatment plan, medical regimen and/or appointments

### If in doubt, just refer!

A Care Manager will contact the member to schedule a time to complete an assessment. They will ask the member questions about his or her health and the resources currently being used. Answers to these questions provide the Care Manager with a better understanding of what assistance is needed most. Next, the member and the Care Manager will work together to develop a care plan. The Care Manager will also educate the member on how to obtain the care he or she needs. The Care Manager may also talk with the member's health care providers to coordinate care needs. Condition management interventions may also be part of the plan of care. Once care plan goals are met, Mercy Care releases the member from the Care

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Management program. High Risk Care Management is not required for members who are not on ALTCS, so a member has the right to decline assistance from our care management staff.

### 10.03 - Condition Management

Disease Management or Condition Management is incorporated into the plan of care developed by the member, the care manager, and other members of the care team, as indicated.

Members with specific conditions also receive mailings with information which helps them effectively manage their care related to that condition.



### MC Chapter 11 – Concurrent Review

### 11.00 - Concurrent Review Overview

MC conducts concurrent utilization review on each member admitted to an inpatient facility, including skilled nursing facilities and freestanding specialty hospitals. Concurrent review activities include both admission certification and continued stay review. The review of the member's medical record assesses medical necessity for the admission, and appropriateness of the level of care, using the Milliman Care Guidelines® and the AHCCCS NICU/Nursery/Step-Down Utilization Guidelines. Admission certification is conducted within one business day of receiving notification. It is the responsibility of the facility to notify MC of all member admissions and emergency department visits to assure that a service medical necessity review is conducted so that claims are not delayed. Services rendered without notification will result in the claim being held for retrospective review. Failure to notify MC of an admission or emergency department visit within ten (10) days of the encounter may result in denial of the claim.

Continued stay reviews are conducted by MC concurrent review staff before the expiration of the assigned length of stay for Behavioral Health and Skilled Nursing stays. Since Medical stays are calculated by APR-DRG, this doesn't apply to those stays. Providers will be notified of approval or denial of length of stay. The concurrent review staff works with the medical directors in reviewing medical record documentation for hospitalized members. MC medical directors may make rounds on site, as necessary. MC concurrent review staff will notify the facility care management department and business office at the end of the member's hospitalization stay, by fax, of the days approved and at what level of care.

### 11.01 - MILLIMAN Care Guidelines®

MC uses the Milliman Care Guidelines® to ensure consistency in hospital—based utilization practices. The guidelines span the continuum of patient care and describe best practices for treating common conditions. The Milliman Care Guidelines® are updated regularly as each new version is published. A copy of individual guidelines pertaining to a specific care is available for review upon request.

### 11.02 - Discharge Planning Coordination

Effective and timely discharge planning and coordination of care are key factors in the appropriate utilization of services and prevention of readmissions. The hospital staff and the attending physician are responsible for developing a discharge plan for the member and for involving the member and family and assigned outpatient clinical teams in implementing the plan.

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The MC Concurrent Review Staff (CRS) works with the hospital discharge team and attending physicians to ensure that cost-effective and quality services are provided at the appropriate level of care. This may include, but is not limited to:

- Assuring early discharge planning.
- Facilitating or attending discharge planning meetings for members with complex and/or multiple discharge needs.
- Providing hospital staff and attending physician with names of contracted MC providers (i.e., home health agencies, DME/medical supply companies, other outpatient providers). The CRS plays a key role in assisting with discharge planning and may authorize services required for a safe discharge such as pharmacy, home health and DME. MC CRS staff works to make sure there is a safe discharge even when the primary payer is not MC, so it is important that the facilities notify MC of all members.
- Informing hospital staff and attending physician of covered benefits as indicated.

### 11.03 - Physician Medical Review

Medical Directors review all admissions that do not meet criteria for the requested level of care or do not meet medical necessity criteria for admission. The Medical Director is the only staff member to deny a request. The CRS (Inpatient) or the prior authorization reviewer (Outpatient) reviews the documentation for evidence of medical necessity according to established criteria. When the criteria are not met, the case is referred to an MC medical director. The medical director reviews the documentation, discusses the care with the reviewer and may call the attending or referring physician for more information. The requesting physician may be asked to submit additional information. Based on the discussion with the physician or additional documentation submitted, the medical director will decide to approve, deny, modify, reduce, suspend, or terminate an existing or pending service.

Utilization management decisions are based only upon appropriateness of care and service. MC does not reward practitioners, or other individuals involved in utilization review, for issuing denials of coverage or service. The decision to deny a service request will only be made by a physician.

For inpatient denials, hospital staff is verbally notified when MC is denying continued stay. The hospital will receive written notification with the effective date of termination of payment or

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reduction in level of care. The attending or referring physician may dispute the finding of the medical director informally by phone or formally in writing. If the finding of the medical director is disputed, a formal claim dispute may be filed according to the established MC claim dispute process.

### 11.04 Medical Necessity Criteria for Mercy DD

To support prior and continued authorization decisions, Mercy DD uses nationally recognized evidence-based criteria, which are applied based on the needs of individual members and characteristics of the local delivery system. Criteria is reviewed annually and approved by the Medical Management/Utilization Management Committee. If MCG Guidelines indicate "current role remains uncertain" for the requested service, the next criteria in the hierarchy or other nationally accepted guidelines, should be consulted and applied. For prior or continued authorization of outpatient or inpatient behavioral and physical health services, Mercy DDD applies:

- Criteria require by AHCCCS and by the applicable state or federal regulatory agency.
- Applicable AHCCCS Medical Policy Manual (AMPM) or MCG Guidelines as the primary decision support for most medical diagnoses and conditions.
- American Society of Addiction Medicine (ASAM)
- Other nationally accepted guidelines

In addition, if a denial is issued for admission to a Behavioral Health Inpatient Facility, Mercy DDD will provide a clearly outlined alternative plan at the time of the denial. This may require development of a Child and Family Team (CFT), if one has not already been established, or consultation with the CFT. It is expected that the alternative treatment plan will adequately address the behavioral health treatment needs of the child and will provide specific information detailing what services will be provided, where these services will be provided, when these services will be available, and what specific behaviors will be addressed by these services. It is also expected that the alternative treatment plan will include what crisis situations can be anticipated and how the crisis will be addressed. Please refer to:

- Admission to Behavioral Health Hospital Facility or Behavioral Health Inpatient Facility Authorization Criteria; and
- Continued Behavioral Health Hospital Facility or Behavioral Health Inpatient Facility Authorization Criteria.

To obtain additional information on how to access or obtain practice guidelines and coverage criteria for authorization decisions, please contact Mercy DDD Member Services at 800-564-5465.

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### Alternative Placement not Available upon Discharge

If a member receiving inpatient services no longer requires services on an inpatient basis under the direction of a physician, but services suitable to meet the member's behavioral health needs are not available or the member cannot return to the member's residence because of a risk of harm to self or others, services may continue to be authorized as long as there is an ongoing, active attempt to secure a suitable discharge placement or residence in collaboration with the community or other state agencies as applicable. All such instances shall be logged and provided to Mercy DDD upon request.



### MC Chapter 12 – Quality Management

### 12.00 - Quality Management Overview

The MC CMO provides leadership and direct oversight for the Quality Management (QM) program. MC works in partnership with providers to continuously improve the care given to our members. The MC QM Department is comprised of the following areas:

- The Quality of Care (QOC) unit monitors the quality of care provided by the network providers, as well as the review and resolution of issues related to the quality of health care services provided to members.
- The Prevention and Wellness unit is responsible for quality improvement activities and clinical studies using data collected from providers and encounters. Findings are reported to AHCCCS and to providers about their performance on specific quality indicators.
- The Credentialing unit is responsible for provider credentialing/re-credentialing activities.
- The Performance Improvement unit monitors and improves HEDIS and other clinical performance measure rates, maternity, family planning and EPSDT quality indicators.
- The Provider Monitoring unit is responsible for quality improvement activities and clinical studies using data collected from providers and encounters.

For more information about the MC QM program, or to obtain a written summary of the program, please contact your Network Management Representative or call the Network Management Department at 800-624-3879.

### 12.01 – Quality of Care Concerns/Incident, Accident, Death Reporting Processes

Mercy Care QM adheres to all Quality of Care (QOC) policies published in the AHCCCS AMPM, including but not limited to, Chapter 900 (960 & 961). Members with DDD enrollment are additionally subject to the policies as published in AdSS 960 & AdSS 961. Mercy Care QM additionally employs the AHCCCS Contract and Policy Dictionary for the definition of policy specific terms.

Providers are required to register for the AHCCCS Quality Management System (QMS) Portal to submit IAD reports to MC QM.

IADs cannot be emailed and providers must use the <u>AHCCCS QM Portal</u> to report IAD issues for members enrolled in all MC lines of business.

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Applicable to all AHCCCS Plans: Per AHCCCS Policy 961, IADs shall be submitted into the QM Portal within two business days of the occurrence or notification to the provider of the occurrence. Sentinel IADs (listed below) shall be submitted by the provider into the AHCCCS QM Portal within one business day of the occurrence or becoming aware of the occurrence.

### 1. An IAD is reportable if it includes any of the following:

- a. Allegations of abuse, neglect, or exploitation of a member,
- b. Death of a member,
- c. Delays or difficulties in accessing care (e.g., outside of the timeline specified in ACOM Policy 417),
- d. Healthcare acquired conditions and other provider preventable conditions (refer to AMPM Policy 960 and AMPM Policy 1020),
- e. Serious injury,
- f. Injury resulting from the use of a personal, physical, chemical, or mechanical restraint or seclusion (refer to AMPM Policy 962),
- g. Medication error occurring at a licensed residential Provider site including:
  - i. Behavioral Health Residential Facility (BHRF),
  - ii. DDD Group Home,
  - iii. DDD Adult Developmental Home,
  - iv. DDD Child Developmental,
  - v. Assisted Living Facility (ALF),
  - vi. Skilled Nursing Facility (SNF),
  - vii. Adult Behavioral Health Therapeutic Home (ABHTH), or
  - viii. Therapeutic Foster Care Home (TFC), and any other alternative Home and Community Based Service (HCBS) setting as specified in AMPM Policy 1230-A,
- h. Missing person from a licensed Behavioral Health Inpatient Facility (BHIF), BHRF, DDD Group Home, ALF, SNF, ABHTH, or TFC,
- i. Member suicide attempt,
- j. Suspected or alleged criminal activity, and
- k. Any other incident that causes harm or has the potential to cause harm to a member.

#### 2. Sentinel IADs include:

- a. Member death or serious injury associated with missing person,
- b. Member suicide, attempted suicide, or self-harm that results in serious injury, while being cared for in a healthcare setting,
- c. Member death or serious injury associated with a medication error,

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- d. Member death or serious injury associated with a fall while being cared for in a healthcare setting,
- e. Any stage 3, stage 4, and any unstageable pressure ulcers acquired after admission or presentation to a healthcare setting,
- f. Member death or serious injury associated with the use of seclusion and/or restraints while being cared for in a healthcare setting,
- g. Sexual abuse/assault on a member during the provision of services.
- h. Death or serious injury of a member resulting from a physical assault that occurs during the provision of services, and
- i. Homicide committed by or allegedly committed by a member.

If an IAD is returned to a provider for additional information or corrections, the provider must provide the additional information and/or make the request corrections and re-submit the IAD to MC within 24 hours.

The provider is required to ensure that all suspected cases of abuse, neglect, and exploitation of a member are reported to all appropriate authorities, including but not limited to: Adult Protective Services (APS), Department of Child Safety (DCS), local police, and the Arizona Department of Health Services (ADHS). Mercy Care will submit the report to the regulatory agency as soon as possible but no later than 24 hours of becoming aware of a concern. The report shall be submitted verbally and/or electronically (e.g., email or online), as appropriate. Required documentation is recorded in the QM Portal including, at a minimum:

- Name and title of the person submitting the report,
- Name of the regulatory agency (e.g., APS, DCS, etc.) the report was submitted to,
- Name and title of the person at the regulatory agency receiving the report,
- Date and time reported,
- Summary of the report, and
- Tracking number, as applicable, received from the regulatory agency (e.g., APS, DCS) as part of the reporting process.

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### **Documentation Related to Quality of Care Concerns**

Quality of Care (QOC) concerns may be referred by state agencies, internal AHCCCS sources or internal Mercy ACC-RBHA departments (e.g., Grievance and Appeals, Utilization Management, Children's System of Care, Adult System of Care, Medical Management, etc.), and external sources (e.g., behavioral health members; providers; other stakeholders; Incident, Accident, and Death reports). A QOC can be referred for any participating or non-participating provider and out of state placements. Upon receipt of a QOC concern, AHCCCS follows the procedures below. As participants in the QOC process, Mercy ACC-RBHA follows these same procedures:

- Document each issue raised, when and from whom it was received and the projected time frame for resolution.
- Determine promptly whether the issue is to be resolved through one or more of the following Mercy Care areas:
  - Quality of Care,
  - Customer Service/Complaint Resolution,
  - Grievance and appeals process, and/or
  - Fraud, waste, and program abuse.
- Acknowledge receipt of the issue and explain, as requested, to the member or provider the process that will be followed to resolve his or her issue through written correspondence. If the issue is being addressed as other than a QOC investigation, explain to the member or provider the process that will be followed to resolve their issue using written correspondence. QOC related concerns will remain in the quality management department due to peer protection state and federal regulations: 42 U.S.C. 1320c-9, 42 U.S.C. 11101 et seq., A.R.S. §36-2401, A.R.S. §36-2402, A.R.S. §36-2403, A.R.S. §36-2404, A.R.S. §36-2917.
- Assist the member or provider as needed to complete forms or take other necessary actions to obtain resolution of the issue.
- Ensure confidentiality of all member information.
- Inform the member or provider of all applicable mechanisms for resolving the issue as requested.
- Document all processes (include detailed steps used during the investigation and resolution stages) implemented to ensure complete resolution of each issue, including but not limited to:
  - Corrective action plan(s) or action(s) taken to resolve the concern,
  - Documentation that education/training was completed. This may include, but is not limited to, in-service attendance sheets and training objectives,

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- New policies and/or procedures, and
- o Follow-up with the member that includes, but is not limited to:
  - Assistance as needed to ensure that the immediate health care needs are met; and
  - Closure/resolution letter that provides sufficient detail to ensure all covered, medically necessary care needs are met and a contact name/telephone number to call for assistance or to express any unresolved concerns.

### Process of Evaluation and Resolution of Quality of Care Concerns

The quality of care concern process at Mercy Care includes documentation of identification, research, evaluation, intervention, resolution, and trending of member and provider issues. Resolution must include both member and system interventions when appropriate. The quality of care process is a stand-alone process and not combined with other agency meetings or processes. This process is outlined as—Quality of Care and Peer Review.

- Mercy Care completes the following actions in the QOC process:
  - o Identification of the quality of care issues,
  - o Initial assessment of the severity of the quality of care issue,
    - Prioritization of action(s) needed to resolve immediate care needs when appropriate,
    - Review of trend reports to determine possible trends related to the provider(s) involved in the allegation(s) including type(s) of allegation(s), severity, and substantiation, etc.,
  - Research, including, but not limited to a review of the log of events, documentation of conversations, and medical records review, mortality review, etc., and
  - Quantitative and qualitative analysis of the research, which may include root cause analysis.
  - All QOC investigations are documented in the AHCCCS QM Portal ensuring that the case is updated within the QM Portal to reflect changes during the investigation as additional details and allegations are discovered and added to the QOC. Mercy Care ensures that a final severity level is assigned to the case at the conclusion of the investigation.
- For substantiated QOC allegations it is expected that some form of action is taken, for example:

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- Developing an action plan to reduce/eliminate the likelihood of the issue reoccurring,
- o Determining, implementing, and documenting appropriate interventions,
- Monitoring and documenting the success of the interventions,
- Incorporating interventions into the organization's Quality
   Management (QM) program if appropriate, or
- Implementing new interventions/approaches, when necessary.

Each issue/allegation must be resolved; member and system resolutions may occur independently from one another. The following process and determination is used for each allegation in a QOC concern

### Tracking/Trending of Quality of Care Issues

Mercy Care uses data pulled from QOC database and AHCCCS CQM Portal to monitor the effectiveness of QOC related activities to include complaints and allegations received from members and providers, as well as from outside referral sources. Mercy ACC-RBHA also tracks and trends QOC data and reports trends and potential systemic problems to AHCCCS.

The data from the QOC database is analyzed and evaluated to determine any trends related to the quality of care or service in Mercy Care's service delivery system or provider network and aggregated for the state. When problematic trends are identified through this process, Mercy Care QM will incorporate the findings in determining systemic interventions for quality improvement. Mercy Care QM incorporates trended data into systemic interventions.

- As evaluated trended data is available, Mercy Care will prepare and present analysis of the QOC tracking and trending information for review and consideration of action by the Quality Management Committee and Chief Medical Officer, as Chair- member of the Quality Management Committee.
- Quality tracking and trending information from all closed quality of care issues within the reporting quarter will be presented quarterly to the Quality Improvement Meeting (QIM) committee and Community Based Integrated Health and Clinical Services Committee (CBIHCS).

If a significant trend is found, Mercy Care may choose to consider it for a performance improvement activity to improve the issue resolution process itself, and/or to make improvements that address other system issues raised during the resolution process.

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A significant trend is defined as: An accumulation of allegations in any one subcategory that may not warrant review by the CBIHCS/Peer Review Committee if considered individually, but may, because of their frequency or the repetition of similar issues, be treated like those of a higher severity level if considered together (e.g., recurring rudeness or discriminatory behavior). Trends are monitored and identified by QOC investigative nurses ongoing as part of the QOC investigative process and monitored on an ongoing basis by the QM-QOC Manager who will review and present significant trends to the CMO/ACMO. If these instances occur, they may be considered significant and are considered for Peer Review

Mercy Care will submit, if not completed and by the provider, to AHCCCS CQM all pertinent information regarding an incident of abuse, neglect, exploitation, and unexpected death as soon as aware of the incident. Pertinent information must not be limited to autopsy results only but must include a broad review of all issues and possible areas of concern. Delays in the receipt of autopsy results shall not result in a delay in the investigation of a quality of care concern by Mercy Care. Delayed autopsy results will be used to confirm the resolution of the QOC concern. Mercy Care will also include an addendum in the QM Portal if the cause and manner of death changes the findings of a QOC investigation.

Mercy Care ensures that member health records are available and accessible to authorized staff of their organization and to appropriate State and Federal authorities, or their delegates, involved in assessing quality of care or investigating member or provider quality of care concerns, complaints, allegations of abuse, neglect, exploitation grievances and Health Care Acquired Conditions (HCAC). Member record availability and accessibility must follow Federal and State confidentiality laws, including, but not limited to, Health Insurance Portability and Accountability Act (HIPAA) and **42 C.F.R. 431.300 et seq**.

### **Provider-Preventable Conditions**

If a Health Care Acquired Condition (HCAC) or Other Provider Preventable Condition (OPPC) is identified, Mercy Care will conduct a quality of care investigation and report the occurrence and results of the investigation to the AHCCCS Clinical Quality Management Unit through QM Portal documentation.

### 12.02 – Quality of Care (QOC), Peer Review and Fair Hearing Process

The QM Department reviews potential QOC issues referred by all internal and external sources, including IAD's submitted through the AHCCCS QMS Portal. For issues that are submitted to QM but are determined to not be a QOC concern, MC QM will inform the submitter of the process to be used to resolve the issue as needed/requested.

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The QOC process is a stand-alone process that is completed through the QM Department. The QOC process includes identification, research, evaluation, intervention, resolution, and trending of member and provider issues. The quality of care process is a stand-alone process not combined with other agency meetings or processes.

- Mercy Care completes the following actions in the QOC process:
  - o Identification of the quality of care issues,
  - Initial assessment of the severity of the quality of care issue,
- Prioritization of action(s) needed to resolve immediate care needs when appropriate,
- Review of trend reports to determine possible trends related to the provider(s) involved in the allegation(s) including type(s) of allegation(s), severity, and substantiation, etc.,
  - Research, including, but not limited to a review of the log of events, documentation of conversations, and medical records review, mortality review, etc.. and
  - Quantitative and qualitative analysis of the research, which may include root cause analysis.
  - All QOC investigations are documented in the AHCCCS QM Portal ensuring that the
    case is updated within the QM Portal to reflect changes during the investigation as
    additional details and allegations are discovered and added to the QOC. Mercy
    Care ensures that a final severity level is assigned to the case at the conclusion of
    the investigation.
  - All IAD/IRF's are redacted (PHI/PII), via the QM Portal, within 3-days of completion for submission to the Independent Oversite Committee (IOC) as specified in contract and AMPM Policy 960.

Providers must comply with all QOC review activities including:

- · Providing requested medical records in a timely manner
- Responding to questions and/or
- Developing corrective action plans

Each QOC concern is fully investigated and assigned a severity level based on potential adverse effect(s) for the member. QOC severity level is defined by AHCCCS as follows:

- Level 0 (Track and Trend Only) No quality issue finding.
- **Level 1** Quality issue exists with minimal potential for significant adverse effects to the patient/recipient.
- **Level 2** Quality issue exists with significant potential for adverse effect to the patient/recipient.



- **Level 3** Quality issue exists with significant adverse effects on the patient/recipient, is dangerous and/or life-threatening.
- Level 4 Quality issue exists with the most severe adverse effects on the patient/recipient; no longer impacts the patient/recipient with the potential to cause harm to others.

Mercy Care has established and maintains a Peer Review Committee. The Peer Review Committee serves as the primary entity responsible for ensuring Mercy Care and subcontracted providers adhere to a clinically appropriate peer review process. Cases are referred to the MC Peer Review Committee when appropriate. The scope of peer review includes cases where there is evidence of deficient quality, or the omission of the care or service provided by a participating, or non-participating, physical, or behavioral health care professional or provider whether delivered in or out of state. The peer review process ensures that providers of the same or similar specialty participate in the review and recommendation of individual peer review cases.

Matters appropriate for peer review may include, but are not limited to:

- Questionable clinical decisions,
- Lack of care and/or substandard care,
- Inappropriate interpersonal interactions or unethical behavior,
- Physical or sexual abuse by provider staff,
- Allegations of criminal or felonious actions related to practice,
- Issues that immediately impact the member and that are life threatening or dangerous,
- Unanticipated death of a member,
- Issues that have the potential for adverse outcome, or
- Allegations from any source that bring into question the standard of practice.

#### Peer Review Committee membership will include:

- The Chief Medical Officer (Chair),
- The Associate Chief Medical Officer,
- The QM Administrators,
- Quality of Care Reviewers,
- Medical Directors,
- At least one provider of the same or similar specialty under review and representation of healthcare professionals from local communities in which Mercy Care has enrolled members, and
- Mercy Care's CMO may invite provider with a special scope of practice when necessary.

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### Non-voting Members:

Licensed Practitioners, internal and external, when necessary

The Peer Review Committee will convene at least quarterly but, in emergent cases, the Chair or designee will call an ad hoc meeting.

The Peer Review Committee is responsible for making recommendations to the CMO. Appropriate actions may include, but are not limited to peer contact, education, reduced or revoked credentials, and limit on new member enrollment, sanctions, or other corrective actions. The Medical Director is responsible for implementing the actions, which may include, but is not limited to the following:

- Peer contact: The Committee may recommend that the Mercy Care medical director or CMO personally contact the healthcare professional or provider to discuss the committee's action.
- Education: The Committee may recommend that information or educational material be sent to the healthcare professional or provider or that the healthcare professional or provider seek additional training. Confirmation of the completed training will be required to be sent to Mercy Care.
- Committee appearance: The Committee may recommend that the healthcare professional or provider attend a committee meeting to discuss the issue with committee members
- Credentials action: The Committee may recommend that Mercy Care reduce, restrict, suspend, terminate, or not renew the healthcare professional's Mercy Care credentials necessary to treat members as a participating provider.
- The Peer Review Committee may require new interventions/approaches when necessary.

The QM department monitors the success of the CAP/interventions.

Per AHCCCS Policy 960, if an adverse action is taken with a provider for any reason, including those related to quality of care concern, MC must report the adverse action to the AHCCCS within 24 hours as well as to the National Practitioner Data Bank.

Upon receiving notification that a health care professional's organizational provider or other provider's affiliation with their network is suspended or terminated because of a quality of care issue, Mercy Care will provide written notification to the

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appropriate regulatory/licensing board and AHCCCS. Mercy Care, as active participants in the process, are required to notify Mercy ACC-RBHA of the same.

Some Peer Review decisions may be appealable. To exercise this option, the appeal process for a fair hearing must be followed. A copy of the peer review and fair hearing policy is available to all providers upon request.

The QOC, peer review, and fair hearing processes are protected by Federal and State law. All information used in the peer review process is kept confidential and is not discussed outside of the peer review process.

### 12.03 - Provider Monitoring

MC monitors the care and treatment provided to members through medical record reviews. The Provider Monitoring unit performs a series of key provider review and audit activities to improve the quality and safety of medical and behavioral healthcare services. Member medical records are evaluated for accuracy and completeness of documentation regarding the member's health status, health needs, health services provided for the member, and any resulting changes over time. Provider education and assistance are critical components of the Provider Monitoring program. Providers must comply with all Provider Monitoring audit tool standards that are applicable to their respective clinical programs. Site visits may be required as a part of Provider Monitoring audit activities. If providers fail to meet established minimum performance thresholds, Performance Improvement Plans (PIPs) or Corrective Action Plans (CAPs) may be required, up to and including monetary sanctions.

### 12.04 – Ambulatory Medical Record Review (AMRR)

Mercy Care participates with the AzAHP and AMRR Collaborative to monitor Obstetrical/Gynecological providers, primary care EPSDT providers (PCPs), and primary care providers who treat adult members. Mercy Care monitors Oral Health providers who treat adults and children. AMRRs and Oral Health Audits are performed under the direction of the MC CMO in collaboration with the Vice President of Quality Management. The AMRR and Oral Health review tools incorporate the AHCCCS and CMS required medical records standards, professional and community standards, and accepted and recognized practice guidelines.

### 12.05 – Quality Management Studies

MC uses a variety of information sources to conduct quality management studies, including member medical records, claims, prior authorization logs, statistical reports, and utilization



review reports. As part of the quality improvement process, MC asks its provider network to assist in the collection of medical record information or other information as needed for special studies or reviews. The QM Department manages several annual clinical studies.

### 12.06 - Data Collection and Reporting

The QM Department collects data and analyzes MC performance for the following indicators:

- Well-child visits in the first 15 months of life
- Well-child visits for members aged 3-6
- EPSDT participation rates
- Childhood immunization (for members 24 months old)
- Adolescent immunization
- Annual dental visits for members aged 1-20
- Preventive Dental Care
- Dental Sealant Application
- Children's access to primary care providers
- Adolescent well-care visits
- Cervical cancer screening
- Adult access to preventive/ambulatory health services
- Mammograms
- Diabetes management
- Appropriate Asthma medication
- Chlamydia screening
- Prenatal care
- Postpartum services
- Hospital Readmissions
- PCP follow-up after discharge
- 7 and 30 days follow up after a BH Inpatient discharge
- ED Utilization
- Inpatient Utilization
- Diabetes, COPD and CHF Admissions
- Flu Shots

Clinical indicators are reviewed regularly to monitor progress. Findings and results of studies and surveys are shared with health professionals via newsletters.

### **12.07 - Reports**

The QM department has developed reports for health professionals on the following topics:

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- **Well woman:** A quarterly report of members who need a mammogram, cervical cancer screening or chlamydia screening.
- **Diabetes:** A quarterly report of members diagnosed with diabetes and diabetes related services rendered during the past 12 months.
- Immunizations: A monthly report listing members due for one or more immunizations.
- Well Child: A monthly report listing members due for a Well Child visit.
- **HEDIS Star:** A quarterly report listing MCA members in need of one or more of the following services:
  - o Disease-Modifying Anti-Rheumatic Drug Therapy for Rheumatoid Arthritis
  - Breast Cancer Screening
  - Controlling High Blood Pressure
  - o Comprehensive Diabetes Care
  - Colorectal Cancer Screening
  - Osteoporosis Management in Women Who Had a Fracture

### 12.08 - Credentialing/Re-Credentialing

The Credentialing Committee (comprised of both network peer physicians and MC Medical Directors) reviews all credentialing information and forwards their recommendations to the CMO who presents the information to the Quality Management Oversight Committee and the MC's Board of Directors for a final decision. Providers have the following rights:

- To review their application and information obtained from outside sources, (e.g., state licensing agencies and malpractice carriers) except for references, recommendations, or other peer-review protected information.
- To correct erroneous information submitted by another source. MC would notify credentialing applicants if information obtained from other sources (e.g., licensure boards, National Practitioner Data Bank, etc.) varies substantially from that provided by the applicant.

#### 12.09 – Streamlining Processes

MC is dedicated to improving and streamlining credentialing processes and timelines for those providers credentialed and re-credentialed directly through MC. In addition, contractual relationships have been developed to delegate credentialing and recredentialing activities to approved, qualified outside entities throughout the state. This practice has been put into place to decrease the time spent completing multiple credentialing applications for providers belonging to one of these entities and to ensure a complete and comprehensive network for MC members.



Providers credentialed/re-credentialed through a delegated entity must still be approved through the MC Board of Directors prior to providing care or services to members. Providers are re-credentialed every three years and must complete the required reappointment application. Updates of malpractice coverage, state licenses, and Drug Enforcement Agency (DEA) certificates, if applicable, are also required. The MC Special Needs Unit (SNU) coordinates care and services with the carve-out programs for MC members enrolled in AZ Department of Economic Security, Division of Developmental Disabilities (DES/DDD).

MC performs the following activities:

- Assists in resolving coordination of benefit issues.
- Monitors timeliness of services delivered by MC providers.
- Provides information or clarification to parents/guardians and providers.

Ensures services are provided by the appropriate resource – either MC or carve out program.

 Serve as the MC liaison for the state agencies listed above, and their contractors and DD services.

### 12.10 - Reporting and Monitoring of Seclusion and Restraint

The use of S&R shall only be used to the extent permitted by and in compliance with A.A.C. R9-10-225, A.A.C. R9- 21-204, and A.A.C. R9-10-316. Licensed behavioral health facilities and programs, including out- of-state facilities, authorized to use seclusion and restraint must report each occurrence of seclusion and restraint and information on the debriefing subsequent to the occurrence of seclusion or restraint to MC QM within five (5) business days of the occurrence. The individual reports must be submitted on the Policy 962, Attachment A, Seclusion and Restraint Individual Reporting Form. This form is available on MC's website. The facility may alternatively submit their electronic medical record that includes all elements listed on the Policy 962 Attachment A.

Each reported occurrence of seclusion and restraint is required to include a complete copy of the written order that include the requirements as per A.A.C. R9-21-204.

In the event that a use of seclusion or restraint requires face-to-face monitoring, a report detailing face-to-face monitoring is submitted to MC QM along with the Policy 962, Attachment A, Seclusion and Restraint Individual Reporting Form. The face-to-face monitoring form must include the requirements as per A.A.C. R9-21-204.

In order to maintain consistency, all seclusion and restraint reported events for MC members are to be submitted via email directly to <a href="MercyCareSandR@MercyCareAZ.org">MercyCareAZ.org</a> or via fax to 1-855-224-4908.

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Providers are also responsible for reviewing and becoming familiar with <u>AdSS 962</u> for DES-DDD plan specific polices related to QOC related occurrence and notification requirements.

### **Definitions**

**Behavioral Health Inpatient Facilities (BHIF):** A health care institution, as specified in A.A.C. R9-10-101, that provides continuous treatment to an individual experiencing a behavioral health issue that causes that individual to:

- 1. Have a limited or reduced ability to meet the basic physical needs.
- 2. Suffer harm that significantly impairs the judgment, reason, behavior, or capacity to recognize reality.
- 3. Be a danger to self.
- 4. Be a danger to others.
- 5. Be persistently or acutely disabled as specified in A.R.S. § 36-501, or 6. Be gravely disabled.

Chemical Restraint: A drug or medication when it is used as a restriction to manage the patient's behavior or restrict the patient's freedom of movement and is not a standard treatment or dosage for the patient's condition. Refer to 42 CFR 482.13 (e)(1)(i)(B). Chemical Restraints shall be interpreted and applied in compliance with the Center for Medicaid Services (CMS) State Operations Manual, Appendix A at A-0160 for Regulations and Interpretive Guidelines for Hospitals at: https://www.cms.gov/Regulations-and-Guidance/Guidance/ Manuals/Downloads/som107ap a hospitals.pdf

**Mechanical Restraint:** Any device, article, or garment attached or adjacent to a member's body that the member cannot easily remove and that restricts the member's freedom of movement or normal access to the member's body, but does not include a device, article, or garment:

- 1. Used for orthopedic or surgical reasons, or
- 2. Necessary to allow a member to heal from a medical condition or to participate in a treatment program for a medical condition.

**Personal Restraint:** The application of physical force without the use of any device, for the purpose of restricting the free movement of a member's body. For Behavioral Health Inpatient Facility (BHIF) or outpatient treatment centers licensed to provide behavioral health observation/stabilization services (Crisis Facility), personal restraint does not include:

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- 1. Holding a member for no longer than five minutes, without undue force, in order to calm or comfort the member.
- 2. Holding a member's hand to escort the member from one area to another.

**Seclusion:** The involuntary solitary confinement of a patient in a room or an area where the patient is prevented from leaving as specified in A.A.C. R9-10-101.

Seclusion of Individuals Determined to have a Serious Mental Illness (SMI): The restriction of a member to a room or area through the use of locked doors or any other device or method which precludes a member from freely exiting the room or area or which a member reasonably believes precludes his/her unrestricted exit [A.A.C. R921-101(B)].

In the case of an inpatient facility, confining a client to the facility, the grounds of the facility, or a ward of the facility does not constitute Seclusion. In the case of a community, residence, restricting a client to the residential site, according to specific provisions of a service plan or court order does not constitute Seclusion, as specified in A.A.C. R9-21-101(B).



## MC Chapter 13 - Referrals and Authorizations

#### 13.00 - Referral Overview

It may be necessary for a MC member to be referred to another provider for medically necessary services that are beyond the scope of the member's PCP. For those services, providers only need to complete their own Referral Form and refer the member to the appropriate MC PHP. MC's website includes a provider search function for your convenience. More information is available in this Provider Manual under section MC Chapter 4 – Provider Requirements, Section 4.48 – Availity concerning prior authorizations.

There are two types of referrals:

- Participating providers (particularly the member's PCP) may refer members for specific covered services to other practitioners or medical specialists, allied healthcare professionals, medical facilities, or ancillary service providers.
- Member may self-refer to certain medical specialists for specific services, such as an OB/GYN.

Referrals must meet the following conditions:

- The referral must be requested by a participating provider and be in accordance with the requirements of the member's benefiting plan (covered benefit).
- The member must be enrolled in MC on the date of service(s) and eligible to receive the service.

If MC's network does not have a PHP to perform the requested services, members may be referred to out of network providers if:

- The services required are not available within the MC network.
- MC prior authorizes the services.

If out of network services are not prior authorized, the referring and servicing providers may be responsible for the cost of the service. The member may not be billed if the provider fails to follow MC's policies. Both referring and receiving providers must comply with MC policies, documents, and requirements that govern referrals (paper or electronic) including prior authorization. Failure to comply may result in delay in care for the member, a delay or denial of reimbursement or costs associated with the referral being changed to the referring provider. Referrals are a means of communication between two providers servicing the same member. Although MC encourages the use of a Referral Form, it is recognized that some providers use telephone calls and other types of communication to coordinate the member's medical care.

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This is acceptable to MC, if the communication between providers is documented and maintained in the members' medical records.

## 13.01 - Referring Provider's Responsibilities

- Confirm that the required service is covered under the member's benefit plan prior to referring the member.
- Confirm that the receiving provider is contracted with MC.
- Obtain prior authorization for services that require prior authorization or are performed by a non-PHP.
- Complete a Referral Form and mail or fax the referral to the receiving provider.

### 13.02 - Receiving Provider's Responsibilities

PHPs may render services to members for services that do not require prior authorization and that the provider has received a completed MC referral form (or has documented the referral in the member's medical record). The provider rendering services based on the referral is responsible to:

- Schedule and deliver the medically necessary services in compliance with MC's requirements and standards related to appointment availability.
- Verify the member's enrollment and eligibility for the date of service. If the member is not enrolled with MC on the date of service, MC will not render payment regardless of referral or prior authorization status.
- Verify that the service is covered under the member's benefit plan.
- Verify that the prior authorization has been obtained, if applicable, and includes the prior authorization number on the claim when submitted for payment.
- Inform the referring provider of the consultation or service by sending a report and applicable medical records to allow the referring provider to continue the member's care.

#### 13.03 - Period of Referral

Unless otherwise stated in a PHP's contract or MC documents, a referral is valid for the full extent of the member's care starting from the date it is signed and dated by the referring provider, if the member is enrolled and eligible with MC on the date of service.

## 13.04 - Maternity Referrals

Referrals to Maternity Care Health Practitioners may occur in two ways:

• A pregnant MC member may self-refer to any MC contracted Maternity Care Practitioner.

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• The PCP may refer pregnant members to a MC contracted Maternity Care Practitioner.

At a minimum, Maternity Care Practitioners must adhere to the following guidelines:

- Coordinate the members maternity care needs until completion of the postpartum visits.
- Schedule a minimum of one postpartum visit at approximately six weeks postpartum.
- When necessary, refer members to other practitioners in accordance with the MC referral policies and procedures.
- Schedule return visits for members with uncomplicated pregnancies consistent with the American College of Obstetrics and Gynecology standards:
  - Through twenty-eight weeks of gestation every four weeks
  - o Between twenty-nine- and thirty-six-weeks' gestation every two weeks
  - After the thirty sixth week once a week
  - Schedule first-time appointments within the required time frames
  - o Members in first trimester within seven calendar days
  - Members in third trimester within three calendar days
  - High-risk Members within three calendar days of identification or immediately when an emergency condition exists.

#### 13.05 - Ancillary Referrals

All practitioners and providers must use and/or refer to MC contracted ancillary providers.

## 13.06 - Member Self-Referrals

MC members can self-refer to participating providers for the following covered services:

- Family Planning Services
- OB Services
- GYN Services
- Dental Services for Members Under Age 21
- Vision services for Members Under Age 21
- Behavioral Health Services

When a member self refers for any of the above services, providers rendering services must adhere to the same referral requirements as described above.

## 13.07 - Prior Authorization

MC requires prior authorization for select acute outpatient services and planned hospital admissions. Prior authorization is not required for the following:

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- Emergency services
- Observation services

Prior authorization guidelines are reviewed and updated regularly. To request an authorization or check on the status of an authorization, please visit <a href="Availity">Availity</a>. More information is available in this Provider Manual under section <a href="MC Chapter 4 - Provider Requirements">MC Chapter 4 - Provider Requirements</a>, <a href="Section 4.48 - Availity">Section 4.48 - Availity</a> concerning authorizations. You may also call our Prior Authorization department at 602-263-3000 or 800-624-3879 (toll-free).

Our <u>On-Line Prior Authorization Search Tool (ProPat)</u> is now available on our website with no log-in. It is currently available on our Prior Authorization tab/webpage for each line of business. Locations are as follows:

- Mercy Care Complete Care
- Mercy Care ACC-RBHA
- Mercy Care Long Term Care
- Mercy Care DD
- Mercy Care Advantage

ProPat gives you the ability to look up codes to determine if they require Prior Authorization.

The tool is the same for all lines of business, however, it's important to note that you must indicate the line of business you are searching for in the tool to make sure accurate information is pulled up for that line of business.

To request a prior authorization, be sure to:

- Always verify member eligibility prior to providing services.
- Complete the appropriate authorization form (medical or pharmacy).
- Attach supporting documentation when submitting. This could include:
  - Recent progress notes documenting the need for the service
  - Lab results
  - Imaging results (x-rays, etc.)
  - Procedure/Surgery reports
  - Notes showing previous treatment tried and failed
  - Specialty notes

To check on the status of an authorization, please visit Availity.

You can fax your authorization request to 1-800-217-9345.

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**Important to Note:** When checking whether a service requires an authorization under Mercy Care's **Online Prior Authorization Search Tool**, please keep in mind that a listed service does not guarantee that the service is covered under the plan's benefits. Always check plan benefits first to determine whether the service is covered or not.

### 13.08 - Types of Requests

- Expedited Service Authorization Request: A request for services in which either the requesting provider indicates, or the MC determines that following the standard timeframes for issuing an authorization decision could seriously jeopardize the member's life or health or ability to attain, maintain, or regain maximum function. In these circumstances, the authorization decision must be expedited and must be made within 72 hours from the date of receipt of the service request. If the due date for an expedited authorization decision falls on a weekend (Saturday and Sunday) or legal holiday as defined by the State of Arizona, the expedited decision must be made on the day preceding the weekend or holiday.
- Expedited Authorization Request Downgraded to a Standard Request: When MC receives an expedited request for a service authorization and the requested service is not of an expedited medical nature, the MC will downgrade the expedited authorization request to a standard request.
- Standard Service Authorization Request: A request from the member, the representative, or a provider for a service for the member. The authorization decision must be made within 14 calendar days from the date of receipt of the service request.

#### 13.09 – Medical Prior Authorization

The Prior Authorization team is responsible for processing prior authorization requests for nonemergency, elective procedures and services that are in our prior authorization code list, referenced above.

#### 13.10 – Complex Radiology Service Authorizations

eviCore healthcare administers prior authorization services for complex radiology and pain management services for MC. Services requiring authorization but performed without authorization may be denied for payment, and you may not seek reimbursement from members.



Prior authorization is required for the following complex radiology services:

- CT/CTA
- MRI/MRA
- PET

Services performed in conjunction with an inpatient stay, observation, or emergency room visit are not subject to authorization requirements.

To request an authorization from eviCore healthcare, please submit your request online, by phone or by fax to:

- Log onto the eviCore healthcare Online Web Portal.
- Call eviCore healthcare at 888-693-3211.
- Fax an eviCore healthcare Request Form (available online at the eviCore healthcare Online Web Portal) to 888-693-3210.

For urgent requests: If services are required in less than 48 hours due to medically urgent conditions, please call eviCore healthcare's toll-free number for expedited authorization reviews. Be sure to tell the representative the authorization is for medically urgent care. eviCore healthcare recommends that ordering physicians secure authorizations and pass the authorization numbers to the rendering facilities at the time of scheduling. eviCore healthcare will communicate authorization decisions by fax to both the ordering physicians and requested facilities. Authorizations contain authorization numbers and one or more CPT codes specific to the services authorized. If the service requested is different than what is authorized, the rendering facility must contact eviCore healthcare for review and authorization prior to claim submission.

## 13.11 - Bariatric Surgery Criteria

MC covers bariatric surgery if there are clinical indications to support the need for the surgery and member fails to achieve and maintain significant weight loss with nonsurgical treatment. MC maintains a list of approved Bariatric Surgeons to conduct the surgery, as well as other specialists for the perioperative medical clearance and clinicians whose multidisciplinary services are necessary in the preoperative weight-loss program, such as nutritional and psychological counseling. Please contact our member services department to get a list. Servicing provider is responsible for ensuring that member meets clinical indications for the procedure. For the specific guidelines that MC utilizes to review bariatric surgery records for the medical necessity, please contact our Member Services or Prior Authorization department. To look up the CPT codes for Bariatric Surgery prior authorization requirements, please use the Online Prior Authorization Search Tool.

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### 13.12 - Pharmacy Prior Authorization

The Pharmacy Prior Authorization team is responsible for processing prior authorization requests for the following:

- Medications not included in the MC's PDL, also referred to as a formulary.
- Medications that require prior authorization.
- Step Therapy medications.
- Medications with Quantity Limits.

A team of Arizona licensed pharmacists and certified pharmacy technicians authorize based on a set of pre-established clinical guidelines. Refer to **Chapter 13 – Pharmacy Management** in this Provider Manual for additional information.

## **Electronic Prior Authorization (ePA)**

Mercy Care is committed to making sure our providers receive the best possible information, and the latest technology and tools available.

We have partnered with CoverMyMeds® and SureScripts to provide you a new way to request a pharmacy prior authorization through the implementation of Electronic Prior Authorization (ePA) program.

With Electronic Prior Authorization (ePA), you can look forward to:

- Time saving
- Decreased paperwork, phone calls and faxes for prior authorization requests
- Quicker determinations
- Reduced average wait times, resolution often within minutes
- Accommodating and Secure
- HIPAA compliant via electronically submitted requests

Getting started is easy. Choose ways to enroll:

- No cost required! Let us help get you started!
- Visit the CoverMyMeds® website
- Call CoverMyMeds® toll-free at 866-452-5017
- Visit the SureScripts website
- Call SureScripts toll-free at 866-797-3239



Billing Information:

BIN: 610591 PCN: ADV

Group: RX8805 (MCCC, Mercy DD, MCLTC)

Group: RX8822 (Mercy ACC-RBHA)

## 13.13 – Applied Behavioral Analysis

Behavior Analysis Services are a Mercy Care covered benefit for individuals with Autism Spectrum Disorder (ASD) and/or other diagnoses as justified by medical necessity.

Members must receive ABA services from a provider in Mercy Care's provider network. Medically necessary services, including ABA, are determined by the member's Child and Family Team (CFT) or Adult Recovery Team (ART).

Behavior Analysis Services are designed to accomplish one or more of the following:

- increase functional skills,
- increase adaptive skills (including social skills),
- teach new behaviors,
- increase independence and/or reduce or eliminate behaviors that interfere with behavioral or physical health.

Behavior Analysis Services are prescribed or recommended in specific dosages, frequency, intensity, and duration by a qualified Behavioral Health Professional (BHP) as the result of an assessment of the member, the intensity of the behavioral targets, and complexity and range of treatment goals.

Please refer to the Behavioral Health Services Billing Matrix on the Medical Coding Resources AHCCCS web page for more information regarding required coding information, including covered settings or other billing/coding information.

Behavioral Analysis providers are required to submit prior authorization for Adaptive Behavior Treatments (CPT Codes 97153-97158). Adaptive Behavior Assessments (CPT Codes 97151 and 97152) will not require authorization. Service(s) rendered without authorization may be denied for payment. For Behavioral Analysis services a specific prior authorization form has been developed for initial and re-authorization of services. To access the form and a list of required clinical documentation, visit our website under Forms web page named Prior Authorization for ABA Services. Prior authorization, if determined medically necessary, is approved for a maximum for 6 months, re-authorization will be required for continued service delivery.

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The ABA service codes must be billed with the appropriate modifier to identify the experience level of the staff rendering the service.

## Modifier tiers:

- BHT/RBT Less Than bachelor's degree Modifier HM
- Trainee, Master, BCaBA bachelor's degree Level Modifier HN
- BCBA Master's Degree Level Modifier HO
- BCBA-D Doctoral Level Modifier HP

#### 13.14 - Nutritional Assessment and Nutritional Therapy

MC covers nutritional assessment and nutritional therapy for members over 21 on an enteral, parenteral, or oral basis when determined medically necessary to provide either complete daily dietary requirements, or to supplement a member's daily nutritional and caloric intake.

The following requirements apply:

- Must be assessed at each visit.
- Members in need of nutritional assessment or nutritional therapy should be identified and referred to a registered dietician in MC's network.
- Members in need of nutritional supplements may be referred to Epic Medical Solutions, MC's contracted DME provider for these services.
- Nutritional therapy requires prior authorization and approval by MC. To determine prior authorization, MC requires the AHCCCS Attachment A Certificate of Medical Necessity for Commercial Oral Nutritional Supplements for Members 21 Years of Age or Greater Initial or Ongoing Request form found on the AHCCCS website, along clinical notes, supporting documentation and evidence of required criteria as indicated in the Certificate of Medical Necessity be sent to Epic Medical Solutions. Their fax number is 480-883-1193. Epic will contact MC to request prior authorization.

For detailed information regarding Nutritional Assessment and Nutritional Therapy, please refer to the AHCCCS Medical Policy Manual (AMPM), Chapter 300 - 310-GG Nutritional Therapy, Metabolic Foods, and Total Parenteral Nutrition found on the AHCCCS web site.

#### 13.15 – Metabolic Medical Foods

Members who have been diagnosed with the following genetic metabolic conditions and who need metabolic medical foods may receive services through their genetics provider. MC covers medical foods, within the limitations specified in the AHCCCS Medical Policy Manual, (AMPM), Chapter 300 – 310-GG Nutritional Therapy, Metabolic Foods, and Total Parenteral Nutrition

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found on the AHCCCS website, for any member diagnosed with one of the following inherited metabolic conditions:

- Phenylketonuria
- Homocystinuria
- Maple Syrup Urine Disease
- Galactosemia (requires soy formula)
- Beta Keto-Thiolase Deficiency
- Citrullinemia
- Glutaric Acidemia Type I
- Isovaleric Acidemia
- Methylmalonic Acidemia
- Methylcrotonyl CoA Carboxylase Deficiency
- Pionic Acidemia
- Argininosuccinic Acidemia
- Tryosinemia Type I
- HMG CoA Lyase Deficiency
- Very long chain acyl-CoA Dehydrogenase deficiency (VLCAD)
- Long Chain acyl-CoA Dehydrogenase deficiency (LCHAD)

#### 13.16 - Extensions and Denials

If MC requires additional clinical documentation to decide on the prior authorization request, MC will extend the turnaround time for an additional fourteen (14) calendar days. MC will notify the provider and member of this extension and detail the request for additional documentation. If the requested supporting documentation is not received within the requested timeframe, MC may deny the request for prior authorization on the date that the timeframe expires.

#### 13.17 - Prior Authorization and Referrals for Services

- Laboratory Services and Referrals: Prior authorization is NOT required for approved in
  office lab procedures that are on MC's in office labs code list. MC is contracted with
  Sonora Quest to provide laboratory services. Please refer to our Claims Processing
  Manual on our Claims Information web page under Chapter 2 Professional Claim Types
  by Specialty, Section 2.0 Laboratory for a listing of MC's in office labs code list.
- Radiology Services Referrals: Prior authorization IS required before referring members for certain radiology services. To request an authorization, find out what requires authorization or check on the status of an authorization, please visit Availity.
- Infusion or Enteral Therapy Referrals: Prior authorization is NOT required to refer members to a contracted infusion or enteral provider. However, any medically

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necessary services rendered by an infusion, enteral provider or through a home health agency must be prior authorized. All infusion medications must be processed through the MC PBM (Pharmacy Benefit Manager) pharmacy benefit. Referrals may be processed through the PBM. All enteral needs are processed through the nutritional therapy contracted provider for MC and comply with medical necessity criteria.

- **Durable Medical Equipment (DME) Referrals:** Prior authorization is NOT required to refer members to a contracted DME provider. However, certain services may require prior authorization, as indicated in the provider's contract.
- DES/DDD Prior Authorization: Prior authorization may be required for some services. For
  members enrolled in the Department of Economic Security, Division of Developmental
  Disabilities (DES/DDD) health professionals must obtain prior authorization for required services
  from Mercy DD by faxing your request to 800-217-9345. Requests for sterilization, pregnancy
  termination, transplants and enclosed beds require a Final determination by the DES/DDD
  medical director prior to providing the service. Notification of approved requests will be faxed or
  mailed to the provider.

## 13.18 - Prior Authorization and Coordination of Benefits

If other insurance is the primary payer before MC, prior authorization of a service is not required, unless it is known that the service provided is not covered by the primary payer. If the service is not covered by the primary payer, the provider must follow MC's prior authorization rules.



## MC Chapter 14 – Billing Encounters and Claims

## 14.00 - Billing Encounters and Claims Overview

The MC Claims department is responsible for claims, resubmissions, claims inquiry/research and provider encounter submissions to AHCCCS.

All providers who participate with MC must first register with AHCCCS to obtain an AHCCCS Provider Identification Number. Please contact AHCCCS directly for this number. Once you have obtained your 6-digit AHCCCS provider ID, notify Network Management.

### **Billing**

## 14.01 - When to Bill a Member

A member may be billed when the member knowingly receives non-covered services.

- Provider MUST notify the member in advance of the charges.
- Provider should have the member sign a statement agreeing to pay for the services and place the document in the member's medical record.

MC members may **NOT** be billed for covered services or for services not reimbursed due to the failure of the provider to comply with MC's prior authorization or billing requirements. Please refer to *Arizona Revised Statute A.R.S. §36-2903.01 (L) and Administrative Codes R9-22-702, R9-27-702, R9-28-702, R9-30-702 I and R9-31-702* for additional information. Arizona *Administrative Code R9-22-702* states in part, "an AHCCCS registered provider shall not do either of the following, unless services are not covered or without first receiving verification from the *Administration [AHCCCS] that the person was not an eligible person on the date of service:* 

- Charge, submit a claim to, or demand or collect payment from a person claiming to be AHCCCS eligible; or
- 2. Refer or report a person claiming to be an eligible person to a collection agency or credit reporting agency"

MC members should not be billed or reported to a collection agency for any covered services your office provides.

Provider may **NOT** collect copayments, coinsurance, or deductibles from members with other insurance, whether it is Medicare, a Medicare HMO, or a commercial carrier. Providers must bill MC for these amounts and MC will coordinate benefits. Unless otherwise stated in contract, MC adjudicates payment using the lesser of methodology and members may not be billed for any remaining balances due to the lesser of methodology calculation.

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#### **14.02 - Prior Period Coverage**

On occasion, AHCCCS eligible members are enrolled retrospectively into MC. The retrospective enrollment is referred to as Prior Period of Coverage (PPC). Members may have received services during PPC, and MC is responsible for payment of covered services that were received.

For services rendered to the member during PPC, the provider must submit PPC claims to MC for payment of covered benefits. The provider must promptly refund, in full, any payments made by the member for covered services during the PPC period.

While prior authorization is not required for PPC services, MC may, at its discretion, retroactively review medical records to determine medical necessity. If such services are deemed not medically necessary, MC reserves the right to recoup payment, in full, from the provider. The provider may not bill the member.

## **Encounters**

#### 14.03 - Encounter Overview

An encounter is a record of an episode of care indicating medically necessary services provided to an enrolled member. To comply with federal reporting requirements, AHCCCS requires the submission of claims and encounters for all services provided to enrolled members. Fines and penalties are levied against MC for failure to correctly report encounters in a timely manner. MC may pass along these financial sanctions to a provider that fails to comply with encounter submissions.

## 14.04 - When to File an Encounter

Encounters should be filed for **all** services provided, even those that are capitated. MC uses the encounter information to determine if care requirements have been met and establish rate adjustments.

#### 14.05 - How to File an Encounter

To comply with federal reporting requirements, the AHCCCS Administration conducts program integrity studies on a random sample of members' medical records to compare recorded utilization information with submitted encounter data. The study evaluates the correctness or omission of encounter data. It is imperative that claims and encounters are submitted with correct procedure and diagnosis coding, and that the codes entered on the claim correspond to the actual services provided as evidenced in the member's medical record.



Services rendered must also coincide with the category of service listed on the provider record with AHCCCS. If services do not coincide, claims will be reversed, and monies recouped. If providers do not properly report all encounters, MC may be assessed monetary penalties for noncompliance with encounter submission standards. We may then pass these financial sanctions on to providers or terminate contracts with providers who are not complying with these standards.

#### **Claims**

### 14.06 - When to File a Claim

All claims and encounters must be reported to MC, including prepaid services.

## 14.07 - Timely Filing of Claim Submissions

Unless a contract specifies otherwise, MC ensures that for each form type Dental/Professional/Institutional) 95% of all clean claims are adjudicated within 30 days of receipt of the clean claim and 99% are adjudicated within 60 days of receipt of the clean claim.

## MC shall not pay:

- Claims initially submitted more than five months after date of service for which payment is claimed or after the date that eligibility is posted, whichever date is later; or
- Claims that are submitted as clean claims more than 12 months after date of service for which payment is claimed or after the date that eligibility is posted, whichever date is later (A.R.S.§36-2904.G).

Regardless of any subcontract with MC, when one AHCCCS Contractor recoups a claim because the claim is the payment responsibility of another AHCCCS Contractor (responsible Contractor); the provider may file a claim for payment with the responsible Contractor. The provider must submit a clean claim to the responsible Contractor no later than:

- 60 days from the date of the recoupment,
- 12 months from the date of service, or
- 12 months from date that eligibility is posted, whichever date is later.

The responsible Contractor shall not deny a claim based on lack of timely filing if the provider submits the claim within the timeframes above.

Claim payment requirements pertain to both contracted and non-contracted providers.

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#### 14.08 - MC as Secondary Insurer

MC is the payer of last resort. It is critical that you identify any other available insurance coverage for the patient and bill the other insurance as primary. For example, if Medicare is primary and MC is secondary.

- File an initial claim with MC if you have not received payment or denial from the other insurer before the expiration of your required filing limit. Make sure you are submitting timely to preserve your claim dispute rights.
- Upon the receipt of payment or denial by the other insurer, you should then submit your claim to MC, showing the other insurer payment amount or denial reason, if applicable, and enclosing a complete legible copy of the remittance advice or Explanation of Benefits (EOB) from the other insurer.
- When a member has other health insurance, such as Medicare, a Medicare HMO or a commercial carrier, MC will coordinate payment of benefits.
- In accordance with requirements of the Balanced Budget Act of 1997, MC will pay copayments, deductibles and/or coinsurance for AHCCCS Covered Services up to the lower of either MC's fee schedule or the Medicare/other insurance allowed amount.

Effective July 1, 2018, Claims should be initially submitted within 150 days from the date of service for a first submission to retain appeal rights, whether the other insurance explanation of benefits has been received or not.

Claims should be resubmitted within one year from the last date of service or 60 days from the date of the other insurance explanation of benefits, whichever is later once the other insurance explanation of benefits is received.

#### 14.09 - Dual Eligibility MCA Cost Sharing and Coordination of Benefits

Coordinating MCA Benefits with Mercy Care (except for Mercy Care ACC-RBHA)—For MCA members enrolled in both Mercy Care (either Mercy Care Complete Care, Mercy Care Long Term Care and Division of Developmental Disabilities lines of business) and MCA, any cost sharing responsibilities will be coordinated between the two payers. For the most part, providers only need to submit one claim to Mercy Care. Once the claim has been paid by Mercy Care Advantage, the claims payment information will cross over to Mercy Care and benefits will be automatically coordinated. There may be exceptions to this, which are covered in this chapter under the section titled Instruction for Specific Claim Types.

**Coordinating MCA Benefits with Mercy Care ACC-RBHA** – For MCA members enrolled in both Mercy Care ACC-RBHA and MCA, any cost sharing responsibilities will be coordinated between the two payers. Once the claim has been paid by Mercy Care Advantage, a remit will be sent to

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the provider. Mercy Care ACC-RBHA follows the CMS COBA process. Unfortunately, this may involve delays in getting the claims to cross-over to Mercy Care ACC-RBHA to coordinate benefits. To expedite claims payment, we recommend that the provider submit the MCA Explanation of Benefits, along with the claim, to Mercy Care ACC-RBHA. This will allow benefits to be coordinated quicker.

As a reminder, Medicaid is the payer of last resort. It's very important to verify eligibility on all plans the member may be covered under to determine who the claim should be sent to and how the claim should coordinate.

#### 14.10 - Injuries due to an Accident

In the event the member is being treated for injuries suffered in an accident, the date of the accident should be included on the claim for MC to investigate the possibility of recovery from any third-party liability source. This is particularly important in cases involving work-related injuries or injuries sustained as the result of a motor vehicle accident.

#### 14.11 - How to File a Claim

1) Select the appropriate claim form (refer to table below).

## Claim Form Type

<u>Service</u>	<u>Claim Form</u>
Medical and Professional Services	Form 1500 (02-12)
Family Planning Services – Medical	Form 1500 (02-12)
Family Planning Service – Hospital Inpatient	CMS UB-04 Form
Family Planning Service - Outpatient or	Form 1500 (02-12)
Emergency Obstetrical Care	
Obstetrical Care	Form 1500 (02-12)
Hospital Inpatient, Outpatient, Skilled Nursing Facility and	CMS UB-04 Form
Emergency Room Services	
General Dental Services for Mercy Care ACC-RBHA Only	ADA 2012 Claim Form
Dental Services that are Considered Medical Services	Form 1500 (02-12)
(Oral Surgery, Anesthesia)	

Instructions on how to fill out the each of the claim forms can be found in our Claims Processing Manual, available on our <u>Claims</u> web page or in the AHCCCS Fee For Service Manual, as follows:

- Form 1500 (02-12) Completion Instructions
- UB-04 (CMS 1450) Form Completion Instructions
- ADA Dental Claim Form Completion Instructions

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- 2) Complete the claim form.
  - a) Claims must be legible and suitable for imaging and/or microfilming for permanent record retention. Complete ALL required fields and include additional documentation when necessary.
  - b) The claim form may be returned unprocessed (unaccepted) if illegible or poor-quality copies are submitted or required documentation is missing. This could result in the claim being denied for untimely filing.
- 3) Submit **original** copies of claims electronically or through the mail (do NOT fax or hand-deliver). To include supporting documentation, such as members' medical records, clearly label and send to the Claims department at the correct address.
  - a) Electronic Clearing House Providers who are contracted with MC can use electronic billing software. Electronic billing ensures faster processing and payment of claims, eliminates the cost of sending paper claims, allows tracking of each claim sent and minimizes clerical data entry errors. Additionally, a Level Two report is provided to your vendor, which is the only accepted proof of timely filing for electronic claims.
    - The EDI vendors that MC uses are as follows:
      - Change Healthcare
      - o SPSI
      - o SSI
      - o Relay Health
    - Contact your software vendor directly for further questions about your electronic billing.
    - Contact your Network Relations Specialist/Consultant for more information about electronic billing.

Additional information can be attained by reviewing MC's Claims Processing Manual available on our Claims web page, Chapter 1 – General Claims Processing Information, Section 1.3 – Electronic Tools and Availity.

All electronic submission shall be submitted in compliance with applicable law including HIPAA regulations and MC policies and procedures.



b)	Throug	h t	he I	Mail
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a) Imagnetic Man	Claim Address Table	
<u>Claims</u> <u>Medical</u>	Mail To	Electronic Submission*
Mercy Care Complete Care and Mercy Care Long Term Care	Mercy Care Claims Department P.O. Box 982975 El Paso, TX 79998-2975	Through Electronic Clearinghouse
Mercy Care ACC-RBHA	Mercy Care ACC-RBHA Claims Department P.O. Box 982976 El Paso, TX 79998-2976	Through Electronic Clearinghouse Payer ID: 33628
<u>Dental</u> Mercy Care Complete Care and  Mercy Care Long Term Care	DentaQuest of Arizona, LLC Attention: Claims P.O. Box 2906 Milwaukee, WI 53201-2906	Through DentaQuest Electronic Clearinghouse
Mercy Care ACC-RBHA	Mercy Care ACC-RBHA Dental Claims Department P.O. Box 982977 El Paso, TX 79998-2977	Through Electronic Clearinghouse Payer ID: 33628
<u>Refunds</u> For All Plans	Mercy Care Attention: Finance Departm P.O. Box 90640 Phoenix, AZ 85066	N/A ent

## **14.12 - Correct Coding Initiative**

MC and AHCCCS follow the same standards as Medicare's Correct Coding Initiative (CCI) policy and perform CCI edits and audits on claims for the same provider, same recipient, and same date of service. For more information on this initiative, please review the CMS website under **National Correct Coding Initiative Edits.** 

MC utilizes ClaimsXten as our comprehensive code auditing solution that will assist payers with proper reimbursement. Correct Coding Initiative guidelines will be followed in accordance with

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both AHCCCS and CMS, in addition to pertinent coding information received from other medical organizations or societies.

ClearClaim is a web-based stand-alone code auditing reference tool designed to mirror MC's comprehensive code auditing solution through ClaimsXten. It enables MC to share with our providers the claim auditing rules and clinical rationale inherent in ClaimsXten.

Providers will have access to ClearClaim through Availity. ClearClaim coding combinations can be used to review claim outcomes after a claim has been processed. Coding combinations may also be reviewed prior to submission of a claim so that the provider can view claim auditing rules and clinical rationale prior to submission of claims.

Further detail on how to use ClearClaim can be found on the application itself by using the help link. ClearClaim can be found after logging in Availity by using the search button and typing in ClearClaim. For further instruction on Availity, please refer to <a href="Section 4.48">Section 4.48</a> — Availity in this manual.

## 14.13 - Correct Coding

Correct coding means billing for a group of procedures with the appropriate comprehensive code. All services that are integral to a procedure are considered bundled into that procedure as components of the comprehensive code when those services:

- Represent the standard of care for the overall procedure, or
- Are necessary to accomplish the comprehensive procedure, or
- Do not represent a separately identifiable procedure unrelated to the comprehensive procedure.

## 14.14 - Incorrect Coding

Examples of incorrect coding include:

- "Unbundling" Fragmenting one service into components and coding each as if it were a separate service.
- Billing separate codes for related services when one code includes all related services.
- Breaking out bilateral procedures when one code is appropriate.
- Down coding a service to use an additional code when one higher level, more comprehensive code is appropriate.

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#### 14.15 - Modifiers

Appropriate modifiers must be billed to reflect services provided and for claims to pay appropriately. MC can request copies of operative reports or office notes to verify services provided. Common modifier issue clarification is below:

- Modifier 59 Distinct Procedural Services must be attached to a component code to indicate
  that the procedure was distinct or separate from other services performed on the same day and
  was not part of the comprehensive service. Medical records must reflect appropriate use of the
  modifier. Modifier 59 cannot be billed with evaluation and management codes (99201-99499)
  or radiation therapy codes (77261 -77499).
- Modifier 25 Significant, Separately Identifiable Evaluation and Management Service by the Same Physician on the Same Day of the Procedure or Other Service - must be attached to a component code to indicate that the procedure was distinct or separate from other services performed on the same day and was not part of the comprehensive service. Medical records must reflect appropriate use of the modifier. Modifier 25 is used with evaluation and management codes and cannot be billed with surgical codes.
- Modifier 50 Bilateral Procedure If no code exists that identifies a bilateral service as bilateral, you may bill the component code with modifier 50. MC follows the same billing process as CMS and AHCCCS when billing for bilateral procedures. Services should be billed on one-line reporting one unit with a 50 modifier.
- Modifier 57 Decision for Surgery must be attached to an Evaluation and Management code
  when a decision for surgery has been made. MC follows CMS guidelines regarding whether the
  Evaluation and Management will be payable based on the global surgical period. CMS guidelines
  found in the Medicare Claims Processing Manual, Chapter 12 Physicians/Non-physician
  Practitioners indicate:
  - "Carriers pay for an evaluation and management service on the day of or on the day before a procedure with a 90-day global surgical period if the physician uses CPT modifier "-57" to indicate that the service resulted in the decision to perform the procedure. Carriers may not pay for an evaluation and management service billed with the CPT modifier "-57" if it was provided on the day of or the day before a procedure with a 0 or 10-day global surgical period."
- EP Modifier Service provided as part of a Medicaid early periodic screening diagnosis and treatment [EPSDT] program must be appended to CPT code 96110 to receive additional developmental screening tool payment. For additional information please refer to our Claims Processing Manual available on our Claims web page, Chapter 3 Early Periodic Screening and Developmental Testing (EPSDT), which is available on our website.

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SL Modifier – State Supplied Vaccine – If a vaccine is provided through the VFC program, the SL modifier must be added to both the vaccine code and the vaccine administration code. For additional information please refer to our Claims Processing Manual available on our Claims web page, Chapter 3 – Early Periodic Screening and Developmental Testing (EPSDT), Section 3.4 – Vaccines for Children Program, which is available on our website.

Please refer to your Current Procedural Terminology (CPT) manual for further detail on all modifier usage.

#### 14.16 - Medical Claims Review

To ensure medical appropriateness and billing accuracy, any inpatient and outpatient outlier claims are sent for Medical Claims Review.

## 14.17 - Checking Status of Claims

Providers may check the status of a claim by accessing MC's secure website or by calling the Claims Inquiry Claims Research (CICR) department.

## Online Status through MC's Secure Website

MC encourages providers to take advantage of using online status through Availity, as it is quick, convenient, can be used off-hours, and used to determine status for multiple claims. More information is available in this Provider Manual under section <a href="MC Chapter 4 - Provider Requirements">MC Chapter 4 - Provider Requirements</a>, Section 4.48 - Availity. Availity is available 24-hours-a-day/7-days-a-week to providers. Using Availity will make better use of your time and allow us to focus on more complex claim questions for both you and other providers calling in.

#### Calling the Claims Inquiry Claims Research Department

Claim status calls are limited to 3-member status requests during our peak business hours (between 10:00 a.m. to 3:00 p.m.). Unlimited status requests will be answered during non-peak hours.

The Claims Inquiry department is also available to:

- Answer questions about claims.
- Assist in resolving problems or issues with a claim.
- Provide an explanation of the claim adjudication process.
- Help track the disposition of a claim.
- Correct errors in claims processing:



- Excludes corrections to prior authorization numbers (providers must call the Prior Authorization department directly).
- Excludes rebilling a claim (the entire claim must be resubmitted with corrections, see section MC Chapter 17 – Billing Encounters and Claims, Section 17.19 -Claim Resubmission or Reconsideration.

Please be prepared to give the service representative the following information:

- Provider name and AHCCCS provider number with applicable suffix if appropriate.
- Member name and AHCCCS member identification number.
- Date of service.
- Claim number from the remittance advice on which you have received payment or denial of the claim.

### 14.18 - Payment of Claims

MC processes and records the payment of claims through a Remittance Advice. Providers may choose to receive checks through the mail or electronically. MC encourages providers to take advantage of receiving Electronic Remittance Advices (ERA), as you will receive much sooner than receiving through the mail, enabling you to post payments sooner. Please contact your Network Relations Specialist/Consultant for further information on how to receive ERA. Remittance Advice samples are available under the Forms section of the MC website. Links to those remits are available under the section MC Chapter 17 – Billing Encounters and Claims, Section 17.30 - Provider Remittance Advice in this Provider Manual.

Through **Electronic Funds Transfer (EFT)**, providers can direct funds to a designated bank account. MC encourages you to take advantage of EFT. Since EFT allows funds to be deposited directly into your bank account, you will receive payment much sooner than waiting for the mailed check. Enrollment is through Change Health.

Additional information can be attained by accessing the **Claim Processing Manual** available on our **Claims** web page, **Chapter 1 – General Claims Processing Information**, **Section 1.3 – Electronic Tools** on MC's website.

## 14.19 - Claim Resubmission or Reconsideration

Providers have 12 months from the date of service to request a resubmission or reconsideration of a claim. A request for review or reconsideration of a claim does not constitute a claim dispute.

Providers may resubmit a claim that:

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- Was originally denied because of missing documentation, incorrect coding, etc.
- Was incorrectly paid or denied because of processing errors.

When filing resubmissions or reconsiderations, please include the following information:

- Use the Resubmission Form located under the Forms section of MC's website.
  - While available for use, this form is no longer necessary. If your preference is to include the form with your claim submission, please attach the claim form first and the letter after to avoid scanning issues and your claim being misrouted as a non-claim submission.

- An updated copy of the claim. All lines <u>must</u> be rebilled or a copy of the original claim (reprint or copy is acceptable).
- A copy of the remittance advice documenting which the claim was denied or paid incorrectly.
- Any additional documentation required.
- A brief note describing requested correction.
- Clearly label as "Resubmission" or "Reconsideration" at the top of the claim in black ink and mail to appropriate claims address as indicated in *Claim Address Table*.

MC can receive submissions and reconsiderations electronically; this is the preferred method.

If billing a resubmission electronically, you must submit with:

- Professional Claims A status indicator of 7 in the submission form location and the Original Claim ID field need to be filled out.
- **Facilities** In the Bill Type field, the last number of the 3-digit code should be a '7' and the original claim ID should be noted in box 64.
  - The submitted change must impact the processing of the original bill or additional bills for the adjustment to occur.
  - Using box 80 to report the Original Claim ID is acceptable; however, this field has character limitations and can cause exclusion of the Original Claim ID. Box 64 is the preferred location.
- You may submit attachments for your resubmission claims via <u>Availity</u>. Please click on the link to access this and review information regarding Availability on our website.

When submitting paper resubmissions, failure to mail and accurately label the resubmission or reconsideration to the correct address will cause the claim to deny as a duplicate. The resubmission mailing address is:

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Mercy Care Complete Care, Mercy Care Long Term Care, Mercy Care DD, and Mercy Care DCS-CHP:

Claims Department Attention: Resubmissions P.O. Box 982975 El Paso, TX 79998-2975

#### Mercy Care ACC-RBHA:

Claims Department Attention: Resubmissions P.O. Box 982976 El Paso, TX 79998-2976

### 14.20 - Overpayments

Under Section 6402 of the Patient Protection and Affordable Care Act it states:

"Section 6402 of the Patient Protection and Affordable Care Act (PPACA) amends the Social Security Act (SSA) to include a variety of Medicare and Medicaid program integrity provisions that enhance the federal government's ability to discover and prosecute provider fraud, waste, and abuse. Among the provisions that may have a significant impact on States are newly imposed requirements for health care providers to report any overpayments from Medicaid and Medicare.

Under a new Section 1128J(d) of the SSA, any provider of services or supplies under Medicaid or Medicare must report and return "overpayments," which the statute defines as "any funds that a person receives or retains under either program "to which the person, after applicable reconciliation, was not entitled[.]" A "person" is defined as "a provider of services, supplier, Medicaid managed care organization..., Medicare Advantage organization..., or [Medicare Part D Prescription Drug Plan] sponsor[.]" PPACA § 6402(a). It does not include a beneficiary.

The overpayment must be returned within 60 days from the date the overpayment was "identified," or by the date any corresponding cost report was due, whichever is later. This provision of the law became effective May 22, 2010.

To properly return an overpayment, the individual who has received an overpayment must:

return the payment to the Secretary of the Department of Health and Human Services (Secretary), the State, an intermediary, a carrier, or a contractor, as

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appropriate, at the correct address; and notify the Secretary, State, intermediary, carrier, or contractor to whom the overpayment was returned the reason for the overpayment in writing.

Failure to return an overpayment has severe consequences. If an overpayment is retained beyond the 60-day deadline, PPACA Section 6402 makes clear that it will be considered an "obligation" under the FCA. As amended by the Fraud Enforcement Recovery Act of 2009 (FERA), the FCA subjects a person to a fine and treble damages if he or she knowingly conceals or knowingly and improperly avoids or decreases an "obligation" to pay money to the federal government. PPACA treats Medicaid and Medicare overpayments alike in stating that failing to refund an overpayment will be considered an "obligation" under the FCA."

Whether an overpayment is identified directly by the provider, or an overpayment request letter is sent to the provider by MC, the refund along with any supporting documentation should be sent to:

Mercy Care

Attention: Finance Department

P.O. Box 90640 Phoenix, AZ 85066

Supporting documentation must include:

- The overpayment claims number(s); and/or
- The remittance advice specific to the overpayment.

## Instruction for Specific Claim Types

#### 14.21 - MC General Claims Payment Information

MC claims are always paid in accordance with the terms outlined in the PHP's contract. Prior authorized services from Non-PHPs will be paid in accordance with AHCCCS processing rules.

Covered Services for each of Mercy Care's lines of business are outlined in the Provider Manual on our **Claims** web page under the following sections:

- Chapter 200 Mercy Care Complete Care (MCCC), Mercy Care DD (Mercy DD) and Mercy Care
   DCS CHP Plan Specific Terms, MCCC/Mercy DD Chapter 2 Covered and Non-Covered Services
- Chapter 300 Mercy Care Long Term Care (MCLTC) Plan Specific Terms, MCLTC Chapter 3 Covered Services
- Chapter 400 Mercy Care ACC-RBHA Plan Specific Terms, ACC-RBHA Chapter 4 Covered and Non-Covered Services

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**Disclosure Statement:** The presence of a rate in the fee schedule does not guarantee payment; the service must be covered by AHCCCS to be considered payable.

## 14.22 - Inpatient Claims

MC processes inpatient claims at APR-DRG in accordance with AHCCCS requirements. Please refer to our **Claims Processing Manual** available on our **Claims** web page, **Chapter 4 – Inpatient Claims** for additional detail.

## 14.23 – Federally Qualified Health Centers (FQHCs)

Special billing rules apply to FQHCs. Please refer to our Claims Processing Manual available on our Claims web page, Chapter 5 – Federally Qualified Health Centers (FQHC) Prospective Payment System (PPS) Processing for additional detail on how these claims should be billed.

## 14.24 - Skilled Nursing Facilities (SNFs)

## Acute Care Skilled Nursing Facility Stay

Providers submitting claims for SNFs should use the **CMS UB-04 Form**. Please refer to our **Claims Processing Manual** available on our **Claims** web page, **Chapter 6 – Skilled Nursing Facility Claims** for additional detail on how these claims should be billed.

#### **Long Term Care Skilled Nursing Facility Stay**

Therapy (occupational, physical, or speech) services performed in a SNF for Subacute Care Levels II and III (Codes 193 and 194) are included in the per diem. The SNF may be reimbursed for therapy services for the Custodial Level (codes 0081, 0082 and 0083) of stay and all other levels. The therapy services must be billed on the UB-04 along with the Custodial Level.

Care Level	<u>Codes</u>	Therapy Service Coverage
Subacute Care Levels II and III	0193, 0194	Included in the SNF per diem
Custodial Level	0191, 0192, 0193	SNF may be reimbursed if
		billed separately and
		authorized

Share of Cost (SOC) is the dollar amount a member must contribute toward the cost of their care and most typically applies to MCLTC members residing in Skilled Nursing Facilities (SNF); however, it may also apply to DD members. The amount of the SOC is determined by AHCCCS.

 For MCLTC - Members are required to contribute toward the cost of their care through Share of Cost (SOC). When a recipient's eligibility for MCLTC is approved, a notice is generated to the member which identifies the amount of SOC the recipient owes, regardless of payment received

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from other payers or insurance. SOC change notices are sent to nursing facilities for any change that might occur to the SOC amount due. The identified SOC provided by AHCCCS is deducted from the payment owed for the claim. If a patient transfers from one facility to another in a month's time and the total SOC could not be applied to the first facility, the remainder will be carried over to the second facility's claim.

 For DD - Members are required to contribute toward the cost of their care based on their income and type of placement. Some members, either because of their limited income or the methodology used to determine the SOC, have a SOC in the amount of \$0.00. Generally, only institutionalized members have a SOC. For members receiving Nursing Facility (NF) services, collection of the member SOC shall remain the responsibility of the Division.

Customized Durable Medical Equipment (DME), including customized wheelchairs and specialty beds such as Clinitron bed, may be covered by Medicaid in a SNF when prior authorized. Alternating pressure mattresses and pumps are included in the per diem.

Bariatric products and/or services are covered by Medicaid if they are authorized, and it is not a Bariatric Level of stay. All other ancillary services are included in the SNF per diem. Some services can be paid under Medicare Part B.

Ancillary Service	<u>Coverage</u>
Customized DME (including customized	May be covered when prior authorized
Wheelchairs and specialty beds)	
Alternating pressure mattresses and pumps	Included in the SNF per diem
Bariatric products and/or services	Covered if authorized and it is not a
	Bariatric level of care
All other Ancillary Services	Included in the SNF per diem

If a member has MCA as primary coverage, providers must bill in accordance with standard Medicare RUG billing requirement rules for MCA. The coordinating claim on the Medicaid side will require separate billing in accordance with the provider contract. This is one of the few situations where billing requirements differ on the MCA side versus the MCLTC side.

Please refer to the **Claims Processing Manual**, available on our <u>Claims</u> web page, **Chapter 6 – Skilled Nursing Facility Claims** on MCLTC's website.

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#### 14.25 - Dental Claims

Services provided by an anesthesiologist or medically related oral surgery procedure should be submitted on Form 1500 (02/12). Please refer to our Claims Processing Manual available on our Claims web page, Chapter 2 – Professional Claims by Specialty, Section 2.11 – Dental Claims, as well as Section 2.12 – Oral Surgery Claims on MC's website for additional claims information.

## 14.26 - Durable Medical Equipment (DME)

MC covers reasonable and medically necessary durable medical equipment (DME) when ordered by a primary care provider or a practitioner within certain limits based on member age and eligibility. Durable Medical Equipment (DME) may be purchased or rented. Total expense of the rental must not exceed the purchase price of the item.

All Customized Wheelchairs, Customized Hospital Beds and Augmentative Communication Devices must be provided within 90 days from when MC receives the initial request for authorization to the delivery of the equipment from the provider.

Providers are expected to coordinate with MC on monthly reporting, which is required by AHCCCS. This reporting measures both MC's and vendors' performance on insuring that the member receives the services timely.

## 14.27 - Family Planning Claims

- Claims for medical services will only be accepted on Form 1500 (02/12).
- Inpatient hospitalizations, outpatient surgery and emergency department facility claims should be filed on CMS UB-04 Form.
- Please refer to our Claims Processing Manual available on our <u>Claims</u> web page,
   Chapter 2 Professional Claim Types by Specialty, Section 2.14 Family Planning
   Claims for additional billing information.
- Family Planning services may be billed with other services on the same claim. When billed on the same claim though, a provider will receive two remits, one for family planning services and one for non-family planning services, as these services are paid out of separate funds.
- Family Planning claims may be submitted electronically.

Providers must submit the following information:

- AHCCCS Provider ID number.
- Family planning service diagnosis (all claims must have).
- Explanation of Benefits from other insurance (including Medicare).

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- Correctly signed and dated sterilization consent forms.
- The 30-day waiting period can be waived for emergent or medically indicated reasons.
- Operative reports for surgical procedures.
- Use HCPCS "J" codes, and provide the drug administered, NDC code and the dosage for injected substances.
- Payment for IUDs requires a copy of the invoice to establish cost to the provider.
- Anesthesia claims require an ASA code for surgery with the appropriate time reflected in minutes.
- For Family Planning Services Extension Program members, X-ray and lab charges will be paid only if they are related to family planning. There must be a Family Planning Service diagnosis.
- A separate claim must be submitted for each date of service.

Members may request services, such as infertility evaluations and abortions, from providers, whether they are registered with AHCCCS, but must sign a release form stating that they understand the service is not covered and that the member is responsible for payment of these services.

If you have authorization or claims questions related to family planning, please call:

Aetna Medicaid Administrators LLC

602-798-2745: Phoenix

888-836-8147: Outside Phoenix

#### 14.28 - Complete Obstetrical Care Package

Reimbursement for obstetrical care is dependent upon the provider's contract with MC. Please refer to your contract for further detail. Providers are expected to bill for obstetrical care according to the terms of their contract and should file claims using a **Form 1500 (02/12)**.

#### Fee for Service

For additional information regarding fee for service billing, please refer to our Claims

Processing Manual available on our Claims web page, Chapter 2 – Professional Claim Types by

Specialty, Section 2.5 – Obstetrical Billing. It is important to note that providers must bill all

pre-natal and post-partum visits when submitting a finalized claim. This information is required

per AHCCCS guidelines to increase the data available for calculating Performance Measures as

well as to provide an opportunity to improve care, services, and outcomes for members. Most

providers are currently contracted on a fee for service basis and are paid in accordance with

CPT Guidelines.

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#### **Global Case Rate**

Providers contracted at a global case rate are reimbursed as follows:

### **Services Included in the Package**

- Initial and subsequent prenatal visits, including early, periodic, screening, diagnosis, and treatment services (EPSDT - see below) for patients less than 21 years of age
- Treatment of pregnancy related conditions, including hypertension and gestational diabetes
- Treatment of urinary tract infections and pelvic infections
- Routine labs and blood draws
- In-hospital management of threatened premature labor
- In-hospital management of hyperemesis gravidarum
- External cephalic version performed in hospital
- Induction of labor by prostaglandins and/or oxytocin and/or combined
- Amnioinfusion
- Trial of vaginal birth after a cesarean (VBAC)
- Delivery by any method, including cesarean section
- Episiotomy and repair, including 4th degree lacerations
- All routine post-partum care, including follow-up visit
- Any management that would ordinarily be considered part of OB care.

Services will not be separately reimbursed if billed separately.

If a provider does not complete all the services in the Global Obstetrical Care Package, this may result in a lesser payment or potential recoupment of payments made.

#### Services Not Included in the Package

- Amniocentesis
- Obstetrical Ultrasonography
- Non-stress and contraction stress tests
- Coloscopy and/or biopsy for accepted indication
- Return to operating or delivery room for postpartum hemorrhage/curettage
- Non-obstetrical related medical care
- Cerclage.

Separate reimbursement will be provided, if medically necessary.

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## 14.29 - Trimester of Entry into Prenatal Care

Claims for obstetrical services are submitted on Form 1500 (02-12). Health providers must bill in accordance with our Claims Processing Manual available on our Claims web page, Chapter 2 — Professional Claim Types by Specialty, Section 2.5 — Obstetrical Billing.

While the goals of early entry into prenatal care and regular care during pregnancy have not changed, HEDIS guidelines will be followed to determine trimester of entry into prenatal care. Entry into prenatal care and the number of prenatal visits is measured and monitored by MC and AHCCCS as part of the Quality Management Program.

#### 14.30 - Provider Remittance Advice

MC generates checks weekly. Claims processed during a payment cycle will appear on a remittance advice ("remit") as paid, denied, or reversed. Adjustments to incorrectly paid claims may reduce the check amount or cause a check not to be issued. Please review each remit carefully and compare to prior remits to ensure proper tracking and posting of adjustments. We recommend that you keep all remittance advices and use the information to post payments and reversals and make corrections for any claims requiring resubmission. Call your Network Relations Specialist/Consultant if you are interested in receiving electronic remittance advices.

The Provider Remittance Advice (remit) is the notification to the provider of the claims processed during the payment cycle. A separate remit is provided for each line of business in which the provider participates.

Information provided on the remit includes:

- The Summary Box found at the top right of the first page of the remit summarizes the amounts processed for this payment cycle.
- The Remit Date represents the end of the payment cycle.
- The Beginning Balance represents any funds still owed to MC for previous overpayments not yet recouped or funds advanced.
- The Processed Amount is the total of the amount processed for each claim represented on the remit.
- The Discount Penalty is the amount deducted from, or added to, the processed amount due to late or early payment depending on the terms of the provider contract.
- The Net Amount is the sum of the Processed Amount and the Discount/Penalty.
- The Refund Amount represents funds that the provider has returned to MC due to overpayment. These are listed to identify claims that have been reversed. The reversed amounts are included in the Processed Amount above. Claims that have

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refunds applied are noted with a Claim Status of REVERSED in the claim detail header with a non-zero Refund Amount listed.

- The Amount Paid is the total of the Net Amount, plus the Refund Amount, minus the Amount Recouped.
- The Ending Balance represents any funds still owed to MC after this payment cycle.
   This will result in a negative Amount Paid.
- The Check # and Check Amount are listed if there is a check associated with the remit. If payment is made electronically then the EFT Reference # and EFT Amount are listed along with the last four digits of the bank account, the funds were transferred. There are separate checks and remits for each line of business in which the provider participates.
- The Benefit Plan refers to the line of business applicable for this remit. TIN refers to the tax identification number.
- The Claim Header area of the remit lists information pertinent to the entire claim. This includes:
  - Member/Patient Name
  - o ID
  - Birth Date
  - Account Number,
  - o Authorization ID, if Obtained
  - Provider Name,
  - o Claim Status,
  - o Claim Number
  - o Refund Amount, if Applicable
- The Claim Totals are totals of the amounts listed for each line item of that claim.
- The Code/Description area lists the processing messages for the claim.
- The Remit Totals are the total amounts of all claims processed during this payment cycle.
- The Message at the end of the remit contains claims inquiry and resubmission information as well as grievance rights information.

The following Remittance Advice samples are available under the <u>Forms</u> section on MC's website:

- Mercy Care Complete Care Remit Format for Check
- Mercy Care Complete Care Remit Format for EFT
- Mercy Care Long Term Care Remit Format for Check
- Mercy Care Long Term Care Remit Format for EFT
- Mercy Care ACC-RBHA Remit Format for Check

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- Mercy Care ACC-RBHA Remit Format for EFT
- Aetna FPS Remit Format for Check
- Aetna FPS Remit Format for EFT

More information is available in this Provider Manual under section <u>MC Chapter 4 – Provider</u> Requirements, Section 4.48 – Availity regarding Remittance Advice Search.

An electronic version of the Remittance Advice can be attained. You must also can receive ERA through an 835 file. We encourage our providers to take advantage of EDI, EFT, and ERA, as it shortens the turnaround time for you to receive payment and reconcile your outstanding accounts. Please contact your Network Relations Specialist/Consultant to assist you with this process.

### 14.31 - Program Integrity

## Criteria Used in Program Integrity Reviews

The criteria include timeliness, correctness, and omission of encounters, in addition to encountering for services not documented in the medical record, incorrectly documented in the medical record, or insufficiently documented in the medical record. These criteria are defined as follows:

- Timeliness The time elapsed between the date of service and the date that the encounter is received;
- Correctness A correct encounter contains a complete and accurate description of a covered physical or behavioral health service provided to a member. Correctness errors frequently identified include, but are not limited to, invalid procedure or revenue codes and ICD-10 diagnoses not reported to the correct level of specificity;
- Omission Provider documentation shows a service was provided; however, an encounter was not submitted;
- Documentation Issues A description of adequate documentation is referenced in MC
   Chapter 4 Provider Requirements, Section 4.17 Member's Medical Records.

Mercy Care conducts program integrity audits with all providers that submit claims to Mercy Care whether the provider is contracted with Mercy Care or not. The program integrity audits help ensure that covered healthcare services are appropriately documented and billed/encountered and that they support the identification of opportunities for improvement in billing practices.

Mercy Care will establish a review schedule with providers and provide advance notice of the program integrity audit. Reviews will typically be conducted remotely, but may be conducted



on-site at a provider's office, if necessary. The purpose of the program integrity audit is to confirm that covered services are encountered correctly and completely and in a timely manner. Providers should take special care to ensure that valid procedure and revenue codes are utilized and that the coding of diagnoses reflects the correct level of specificity.

#### **Provider Responsibilities**

Providers must deliver covered services in accordance with all AHCCCS and Mercy Care guides/guidelines and policies. Healthcare providers must document adequate information in the clinical record and submit encounters in accordance with MC Chapter 17 - Submitting Claims and Encounters to Mercy Care. Any program integrity findings that indicate suspected fraud and/or program abuse must be reported to the AHCCCS Office of Inspector General as required. A determination of overpayment as the result of a program integrity audit will result in a recovery of the related funds/voiding of related encounters as required. fin

## **Program Integrity Findings**

At the conclusion of the audit, if Mercy Care requires further action from the provider (i.e., rebilling) findings will be shared with the provider at that time via exit interview/formal audit reports. If no action is required by the provider, Mercy Care will close the audit without the need for formal audit findings/reports. The purpose of the program integrity is to ensure appropriate billing and is not meant to be a scoring mechanism so formal findings/reports may not always be necessary.

## **Prepayment Review Process**

Mercy Care may determine that a prepayment review is necessary based on findings resulting from Program Integrity Reviews, other audit processes or data mining activities. This is not an audit process, but simply a mechanism to ensure clean claiming is occurring. Providers are chosen at random and may be chosen more than once within a particular year.

During the prepayment review process, samples of claims will be selected for review which will require the submission of medical records to determine final claim action. Any claims selected for prepayment review will be denied with a request for medical records. Once records have been received for prepayment review and the claim is found to be sufficiently supported and appropriately billed the denied claim may be adjusted for payment.

- Claims will be selected on a weekly basis.
- Mercy Care requires that the resubmission with records be completed within 10 days to
  ensure integrity of the documentation to be reviewed. As noted above, this is not an
  audit, but rather a claiming action.



- Mercy Care shall complete the reviews in a timely manner but will not exceed 30 days from the date of the resubmitted claim with records.
- The prepayment review process will be valid for a 90-day period. At the end of the 90 days, Mercy Care shall assess progress and determine if a new prepayment review cycle will be needed or if the prepayment review process will be closed.

#### Claim Resubmissions and Recoupments

Any claims/encounters recouped as part of the Program Integrity process or claims/encounters denied as part of the Prepayment Review process (after records are received and reviewed) are not eligible to be resubmitted. New claims may not be submitted to replace these services.

Noncompliance with the prepayment review will result in claims remaining denied without the ability to rebill. Any records not received by the end of the prepayment review cycle, will result in claims remaining denied without the ability to rebill.

As this not a formal audit process, there may not be formal findings communicated to the provider. If Mercy Care determines any follow up action is needed, we will reach out at that time.

#### **AHCCCS Encounter Validation**

AHCCCS performs periodic encounter validation studies. All AHCCCS contractors and subcontractors are contractually required to participate in this process. In addition, the encounter validation studies enable AHCCCS to monitor and improve the quality of encounter data.



# MC Chapter 15 – Fraud, Waste and Abuse

#### 15.00 - Fraud and Abuse Overview

MC takes fraud, waste and abuse issues seriously and actively works to detect, prevent, and report fraud, waste, and abuse within the Medicaid system. These efforts are consistent with our mission to provide care to those in the Medicaid system while exercising sound fiscal responsibility.

Fraudulent activity hurts the Medicaid system overall and not just Mercy Care. Our goal is to ensure that tax dollars spent for health care are spent responsibly and used to provide necessary care for as many members as possible.

Some examples of actions that are reportable to the state's investigative agencies include:

- Physical or sexual abuse of members.
- Improper billing and coding of claims.
- Pass through billing.
- Billing for services not rendered.
- Raising fees for Medicaid patients to allowable amounts if these fees are not billed to other patients.
- Unbundling and up coding may be construed as fraud if a pattern is found to exist.

In addition, member fraud is also reportable, and some examples include:

- Use of another member's identification to obtain services.
- Fraudulent application for eligibility.
- Sale of durable medical equipment while on loan to members.
- Prescription fraud.

MC is required to report cases of suspected fraud, waste, or abuse to the AHCCCS Office of Inspector General within 10 calendar days. Other agencies may be involved in cases of criminal activity or abuse. The AHCCCS Office of Inspector General is responsible for determining if suspected fraud or abuse cases warrant referral to the State Attorney General's office. The AHCCCS Office of Inspector General has the authority to levy civil monetary penalties, issue recoupment letters, and utilize other types of sanctions if fraud, waste, or abuse is substantiated.

Anyone who suspects member or provider fraud, or abuse may report it either to the MC hotline number at 800-810-6544 or directly to the State hotline at:

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#### **Provider Fraud**

■ In Arizona: 602-417-4045.

■ Toll Free Outside of Arizona Only: 888-ITS-NOT-OK or 888-487-6686

### **Member Fraud**

■ In Arizona: 602-417-4193

■ Toll Free Outside of Arizona Only: 888-ITS-NOT-OK or 888-487-6686

Member or provider fraud can also be reported through Mercy Care's website through the Fraud, Waste and Abuse tab on either the member or provider sections of the website. This will generate an email to our fraud, waste, and abuse staff.

AHCCCS has published to its website an e-learning seminar entitled "Fraud Awareness for Providers" that discusses provider and member fraud. This seminar is available at the following website under the tab marked **Fraud Awareness for Providers**:

https://www.azahcccs.gov/Fraud/CBT/healthplanproviderfraud/healthplanproviderfraudfs.htm

MC would like to inform you of this valuable seminar's availability and would like to encourage our providers and their office staff to review/listen to this short seminar for additional information regarding fraud awareness.

Per the AHCCCS website, the chief goal of the AHCCCS Office of Inspector General is to ensure that AHCCCS (Medicaid) funds are used effectively, efficiently, and in compliance with applicable state and federal laws and policies. Every dollar lost to the misuse of AHCCCS benefits is one less dollar available to fund programs which provide essential medical services for Arizona residents. The Office of Inspector General audits and investigates providers and members who are suspected of defrauding the AHCCCS program, recovers overpayments, issues administrative sanctions, and refers cases of suspected fraud for criminal prosecution. You are encouraged to immediately report matters involving fraud, waste, and abuse.

#### **Prepayment Review Process**

Mercy Care may determine that a prepayment review is necessary based on findings resulting from Program Integrity Reviews, other audit processes or data mining activities. This is not an

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audit process, but simply a mechanism to ensure clean claiming is occurring. Providers are chosen at random and may be chosen more than once within a particular year.

During the prepayment review process, samples of claims will be selected for review which will require the submission of medical records to determine final claim action. Any claims selected for prepayment review will be denied with a request for medical records. Once records have been received for prepayment review and the claim is found to be sufficiently supported and appropriately billed the denied claim may be adjusted for payment.

- Claims will be selected on a weekly basis.
- Mercy Care requires that the resubmission with records be completed within 10 days to ensure integrity of the documentation to be reviewed. As noted above, this is not an audit, but rather a claiming action.
- Mercy Care shall complete the reviews in a timely manner but will not exceed 30 days from the date of the resubmitted claim with records.
- The prepayment review process will be valid for a 90-day period. At the end of the 90 days, Mercy Care shall assess progress and determine if a new prepayment review cycle will be needed or if the prepayment review process will be closed.

#### **Claim Resubmissions and Recoupments**

Any claims/encounters recouped as part of the Program Integrity process or claims/encounters denied as part of the Prepayment Review process (after records are received and reviewed) are not eligible to be resubmitted. New claims may not be submitted to replace these services.

Noncompliance with the prepayment review will result in claims remaining denied without the ability to rebill. Any records not received by the end of the prepayment review cycle, will result in claims remaining denied without the ability to rebill.

As this not a formal audit process, there may not be formal findings communicated to the provider. If Mercy Care determines any follow up action is needed, we will reach out at that time.

#### 15.01 - Deficit Reduction Act and False Claims Act Compliance Requirements

Each Provider Agreement requires all providers to adhere to Deficit Reduction Act (DRA) requirements. The DRA requires that any entity (which receives or makes payments, under a state plan approved under Title XIX or under any waiver of such plan, totaling at least \$5 million annually) must establish written policies for its employees, management, contractors, and agents regarding the False Claims Act (FCA). The FCA applies to claims presented for payment

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by federal health care programs. The FCA allows private persons to bring a civil action against those who knowingly submit false claims upon the government.

Activities for which one may be liable under the FCA:

- Knowingly presenting to an officer or employee of the United States government a false or fraudulent claim for payment or approval.
- Knowingly making, using, or causing a false record or statement to get a false or fraudulent claim paid or approved by the government.
- Conspiring to defraud the government by getting false or fraudulent claims allowed or paid.
- Having possession, custody, or control of property or money used, or to be used by the government and intending to defraud the government by willfully concealing property, delivering, or causing to be delivered less property than the amount for which the person receives.
- Authorizing to make or deliver a document, certifying receipt of property used by the government and intending to defraud the government and making or delivering a receipt without completely knowing that the information on the receipt is true;
- Knowingly buying, or receiving as a pledge of an obligation or debt, public property from an officer or employee of the government, or a member of the Armed Forces, who lawfully may not sell or pledge the property; or
  - Knowingly making, using, or causing to be made or used, a false record or statement to conceal, avoid, or decrease an obligation to pay or transmit money or property to the government.
  - The definition of "knowing" and "knowingly" as it relates to the FCA includes actual knowledge of the information, acting in deliberate ignorance of the truth or falsity of the information, and/or acting in reckless disregard of the truth or falsity of the information. Proof of specific intent to "defraud" is not required for reporting potential violations of the law.

#### **15.02 - False Claims Training Requirements**

As required by MC's contract with AHCCCS Administration, providers must train their staff on the following:

- The administrative remedies for false claims and statements.
- Any state laws relating to civil or criminal penalties for false claims and statements.
- The whistleblower (or relater) protections under such laws.

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## 15.03 - Administrative Remedies for False Claims and Statements

The United States Government (Government) has administrative remedies available to it in cases that have resulted in FCA violations. The administrative remedy for violating the FCA is three times the dollar amount that the government is defrauded and civil penalties of \$13,946 to \$27,894 for each false claim by the party responsible for the claim. If there is a recovery in the case brought under the FCA, the person suing (relater) may receive a percentage of the recovery against the party that had responsibility for the false claim. For the party that had responsibility for the false claim, the government may seek to exclude it from future participation in federally funded health care programs or impose integrity obligations against it.

# 15.04 - State Laws Relating to Civil or Criminal Penalties or False Claims and Statements

To prevent and detect fraud, waste, and abuse, many states have enacted laws like the FCA but with state-specific requirements, including administrative remedies and relater rights. Those laws generally prohibit the same types of false or fraudulent claims for payments for health care related goods or services as are addressed by the federal FCA. For further information on specific state law requirements, contact MC's Compliance Office.

Additional information on the Deficit Reduction Act and False Claims Act is available on the following websites:

- <u>Deficit Reduction Act Public Law 109-171</u>
- Arizona Revised Statutes (ARS):
  - o ARS 13-1802: Theft
  - o ARS 13-2002: Forgery
  - ARS 13-2310: Fraudulent schemes and artifices
  - o ARS 13-2311: Fraudulent schemes and practices; willful concealment
  - o ARS 36-2918: Duty to report fraud
  - o AAC R9-22-1101, et seq.: Civil Monetary Penalties



# MC CHAPTER 16 – WORKFORCE DEVELOPMENT

#### <u>16.00 – General Information</u>

This chapter applies to AHCCCS Complete Care (ACC), AHCCC Complete Care – Regional Behavioral Health Authority (ACC-RBHA), Arizona Long Term Care System/Elderly and Physically Disabled (ALTCS/EPD), Department of Child Safety/Comprehensive Health Plan (DCS CHP), and Department of Economic Security/Division of Developmental Disabilities (DES/DDD) contracted Providers. The purpose of this chapter is to describe provider requirements, expectations, and recommendations in developing the workforce. Initiatives in this chapter align with AHCCCS Workforce Development Policy ACOM 407 & ACOM 407 Attachment A.

# **Workforce Development Groups:**

**Arizona Association of Health Plans (AzAHP)** unites the companies that provide health care services to the almost two million people that are members of the AHCCCS. AzAHP offers valuable training programs through our ACC, ACC-RBHA AZ Workforce Development Alliance, and supplies assistance and resources to enhance the long-term care workforce through the ALTCS AZ Workforce Development Alliance.

**AZ Healthcare Workforce Development Coalition (AZWFDC)** includes members from AHCCCS, Arizona Complete Health, Banner University Family Care, Care 1<sup>st</sup>, Department of Child Safety Comprehensive Health Plan (DCS CHP), Department of Economic Security/Division of Developmental Disabilities (DES/DDD), Health Choice Arizona, Mercy Care, Molina Complete Care and UnitedHealthcare Community Plan. This group represents ACC, ACC-RBHA, ALTCS, DCS CHP, and DES/DDD lines of business. Together we ensure that initiatives across the state of Arizona align with all lines of business.

AZ Workforce Development Alliance – ACC, ACC-RBHA (AWFDA-ACC, ACC-RBHA) is comprised of all the AHCCCS Complete Care (ACC) & Regional Behavioral Health Authority (RBHA) Plans in the state of Arizona. This includes, Arizona Complete Health, Banner University Health Plans, Care 1st, Department of Child Safety Comprehensive Health Plan, Health Choice Arizona, Mercy Care, Molina Complete Care, and United Healthcare Community Plan. Together they act as a single point of contact for reference and direction for the shared provider network. This Alliance is dedicated to working with Relias, the Arizona Health Care Cost Containment System (AHCCCS), health care Providers, Members, and Communities as a whole; to drive long lasting and effective changes in workforce development and Member outcomes. To achieve this vision, they are working collaboratively as eight separately established Health Plans to assist the Provider network in the transition from a prescriptive and compliance-based system, to a more autonomous,

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integrated, and competency-based system. Their mission is to evaluate, monitor, and support the development of the capability, capacity, connectivity, culture, and commitment of the provider workforce.

AZ Workforce Development Advisory Committee – ACC, ACC-RBHA (AWFDAC-ACC, ACC-RBHA) is comprised of leaders, stakeholders, and experts who provide guidance and direction on strategic items important to the ongoing partnership and success around the use of Relias solutions and services, as well as Workforce Development initiatives. This Committee is responsible for maintaining a working relationship and alignment with statewide goals and objectives, as well as providing input to AHCCCS on policies and initiatives related to Workforce Development.

AZ Workforce Development Alliance – ALTCS (AWFDA-ALTCS) Banner University Family Care, Division of Developmental Disabilities (DDD), Mercy Care and UnitedHealthcare Community Plan in collaboration with AHCCCS and AzAHP. Together we analyze the current state, forecast future trends, and develop action plans to provide resources and support to our Arizona Long-Term Care network.

AZ Workforce Development Advisory Council – ALTCS (AWFDAC – ALTCS) Is organized by AHCCCS and includes members from: Banner University Family Care, Department of Economic Security, Mercy Care, UnitedHealthcare Community Plan, Community Stakeholders and LTC Advocacy Groups. The purpose of this group is to share resources, develop strategies and support state-wide initiatives in Long-Term Care that are aligned with Arizona's Plan for an Aging Population: Aging 2020 and AHCCCS Policies:

ACOM 429 and ACOM 407: Direct Care Worker Training and Testing Program. Additionally, this committee will offer advice and recommendations on initiatives set by the Managed Care Organizations (MCOs).

AZ Workforce Development Alliance – DCS CHP (A WFDA-DCS CHP) – Mercy Care and Department of Child Safety Comprehensive Health Plan in collaboration with AHCCCS. Together we analyze the current state, forecast future trends, and develop action plans to provide resources and support to our network. Initiatives outlined under this alliance align with the ACC/RBHA AWFDA initiatives and also take into consideration needs for contracted Providers who are serving DCS CHP Members.

**AZ Workforce Development Alliance -DD (AWFDA-DD)** – Mercy Care and UnitedHealthcare Community Plan in collaboration with the Division of Developmental Disabilities and

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AHCCCS. Together we analyze the current state, forecast future trends, and develop action plans to provide resources and support to our network. Initiatives outlined under this alliance align with the AWFDA-ACC, ACC-RBHA initiatives and also take into consideration needs for contracted Providers who are serving DD Members.

Mercy Care Workforce Development Advisory Board & Taskforce is an internal, multidisciplinary collaborative that provides insights for the purpose of strategic planning and readiness preparation to the Mercy Care Workforce Development Operation (WFDO). These insights enable integrated network monitoring and assessing of current workforce capacity and capability, forecasting and planning for future workforce capacities and capabilities, and the ability to develop culturally mindful strategies that support provider organizations to build sustainable WFD approaches that enable recruitment of premier professionals, staff development programs, retention through career pathways, enhance competitiveness and are responsive to the needs of the network, workers and the member populations that we serve.

### **Definitions:**

**Provider Workforce Development (WFD)** is an approach to improving healthcare outcomes of our members by enhancing the training, skills, and competency of the Provider workforce. It is an integrative effort between all departments (e.g., leadership, marketing, finance, quality, clinical, human resources, facilities, etc.) to set goals and initiatives to improve the Provider workforce and provide better member services and care.

**Workforce Capability** is the interpersonal, cultural, clinical/medical, and technical competence of the collective workforce or individual worker.

**Workforce Capacity** is the number of qualified, capable, and culturally representative personnel required to sufficiently deliver services to members.

**Workforce Connectivity** is the workplace's linkage to sources of potential workers, information required by workers to perform their jobs, and technologies for connecting to workers and/or connecting workers to information.

**Workforce Competency** refers to the extent that employees have the knowledge, skills, abilities, and attributes needed to be successful in the workplace. The success of an organization depends on how capable and skilled their workforce is. To create this dynamic an organization must develop and measure competencies that are specific to the job tasks and functions expected for each employee.

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# Workforce Development Mission, Vision & Values: Our Mission

Inspire. Connect Develop.

#### **Our Vision**

Our vision is to offer premier learning and professional growth opportunities that innovate and transform the lives of the individuals servicing or serviced by our integrated health care system.

#### **Building a Workforce Culture**

Mercy Care aims to create a culture of high-performing organizations and recognizes that this level of success depends on the capability of the employees at those organizations. Mercy Care also recognizes that although formal education is important, it does not necessarily provide employees with the appropriate skills to succeed in the workplace. The solution lies in creating a work environment where employees are expected to practice and demonstrate the specific skills needed for their individual job role. In a competency-based system, both the employer and the employee benefit. This is a result of establishing a transparent blueprint for recruitment, job expectations, performance evaluation, and advancement paths.

**Mercy Care** in collaboration with the **AZ Workforce Development Alliance** (ACC, ACC-RBHA) supports the following statements:

- The AzAHP Workforce Development Alliance as a collective, will continue to promote
  the provision of high-quality services, in high performing organizations by fostering
  collaboration, respect for differences, preferences, language, and other culturally
  identified needs within the communities we serve across the lifespans of member
  service and professional workforce development.
- Together, we believe that diversity, equity, inclusion, trauma informed care and belonging practices that promote and develop role specific competencies, which acknowledge and build upon people's unique culture, strengths, and values, can help reduce or avoid the effects of traumatic and other adverse experiences, leading to positive lifelong member health opportunities and outcomes, improved professional competencies and create welcoming environments of inclusiveness for all.

#### **Five Workforce Development Components (5 Cs)**

The AHCCCS identified WFD components noted below help Arizona effectuate a comprehensive process of professional skill and knowledge development within our statewide healthcare community to help ensure a sustainable and competent workforce serving our members.

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- Building Workforce <u>Capacity</u>: Ensuring a sufficient workforce to provide services which
  meet members' needs. Looking/planning ahead to determine the future need for additional
  workers.
- **Developing Worker <u>Capability</u>**: Continuously, transforming systems of training for competency, evaluation, and development.
- **Earning Worker <u>Commitment</u>**: Cultivating the workforce to be engaged in Workforce Development initiatives set forth by your agency and by the state of Arizona.
- Establishing Workplace <u>Connectivity</u>: Promoting increased communication, collaboration, and innovation with internal and external customers to promote better healthcare outcomes.
- Aligning Workplace <u>Culture</u>: Developing a shared vision of the integrated healthcare process from the members' perspective, including philosophy, experience, and delivery.

# 16.01 - Contract Requirements

Mercy Care's Workforce Development Operation (WFDO) implements, monitors, and regulates Provider WFD activities and requirements listed in this chapter. In addition, Mercy Care evaluates the impact of the WFD requirements and activities to support Providers in developing a qualified, knowledgeable, and competent workforce.

 The Mercy Care Network Management Department works in conjunction with the WFDO to provide initial and on-going development opportunities for contracted Provider agencies. Please contact the Network Management Consultant that has been assigned to your agency, for additional information.

Mercy Care ensures the provision of high-quality services by fostering collaboration, respect for differences, preferences, language, and other cultural needs within the communities we serve. We believe that creating culturally and linguistically responsive programs that build on people's strengths and values while reducing the effects of traumatic and other adverse experiences, achieve positive health outcomes and create welcoming environments.

With the above stated, we ensure that all course content is culturally appropriate, has a trauma informed approach and is developed using adult-learning principles and guidelines. Additionally, it is aligned with company guidelines and WFD industry standards, the Substance Abuse and Mental Health Services Administration (SAMHSA) core competencies for WFD, federal and state requirements and the requirements of the following agencies, entities, and legal agreements (including but not limited to):

- Abuse & Neglect Prevention Task Force
- Arizona Administrative Code (A.A.C.)

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- Arizona Association of Health Plans (AzAHP)
- Arizona Health Care Cost Containment System (AHCCCS)
- Arizona Revised Statutes (A.R.S)
- Arnold v. ADHS and JK v. Humble settlement agreements
- BK v. Faust (DCS) Settlement Agreement
- Centers for Medicare and Medicaid Services (CMS)
- Commission on Accreditation of Rehabilitation Facilities (CARF)
- Culturally and Linguistic Appropriate Services (CLAS) Standards
- Licensure Regulatory Boards
  - Arizona Board of Behavioral Health Examiners
  - Arizona Board of Psychologist Examiners
  - o Arizona Medical Board, etc.
  - Bureau of Medical Facilities Licensing (BMFL)
  - o Bureau of Residential Facilities Licensing (BRFL)
  - Office of Licensing and Regulation (OLR)
- Health Plan Provider Manuals
- Maricopa County Superior Court
- The Joint Commission

# All Provider Types

# **Abuse & Neglect Prevention Taskforce**

Mercy Care will ensure that providers have access to, and are in compliance with, all training programs and practices required by the Report of the Abuse & Neglect Prevention Task Force (enacted by Governor Douglas A. Ducey November 1, 2019), as follows:

- Resources and training programs to assist professionals and family caregivers prevent and manage stress and burnout;
- Training for all personnel in the prevention and detection of all forms of abuse and neglect; and
- Routine exercises and drills to test the reactions of staff to simulated conditions where abuse and neglect could potentially occur are incorporated into the providers ongoing workforce/staff training and development plan.

### Az Healthcare Workforce Goals and Metrics Assessment (AHWGMA)

Mercy Care requires that all contracted provider types listed on the AzAHP <u>website</u> complete the AZ Healthcare Workforce Goals and Metrics Assessment annually to fulfill the requirements from ACOM 407 & ACOM 407 Attachment A. To meet this requirement, all Health Plans and lines of business have collaborated extensively to create a single provider survey that will be

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disseminated from one source (AZAHP vs. multiple assessments being disseminated and duplicated). Refer to the <u>website</u> for the most up-to-date information, including a list of required Provider Types and a link to the assessment.

# Arizona Long Term Care System/Elderly and Physically Disabled (ALTCS/EPD)

Mercy Care will promote optional WFD initiatives with ALTCS/EPD Providers that support the growth of business practices, improve member outcomes, and increase the competency of the workforce.

### Department of Child Safety/Comprehensive Health Plan (DCS CHP)

Mercy Care will promote WFD initiatives with DCS CHP Providers that support the growth of business practices, improve member outcomes, and increase the competency of the workforce.

# Department of Economic Security/Division of Developmental Disabilities (DES/DDD) DES (DDD) providers fall under ALTCS/EPD and/or ACC Contracts.

### Physical Health/ AHCCCS Complete Care (ACC)

Various elective trainings are currently available through the Mercy Care resource website to improve member outcomes and improve the competency of the workforce. These trainings are separate from those offered through Relias, mentioned below.

# Behavioral Health AHCCCS Complete Care (ACC) and Regional Behavioral Health Authority (RBHA) (All Staff)

#### Provider - Workforce Development Plan (P-WFDP)

Mercy Care, Arizona Complete Health, Banner University Family Care, Care 1<sup>st</sup>, Health Choice Arizona, Molina Complete Care and United Healthcare Community Plan, requires that all Behavioral Health AHCCCS Complete Care (ACC) and Regional Behavioral Health Authority (RBHA) contracted provider agencies, complete an annual Provider - Workforce Development Plan (P-WFDP). Required Provider types can be found at this link: Click here.

The purpose of the P-WFDP is to encourage Provider organizations to work together and ensure members receive services from a workforce that is qualified, competent, and sufficiently staffed. The P-WFDP shall include a description of organizational goals, objectives, tasks, and timelines to develop the workforce. The overall approach and philosophy to Workforce Development is to ensure a comprehensive, systematic, and measurable structure that incorporates best practices at all levels of service delivery and utilizes Adult/Children's Guiding Principles, Adult Learning Theories/Methods, Trauma-informed Care, Equitable Services and Culturally Competent practices. All training initiatives, action steps, and monitoring procedures



outlined in the P-WFDP are to include targeted efforts for all employees (e.g., direct care Providers, supervisors, administrators, and support staff) who are paid by, partially paid by, or support an agency's Health Plan contract(s).

The P-WFDP template is provided for this deliverable by the AWFDA-ACC, ACC-RBHA to providers. P-WFDP's will be submitted between 2/1 - 2/28, annually. Early and late submissions will not be accepted unless an extension was received and granted by the deadline, determined by the AWFDA-ACC, ACC-RBHA (12/31).

- Extension Requests: must be submitted to the <a href="workforce@azahp.org">workforce@azahp.org</a> email before the date specified by the AWFDA-ACC, ACC-RBHA for each year. Non-submittals are subject to contracted health plan policies as it pertains to the P-WFDP deliverable.
- Exemption Requests: Federally Qualified Healthcare Providers (FQHCs), may request an exemption from their contracted Health Plan(s). Exemptions may be granted on a case-by-case basis and will consider the following: Portion of AHCCCS Members enrolled in the network and served by that Provider, the geographic area serviced, and the number of other service Providers in the surrounding area. Exemption requests must be submitted on/before December 31st and will be reviewed by the Alliance.

Failure, by the contracted Provider agency, to submit the completed annual P-WFDP deliverable by the annual due date may result in corrective action and/or sanctions (including suspension, fines, or termination of contract), from your contracted Health Plan(s).

ALTCS Providers are encouraged to develop their own P-WFDP and abide by items outlined in AHCCCS policy ACOM 407.

#### **AWFDA Provider Forums**

The AZ Workforce Development Alliance (AWFDA-ACC, ACC-RBHA) hosts monthly webinars to provide information, resources, and updates for Behavioral Health ACC/RBHA contracted providers. These virtual meetings occur on the second Thursday of each month and registration information for these events will be sent out via email, to all individuals on the Workforce Development email distribution list. It is the Provider agency's responsibility to attend these sessions or review the recorded webinars when they are made available. These recordings can be found by visiting the AWFDA Website: Click Here

#### **Relias Learning**

All AHCCCS Complete Care (ACC)/ Regional Behavioral Health Authority (RBHA) Behavioral Health (BH) Providers must have access to Relias Learning. This is the Learning Management System used by the ACC, ACC-RBHA Health Plans and their contracted BH providers through the

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Arizona Association of Health Plans (AzAHP). Agencies must designate a Relias Administrator (or Supervisor if utilizing the Small Provider Portal) to manage and maintain their Relias Learning portal. This includes activating and deactivating users, enrollment and disenrollment of courses/events, and general reporting and/or oversite of the users in the Relias, to ensure compliance with training requirements.

Per AHCCCS' ACOM 407 and the HP Provider Manuals, it is a contractual requirement that all ACC, ACC-RBHA BH contracted agencies with designated Provider types (listed below) track their staff's course completions of the mandated statewide training requirements through the Statewide Learning Management System, identified as Relias.

- 39 Habilitation Provider
- 77 Behavioral Health Outpatient Clinic
- IC Integrated Clinic
- A3 Community Service Agency
- A6 Rural Substance Abuse Transitional Agency
- B7 Crisis Services Provider
- B8 Behavioral Health Residential Facility
- B1 Level I Residential Treatment Center-Secure (IMD)
- 78 Level I Residential Treatment Center Secure (non IMD)
- B2 Level I Residential Treatment Center-Non-Secure (non-IMD)
- B3 Level I Residential Treatment Center-Non-Secure (IMD)
- C2 Federally Qualified Health Center (FQHC)
- 29 Community/Rural Health Center (RHC)

Additional Provider types below are only to be included if the agency is also contracted under of or more of the above Provider Types.

- B5 Sub Acute Facility (1-16 Beds)
- A5 Behavioral Health Therapeutic Home
- BC Board Certified Behavioral Analyst
- 85 Licensed Clinical Social Worker (LCSW)
- 86 Licensed Marriage & Family Therapist (LMFT)
- 87 Licensed Professional Counselor (LPC)
- A4 Licensed Independent Substance Abuse Counselor (LISAC)

Additionally, all contracted Mercy Care BH Providers must be set up to use Relias Learning to report all training activities for their staff to include but not limited to:



- Attendance, course completion and training content for:
  - Technology based/Online Courses
  - Webinars/Web Conferences
  - Live Training, Seminars, Conferences and/or Events

#### **Relias Features and Services**

Below are some general features/services received in using the Relias training platform:

# Mandatory Health Training

Relias offers thousands of courses, to provide staff with engaging learning content that's guaranteed to be current with state and federal mandates.

# • <u>Competency Review</u>

Relias allows users to evaluate and track competencies on the LMS, whether looking to track workforce development plan competencies or job-specific competencies. Relias' tool allows users to customize and build out a review that meets the needs of any organization and requirements.

#### Tracking & Reporting

Never wonder whether staff is compliant. Relias tracking and reporting system can help generate essential reports and visual charts on data from surveys or audits quickly and easily. Reports Trackers allow easy and efficient methods for non-training requirements for each individual employee. The Requirements Tracker is commonly used to track things such as CPR certification, driver's license renewals, and professional license renewals.

#### Improve Member Outcomes

Expand the knowledge, capabilities, and commitment of the workforce so they can enhance the quality of care they provide. Better performance ultimately leads to better outcomes.

#### • <u>Cultivate Lifelong Learning</u>

Expose the workforce to new ideas and strategies to continually review and retool their knowledge in a rapidly changing environment. Offer CE and CME not only for recertification or license maintenance but also to instill in clinicians a mindset to know more and do better.

#### • Attract & Retain Top Talent

Be seen as an employer of choice. Boost applicant flow and retention rates by promoting CE and CME in recruiting communications.

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## **Requesting Relias Access for newly contracted Providers:**

- Mercy Care's Network Management Representative makes a request, for Relias access, through the Mercy Care Workforce Development Operation (<u>WFD@MercyCareAZ.org</u>). The request should include the following information:
  - a. Provider Agency Name
  - b. Contract Start Date
  - c. Address
  - d. CEO and/or Key WFD Contact(s): Name, Title, Phone Number, Email Address
  - e. Contract Type (ACC/RBHA)
  - f. Population Served (GMH/SU, Children's, SMI, Integrated Health Home, etc.)
  - g. Provider Type Code(s)
  - h. Number of Users (# employees at the agency who need Relias access and fall under the ACC and/or RBHA contract)
  - i. List of Health Plans Provider is contracted with (if known)
- 2. The Mercy Care Workforce Development Administrator notifies the AzAHP Project Manager that a contracted Provider is requesting a Relias Sub-Portal and provides the information outlined above in items "a-i."
- 3. The Mercy Care Workforce Development Administrator submits a request to the Relias Client Success Manager.
- 4. The Relias Client Success Manager will notify the Relias Account Owner.
- 5. Providers must set up an account under the Arizona Association of Health Plans (AzAHP) and complete a one-time implementation fee of \$1,500. To start the process, reach out to <a href="Mercy Care Workforce Development">Mercy Care Workforce Development</a>. For more details, review your provider manual under "Requesting Relias Access for newly contracted Providers." Or reach out to <a href="Mercy Care">Mercy Care</a> Workforce Development for additional questions.
  - a. Provider agencies with 20 or more users will be required to purchase access to Relias Learning for a one-time fee of \$1,500 for <u>full-site</u> privileges. A <u>full site</u> is defined as a site in which the agency may have full control of course customizations and competency development.
  - b. Provider agencies with 19 or fewer users will be added to AzAHP Relias Small Provider Portal at no cost with <u>limited-site</u> privileges. A <u>limited site</u> is defined as one in which the courses and competencies are set-up according to the standard of the plan with no customization or course development provided.
  - **c.** Provider agencies that expand to 20 or more users will be required to purchase full-site privileges to Relias Learning immediately upon expansion.
  - **d.** Provider agencies with an existing Relias contract will be required to connect their current site to the AzAHP Relias Enterprise at a cost of \$1,500.

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- 6. The Provider signs the agreement and remits the \$1,500 payment to Relias when invoiced.
  - a. If a Provider opts to contract with Relias for additional content not currently covered under the AzAHP Relias Enterprise, that Provider will be responsible to cover those costs. \*Fee is subject to change if a Provider requires additional work beyond a standard sub-portal implementation.
  - **b.** Provider agencies with an existing Relias contract will be required to fulfill the terms of their current contract with Relias and move forward with a new sub-portal under the AzAHP Relias Enterprise at a cost of \$1,500.
- 7. Following Relias Legal and Finance Approval Relias Professional Services sets up a subportal in the AzAHP Enterprise and provides administrator training to the appropriate Provider contact.

#### **Relias Learning: Requesting Additional User Licenses:**

- 1. Requests for additional licenses should be made, by the Provider, directly through the ACC,ACC-RBHA AzAHP Workforce Development Alliance (AWFDA-ACC, ACC\_RBHA): There is no cost for additional Relias user licenses. Providers will need to email the AzAHP Workforce Development Alliance team (workforce@azahp.org) with the following information:
  - a. Agency Name
  - b. Organization ID (You can find this number under your "Settings Tab" at the very bottom of the page). If you have difficulty locating it, give Relias a call at 1800-381-2321 for assistance.
  - c. Number of user licenses you wish to add
  - d. Reason for the request (e.g., Program expansion, Acquisition of new agency, Agency growth, etc.)

### **Required Training**

Mercy Care requires that Behavioral Health Providers under the ACC, ACC-RBHA lines of business, ensure that all staff who work in programs that support, oversee, or are paid by the Health Plan contract have access to Relias and are enrolled in the AzAHP Training Plans listed below. This includes, but is not limited to, full-time/part-time/on-call, direct care, clinical, medical, administrative, leadership, executive and support staff (finance, marketing, HR, QM, billing, food services, front desk, etc.).

#### **Exceptions:**

- Any staff member(s) hired for temporary services working less than 90 days is required to complete applicable training at the discretion of the Provider.
- Any staff member(s) hired as an intern is required to complete applicable training at the discretion of the Provider.

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- Any staff member(s) working as a volunteer is required to complete applicable training at the discretion of the Provider.
- Any Independent Contractor (IC) is required to complete applicable training at the discretion of the Provider.
- Behavioral Health Hospitals
- Federally Qualified Healthcare providers (FQHCs), may request exemption from their contracted Health Plan(s). Exemptions may be granted on a case-by-case basis and will consider the following: Portion of AHCCCS Members enrolled in the network and served by that provider, geographic area serviced, and number of other service providers in the surrounding area.
- Housing Providers
- Individually Contracted Practitioners
- Prevention Providers
- Transportation Providers

NOTE: Employees working at the Provider agency who are not paid by, support, oversee the ACC, ACC-RBHA Health Plan contract should not be included in your AzAHP Relias portal.

# **AzAHP Core Training Plan (First 90 Days)**

- 1. \*AHCCCS Health Plan Fraud
- 2. \*AHCCCS NEO Rehabilitation Employment
- 3. \*AzAHP Cultural Competency in Health Care
- 4. \*AzAHP AHCCCS 101
- 5. \*AzAHP Quality of Care Concern
- 6. Basics of Corporate Compliance
- 7. HIPAA: Basics
- 8. Integration of Primary and Behavioral Healthcare
- 9. Supporting Client Rights for Paraprofessionals in Behavioral Health

#### AzAHP – Core Training Plan (Annual)

- 1. HIPAA: The Basics Due: January 31st
- 2. Preventing, Identifying and Responding to Abuse and Neglect (1.0hrs) Due: April  $30^{\rm th}$
- 3. Basics of Corporate Compliance (0.5hrs) Due: May 31st
- 4. \*AzAHP Cultural Competency in Health Care (1.0hrs) Due: July 31st
- 5. \*AHCCCS Health Plan Fraud (0.75hrs) Due: October 31st
- 6. \*AzAHP Quality of Care Concern (1.0hr) Due: December 31

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# Required Training: ACC and ACC-RBHA (Program Specific)

Additional course requirements and competencies are listed below as relevant to each staff member's job duties, scope of work and responsibilities. Providers may decide to assign additional courses or competencies based upon individual needs and initiatives.

#### **ACT/FACT Teams**

All new team members (inclusive of Psychiatrist and RN's) receive standardized training in Evidence-Based Practices for 16 hours (at least a 2-day workshop or equivalent within two months of hiring. Existing team members receive annual refresher training of at least 8 hours (1-day workshop or equivalent). Providers will track this metric and must include training on the below topics in the total hour requirement for EBP however, training should not be solely limited to the following topics:

- Assertive Community Treatment
- Family Psychoeducation
- Integrated Dual Disorders Treatment
- Illness Management and Recovery
- Trauma Informed Care
- Permanent Supportive Housing
- Supported Employment
- Motivational Interviewing

#### **Children's System of Care**

#### • Birth to Five Assessment

 Employees completing Birth to Five assessments are required to have training in this area prior to using the assessment tool with members. On-going competency assessments are also required to evaluate an employee's knowledge and skills.

#### Child and Adolescent Level of Care Utilization System (CALOCUS)

- All providers who provide a behavioral health outpatient service to children ages
   6-18 are required to have the ability to administer a CALOCUS.
- Employees completing CALOCUS assessments are required to have training in CALOCUS prior to using the assessment tool with members when assessing for the determination of which children may require high needs case-management. On-going competency assessments are also required to evaluate an employee's knowledge and skills.

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- Any other trained provider (PCP, specialty provider, etc.) working with children and adolescents is also able to conduct the CALOCUS assessment and trained providers can coordinate with the health home to share the assessment results for care coordination purposes.
- To ensure the proper identification of children and adolescents with complex needs and appropriate levels of care, AHCCCS has contracted with Deerfield Behavioral Health (Deerfield) to license the Child and Adolescent Level of Care Utilization System (CALOCUS) and Level of Care Utilization System (LOCUS) software, as well as access to online training for those who have familiarity with instruments that measure level of service acuity instruments. The agreement includes the licensing of both CALOCUS/LOCUS online, though AHCCCS is currently only requiring the use of the CALOCUS. This also includes licensing of the integrated Electronic Health Record (EHR) products, with the intent that providers include the assessment in their data feeds into the Health information Exchange (HIE).
  - Providers can implement LOCUS/CALOCUS in one of two ways. The first is via the web-based version which can be accessed at locus.azahcccs.gov. The second is via an EHR integration.
  - Regardless of which option you choose, you must first reach out to
    Deerfield and sign their end user license agreement as soon as possible.
    There is no cost associated with this agreement. Matthew Monago will
    be your contact at Deerfield and his email is
    mmonago@journeyhealth.org Please be sure to identify your
    organization as an AHCCCS provider when emailing.
  - Per AHCCCS communication on 10/8/21: "Due to discussions between AHCCCS, Mercy Care's Workforce Development (WFD) Administrator, members of the American Academy of Child and Adolescent Psychiatry (AACAP) and American Association of Community Psychiatrists, it has been determined that individuals who have previously taken the CASII training, will also need to complete the CALOCUS training. This will ensure consistent alignment with AHCCCS contractual requirements for CALOCUS training, establish a baseline level of CALOCUS understanding for those that administer the tool, and also enhance efforts to maintain fidelity to CALOCUS administration."
    - For Children's Providers serving children in the Department of Child Safety Comprehensive Health Plan, Mercy Care asks to prioritize the completion of the CALOCUS for youth that are either living in a DCS



- funded Qualified Residential Treatment Program (QRTP) or are being considered to go into a QRTP.
- If there are questions regarding CALOCUS training requirements related to the AHCCCS contract, provider agencies should be instructed to please reach out to the Contract Compliance Officer at the contracted Health Plan.

# • Monitoring Process

All Health Plans will monitor the CALOCUS certification process. Each
Health Plan will run Relias reports to monitor those who have
completed, as well as have not completed the requirement in the 30-day
time frame. These reports will then be compared to the Deerfield
completion report, ensuring fidelity to this AHCCCS requirement.

\*It is suggested that those who have completed the Deerfield CALOCUS training prior to July 1, 2022, also be enrolled and marked complete in the training plan for monitoring, tracking, and record transferability.

# Provider Agency Requirements

- All child and adolescent provider agencies who meet the requirements for the CALOCUS training will need to do the following:
- Enroll employees who are required to take the Deerfield CALOCUS training in the \*AZAHP – CALOCUS Training Requirement (30 Days) training plan in Relias.
- Once the employee has been enrolled and completes the CALOCUS training through Deerfield the provider agency's supervisor/administrator will mark them complete in the Relias CALOCUS Training Requirement module.
- Once all steps have been completed, the employee will have met the requirements for CALOCUS certification.

#### Child and Family Team (CFT)

The statewide Child and Family Team (CFT) Facilitator Course initiative and the two associated Train-the-Trainer (TtT) courses are for Providers who serve children and adolescents in the Children's System of Care (CSOC) **and** have employees who facilitate CFT's.

#### Initiative 1: CFT Facilitators Course

 The CFT Facilitator Course is 2 days in length, is intended for in-person delivery, and meets all AHCCCS and Health Plan training requirements for individuals who will be leading/facilitating CFT sessions.



- It is expected that provider agencies be prepared to train this course inhouse, which enables providing complimentary agency-specific processes, procedures, and protocols, thus creating a robust learner-centric experience for attendees and future CFT facilitators.
- Once an agency has an employee who has become a CFT Champion, by successfully completing the TtT session (noted below), the requirement is for the CFT Champion to train the 2-day course to newly hired employees at a provider agency. Employees who already meet the existing CFT Facilitator training requirement need not attend the new course; however, each provider agency may make their own determination otherwise.
- All provider agencies shall cease the utilization of their CFT curriculum no later than December 31, 2022 and utilize the AHCCCS approved training curriculum (ACOM 220, Section F # 2), which will be made available to the CFT Champion upon completion of their CFT TtT session.

# Initiative 2: CFT Facilitator Train the Trainer (TtT)

- The CFT Facilitator TtT session is approximately 6 hours in length and is delivered via virtual instructor-led training. TtT sessions are offered throughout the year for the new 2-day CFT Facilitator Course. These sessions are intended for employees who will be delivering the 2-day CFT training course in-house in their own agency. These identified employees will be known as "CFT Champions."
- CFT Champions who participate in the TtT session must be seasoned employees who possess skills equivalent to lead training sessions and must have completed CFT training requirements already in place and certainly be competent in CFT facilitation. It is left to the discretion of each provider agency to verify trainer competency. Presumption will be that participants have been internally vetted as competent by their provider agency prior to enrollment.

# Initiative 3: CFT Supervisor Training

The CFT Supervisor Training Course is approximately 5 hours in length, is intended for in-person delivery, and is for leaders who supervise employees who facilitate CFT's. The CFT Supervisor Training course will be required for all new and existing leaders at the agency once the agency has a CFT Champion who successfully completes the Supervisor TtT session. The training will provide guidance related to identified competency measurements.



## • Initiative 4: CFT Supervisor Facilitator Train the Trainer

The CFT Supervisor TtT session will be approximately 2.5 hours in length and will be delivered via virtual instructor-led training. CFT Supervisor TtT sessions will be offered throughout the year. These sessions are intended for employees who will be training the CFT Supervisor Training Course inhouse within their own agency. These identified staff will be the same CFT Champions that took the CFT Facilitator TtT.

## AzAHP – CFT Champion Certification Process

- An \*AZAHP- CFT Champion Certification training plan has been created in Relias for the identified CFT Champions meeting the above noted requirements.
  - Agency leadership will need to enroll the identified CFT Champion in the training plan.
  - Within the training plan there are three module requirements:
    - The \*AzAHP- CFT Overview (a self-paced course expected to be completed before attending the TtT session),
    - \*AZAHP- CFT Facilitator TtT, and
    - \*AZAHP- CFT Supervisor Facilitator TtT.
- If the identified CFT Champion has taken CFT Overview in the last two years, they will not have to take it again and will be given credit automatically in Relias.

#### • Initiative 5: Triannual CFT Collaborative Sessions

 In addition to CFT Champions attending a TtT Facilitator Courses, delivering the 2-day CFT Facilitator Training, and CFT Supervisor Training; CFT Champions are required to attend triannual CFT Collaborative Sessions. During these sessions CFT Champions will meet with Health Plan Trainers and leaders to discuss as a group, best practices, challenges, and opportunities for growth and development regarding CFT administration and implementation.

# Training and Supervision Expectations

 Provider agencies who have employees that are designated to facilitate/lead CFT's shall be trained in the elements of the CFT Practice Guide, complete and in-person, AHCCCS approved CFT facilitator curricula, and demonstrate competency via the Arizona Child and Family Team Supervision Tool. The CFT Supervision Tool must be completed within 90 days, and facilitators must maintain or enhance proficiency

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within six months as attested to by a supervisor, and annually thereafter (AMPM 220 (F), Attachment C & D).

#### Monitoring Process

- CFT Champion Certification
  - All agencies who are required to have CFT Champion will be tracked in Relias
  - Workforce Development will maintain a list of all CFT Champions and their provider agencies.

## • Arizona Child and Family Team Supervisions Tool

 The Supervision Tool requirements will be tracked in Relias for all employees who facilitate/lead CFT's

# • CFT Facilitator Training Hardship Waiver

In the event the 2 Day CFT training becomes a barrier or hardship for an organization, provider organizations may request a CFT Facilitator Training Hardship Waiver. Within the waiver, providers will need to identify why delivering the course as originally designed presents a hardship. They must also supply a detailed plan of what changes they will make to the 2 Day CFT Facilitator training while still meeting all the elements of the training. The plan will be submitted to the Workforce Development Team at <a href="workforce@azahp.com">workforce@azahp.com</a>. Provider organizations must obtain approval before the training occurs.

# Department of Child Safety Comprehensive Health Plan Advanced Coordination of Care

Effective 12/1/2022 all employees who facilitate Child and Family Teams (CFT)
are expected to complete this training within 90-days of their hire date or within
90-days of their transition into a CFT Facilitator role.

# • Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

 Please refer to: <u>Chapter 100 - Mercy Care Provider Manual - General Terms</u>: Chapter 5 - Early Periodic Screening, Diagnostic and Treatment (EPSDT) for requirements.

#### Levels of Care and Discharge Planning

 Employees who are facilitating Child and Family Teams (CFT) are expected to complete this training within 90-days their hire date or within 90-days of their transition into a CFT Facilitator role. The course is designed to review the 4 levels of care, prior authorization, and steps to create a successful discharge plan.

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- Understanding the Unique Behavioral Health Needs of Children and Families Involved with Department of Child Safety (aka Unique Needs)
  - Providers servicing children and families involved with Department of Child Safety (DCS) are required to complete this course within 90-days of the staff member's hire date.

# **Community Service Agencies**

Community Service Agencies (CSAs) must submit documentation as part of the initial and annual CSA application indicating that all direct service staff and volunteers have completed training specific to CSAs prior to providing services to members. For a complete description of all required training specific to CSAs, see the <a href="https://example.com/AHCCCS">AHCCCS AMPM Policy 965 - Community Service</a> Agencies.

#### **Crisis Service Providers**

Crisis Service Providers shall, ensure that employees providing crisis services are trained and evaluated for competency via a specialized training program.

- 1. Be based on the core list of topic areas, including but not limited to:
  - a. First Aid,
  - b. Cardiopulmonary Resuscitation (CPR),
  - c. Non-violent crisis resolution,
  - d. Cultural awareness and responsiveness,
  - e. Trauma informed care,
  - f. Evidence-based practices (e.g., SAMHSA National Guidelines for Behavioral Health Crisis Care, Roadmap to the Ideal Crisis System),
  - g. Mental health screening and assessment,
  - h. Risk assessment and safety planning,
  - i. Substance use disorders,
  - j. Co-occurring disorders,
  - k. Traumatic brain injuries,
  - I. Dementia,
  - m. Developmentally appropriate interventions for children and adolescents,
  - n. Physical, intellectual, and developmental disabilities,
  - o. Psychiatric medications and side effects,
  - p. De-escalation techniques,
  - q. Language assistive devices, and
  - r. National Standards for Culturally and Linguistically Appropriate Services (CLAS).
- 2. Be focused on preparing practitioners for competently using skills not just learning them. The definition of competency being a description of the skills that practitioners



- use when performing the tasks required to provide the crisis service not for showing they learned the concepts at the end of a class.
- 3. Have BHP and BHT/BHPP learning tracks. Learning tracks may overlap in certain content areas; however, the intent is to gear each track to the differences in roles and tasks that BHPs and BHT/BHPPs have when delivering crisis services.

Reference AHCCCS AMPM 590 - Behavioral Health Crisis Services for further details.

## Department of Child Safety/Comprehensive Health Plan (DCS CHP)

Behavioral Health ACC, ACC-RBHA Providers who are serving youth in DCS CHP programs will have additional training requirements. These will be specified in a future publication of this manual.

### **Employment and Rehabilitation**

- Per AHCCCS policy <u>ACOM 447 Employment</u> there are eight Skills Checklists effective: 10/1/2021.
  - \*AzAHP ACOM 447 AMPM Policy 310-B and AHCCCS Behavioral Health Services Matrix Skills Checklist: Initial
  - \*AzAHP ACOM 447 AMPM Policy 310-B and AHCCCS Behavioral Health Services Matrix Skills Checklist: Annual
  - \*AzAHP ACOM 447 DB101 Skills Checklist: Initial
  - \*AzAHP ACOM 447 DB101 Skills Checklist: Annual
  - \*AzAHP ACOM 447 Member Engagement Skills Checklist: Initial
  - \*AzAHP ACOM 447 Member Engagement Skills Checklist: Annual
  - \*AzAHP ACOM 447 RSA/VR Skills Checklist: Initial
  - \*AzAHP ACOM 447 RSA/VR Skills Checklist: Annual
- The ACOM 447 staff competencies are outlined to apply to the following: staff employed by integrated clinic and each Behavioral Outpatient Clinic offering behavioral health services
  - ACC-RBHA Contracted Providers
     Maintain subcontracted arrangements with at least one fully dedicated employment/rehabilitation provider staff at each clinic that is responsible for participating as a member of the member's adult clinical team and whose only duties are to include employment and rehabilitation-related activities for the members.

Ensure provider staff at each Integrated Clinic and each Behavioral Outpatient Clinic offering behavioral health services, especially fully dedicated

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employment/rehabilitation provider staff on the clinical team, are receiving the appropriate support to achieve competence in this Policy. The Contractor shall monitor provider activities that support staff development and professional development.

ACC Contracted Providers
 Maintain subcontracted arrangements and utilize fully dedicated employment/
 rehabilitation provider staff employed by integrated and/or outpatient clinics
 offering behavioral health services and whose only duties are employment and
 rehabilitation-related activities for all members.

Ensure provider staff at each Integrated Clinic and each Behavioral Outpatient Clinic offering behavioral health services, especially fully dedicated employment/rehabilitation provider staff on the clinical team, are receiving the appropriate support to achieve competency with requirements specified in this Policy.

 In support of this initiative, there is a recommended training for Supervisors available in Relias: \*AzAHP - Employment Competency Skills Checklist Training for Supervisors AzAHP

# **General Mental Health/Substance Use (GMH/SU)**

- American Society of Addiction Medicine (ASAM)
  - Employees completing assessments of substance use disorders and subsequent levels of care, are required to complete ASAM Criteria training. This course is required prior to a staff member using the assessment tool with members and annually thereafter. The assessment used should be consistent with the most recent edition American Society of Addiction Medicine (ASAM) Criteria. Please Note: The initial course must be an ASAM specific class. The annual requirement may be met by completing any approved substance use/abuse course.
  - ASAM CONTINUUM Implementation in Arizona:

https://www.azahcccs.gov/PlansProviders/CurrentProviders/ASAM.html

- AzAHP Mental Health Block Grant (MHBG)
  - To ensure that the network is informed on how to support underinsured individuals, Mercy Care's expectation is that all contracted general mental health/substance use (GMH/SU) providers are knowledgeable about the Mental Health Block Grant (MHBG). This includes requiring all employees who are

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member-facing to take the online RELIAS training (within 90-days of employment and annually thereafter).

# AzAHP - Substance Abuse Block Grant (SABG)

To ensure that the network is informed on how to support underinsured individuals, Mercy Care's expectation is that all contracted general mental health/substance use (GMH/SU) providers are knowledgeable about the Substance Abuse Block Grant (SABG). This includes requiring all employees who are member-facing to take the online RELIAS training (within 90-days of employment and annually thereafter).

# **Peer and Family Support Specialists and Their Supervisors**

- Individuals employed as a peer and/or recovery support specialist shall have at a minimum, four hours of continuing education and ongoing learning relevant to peer support per year, with one hour being ethics and boundaries as related to the role of a peer supportive specialist. (AMPM 963, Section F)
- Individuals employed as a supervisor of a peer and/or recovery support specialist shall
  have access to continuing education relevant to the provision of peer support services
  and supervision of peer and/or recovery support specialists (AMPM 963, Section H)
- Individuals employed as a parent and/or family support specialist shall have access to continuing education relevant to parent and/or family support. (<u>AMPM 964</u>, Section D)
- Individuals employed as a supervisor of a parent and/or family support specialist shall have access to continuing education relevant to the provision of family support services and supervision of parent and/or family support specialists (AMPM 964, Section F). Continuing education may be accessed through Relias, the Arizona Peer, and Family Career Academy (<a href="https://www.azpfca.org/">https://www.azpfca.org/</a>), webinars, and/or any additional trainings within your agency or in the community relevant to peer and family support services and the supervision of peer and family support specialists. (<a href="https://www.azpfca.org/">AMPM 964</a>, Section F)
- Individuals employed as a parent and/or family support specialist shall have at a minimum, eight hours of continuing education and ongoing learning relevant to a parent and/or family support specialist per year. With one hour being ethics and boundaries as related to the role of a parent and/or family support specialist. (AMPM 964, Section F)

Continuing education may be accessed through Relias, the Arizona Peer, and Family Career Academy (<a href="https://www.azpfca.org/">https://www.azpfca.org/</a>), webinars, and/or any additional trainings within your agency or in the community relevant to peer and family support services and the supervision of peer and family support specialists.

#### **Prevention of Abuse and Neglect**

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- The Provider workforce shall have access to and be compliant with all workforce training and/or competency requirements specified in federal and state law, AHCCCS policies, guidance documents, manuals, contracts, plans such as network development, quality improvement, corrective action, etc., and/or special initiatives.
- Providers shall have processes for documenting training, verifying the qualifications, skills, and knowledge of personnel; and retaining required training and competency transcripts and records.

# **Residential Care (24hr care facilities)**

- Crisis Prevention/de-escalation training is required for all member facing staff prior to serving members and annually thereafter.
- For facilities where restraints are approved, a nationally approved restraint training is required initially and annually for all member facing staff. This curriculum should include non-verbal, verbal, and physical de-escalation techniques.
- For more information, please reference <u>AHCCCS AMPM Policy 962: Reporting and Monitoring of Seclusion and Restraint.</u>

#### **RBHA Health Homes**

#### • Mercy – Exclusive Prescriber Program

Mercy Care's expectation is that all contracted RBHA Health Homes are knowledgeable about the Mercy Care Exclusive Prescriber Program, which is also known as Pharmacy Restriction and a required program by AHCCCS under <u>AMPM</u> <u>310-FF</u> regarding member misuse of the pharmacy benefit around medications with abuse potential. This includes requiring all employees who are memberfacing (BHMPs, Provider Case Managers and Care Coordinators) to take the online RELIAS training titled "Mercy – Exclusive Prescriber Program," (within 90-days of employment and annually thereafter).

# Mercy - Individualized Service Planning (ISP)

O All RBHA Health Homes must have (at a minimum) one Facilitator in the course titled "Mercy – Individualized Service Planning (ISP), Facilitator (RBHA Health Homes)." This facilitator course will certify individuals to train employees at their agency on the course titled, "Mercy – Individualized Service Planning (ISP)": This course is required for any staff at the RBHA Health Homes who will be working with members in the development of their ISP and additionally required for the Behavioral Health Professional who will be signing as the licensed staff on the ISP. This includes but is not limited to: Regionals, Clinical Directors, BHTs at the

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RBHA Health Home/staff assisting with ISP development, Rehab Specialist, Peer Support, Family Mentor and BHP who signs off on the assessment/ISP). Staff are required to receive an in-person/virtual initial training (within 90-days of hire or new position) and in-person/virtual annual refresher thereafter on ISP development. Course completions for learners at your agency need to be tracked through Relias, under the designated course name: *Mercy - Individualized Service Planning (ISP)*, Course Code: 782440.

- Mercy Care will run monthly Course Completion History reports through Relias and follow up with Provider agencies who appear to have missed completions.
- We strongly recommend that the staff who clinically oversee the RBHA Health Home regional/CD are the individuals who are providing this training to employees.

#### Mercy - Special Assistance

Mercy Care ACC-RBHA is required to comply with the AHCCCS Office of Human Rights <u>AMPM 320-R: Special Assistance For Members With Serious Mental Illness</u> by ensuring that all provider agency staff are adequately trained in the area of Special Assistance. Special Assistance Training can be divided into two classes or types. The training required for each staff will depend on their respective roles within the agency.

#### Special Assistance Training Type 1: Online "self-paced" training

- Course Name: Mercy Special Assistance (TBT)
- o Length: 1.5hrs
- Requirement (90-Day & Annual): This training is required for <u>all clinical staff who</u>
   <u>are not actively working within the AHCCCS QM Portal</u>, but who are still required to
   maintain a general understanding of Special Assistance. Staff are required to
   complete this within 90-days of their hire date and annually thereafter.
- Objective: This training will be designed as a broad overview to offer a basic understanding to staff so they can perform the following functions:
  - Identify when a member with a Serious Mental Illness meets criteria for Special Assistance
  - Identify when a member with a Serious Mental Illness needs an advocate or guardian, or alternatively already has an existing advocate or guardian in place
  - Understand an advocate or guardian's role in a member's treatment and services
  - Understand compliance measures as outlined by the AMPM-320-R
- Delivery Method: This training is available online via the Relias Learning Management System

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**Special Assistance Training Type 2:** Live virtual sessions with Mercy Care's Special Assistance Liaison

Course Name: Mercy – Special Assistance (Event)

o **Length:** 1.5hrs

- Requirement (90-Day & Annual): This training is required for <u>all staff leadership and clinical staff who actively work within the AHCCCS QM Portal</u> to update members' status with respect to their need for Special Assistance. Staff are required to complete this within 90-days of their hire date and annually thereafter.
- Objective: This training is designed to offer a comprehensive overview of Special Assistance in conjunction with a detailed walk through of how to use the AHCCCS QM Portal for Special Assistance members.
- Delivery Method: This training is conducted live and delivered by Mercy Care in an
  effort to ensure providers are equipped with the information and tools they need to
  successfully manage their members on Special Assistance in the portal. Upcoming
  sessions have been created and are now available via the Relias Learning
  Management System.
- Frequency: The training will be offered monthly and will be open to all clinical staff.
   Staff are required to attend at minimum annually but may attend more frequently.

#### **RBHA Integrated Health Homes: Integrated Health Homes (IHH)**

All RBHA Integrated Health Homes (IHHs) must ensure their staff are trained on integrated care within their organization. IHH leadership, including the lead psychiatrist and primary care physician, must attend the webinar on Integrated Care that National Council for Mental Wellbeing (NCMW) and their Center of Excellence for Integrated Health Solutions (CoE-HIS) is facilitating through the year for Mercy Care. Leadership staff must attend a National Council Webinar on Integration, annually at a minimum basis. Additionally, it is encouraged that integrated health homes, behavioral health homes and primary care providers attend any webinars Mercy Care holds on integration and programmatic requirements pertaining to their provider type during the year.

#### **Division of Licensing Services (DLS) Required Training**

It is the provider's responsibility to be aware of all training requirements that must be completed and documented in accordance with all additional licensing or accrediting licensing agencies, i.e., <u>Bureau of Medical Facilities Licensing (BMFL)</u> / <u>Bureau of Residential Facilities Licensing (BRFL)</u>, <u>Joint Commission</u>, <u>grant requirements and other entities</u>, as applicable.

**Training Expectations for Clinical and Recovery Practice Protocols** 

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Under the direction of the AHCCCS Chief Medical Officer, the Department publishes national practice guidelines and clinical guidance documents to assist Mercy Care Providers. These can be found on the AHCCCS website under the <u>AHCCCS Behavioral Health System Practice Tools</u> web page.

#### **Additional Expectations**

Specific situations may necessitate the need for additional trainings. For example, quality improvement initiatives that may require focused training efforts and/or new regulations that impact the public healthcare system (e.g., the Balanced Budget Act (BBA), Medicaid Modernization Act (MMA), the Affordable Care Act (ACA) and Deficit Reduction Act (DRA)). Additional trainings may be required, as determined by geographic service area identified needs. The data that can be collected from providers includes, but is not limited to:

Case file reviews, Utilization management, System of care data, Court system data,
 Information needed to serve specific populations

### **Reporting Requirements**

### AZ WFD Alliance (AWFDA ACC, ACC-RBHA) Quarterly Reports

The ACC, ACC-RBHA AzAHP Workforce Development Alliance (AWFDA) will run Quarterly Learner/Course Status Reports on the two AzAHP Training Plans: \*AzAHP – Core Training Plan (90 Days) & \*AzAHP – Core Training Plan (Annual). The goal for Providers is to hold a 90% (or higher) completion rate for this group of courses, within the specified reporting period. Reporting time frames for this initiative are listed below:

- o 01/01-03/31 AWFDA will run this report on 4/30
- o 04/01-06/30 AWFDA will run this report on 7/31
- o 07/01-09/30 AWFDA will run this report on 10/31
- o 10/01-12/31 AWFDA will run this report on 1/31
  - i. If the above date falls on a weekend/holiday the report will be run on the next business day.
  - ii. Results will be posted, publicly, on the AZAHP website.

Provider agencies falling at 75% or below on each the above reports will be required to have at least 1 Relias Administrator/Supervisor from their agency complete the course titled: \*AzAHP – Navigating & Managing Your Relias Portal

Failure to meet Relias course completion expectations, for 2 or more reporting periods in a row, may result in corrective action and/or sanctions (including suspension, fines, or termination of contract)

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# AHCCCS/Mercy RBHA Ownership of any intellectual property

This serves as disclosure of ownership of any intellectual property created or disclosed during the service contract such as educational materials created for classroom training and/or learning programs.

All material published by MC in any medium is protected by copyright. Participants in Mercy Care's MASTER Facilitator programs have a license to use the curriculum, including supplemental materials, modifications, and derivative works, (the "Licensed Materials") without limitation, for training to the participant's internal staff only. The Licensed Materials shall be used in the form provided to participant without alteration, including MC branding and copyrights. The Licensed Material shall be used solely for educational, non-commercial, not-for-profit purposes, and consistent with the purpose of the training.

#### **Exceptions:**

- Cases in which the production of such materials is part of sponsored programs;
- Cases in which the production of such materials is part of a Mercy Care paid subscription to online learning content;
- Cases in which substantial University resources were used in creating educational materials; and
- Cases which are specifically commissioned by contracted vendors or done as part of an explicitly designated assignment other than normal contactor educational pursuits.

#### Supplemental Provider Training and Education

Providers have access to technical assistance and additional training to improve skill development as well as continued education opportunities. The provider may select from additional training courses through a variety of ways, including e-learning, webinars, on-line tools, and instructor lead training. All courses developed by Mercy Care are delivered using a trauma informed approach in a culturally competent manner.

# **Workforce Development Consultation**

Mercy Care employs WFD Consultants as key personnel and points of contact to implement and oversee compliance and competency initiatives. Each Provider will be assigned their own WFD Consultant. These individuals are available to assist your agency with:

- Technical Assistance
- Course Development
- Competency Consultation
- Collaboration Initiatives

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- P-WFDP Consultation
- Relias Training
- WFD On-Boarding Expectations

### **On-Site/Virtual Training Requests**

All requests will be reviewed and responded to within 5-7 business days.

- Submit On-site request to <u>WFD@MercyCareAZ.org</u>
  - The form is located on the Mercy Care website
- On-site/Virtual training can only be provided if a minimum of 10 individuals are registered for the training. Requests for less than 10 individuals will not be scheduled.
- The procedure for cancelling an on-site training request hosted by Mercy Care is as follows:
  - A provider must notify Mercy Care WFD (WFD@MercyCareAZ.org) at minimum 48 hours before the scheduled on-site training activity. In the event the Provider has not canceled within this timeframe, the opportunity to gain on-site training in the future could be limited.

For additional WFD requests or general questions please contact Mercy Care's WFD department by e-mailing <a href="https://www.wFD@MercyCareAZ.org">WFD@MercyCareAZ.org</a>.

#### **Complaints**

The Mercy Care WFD team seeks to offer a high level of collaboration and partnership with our provider workforce and learning audience. We strive to provide learning experiences that honor cultural diversity and inclusion and reflect an understanding of trauma-informed care. Should there be a need to file a formal complaint regarding course content, administrative processes or team member behavior or comments, please submit your concerns to the email address noted below and mark the email, Complaint. Upon receipt and review, an initial response will be provided within 48 business hours. Email for all complaints: wfd@mercycareaz.org.

# **Relias Learning Assistance**

For technical assistance with the functionality of your Relias Learning portal, please contact Relias directly at: 1800-381-2312, 1833-224-4008 (Relias Connect, Premier for AzAHP network) or online via Relias Connect.

#### **Additional Online Resources**

Arizona Coalition for Military Families: Training Events

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- Arizona Health Care Cost Containment System (AHCCCS)
- AzAHP Workforce Development Alliance (AWFDA)
- Be Connected: Service Members, Veterans, Families, Communities
- FreeCME.com
- Mercy Care Arizona
- Mercy Care Training Resource Website
- PsychArmor
- PsychHub



# MC Chapter 17 – Centers of Excellence

#### 17.00 – Centers of Excellence General Information

Mercy Care promotes the adoption of Evidence Based Practices (EBP) that serve targeted membership and conditions through recognition of Centers of Excellence. The Centers of Excellence programs are developed in collaboration with providers that have implemented specific EBPs and participate in data exchange and program evaluation activities throughout the contract year. The Program Descriptions shown below highlight the goals, preferred practice, and outcome measurements for the current contract year in each of the selected areas.

#### 17.01 – Birth to Five (Early Childhood) Centers of Excellence Description

The following information describes the Goals and Measurements of a Birth to Five (Early Childhood) Center of Excellence for the current contract year. Programs that do not meet the definitions of practice and/or minimum performance thresholds may not be renewed for the subsequent year. The descriptions are created in collaboration with clinicians and providers and will be reviewed and updated on an at least annual basis.

### **Goals for the Program**

Mercy Care has implemented a birth to five program that uses evidence-based prevention, treatment, and practices to accomplish the following goals:

- Promotion of wellness for young children and their families, maximizing multiple aspects of life functioning:
  - Developmental milestones
  - Social Emotional Skills
  - Parent Confidence
  - Family Satisfaction
  - Living Environment

#### **Preferred Practices or Methodologies**

- A panel of comprehensive age-appropriate trauma-informed assessment, incorporating infant/toddler and family/caregiver needs
- Use of evidence-based interventions to best meet the clinical needs of the child and family
- EPSDT standards, measures, and timelines
- Ongoing collaboration with key stakeholders (AzEIP, DDD, DCS, preschool/Headstart)
- Use of a family-centered approach, focused on bonding and attachment of the child to their caregiver

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#### **Measurements**

The Health Plan will evaluate the provider for continued designation using the following metrics.

Metric: Early Childhood Service Intensity Instrument (ECSII) Score

**Metric Type:** Assessment and Evaluation Tool **Submission Type:** Standardized Member Roster

**Submission Frequency:** Quarterly

Metric: Parent Confidence / Satisfaction Scale

Metric Type: TBD Submission Type: TBD

**Submission Frequency:** Ad hoc

# 17.02 - Transition Aged Youth/FEP Centers of Excellence Description

The following information describes the Goals and Measurements of a Transition Aged Youth/FEP Center of Excellence for the current contract year. Programs that do not meet the definitions of practice and/or minimum performance thresholds may not be renewed for the subsequent year. The descriptions are created in collaboration with clinicians and providers and will be reviewed and updated on an at least annual basis.

#### Goals for the Program

Ensure individuals between the ages of 15 and 35 years old who have experienced their first episode of psychosis within the last year have immediate access to care to prevent exacerbation of symptoms, promoting early recovery and a return to a natural developmental trajectory.

#### **Preferred Practices or Methodologies**

- Offer services including Clinical Assessment, Cognitive Behavioral Therapy (CBT), Family Psychoeducation, Social Rehabilitation, Peer Support and Substance Use/Abuse, and Cognitive Enhancement/Remediation Therapy
- Encourage members to remain in treatment longer, experience greater improvement in quality of life, psychopathology, and involvement in work/school
- First Episode Center will complete an assessment for every member referred to ensure program appropriateness

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- Adhere to fidelity standards outlined by the Substance Abuse and Mental Health Services Administration (SAMHSA) Evidenced Based Practice including the Coordinated Specialty Care (CSC) team based model
- Team Leadership
- Case Management
- Psychotherapy
- Family Education and Support
- Pharmacotherapy and Primary Care Coordination Measurements
- Weekly team meetings and frequent communication to focus treatment on each client's recovery goals and needs
- Include a peer to be a part of the multidisciplinary team to ensure "youth friendliness" of the CSC program
- Train staff in 1) overall philosophy of team-based care for First Episode Psychosis (FEP) and 2) specialized services that support the client's recovery
- Document service contacts and clinical data via electronic health record (EHR), allowing fidelity and outcome information to be obtained from electronic claims data or other automated reports
- Assist members with identifying Supported Employment resources for the enrolled members and send referrals to specialty providers

#### **Measurements**

- The Health Plan will evaluate the provider for continued designation using the following metrics
- Report on the following elements on the 15th of each month as operating under a Center of Excellence facility:
  - Identification
  - Intake
  - Enrollment
  - Improved Symptoms
  - Suicidality
  - Psychiatric Hospitalizations
  - Use of Emergency Rooms
  - Prescription Adherence and side effects
  - Physical Health
  - o Program involvement
  - Global Functioning

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Employment

School Participation

Legal Involvement

Living Situation

Social Connectedness

Metric: FEP Employment

**Metric Type:** Assessment and Evaluation Tool **Submission Type:** Health Plan Template

**Submission Frequency:** Annually

**Metric:** FEP First Service post Assessment3 **Metric Type:** Clinical Performance Measure

**Submission Type:** Claim Submissions **Submission Frequency:** Monthly

Metric: FEP Access to Care

Metric Type: Clinical Performance Measure

**Submission Type:** Claim Submissions **Submission Frequency:** Monthly

#### 17.03 – Adolescents with Substance Use Disorder Centers of Excellence Description

The following information describes the Goals and Measurements of an Adolescents with Substance Use Disorder Center of Excellence for the current contract year. Programs that do not meet the definitions of practice and/or minimum performance thresholds may not be renewed for the subsequent year. The descriptions are created in collaboration with clinicians and providers and will be reviewed and updated on an at least annual basis.

#### Goals for the Program

Mercy Care has implemented an adolescent substance use program that utilizes evidence-based prevention, treatment, and practices to accomplish the following goals:

- Reducing substance misuse, use disorder, overdose, and related health consequences
- Maximizing multiple aspects of life functioning:
  - Family Involvement
  - Substance use
  - Mental health

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- Life satisfaction
- Preventing or reducing the frequency and severity of relapse
- Continued engagement with recovery support services

# **Preferred Practices or Methodologies**

- Appropriate screening tools for assessment of substance use/ use of ASAM criteria to determine level of care
- Appropriate assessment for comorbid BH and PH
- Use of psychosocial supports for engagement in treatment
- Appropriate use and/or coordination of MAT services as appropriate
- Engagement in harm reduction
- EBPs associated to ASUD including A-CRA

#### **Measurements**

 The Health Plan will evaluate the provider for continued designation using the following metrics.

Metric: Baseline on Admissions to the ED/Inpatient (or death) related to SUD to

be determined during 2024

Metric Type: TBD Submission Type: TBD

Submission Frequency: Ad hoc

Metric: Member Engagement in Program

Metric Type: Administrative or Custom Reporting

**Submission Type:** Claim Submissions **Submission Frequency:** Monthly

# <u>17.04 – Transition Aged Youth/ Transition to Independence Process Centers of Excellence Description</u>

The following information describes the Goals and Measurements of a Transition Aged Youth/ Transition to Independence Process Center of Excellence for the current contract year. Programs that do not meet the definitions of practice and/or minimum performance thresholds may not be renewed for the subsequent year. The descriptions are created in collaboration with clinicians and providers and will be reviewed and updated on an at least annual basis.

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## Goals for the Program

- Ensuring Transition-Age Youth (ages 16-21) develop the skills and receive the support needed to successfully transition into adulthood
- Make available the specialty services to adolescents achieve goals stated in their individual service plan outlining the need and goal for the Specialty Provider
- Ensure TAY in TIP programs achieve positive Clinical Outcomes in accordance with the Five TIP Domains:

### Employment and Career

 Increasing exploration, placement, and progress in employment and possible careers

# Personal Effectiveness & Wellbeing

- Improving emotional coping and self-management skills.
- Increasing competence and confidence in continuing to advance their life and future
- Decreasing interference from mental health and/or substance use problems with their functioning in their school, work, community, and/or relationships

#### Educational

 Increasing engagement and progress in schooling and post-secondary education and technical/vocational training.

#### Living Situation

- Improving stability in living situation in safe home-like settings
- Decreasing crisis placements, restrictive residential facilities, and involvement with the criminal system and incarceration

# Community – Life Functioning

- Learning and utilizing relevant life skills for functioning in home, school, work, and community settings, including problem-solving & decisionmaking skills.
- Improving interpersonal skills and expanding relevant social supports and connections

# **Preferred Practices or Methodologies**

- The Provider should apply TIP Guidelines to work with Transition aged youth and beyond to young adulthood
- Engage young people through relationship development, person centered planning and a focus on their futures

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- Use of Evidence Based Practices for TAY population
- Use of a Nationally Recognized Assessment Tool for TAY (Casey Life Skills Assessment, TAPIS)
- Use of Screening Tool to assess Social Determinants of Health
- Use of ACEs screening tool
- Tailor services and supports to be accessible, coordinated, developmentally appropriate, and builds on strengths to enable the young person to pursue their goals
- Implementation of the AHCCCS Transition Age Youth Guidance Tool within program
- Acknowledge and develop personal choice and social responsibility
- Ensure a safety-net of supports by involving family members, and other supporters as defined by the individual
- Enhance the individual's competencies to assist them in achieving greater self-sufficiency and confidence
- Maintain an outcome focus
- Involve selected family or supporters as well as community partners in the TIP system at all levels of service
- Services and/or transition for services across children and adult systems
- Willing to work with young adults ages 15 to 22
- Collaboration with Case Manager to promote services being in place within appointment timelines (access to care workflow process)

#### **Measurements**

The Health Plan will evaluate the provider for continued designation using the following metrics.

Metric: TAPIS Education

Metric Type: Assessment and Evaluation Tool

Submission Type: Standardized Tool Submission Frequency: Quarterly

Metric: TAPIS Employment

Metric Type: Assessment and Evaluation Tool

Submission Type: Standardized Tool Submission Frequency: Quarterly

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#### 17.05 – Adults with Chronic Pain Centers of Excellence Description

The following information describes the Goals and Measurements of an Adults with Chronic Paint Center of Excellence for the current contract year. Programs that do not meet the definitions of practice and/or minimum performance thresholds may not be renewed for the subsequent year. The descriptions are created in collaboration with clinicians and providers and will be reviewed and updated on an at least annual basis.

# Goals for the Program

- Ensure that members receive a comprehensive assessment and treatment planning that includes medication management, restorative therapies, interventional procedures, Behavioral Health approaches, & integrative healthcare.
- Ensure patients have access to safer, more effective chronic pain treatment
  by improving the way opioids are prescribed through an evidence-based
  clinical practice guideline, while reducing the number of people who misuse,
  abuse, or overdose from opiates
  (<a href="https://www.cdc.gov/drugoverdose/pdf/prescribing/CDC-DUIP-QualityImprovementAndCareCoordination-508.pdf">https://www.cdc.gov/drugoverdose/pdf/prescribing/CDC-DUIP-QualityImprovementAndCareCoordination-508.pdf</a>)
- Improve a member's quality of life when living with chronic pain
- Offer access to alternative therapies and procedures for members with chronic pain and a diagnosed Opioid Use Disorder
- Enhance behavioral health outcomes for members with chronic pain

#### **Preferred Practices or Methodologies**

Due to its complexity, acute and chronic pain management generally consists of five treatment approaches. To be a COE for pain management, providers would need to address each of the five domains below and provide services from a holistic approach based upon the members clinical need and covered benefits.

- Medications
  - Suboxone, Vivitrol, Narcan, Gabapentinoids, Neuropathic Rx, NSAIDs, OTCs
- Restorative Therapies
  - Traction, physical therapy, massage therapy, cold/hot tx, bracing, therapeutic exercise:
- Interventional Therapies
  - Epidural steroid injections, nerve block, dry needling, trigger points, joint injections, spacer devices, stem cell therapy, cryoneuroablation, joint

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injections; TENS units, Chiropractic Care, neuromodulation, spinal decompression

# Behavioral Health Therapies

Behavioral, CBT, Acceptance & Commitment therapy, mindfulness-based stress reduction, expression therapy, MI, psycho-physiological approaches; motivational interviewing, psychoeducation, family psychoeducation, Case Management, counseling types (individual, group)

# • Integrative Health

Acupuncture, massage, manipulative therapies, MBSR, detox

#### **Measurements**

The Health Plan will evaluate the provider for continued designation using the following metrics.

#### UOP

Members who received opioids from four or more different prescribers during the measurement year. NPI is utilized to determine if the prescriber for medication dispensing events was the same or different.

#### COB

The number of beneficiaries from the denominator with:

- Two or more prescription claims for any benzodiazepine with different dates of service, AND
- Concurrent use of opioids and benzodiazepines for 30 or more cumulative days

Metric: Concurrent use of Opioids and Benzodiazepines

Metric Type: Clinical Performance Measure

**Submission Type:** Claim Submissions **Submission Frequency:** Monthly

Metric: Use of Opioids From Multiple Providers (UOP) - Multiple Prescribers

Metric Type: Clinical Performance Measure

**Submission Type:** Claim Submissions **Submission Frequency:** Monthly

# <u>17.06 – Autism Spectrum Disorder Centers of Excellence Description</u>

The following information describes the Goals and Measurements for the Autism Spectrum Disorder Center of Excellence for the current contract year. Programs that do not meet the definitions of practice and/or minimum performance thresholds may not be renewed for the

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subsequent year. The descriptions are created in collaboration with clinicians and providers and will be reviewed and updated on an at least annual basis.

### Goals for the Program

- Screening and assessment of individuals (inclusive of children and adult populations)
  that are at-risk or diagnosed with ASD. Assessments should also consider differential
  diagnoses such as trauma, communication disorder and/or behavioral health diagnoses
- Timely diagnosis within the first 2 years of age based on AHCCCS requirements and in alignment with the Birth to Five Population Practice Tool
- Participate in Child and Family Team (CFT) and Adult Recovery Team (AFT meetings will bring together the expertise of medical, mental health, developmental and specialty providers to create and maintain comprehensive treatment planning
- Ensure timely access and availability of specialty ASD-focused services
- Implementation of comprehensive and holistic integrated individual service plans addressing social determinants of health
- Strong coordination of care with the health plan's Care/Case Management teams and Child and Family Teams
- Member, families and/or caregivers are satisfied with the timelines and level of service provided
- Provider incorporates member/family/caregiver and community feedback via a mechanism such as, an advisory council, etc. to ensure alignment with best practices and Arizona specific initiatives.
- Deliver evidence-based practices for members, families and/or caregivers, behavioral, mental health, developmental, and medical domains with consideration of Social Determinants of Health that influence healthcare outcomes.
- Capacity available to meet the goals of the program description

#### **Preferred Practices or Methodologies**

- Use of recommended screening tools to assess for a developmental delay and/or ASD to support efforts towards completing a formal diagnosis
- Use of a Nationally Recognized Age-Appropriate Assessment Tool(s) for ASD
   (i.e., ADOS [Autism Diagnostic Observation Schedule], CARS [Child Autism Rating
   Scale], ADEC [Autism Detection in Early Childhood], ADI-R [Autism Diagnostic
   Interview], SCQ [Social Communication Questionnaire], and other best practice
   toolkits).
- Use of Screening Tool to assess Social Determinants of Health (comprehensive assessment that includes SDoH). e.g., PRAPARE

#### **CHAPTER 100 – GENERAL TERMS**

- Utilization of a multi-systemic approach and collaboration with key stakeholders to assist with long-term services and supports.
- Annual Interdisciplinary Team Meeting comprised of the member/family, behavioral and physical health providers that have experience in serving members with complex health conditions, to develop an integrated treatment plan geared specifically to the members needs and goals
- Participate and adopt identified training and evidence-based practices and demonstrate expertise in one of the following areas:
  - Applied Behavior Analysis (ABA) techniques of data collection, contingency management and positive reinforcement
  - Antecedent management strategies that include use of visual supports for communication and environmental structure, such as the Treatment and Education of Autistic and Related Communication Handicapped Children (TEACCH)
  - DIR and DIR Floortime<sup>®</sup>
  - Speech therapy intervention procedures to teach and reinforce communication skills
  - Occupational therapy intervention procedures to facilitate fine and gross motor skills
  - Picture Exchange Communication System (PECS)
  - Other nationally recognized best practices.
- Provides support and system navigation for members to receive age-appropriate services across the life span (children, youth, adults)

#### **Measurements**

The Health Plan will evaluate the provider for continued designation using the following metrics.

Metric: Multi-disciplinary Team Visits

Metric Type: Clinical Performance Measure

**Submission Type:** Claim Submissions **Submission Frequency:** Annually

**Metric:** Ongoing Engagement in Treatment (ENG)

Metric Type: Clinical Performance Measure

**Submission Type:** Claim Submissions **Submission Frequency:** Annually

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